



TRANSITION SERVICES: EDUCATION/TRAINING CALIFORNIA YOUTH LEADERSHIP FORUM (YLF)

Program Description:

High school students participate in a five day vocational program at the California State Capitol to interact with local legislators and learn about how policies regarding disabled individuals are created and established.

This forum brings together young people with disabilities who exhibit strong leadership skills to share information and network with each other. Program participants attend workshops centered on self-esteem, career development, the history of the disability movement, and assistive technology for independence. Students get the opportunity to interact with leaders in the disability community, legislators, and other adult professionals.

Students identify and discuss barriers to personal and professional success and develop plans to address these barriers. Assistance is provided to help students create a "Personal Leadership Plan" to address specific issues in their home communities.

Participants also devise public policy recommendations to the California Governor's Committee on Employment of People with Disabilities, which is formally presented to the Governor of California.

Who is eligible?

High school students with disabilities

Typical program applicants are students that:

- demonstrate leadership potential and academic success
- are involved in extra-curricular activities
- demonstrate community involvement and
- are able to interact effectively with other students

Interested applicants must:

Submit a completed application which includes:

- Personal Statement
- Two Letters of Recommendation
- Description of Extracurricular & Community Involvement

***Application Deadline:**

mid-February of each year

General Contact Information

www.calyf.org

Call: (800) 651-0618 (v)

(916) 654-9820 (tty)

California Relay Service at 711

***Volunteer Information**

Contact:

EDD Trina Dangberg King

(916) 653-0882 (v)

(916) 654- 9820(tty)



TRANSITION SERVICES: EDUCATION & TRAINING COMMUNITY COLLEGE ENROLLMENT PROCESS

Application

- Complete an application for admission and obtain a college student identification number.
 - Visit www.losrios.edu to submit an application (ARC, CRC, FCC, SCC)
 - Visit www.sierracollege.edu to submit an application (Sierra College)

Financial Aid

- Complete Financial Aid (FAFSA) and Cal Grant forms by March 1st
 - Request a PIN number at www.pin.edd.gov
 - Apply for financial Aid at www.fafsa.ed.gov

Orientation

- Complete the online orientation which can be accessed through the college website or contact the college directly to determine additional options for completing orientation (e.g. special events for high school seniors, on campus orientations).
 - **American River College:**
4700 College Oak Dr. Sacramento, CA 95841
(916) 558-2111
 - **Cosumnes River College:**
1919 Spanos Ct. Sacramento, CA 95825
(916) 691-7411
 - **Folsom Lake College:**
10 College Parkway Folsom CA 95630
(916) 608-6500
 - **Sacramento City College:**
3835 Freeport Blvd. Sacramento, CA 95822
(916) 558-2111
 - **Sierra College:**
5000 Rocklin Rd. Rocklin, CA 95677
(916) 624-3333



TRANSITION SERVICES: EDUCATION & TRAINING COMMUNITY COLLEGE ENROLLMENT PROCESS

Assessments

- Students must complete placement assessments for math and English prior to meeting with a counselor or registering for classes. Some colleges may require an additional writing assessment which will be decided based on the score of the English exam.
- Visit the college website to view the testing calendars for availability
NOTE: The Orientation and Assessment Center schedules are often subject to change.
- Bring the **college student identification number** and a **valid photo identification** to (CA Driver License or Identification card, high school identification card or a passport) the day of the assessment.
- Review sample assessment questions which can be located through the assessment link on the college website.

Note: Ability to Benefit (ATB) Testing *

Students who **don't** have a High School Diploma or GED and wish to apply for Financial Aid are eligible for ATB Test. Ability to Benefit tests are offered by appointment only. Call the Assessment Center to arrange a time.

Assessment for Students With Disabilities

If you have a disability which requires alternative arrangements or materials, please contact Disabled Student Programs & Services (DSPS) Office. Call this office first if you will need accommodations on the Assessment Test.

Counseling

- Make an appointment with the Disabled Students Programs and Services (DSPS) office at the college to obtain an intake appointment and determine eligibility for services.
 - **American River College** (916) 484-8382
 - **Cosumnes River College** (916) 691-7275
 - **Folsom Lake College** (916) 608-6611
 - **Sacramento City College** (916) 558-2087
 - **Sierra College** (916) 660-7460
- Bring documentation related to the identified disability that will assist the counseling staff in determining services and or accommodations that may be available.
 - IEP
 - Psychological Testing
 - Medical Testing

Registration

- Make note of enrollment date and time which can be accessed through e-services on the college website in order to register for courses as soon as possible.
- Pay for courses within the required timeline in order to avoid classes being dropped.



TRANSITION SERVICES: EDUCATION & TRAINING

CSU ADMISSION REQUIREMENTS

Admission requirements for the California State University are easy to understand. There are three basic admission requirements:

- Completion of required high school courses
- Grades and SAT/ACT test scores
- Graduation from high school with a diploma

Getting good grades in the right classes is really important, students should work hard to earn as many "As" and "Bs" as possible. The California State University will calculate a grade point average from the grades you earn in the required high school subjects.

In your junior year in high school you may want to take either an SAT or ACT admission test. Students may retake these tests during their senior year of high school to improve your test scores. Your scores on the SAT or ACT will be used with your high school grade point average to calculate an Eligibility Index. The Eligibility Index is a simple way for CSU campuses to see if you have the grades and test scores required for admission.

The CSU system requires a 15-unit pattern of courses for admission as a freshman. Each unit is equal to a year of study in a subject area. A grade of C or higher is required for each to meet the subject requirements.

Area	Subject	Years
a.	U.S. History and Social Science	2
b.	English	4
c.	Math (Algebra I, Geometry, and Intermediate Algebra)	3
d.	Science with Lab (1 year biological and 1 year physical)	2
e.	Language Other than English (the same language)	2
f.	Visual and Performing Arts (Art, Dance, Theatre/Drama, or Music)	1
g.	An additional year chosen from the a-g list	1
Total Required Subject Units		15

***Subject Requirement Substitution for Students with Disabilities**

All freshman applicants are encouraged to complete 15 units of college preparatory subjects. If you are otherwise qualified, but unable to complete certain subjects because of your disability, you should contact the director of Services to Student with Disabilities at the CSU campus you wish to attend to



TRANSITION SERVICES: EDUCATION & TRAINING CSU ADMISSION REQUIREMENTS

receive further information about your eligibility to attend the campus.



TRANSITION SERVICES: EDUCATION/TRAINING JOB CORPS

Description of Services:

Job Corps is a FREE federally funded residential career technical training and education program established by the United States Department of Labor. Job Corps serves 60,000 students per year offering Career Technical Training, Academic Training to assist youth in obtaining a high school diploma or GED, Career Success Standards and Job Placement Assistance. There are over 100 career technical training areas which include: Automotive & Machine Repair, Construction, Finance & Business Services, Health Care, Hospitality, Information Technology, and Manufacturing.

Student participants will work with Job Corps counselors to develop a personalized career development plan and enroll in the career technical training courses related to their employment goal. Course requirements can usually be completed in a year, students will engage in work experience training with one of Job Corps employer partners, and prior to graduation will be taught job-search skills and receive assistance from a career counselor to find work and up to 18 months after graduation.

Who is eligible? Youth ages 16-24

Interested applicants must:

- Call the National Job Corps Hotline # (800) 733-JOBS
- Complete telephone screening process
- Eligible applicants will then be referred to the admissions officer at the Job Corps Center closest to their home.

California Job Corps sites:

Inland Empire (San Bernardino), Long Beach, Los Angeles, Sacramento, San Diego, San Jose, Treasure Island (San Francisco)

Check local Job Corps websites to determine which training programs are available at each location.

The following documents are needed for interested applicants to complete the enrollment process:

- Social Security Card
- Identification Card/Drivers license or Birth Certificate
- INS Alien Registration (if applicable)
- High School Transcript, HS Diploma or GED Certificate
- Health/ Medical Insurance Card
- Immunization Records
- Psycho Educational Assessments and IEP's (if applicable)
- Income Verification

General Contact Information

(800) 733-JOBS

www.jobcorps.dol.gov

<http://mifuturo.jobcorps.gov> (Espanol)

Local Contact Information

Sacramento Job Corps Center

3100 Meadowview Rd.

Sacramento, CA 95832

(916) 394-0770

<http://sacramento.jobcorps.gov>

San Jose Job Corps Center

3485 East Hills Dr.

San Jose, CA 95127-2970

(408) 254-5627

<http://sanjose.jobcorps.gov>

Treasure Island Job Corps Center

351 H Ave., Building 442

Treasure Island

San Francisco, CA 94130-5027

(415) 277-2400

<http://treasureisland.jobcorps.gov>



TRANSITION SERVICES: EDUCATION & TRAINING

POST SECONDARY EDUCATION OPTIONS

Community Colleges: are public, two year colleges. They mostly serve people from nearby communities and offer academic courses, technical courses, and continuing education courses. Public institutions are supported by State and local revenues.

Technical Colleges: have a special emphasis on education and training in technical fields. However, although some technical colleges offer academic courses and programs, not all technical colleges offer two-year programs that lead to an associate of arts or science degree. Technical colleges may be private or public. Junior colleges and community colleges that offer many technical courses are often called "technical colleges."

Junior Colleges: are generally two-year colleges that are private institutions. Some junior colleges are residential and are attended by students who come from other parts of the country.

Receiving a license or certificate:

Many junior and community colleges offer technical/occupational training, as well as academic courses. Many of these programs are in cooperation with local businesses, industry, public service agencies, or other organizations. Some of these programs are formally connected to education programs that students start in high school; they are often referred to as "tech-prep" or "school-to-career" programs.

Receiving an Associate's Degree:

Many colleges offer programs that are less than four years in length. Most of these schools offer education and training programs that are two years in length or shorter. The programs often lead to a license, a certificate, an associate of arts (A.A.) degree, an associate of science (A.S.) degree, or an associate of applied science (A.A.S.) degree. Some programs at two-year colleges lead to an A.S. or A.A. degree in an academic discipline. These academic programs are often comparable to the first two years of a general academic program offered by a four-year college or university. In many cases, two-year degrees can be transferred to four-year schools and credited toward a B.A. or B.S. degree.

Four-Year Colleges: are post-secondary schools that provide four-year educational programs in the arts and sciences. These colleges confer bachelor's degrees.

Universities: are postsecondary schools that include a college of arts and/or sciences, one or more programs of graduate studies, and one or more professional schools. Universities confer bachelor's, graduate and professional degrees. Students who wish to pursue a general academic program usually choose a four-year college or university. Such a program lays the foundation for more advanced studies and professional work. Four-year colleges and universities offer bachelor's degrees (the B.A. and B.S.) in most areas in the arts and sciences, such as English literature, foreign languages, history, economics, political science, biology, zoology, chemistry, and in many other fields.

Receiving a Bachelor's Degree:

When a student earns a bachelor's degree, it means that he or she has passed examinations in a broad range of courses and has studied one or two subject areas in greater depth. (These one or two subject areas are called a student's "major" area(s) of study or area(s) of "concentration.") A bachelor's degree is usually required before a student can begin studying for a graduate degree. A graduate degree is usually earned through two or more years of advanced studies beyond four years of college. This might be a master's or a doctoral degree required in certain professions such as law, social work, architecture, or medicine.

<http://www.thinkcollege.net/>