

Steps To Access A Wellness Visit

Carrier	Process for Wellness Visit
Kaiser	<ol style="list-style-type: none"> 1. Employee begins by emailing their doctor to ask for a Wellness Exam and well exam lab panel referral or by contacting the call center to schedule a wellness consultation. Kaiser strongly encourages members to access their doctor for their Wellness Exam via a video visit. Visit https://mydoctor.kaiserpermanente.org/ncal/videovisit/ to join your visit. 2. Visit may be done before or after labs are completed; the recommendation is for the visit to be completed after labs are done so that they can be reviewed during the wellness visit. 3. Employee calls to schedule a lab visit and can schedule their Wellness Exam at least one day after labs are completed. No fasting is required for this lab panel. 4. Employee sends a photo of the Wellness Form to their doctor. 5. Doctor signs and send the form to the Release of Information department. 6. The Release of Information department mails the signed Wellness Form to the Employee.
Sutter Health Plus	<ol style="list-style-type: none"> 1. Employee reaches out to their Primary Care Physician (PCP) to schedule an appointment for their Wellness visit and request a well exam lab panel referral. 2. It is up to the PCP if they will schedule a video call for a Wellness visit or want to see the member in person. All video (telehealth) visits have no member cost share effective April 1, 2020 through December 31, 2020. 3. It is recommended that labs are completed before the Wellness visit. 4. If the Wellness visit is billed as a Preventive office visit, there is no charge. 5. For the provider to complete the District Wellness Form, the employee will need to discuss with their PCP as to how to complete the form.