SUGGESTED PACKING LIST FOR THE WESTERN INTERIOR FIELD TRIP EXPERIENCE

Air tickets should be confirmed by you in the days before the trip, to make sure there have been no flight changes or cancellations. Let us know immediately if there are.

1. **Plastic bowl and cup, plus knife, fork, and spoon.**
2. Airline ticket confirmation information.
3. Airline-acceptable picture ID.
4. Bag of clean clothes for the return flight.
5. Day pack for water bottles, camera, lunch, possibly rain gear, and other things on hikes that you don’t need to hold in your hands. Internal frame packs not necessary.
6. Duffle bag or soft suitcase for transporting everything else (hard suitcases are hard to pack in small vans, external frame packs hard to pack and generally too fragile for airline transport).
7. Short sleeve shirts.
8. Shorts, loose fitting.
9. For cool evenings: long pants, long-sleeve shirt, warm sweater, warm hat.
10. Lightweight hiking shoes/boots – whatever you are used to on medium to long hikes over rough terrain.
11. Hiking socks.
12. Sunglasses + straps so you don’t lose them (clip-ons for regular glasses OK).
13. Sun hat with chin strap. This is a hot and sunny region, and it can be windy.
15. Water bottles totaling 3 liters (needed for the longest hike, washed-out soda bottles OK).
16. Headlamp (highly recommended) or flashlight, with batteries. The kind with a red LED setting will help keep the bugs away.
17. Camera or other photographic device (waterproof bag for electronics a good idea).
18. Assorted toiletries (shampoo, soap, hair brush, toothpaste, toothbrush, hand lotion (important), lip moisturizer (important), sunscreen (important) spare glasses, essential prescription medication, etc., basically what you would need for any long summer trip).
19. Underwear as usual.
20. Camp/town shoes, so you can wear something other than your hiking footwear.
21. Sleeping bag for summer conditions.
22. Sleeping mat.
23. Ground tarp for sleeping outdoors, sheet of plastic OK. We will work out tents later.
25. Granola bars or equivalent, in case meals are late or hikes take longer than expected.
26. One or more face masks for Covid-19 regulations. At this point, not wearing a mask at airports or in airplanes is highly unwise, and masks may be required at some indoor locations on this trip, including National Park buildings.

Optional items

- Sleeping bag liner
- Bathing Suit
- Binoculars
- Journal/notebook
Washcloth
Hiking and/or camp sandals
Pillowcase (stuff clothes into it and use as a pillow).
Camp towel, synthetic for quick drying.
Bandana.
Hiking stick or sticks (collapsible, for airplane travel).
Regular socks.

**Do not bring**
Laptop computers (heat, bouncing around, and getting squished under luggage won’t be good for them).
Firearms.
Drones or other flying devices.
Illegal drugs or alcohol.
Rock hammers (we will mostly be where collecting is illegal without a permit).
Anything for your dorm room at Union College. There may not be room in the vans. Ship those things to Union College, or have your family bring it on September 3, the day most Union first-year students move in.