By MRT Train

Estimated walking time: 10 minutes

Alight at Circle Line Kent Ridge MRT. From Exit A, you will see NUH, turn left and walk towards Main Building Lobby B. Continue straight into the building and follow the signboards to “Lobby A”. Alternatively, you will see orange footsteps stickers (To Wards 20-64) on the ground. Turn right and follow the orange footsteps until you see the NUH Kopitiam.

Walk past Kopitiam (on your left), exit from Main Building Lobby A, and turn left. Take the pedestrian crosswalk until you see the Medical School (MD6) building. Walk through MD6 and turn left. At the end of the junction, turn right into a narrow alleyway and walk up the staircase. Continue walking straight until you see the elevators – you have arrived at the 2nd floor of Tahir Foundation Building (MD1).

Take the elevator to Level 11 and follow the sign “Singapore Population Health Studies”. We are at #11-01G.
By Bus

Bus services available near Tahir Foundation Building (MD1):

<table>
<thead>
<tr>
<th>Bus Stop</th>
<th>Bus service no.</th>
</tr>
</thead>
<tbody>
<tr>
<td>18079 (Opp NUH) and 18071 (NUH) along Ayer Rajah Expressway (AYE)</td>
<td>97, 197, 198, 963</td>
</tr>
<tr>
<td>15139 (Opp Kent Ridge Stn) on South Buona Vista Road</td>
<td>92, 200</td>
</tr>
<tr>
<td>18221 (NUH) and 18239 (Opp NUH) along Lower Kent Ridge Road</td>
<td>95</td>
</tr>
</tbody>
</table>

Walk towards taxi stand/pick up point of NUH Main Building Lobby A and walk towards Medical Drive.

Take the pedestrian crosswalk until you see the Medical School (MD6) building. Walk through MD6 and turn left. At the end of the junction, turn right into a narrow alleyway and walk up the staircase. Continue straight until you see the elevators – you have arrived at the 2nd floor of Tahir Foundation Building (MD1).

Take the elevator to Level 11 and follow the sign “Singapore Population Health Studies”. We are at #11-01G.

By Car / Taxi

From AYE (towards Changi Airport)
Exit 8 on to North Buona Vista Road, turn right at traffic lights on South Buona Vista Road and go forward ahead, turn right to Lower Kent Ridge Road. At the roundabout, take the 1st exit and stay on Lower Kent Ridge Rd. Turn left into Science Drive 2.

From AYE (towards Tuas)
Exit 8 to South Buona Vista Road and continue straight onto Lower Kent Ridge Rd. At the roundabout, take the 1st exit and stay on Lower Kent Ridge Rd. Turn left into Science Drive 2.

Parking

Parking is available at Car park 10 (CP10) opposite Dentistry along Lower Kent Ridge Road.

Public car park rates at NUS, excluding Public Holidays:
Mondays to Fridays (8:30am to 7:30pm) - $0.60 per 1/2hr
Saturdays (8:30am to 5pm) - $0.60 per 1/2hr

* Based on $0.0214 per minute upon exit during operating hours. Grace period of 15 mins for all vehicles
* Maximum charge of $2.568 for vehicles entering during operating hours on Saturdays

Alternatively, there are car parks available at NUH.
Kent Ridge Wing – Basement and Level 1
NUH Medical Centre – Level 5, 6, 7, and 7A

Public car park rates at NUH, including Public Holidays:
Mondays to Sundays (12:00am to 11:59pm) - $0.90 per 1/2hr

*Based on $0.03 per minute

Motorcycles park for free

Version dated 16 June 2015
Directions to SPHS Health Screening Site @ NUS Tahir Foundation Building (MD1) #11-01G

SPHS Hotline: 6478 9608 (Mon-Fri, 8:30am to 5:30pm)

Follow the dotted lines (with arrow) reflected on the map to go to MD1.

Refer to photo map for detailed instructions.
At Circle Line Kent Ridge MRT exit via Exit A and turn left towards **NUH Main Building Lobby B**.

Walk into the Main Building, pass the **ATMs** on the left and at the end of the hallway, turn right.

Follow the **orange** footsteps on the ground towards the **pharmacy**.

Walk pass the pharmacy. Continue to follow the orange footsteps until you arrive at **Lobby A Kopitiam**.

Exit the building and turn left.

Walk straight and take the pedestrian crossing.
Photo map to SPHS Health Screening Site @ NUS Tahir Foundation Building (MD1) #11-01G

Cross the road and take the stairs up to Yong Loo Lin School of Medicine building (MD6). Walk through the doors and turn left.

Walk pass Dilys creation café on your left.

Take the sheltered walk-way ahead.

Walk towards the narrow alleyway as shown by the arrow.

Take the flight of stairs towards MD1 also known as Tahir Foundation Building.

Take the elevator to Level 11 and look for the sign “SPHS Health Screening”.
方向图: SPHS 健康检查站 @ 新加坡国立大学
NUS Tahir Foundation Building (MD1) #11-01G

SPHS 热线电话: 6478 9608 (周一至周五, 早上 8:30 至 傍晚 5:30)

请跟从地图上的点划线(箭头)前往MD1
请参阅照片地图以获取详细说明
照片地图: SPHS 健康检查站 @ 新加坡国立大学
NUS Tahir Foundation Building (MD1) #11-01G

SPHS 热线电话: 6478 9608
(周一至周五, 早上 8:30 至 傍晚 5:30)

1. 从环线 Kent Ridge 地铁站, 往 “A 出口” 行走，转左往国立医院主楼大堂 B
2. 进入医院主楼, 往前走并经过左边提款机处，直到走廊的尾端然后转右
3. 随着地面橙色脚印前往药房方向

4. 经过药房, 继续沿着地面橙色脚印行走直到抵达医院主楼大堂 A (Kopitiam)
5. 沿着 Kopitiam 行走, 转左离开医院主楼

6. 往前走，使用斑马线过马路

7.
过马路后，上楼梯前往杨潞龄医学院大楼 (MD6). 推开玻璃门穿过大楼，然后转左

往前走，经过左边“Dilys Creation 咖啡店”

使用前方有盖走廊

继续步行往狭窄小巷行走(如箭头所示)

上楼梯前往 MD1 (也称为 Tahir Foundation Building)

乘搭电梯到11楼，并留意“SPHS Health Screening”标志