Recommendations for Advance Preparation for Death*

Patients who request a DNR order in the dialysis unit are encouraged to provide the following information to their health care agent, family, close friends, and executor (where applicable):

1. A will.
2. Signed advance directive (living will, health care proxy, durable health care power of attorney, and/or an out-of-hospital DNR order) in accordance with applicable state law (provided also to dialysis unit, physician, and hospital).
3. A durable power of attorney complying with applicable state law (one that survives incompetence and death) designating someone to act on the patient’s behalf on all matters other than medical, including legal, financial, banking and business transactions. The power of attorney can be made effective immediately or upon the occurrence of a defined set of circumstances.
4. An inventory, including the location of her/his bank, brokerage and other financial accounts, stock and bond holdings not in brokerage accounts, real estate and business records and documents, medical and other insurance policies, pension plans, and other legal documents.
5. A list giving the names, addresses and telephone numbers of the attorney, accountant, family members, close friends, and/or business associates who should be notified of the death or may have information that will be helpful in dealing with estate affairs.
6. Documentation and instructions concerning burial or cremation, including choice of funeral home, preferences for the funeral ceremony, and any decisions about organ, tissue, or body donation.
7. Written or video or audio taped message to the family, close friends, or business associates.

*Adapted and reprinted from “Initiation or Withdrawal of Dialysis in End Stage Renal Disease: Guidelines for the Health Care Team” © National Kidney Foundation, Inc.