

# Garden Spot Youth Field Hockey

• Spring 2013  
• Volume 1, Issue 2

**Registration deadline by May 24<sup>th</sup>.**

***Registration is on a first come first serve basis. On-site registration available if space allows.***



**Have a friend that wants to sign up? Download the form at:**

[www.gsfieldhockey.com](http://www.gsfieldhockey.com)

## **Spartan Youth Field Hockey Camp** **Monday, June 17<sup>th</sup>- Thursday, June 20<sup>th</sup> 9-12:00 noon** **AND Friday June 21<sup>st</sup> 9-11:00 am**

The Garden Spot Field Hockey Team will be hosting the Spartan Youth Field Hockey Camp for students in grades 3-7. The camp will run from Monday, June 17, 2013- Friday, June 21, 2013. Camp will run 9-12 noon, Monday-Thursday and 9-11:00 am on Friday at the Tower Road Athletic Fields at Garden Spot High School.

The camp will introduce the basic skills of field hockey and will culminate with tournament play on Friday. Current and former players and coaches at Garden Spot will staff the camp. Participants may purchase a stick, shinguards, and a ball. We will provide sticks for girls wishing to participate but not interested in buying one. All participants will receive a t-shirt and a mouth guard. *Recommended attire* for camp includes athletic wear and sneakers. Bring a water bottle and light snack as well.

Please send your payment and registration form no later than **May 24<sup>th</sup>** to ensure correct t-shirt size for your daughter. The camp will cost **\$70** for the instruction, t-shirt, and mouth guard and **\$105** for instruction, t-shirt, mouthguard, stick, shinguards, and a ball. If you have any questions about the camp, please feel free to email them to [coleen\\_parmer@elanco.org](mailto:coleen_parmer@elanco.org) or [michelle\\_custer@elanco.org](mailto:michelle_custer@elanco.org)



*Interested in purchasing a stick but not sure what size to order? Stick size generally goes by a person's height. Here is a general guide to determine your stick size.*

Up to 4' = 28"

4'7"-5' = 34"

4'-4'3" = 30"

5'1"-5'3" = 35"

4'4"-4'7" = 32"

5'4"-5'6" = 36"

**Recommended attire for camp includes:**

**Athletic wear, sunscreen and sneakers. Please do not wear any jewelry.**

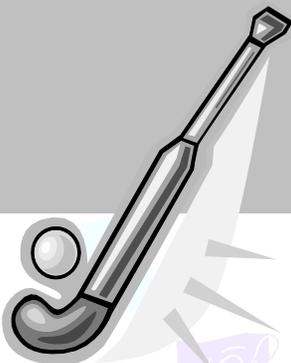
# Spartan Youth Field Hockey Camp Registration/Informed Consent Form

**Please mail registration to:**

**Coleen Parmer  
Garden Spot High School  
669 E. Main Street  
P. O. Box 609  
New Holland, PA 17557**



**Registration begins at 8:30 on Monday June 17th on the Tower Road fields at Garden Spot High School.**



Camper Name \_\_\_\_\_ Current Grade \_\_\_\_\_  
 School \_\_\_\_\_ HR/Classroom Teacher \_\_\_\_\_  
 Parent/Guardian Names \_\_\_\_\_  
 Street Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_  
 Email Address \_\_\_\_\_ Phone Number \_\_\_\_\_  
 Emergency Contact \_\_\_\_\_ Phone Number \_\_\_\_\_

T-shirt size (please circle)      YS      YM      YL      AS      AM      AL      AXL

*Choose which package you would like. Be sure to note your stick size if you have chosen to purchase one. See front page to determine your stick size.*

\_\_\_\_\_ **\$70 Instruction, t-shirt, mouthguard**

\_\_\_\_\_ **\$105 Instruction, t-shirt, mouthguard, stick, shinguards and ball**

**Stick Size (please circle)      28      30      32      34      35      36      37**

*Please enclose payment with registration form.*

*Please make checks payable to GSFHBC*

### Informed Consent

I realize that field hockey is a physical activity that involves aerobic and anaerobic activity. I know that my child must be and act responsible for themselves and their co-participants. I understand that participation in field hockey has certain inherent risks and that regardless of precautions taken by Garden Spot Field Hockey or the participants, some injuries may occur. These injuries may include but are not limited to: contusions, cramping, abrasions, sprains, strains, dislocations, fractures, head injuries, neck injuries, quadriplegia, blindness and death. These injuries may result from various hazards, such as neglecting to warm up, stretch or cool down, being hit by a ball or a stick, running into walls or bleachers in an attempt to play the ball, or colliding with another participant during game play. The likelihood of these injuries is lessened by adhering to safety rules set forth by the coaching staff. In order to properly protect my own child's safety and that of her fellow participants, I agree to instruct my child to immediately report any noted deviations from the safety rules as well as any observed hazardous conditions or equipment to her coach. I further certify that my child's present level of physical condition is consistent with the demands of active participation in field hockey. The following is a complete list of all my child's known health conditions that may affect her ability to participate:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

I have carefully read the *Informed Consent*. I am confident that I fully know, understand, and appreciate the risks involved in my child's active participation in the field hockey camp and I am voluntarily requesting permission for her to participate.

X \_\_\_\_\_  
 Signature of Parent/Guardian

