Systemic racism can impact every aspect of clinical skills, including history-taking, the physical exam, laboratory interpretation, note-writing, oral presentations, and decision-making. Medical students need to know and practice skills to counter racism, bias, and stereotypes that negatively impact patient care and health outcomes.

In order to combat inequities in patient care that perpetuate broader health disparities, we created a 75-minute interactive session called “Anti-racism at the Bedside” for pre-clinical medical students.

The session included pre-reading assignments and utilized small-group activities.

Faculty and Equity and Justice Fellows co-taught the sessions.

All facilitators had a one-hour preparation session beforehand that covered the session content and addressed questions, as well as separate meetings with co-facilitators to plan logistics.

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