



EGUSD Transitional Kindergarten Standards - Physical Development: Fine and Gross Motor

Preschool Learning Foundations Strand	Transitional Kindergarten Standard	Suggested Instructional Strategies/Examples
Fundamental Movement Skills (Physical Education) 1.0 Balance	<ul style="list-style-type: none"> 1.1 Show increasing balance and control when holding still and while moving in different directions (CA Standard PE K BM1)	<ul style="list-style-type: none"> balance on one foot for 5 seconds walk a curb walk a line, heel-to-toe
2.0 Locomotor Skills	<ul style="list-style-type: none"> 2.1 Demonstrate body coordination in a variety of locomotor skills (CA Standard PE K LM2)	<ul style="list-style-type: none"> hop, jump, gallop, skip walk and run with coordination
3.0 Manipulative Skills and VAPA—Visual Art 2.0 Develop Skills in Visual Art	<ul style="list-style-type: none"> 3.1 Demonstrates proficiency in fine motor, in-hand, manipulative skills, such as writing, cutting and dressing (Self-help Tasks) 3.2 Demonstrates proficiency in appropriate use of art tools and resources (CA Standard VAPA K VA2)	<ul style="list-style-type: none"> cut a straight line, curved line, complex cutting to include a variety of curves and lines appropriate use of glue, paint and markers proper pencil and scissors grip colors with control self-help skills, such as buttons, snaps, zippers, opening packaging
Perceptual-Motor Skills and Movement Concepts 1.0 Body Awareness	(1.0 embedded in Perceptual-Motor Skills and Movement Concepts 2.0)	
2.0 Spatial Awareness	<ul style="list-style-type: none"> 2.1 Sense of Own Body in Relation to Others—Demonstrates appropriate use of personal space, general space and boundaries without bumping into others or falling (CA Standard PE K MC1,2)	<ul style="list-style-type: none"> use appropriate space during recess and PE stays in personal space on carpet and at tables respects space of others