



# CELEBRATE EVERYBODY WEEK

## 2018 Schedule of Activities

### Sunday, February 25

CycleBeatz: Spin For Yo' Self (FREE!)

7pm | SRSC Cycle Studio | Leader: Kourtney

### Monday, February 26

Activities, goodies and info about body-image and eating disorders with CAPS counselors.

1-4pm | Wells Library and SRSC

“Comfortable-In-Your-Own-Jeans” Fashion Show and Candlelit Vigil. Sponsored by Delta Phi Epsilon sorority, this event benefits the Anorexia Nervosa and Associated Disorders (ANAD) organization.

7pm | Alumni Hall

*Buy your \$5 tickets benefitting ANAD at [iu.crowdchange.co](http://iu.crowdchange.co)*

IU Body Project hosts the movie “The Illusionists: the globalization of beauty ideals.”

8pm | Ballantine 013

### Tuesday, February 27

Total Body Conditioning: Care For Yo' Self

8:45pm | SRSC MS1 | Leader: Kelsi

### Wednesday, February 28

Union Board Films presents the movie “Embrace”

6pm | IMU Whittenberger Auditorium

### Thursday, March 1

Deep Water Exercise: Splash For Yo' Self

5:45pm | SRSC CBAC | Leader: Josh

“Inside Out” Movie Screening

7pm | Teter Theater

### Friday, March 2

“Inside Out” Movie Screening

6pm | Read Hoosier Den

### Happening All Week!

Join @IUBodyProject for a social media challenge to change the way you see your body! Check out the great body-image display at the IMU Starbucks, sponsored by CAPS!

Learn more about IU’s Coalition for Overcoming Problem Eating/Exercise (C.O.P.E.) and how to help a friend– [www.cope.indiana.edu](http://www.cope.indiana.edu)

