Members of the Center for Creative Retirement are considered non-credit at the College of Charleston and have access to the college library. But did you know that if you are 60 years old or older, and a resident of South Carolina, you can enroll and take classes at the college? Seniors may work toward a degree but most audit courses they are taking for non-credit. Most also take undergraduate courses.

Registration (on a space available basis) takes place between 9 a.m. and 12 p.m. the day after classes begin each fall and spring semester. For more information, call 843.953.5620. Information is also available at the colleges website.

Dorinda Harmon, head of Continuing Ed Adult Admissions, says that about 200 seniors are registered this semester. Popular courses include those in the Humanities, Social Sciences, Languages, History, Political Science, and the Arts. But she said that this semester they also have seniors taking Chemistry and Physics.

Dorinda noted that registration for the Spring term will be on January 10, 2013.

The process goes quicker if you complete the non-degree application form and senior citizen tuition admissions addendum before coming to registration.

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Scientific research indicates that an on-going stimulated brain may be the key to a quality later life. Keeping the brain engaged helps ward off mental and physical ailments. This research is important to the approximately 78 million aging “Baby Boomers.”

Learning can take place throughout life in a variety of situations. Colleges and universities are acknowledging elder learning as a valid goal in addition to degree attainment by younger learners. For elders the pursuit of knowledge often occurs through self-directed engagement, based on their own purposes, in non-credit courses, educational travel, or volunteerism.

The outcomes are many and include things such as enjoyment, personal fulfillment, feelings of accomplishment, expanding viewpoints, improved memory, and adapting to changes in society. Seniors learn to understand and put their lives in perspective.

Judy Murdoch: Editor

CCR Book Club-
MEETS THE 1ST WEDNESDAY OF THE MONTH
1:30 PM
MAIN LIBRARY ON CALHOUN STREET

January 9 (change of date)– Book: Life of Pi
Author: Yann Martel
February 6– Book: Someone Knows My Name
Author: Lawrence Hill
March 6– Book: Caleb’s Crossing
Author: Geraldine Brooks
We are off to a great start with our opening program and the wonderful and varied programs Curriculum has set up for us this semester. I was struck this Tuesday by the wonderful programs about Cuba - The insightful and well presented history which David Hoskinson handled and the fabulous tour via pictures and which Jean Martere narrated. I think we all know a lot more about Cuba and can picture it as it is today thanks to their willingness to share their experiences and knowledge.

We are all blessed with the talents of our members, so many and so varied in their interests and pursuits. It is indeed a Center of the Creative Retiree. I am sure that Del Sisson and her curriculum committee would love to learn from others of you programs which you might be interested in offering to all of us. Let someone know about that presentation you might do. Waltraud Bastia’s Poetry presentation is another reminder of the rich and varied lives we can share.

Thanks to all of you who work on developing our programs and to all of you who publicize them and make them work.

GREETINGS FROM OUR PRESIDENT

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CCR Kicks Off Its 20th Anniversary Year With A Pairing of Two Uniquely Charleston Programs!

Jack Brickman, charismatic Charlestonian and 91-year-old attorney, is the subject of a fascinating short film created by documentary filmmaker Tony di Resta. For CCR’s opening program in January, Mr. di Resta will screen his 20-minute film and talk with us about the process of creating it from concept to screening.

The film is a particularly apt fit with the Center for Creative Retirement! Jack Brickman, like CCR’s membership, is committed to living life thoroughly! Tony di Resta first focuses his lens on the present-day Brickman in his office in Charleston. We then see glimpses of the early 20th century Charleston of his youth as well as stunning footage from his service in WWII as a young man.

Members of CCR will be hard-pressed not to be engaged by the familiarity of the film’s 20th century imagery. Mr. di Resta has titled his film, “Jack Brickman: Memories of a Life So Far.”

The second of the opening day programs will also focus on Charleston, but this program will look at one of the city’s noteworthy 21st century innovations, “The Charleston Wine and Food Festival,” which will run this year from February 28th through March 3rd. We will hear from Randi Weinstein, who heads the festival, about its inception, how it has developed, its impact on the city, and where it’s headed.

Check this newsletter’s insert for 32 additional programs that the Curriculum Committee has arranged for our Tuesday afternoon pleasure during the Winter/Spring semester.
St. Helena Island and the Penn Center
March 7, 2013
St. Helena is a Sea Island in Beaufort County. It’s area of 64 miles holds a population of about 8,700. It is renowned as a major center of African-American Gullah culture and language. Because the area was similar to the rice growing regions of West Africa, slaves, many from Sierra Leone, as well as Native Americans and indentured servants from Europe were brought here to raise rice, indigo, cotton and spices. The mix of cultures, isolated from the mainland, produced the Gullah culture. After the Civil War the slaves were liberated and the Penn School was established to educate them. The school closed in 1984 and became the Penn Community Center which preserves the history the history and culture.

Lownes Grove Plantations
April 18, 2013
Located near the Citadel, the earliest known date of this plantation is 1701. The original home was burned during the American Revolution. The house which stands today was built by George Abbot Hall in 1786. He had immigrated to South Carolina from England. In 1780, he was exiled to St. Augustine, Florida because of his support of the Patriots during the American Revolution. William Lowndes purchased the home in 1822. He served the S.C. House of Representatives and was elected to the U.S. Congress in 1810. Over the years, the home was owned my many prominent Charlestonians before being sold in 2007 to Patrick Properties who plan to make it an event venue.

Ruth Anderson, Life-Long Learner

Ruth Anderson, a CCR member and former English instructor at Trident Tech says that the courses at the College of Charleston are one of the best things the state of S.C. has to offer seniors. And Ruth should know. She has audited many classes— including art history, anthropology, American architecture, and Celtic language and literature.

Art has always whetted her appetite. Ruth loves to see the pictures of the art work and to be part of the discussion about the art. One interesting art class focused on fakes and forgeries and how to tell them from the real thing.

Some professors offer course trips. Ruth has traveled on several of these study trips. While she does pay for the trips, she does not take them for credit. The course trips have taken her to Spain, France, Italy and Greece. And taking courses inspires her to do more reading and travel on her own to seek more information.

Ruth says that if she took the classes for credit and had to study and take tests she would not have the time to take classes. She does the required reading. And she likes to keep her textbooks. She finds the texts make interesting reading.

Ruth likes the contact with the professor and the students and the discussions. The students know she is auditing the class and she is not a threat to them as she is not competing with them for grades. Some students ignore her. Others are friendly to her. She usually asks the professor if he/she minds her participating. Most have welcomed her and say that adult learners stimulate the discussion.

Parking can be a challenge as can skateboards and bicycles but that is part of the world we seniors now live in. Students will get used to dealing with walkers, canes, and the seniors who are part of the world they live in. A great opportunity for multi-generational learning. Or maybe some seniors will learn to skateboard!
Replacements Needed!

After seven years, our social committee has decided to retire. We will need replacements starting in September, 2013. The current committee would be glad to have you join them for the spring term to “learn the ropes.” Current members are Edith Crane, Linda Cox, Toni Johnson, Joanne Lowder, and Sharon Clark.

Fruity Cheese Ball

1 package (8 oz) cream cheese
2 Tablespoons sherry
1 cup shredded cheddar cheese
1/4 cup dried apricots, chop fine
1/2 cup green pepper, chopped
1/2 teaspoon grated orange rind
1/2 cup pecans, chopped

Mix together all but pecans. Mold in shape and coat with pecans.

Big Thank You!

Have you noticed the nice new screen at the front of our meeting room? It is attached to the ceiling and is easy to pull down for programs. Give a thank you to Father Gabe Smith, pastor of St. Joseph Catholic Church. He arranged to have the screen installed. At the present time, we are the only group using it. It makes it so much easier to do our programs. Thank you, Father Gabe.

And thanks to Al Katko and Marion Smith who each week set up the room for us and clean up after we leave.

Great hospitality, St. Joseph’s.