Mentoring relationships are dynamic and can take many different forms depending on the unique needs of the mentee and the unique experiences of the mentor. Here are five possible styles of mentoring.

**FIVE TYPES OF MENTORS**

**THE MASTER OF CRAFT**
This person is an expert in their field who can share their wisdom and experience in order to help you "identify, realize, and hone your strengths."

**THE CHAMPION OF YOUR CAUSE**
This person is one of your strongest advocates, someone who can connect you to new people and opportunities.

**THE COPilot**
This person is more or less your equal: the two of you are peers or colleagues who can offer each other mutual support and accountability. Such a mentoring relationship is often very informal.

**THE ANCHOR**
This person is your "rock"—typically a friend or family member who provides encouragement, constructive criticism, and sometimes tough love.

**THE REVERSE MENTOR**
Though it might seem counterintuitive, mentees can function as mentors too! The people you mentor can offer fresh perspectives and valuable feedback on your leadership/mentoring style.

Adapted from https://ideas.ted.com/the-5-types-of-mentors-you-need-in-your-life/