
1. “Highly effective teachers design better learning experiences for their students in part because they conceive of teaching as fostering learning” (67).

2. “When we encounter new material, we try to comprehend it in terms of something we already know” (26).

3. Successful teachers understand that “people construct models of reality rather than simply store or “absorb” knowledge” as a set of memorized facts (84).

4. There is no “legitimate separation between learning ‘the facts’ and learning to reason with those facts” (87).

5. “Keep larger questions of the course constantly at the forefront” of your discussions (38).


6. “Slow Professors advocate deliberation over acceleration. We need time to think, and so do our students. Time for reflection and open-ended inquiry is not a luxury but is crucial to what we do” (x).


7. People who believe intelligence is fixed often develop a sense of helplessness, while those who believe it is expandable with hard work are more likely to succeed.


8. “You are working with human possibility. You are trying to awaken people and overcome what Dewey used to call the ‘anesthetic’ in life, the numbness. You are doing what Paulo Freire talks about when he talks about overcoming silences and giving people the capacity to overcome whatever internalized oppression they feel” (64).