

Reaching for the **FUTURE**

.....
From School to Adult Life



A Planning Guide for
Students with Disabilities

Eighth Edition



Transition Planning is a process that begins in middle school to develop a plan for students to achieve more rewarding adult lives. This guide provides resource information for these young adults. It lists Rockland County agencies that provide direct services or information in the areas indicated. This guide is an invaluable resource for individuals with disabilities, parents, school personnel and adult service providers addressing the issues of transition.*

The Rockland Transition Consortium was organized at the beginning of the 1991-1992 school year to develop a reference guide to help in the transition process. This edition was prepared by members of the Rockland Transition Consortium to provide a useful tool in transition planning. For information about the Rockland Transition Consortium, contact Mary Ellen Doremus or Dawn Kitz at 627-4790.

For a complete listing of agencies listed in this guide, please see the back pages of the guide.

ROCKLAND COUNTY SCHOOL DISTRICTS

For information, contact the appropriate Special Education Office at the numbers listed below and ask for the person who handles transition planning:

DISTRICT CONTACTS

Clarkstown	639-6482.....	www.ccsd.edu
East Ramapo	577-6040.....	www.eram.k12.ny.us
Nanuet.....	627-9817.....	www.nanuetsd.org
North Rockland.....	942-3459.....	www.nrcsd.org
Nyack	353-7047.....	www.nyackschools.org
Pearl River	620-3939.....	www.pearlriver.org
Ramapo Central.....	357-7783.....	www.ramapocentral.org
Rockland BOCES.....	627-4790.....	www.rocklandboces.org
South Orangetown.....	680-1025.....	www.socsd.org

***NOTE:** Inclusion in this guide does not constitute an endorsement as to the quality of the services listed. Please note that there may be a charge and/or eligibility requirements for some services. All phone numbers are area code 845 unless otherwise noted.

Education, Training and Employment

As students with disabilities move into the transitional phase of their high school years, they may be referred to ACCES-VR (formerly VESID) or CBVH for further vocational services. These services include, but are not limited to, vocational assessment, career counseling, job training and placement, and further education. Additional information about transition planning and adult vocational services is available from the school districts, the Committee on Special Education, or the adult services providers. Funding agencies for some services are:

ACCES-VR (Adult Career and Continuing Education Services-Vocational Rehabilitation)	426-5410
NYS Commission for the Blind and Visually Handicapped (CBVH)	914-993-5370

Public Agencies

ACCES-VR (Adult Career and Continuing Education Services-Vocational Rehabilitation).....	426-5410
NYS Commission for the Blind and Visually Handicapped (CBVH).....	914-993-5370
NYS Department of Labor/Job Service Division	356-5100 x125
NYS Office for People with Developmental Disabilities (OPWDD)	947-6390
Rockland BOCES	627-4700, 348-3500
Rockland Community Development Council, Inc.....	352-1400
Rockland County Department of Mental Health	364-2150
Rockland County Department of Social Services Employment Unit.....	364-3143
Rockland Independent Living Center	624-1366
Tomorrows Workplace (Rockland County One-Stop).....	356-5100

Private Agencies

may provide Residential Habilitation,
Day Habilitation, Medicaid Service Coordination,
Pre-Vocational Training, Supported Employment,
Supported Education.

Abbott House	914-591-7300	Hamaspik of Rockland.....	356-8400
Ability Beyond Disability	914-984-2340	Hudson Valley Special Education Parent Center /	
AIDS Related Comm. Service (A.R.C.S.)	356-0570	Westchester Institute for Human Development	914-493-8119
Another Step	920-0170	Jawonio, Inc.....	708-2000
ARC of Rockland	267-2500	Lighthouse International.....	800-829-0500
Association of the Visually Impaired	574-4950	Mental Health Assoc. of Rockland County.....	267-2172
Behavioral Solutions NY INC	915-0268	SHARE 24/7	354-3233
Camp Venture/Venture Industries	624-3860	St. Dominic's Home	359-3400
Capabilities Partnership, Inc.....	627-0627	Summit School/Children's Residence	358-7772
Crystal Run Village, Inc.....	695-2519	Rockland Cty. Assoc. for Learning Disabilities	358-5700
Epilepsy Society of Southern NY, Inc.....	627-0627	Yedei Chesed.....	425-0887

Colleges

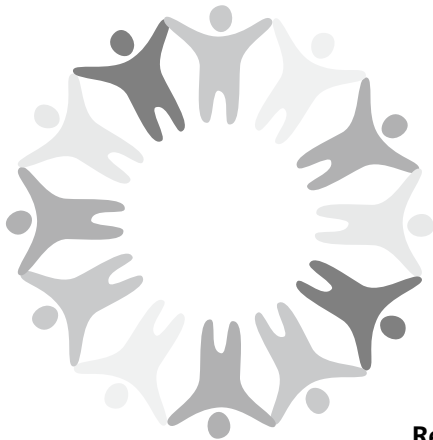
In addition to degree programs, local colleges offer a variety of certificate and other non-degree programs which prepare students for specific fields of employment. These schools may have staff specifically assigned to help students with disabilities. For more information, contact either the Office of Disabilities or the Office of Admissions at the school.

Dominican College.....	359-7800
Nyack College.....	675-4400
Rockland Community College	574-4000
St.Thomas Aquinas-Pathways Program	398-4100
Successful Learning Center (*academic non-credit bearing college courses).....	662-1322
SUNY Empire State College.....	517-1294

Residence & Respite

Residence

There is a variety of residential options available in the community for individuals with disabilities. The selection of an option is based on the extent of support the individual needs to maintain him/herself in the community. Help in the selection process may be found at these agencies.



Respite

Respite services provide assistance to families who need occasional relief from the stresses associated with caring for an individual with severe disabilities. Such services may be provided either at home or at an outside facility for a day, overnight or a weekend.

Abbott House	914-591-7300
Ability Beyond Disability	914-984-2340
Another Step	920-0170
ARC of Rockland	267-2500
Camp Venture Inc./Venture Industries	624-3860
C.L.U.E.-Rockland Hospital Guild	680-6226
Crystal Run Village, Inc.	695-2551
Eckerson Village	425-7879
Hamaspik of Rockland	356-8400
Jawonio, Inc.	708-2000
Loeb House	735-0515
Mental Health Association of Rockland County	267-2172
NYS-Office for People with Developmental Disabilities	947-6390
Open Arms, Inc.	429-9514
Rockland County Association for Learning Disabilities	358-5700
Rockland County Dept. of Social Services (DSS) Emergency Shelter	364-2907
Rockland Family Shelter (Domestic Violence)	634-3391
St. Dominic's Home	359-3400
Summit School/Summit Children's Residence Center	358-7772
Tanglewood Acres	623-4780
Yedei Chesed	425-0887
Another Step	920-0170
ARC of Rockland	267-2500
Behavioral Solutions NY IN	915-0268
Camp Venture Inc./Venture Industries	624-3860
Crystal Run Village, Inc.	695-6009
Haitian-American Cultural and Social Organization, Inc.	352-5897
Hamaspik of Rockland	356-8400
IKAN, Inc.	508-6298
Jawonio, Inc.	708-2000
Mental Health Association of Rockland County	267-2172
NYS-Office for People with Developmental Disabilities	947-6390
St. Dominic's Home	359-3400
SHARE 24/7	354-3233
Yedei Chesed	425-0887

Financial Assistance

Various types of benefits and financial assistance are available from state and local agencies.

Social Security Administration
administers two types of disability benefit programs:

Social Security Disability Benefits (SSDB).....	800-772-1213
Supplemental Security Income (SSI).....	800-772-1213
Local SSA Office	866-755-4334

NYS Department of Labor

Unemployment Benefits.....	888-209-8124
----------------------------	--------------

Rockland County Department of Social Services

Food Stamps.....	364-3100
Home Energy Assistance Program (HEAP).....	364-3480
Medicaid	364-3040
Temporary Assistance	364-3100

**Rockland County Department of Health WIC
(Woman, Infants and Children)**

A supplemental food program for pregnant and nursing mothers, infants and children under five years of age.

WIC (Women, Infants and Children).....	364-2577
--	----------

Private Agencies

These agencies will, on occasion, provide temporary help for those in need:

American Red Cross	358-0833
ARC of Rockland	267-2500
Catholic Community Services	942-5791
Epilepsy Society of Southern New York	627-0627
Haitian-American Cultural and Social Organization	352-5897
People to People	623-4900
Rockland Community Development Council	352-1400 x3814
Salvation Army	352-9577
United Way of Rockland	358-8929
Yedei Chesed.....	425-0887

Medical & Mental Health

Individuals with medical and mental health concerns may seek assistance from hospitals, out-patient clinics and agencies addressing specific needs.



Information and Referral

Hospitals

Clinics

Mental Health and Substance Abuse Services

Rehabilitation Services

Family Assistance

HIV Screening

Information Rockland-NY Connects (Info Rock)	364-2020
Rockland Independent Living Center	624-1366
Cumberland Hospital for Children & Adolescents	800-368-3472
Good Samaritan Hospital	368-5000
Helen Hayes Hospital	888-70-REHAB
Nyack Hospital	348-2000
Rockland Children's Psychiatric Hospital	680-4080
Rockland Summit Park Hospital	364-2771
Rockland Psychiatric Center	359-1000
ARC Health Resources (ARC of Rockland)	267-0110
Jawonio Clinic	708-2000
Pomona Mental Health Clinic/Rockland County Dept. of Mental Health	364-2200
Jawonio	708-2000
Lexington Medical Services	212-752-4345
Mental Health Association of Rockland County-Recovery Services	267-2172
NAMI-FAMILYA of Rockland County, Inc.	359-8787
Nathan Kline Institute for Psychiatric Research	398-2184
Nyack Hospital	348-2073
Rockland Council of Alcoholism and Other Drug Dependence (RCADD)	215-9788
Rockland County Department of Mental Health	364-2150
Rockland County Department of Public Health	364-2516
Rockland Independent Living Center (Peer Recovery Center)	624-1366
Rockland Psychiatric Center	359-1000
Russell E. Blaisdell Addiction Treatment Center	359-8500
Association for the Visually Impaired	574-4950
Helen Hayes Hospital	888-70-REHAB
Jawonio, Inc.	708-2000
Lighthouse International	800-829-0500
National Multiple Sclerosis Society (Helen Hayes Hospital)	786-3520
Rockland County Department of Mental Health	364-2150
American Red Cross	358-0833
Catholic Community Services	942-5791
Planned Parenthood of Hudson/Peconic	426-7577
Rockland County Department of Health WIC (Women, Infants & Children)	364-2577
Rockland Family Shelter	634-3391
Yedei Chesed	425-0887
AIDS Related Community Service (A.R.C.S.)	356-0570
Planned Parenthood of Hudson/Peconic	426-7577
Rockland County Department of Health/Infectious Disease	364-2570

Recreation & Leisure

Recreation activities provide opportunities for social development and a more active lifestyle. Some organizations are utilized exclusively by people with disabilities, others by the general public.

Organizations for people with disabilities

Another Step	920-0170
ARC of Rockland	267-2500
Camp Venture Inc./Venture Industries	624-3860
Jawonio, Inc.....	708-2000
Mental Health Association of Rockland.....	267-2172
NY Special Olympics.....	765-2497
NYS Brain Injury Association at Helen Hayes Hospital.....	888-70-REHAB
Rockland County Assoc. for Learning Disabilities.....	358-5700
Rockland Independent Living Center	624-1366
Russell E. Blaisdell Addiction Treatment Center.....	359-8500
TOUCH	268-8023
VISIONS-Vacation Camp for the Blind.....	354-3003

General Public Agencies

Big Brothers/Big Sisters of Rockland County.....	634-2199
Girl Scouts Heart of the Hudson	638-0438
Hudson Valley Council of the Boy Scouts of America	566-7300
JCC- Rockland	362-4400
Palisades Interstate Park Comm.-Rockland Lake State Park	268-3020
Rockland Conservatory of Music.....	356-1522
Rockland YMCA	358-0245
Town of Clarkstown Parks & Recreation.....	639-6200
Town of Haverstraw Parks & Recreation.....	429-2200
Town of Orangetown Parks & Recreation	359-6503
Town of Ramapo Parks & Recreation.....	357-6100
Village of Spring Valley Parks & Recreation	352-2005



Assistive Technology

Assistive Technology is the use of a device defined as “any item, piece of equipment, or product system, whether acquired commercially off-the-shelf, modified, or customized, that is used to increase, maintain, or improve the functional capabilities of individuals with disabilities”. Evaluations for appropriate assistive technology equipment may be obtained through the following agencies:

ACCES-VR (Adult Career and Continuing Education Services-Vocational Rehabilitation).....	426-5410
Ability Beyond Disability	914-984-2340
Hamaspik	356-8400
Helen Hayes Hospital-Center for Rehabilitation Technology	888-70-REHAB
Jawonio, Inc.....	708-2000
Lighthouse International.....	800-829-0500
NYS Commission for the Blind and Visually Handicapped (CBVH).....	914-993-5370
NYS-Office for People with Developmental Disabilities (OPWDD/Hudson Valley)	947-6390
Rockland BOCES	627-4700
Rockland Independent Living Center	624-1366
Westchester Institute for Human Development.....	914-493-8150

Transportation

Rockland County residents with disabilities have access to various forms of public transportation. In addition there is a special bus service, T.R.I.P.S., which provides round trip transportation to doctors’ offices, jobs, shopping and recreation for individuals with disabilities.

Amtrak	800-872-7245
Clarkstown Mini Trans.....	623-0667
Haverstraw Ferry	201-902-8700
Metro North	718-330-3000
Red & Tan Lines.....	356-0877
Rockland County Department of Public Transportation.....	364-2064
TOR (Transportation of Rockland).....	364-3333
T.R.I.P.S. (reservations must be made in advance).....	364-TRIP
TZ Express	364-2064

Reduced Fare Cards

Reduced fare cards for some transportation services may be obtained from:

Rockland County Department of Public Transportation.....	364-3434
Rockland Independent Living Center	624-1366

Driver Training

Individuals with disabilities who may need specialized driver training can be evaluated at Helen Hayes Hospital. Charges for training may be covered by Medicaid, or by ACCES-VR, for those who qualify.

ACCES-VR (Adult Career and Continuing Education Services-Vocational Rehabilitation).....	426-5410
Helen Hayes Hospital.....	888-70-REHAB

Driver’s License

To obtain a driving permit, driver’s license, non-driver photo identification card, or information contact:

Department of Motor Vehicles.....	800-342-5368
-----------------------------------	--------------

Travel Training

Some individuals with disabilities may need assistance in learning how to travel independently.

ACCES-VR (Adult Career and Continuing Education Services-Vocational Rehabilitation).....	426-5410
Association for the Visually Impaired.....	574-4950
NYS Commission for the Blind and Visually Handicapped (CBVH).....	914-993-5370
T.R.I.P.S.....	364-TRIP

Guardianship

Guardianship is the outcome of a legal process which designates a parent, another individual or organization to act on behalf of an individual who may be unable to manage his/her affairs without assistance, beginning at age 18.

To find out more about guardianship contact an attorney or the following agencies:

ARC of Rockland	267-2500
Jawonio, Inc.	708-2000
Legal Aid Society of Rockland, Inc.	634-3627
Volunteer Counseling Services, Inc. (VCS)	634-5729

Advocacy/Legal Assistance

Individuals with disabilities can obtain assistance to clarify and secure their rights through both advocacy groups and legal organizations.



Legal Aid Society of Rockland County, Inc.....	634-3627
Rockland County Department of Social Services-Child Protective Services	364-3512
Rockland County Human Rights Commission	708-7200
Rockland County Probation Department - PINS (Persons in Need of Supervision).....	638-5533
Rockland County Public Defender’s Office	638-5660

ACCES-VR (Adult Career and Continuing Education Services-Vocational Rehabilitation).....	426-5410
American Heart Association	369-1320
American Red Cross	358-0833
ARC of Rockland	267-2500
Epilepsy Society of Southern New York	627-0627
Haitian-American Cultural and Social Organization, Inc.	352-5897
Lighthouse International.....	800-829-0500
Mental Health Association of Rockland County	267-2172
NAMI-FAMILYA	359-8787
NYS Commission for the Blind and Visually Handicapped.....	914-993-5370
Planned Parenthood of Hudson/Peconic.....	426-7577
Protection and Advocacy for the Developmentally Disabled (PADD).....	914-949-1305
Protection and Advocacy for Individuals with Mental Illness (PAIMI)	518-432-7861
Rockland Council on Alcoholism and Other Drug Dependencies, Inc.	215-9788
Rockland County Association for Learning Disabilities.....	358-5700
Rockland County Department of Mental Health	364-2150
Rockland County Department of Social Services (DSS)-Adult Services.....	364-3568
Rockland Family Shelter	634-3391
Rockland Independent Living Center	624-1366
Rockland Jewish Family Services	354-2121
Russell E. Blaisdell Center-Addiction Treatment Center	359-8500
TOUCH	268-8023
Volunteer Counseling Services, Inc. (VCS)	634-5729

ALL MALES, REGARDLESS OF DISABILITY, MUST REGISTER WITH SELECTIVE SERVICE AT AGE 18. YOU CAN REGISTER ONLINE AT WWW.SSS.GOV OR FORMS ARE AVAILABLE AT LOCAL POST OFFICES.

Counseling

Counseling helps individuals cope with particular concerns and deal more effectively with the demands of life. Counseling on an individual or group basis can be provided by a professionally trained person (social worker, counselor or psychologist) or by someone sharing a common concern (self-help or peer counseling).

Counseling	Haitian-American Cultural and Social Organization352-5897 Rockland County Department of Mental Health.....364-2150 Rockland County D.S.S. - Adult Services.....364-3568	Rockland Family Shelter-Domestic Violence/ Sexual Assault634-3391 Rockland Jewish Family Services354-2121 Volunteer Counseling Services, Inc.634-5729
Health & Disability/Alcoholism/ Substance Abuse Counseling	AIDS Related Community Service (A.R.C.S.)356-0570 Alcoholics Anonymous.....352-1112 Association for the Visually Impaired.....574-4950 Capabilities Partnership, Inc.627-0627 Daytop353-2730 Epilepsy Society of Southern New York627-0627 Good Samaritan Hospital368-5000 Lexington Medical Services212-752-4345 Lighthouse International.....800-829-0500	National Multiple Sclerosis Society425-3520 Nyack Hospital.....348-2000 NYS Commission for the Blind & Visually Handicapped914-993-5370 Rockland County Department of Mental Health364-2150 Russell E. Blaisdell Addiction Treatment Center359-8500 TOUCH268-8023 Yedei Chesed425-0887
Mental Health	Mental Health Association of Rockland County267-2172 Rockland Children’s Psychiatric Center359-7400 Rockland County Department of Mental Health364-2150 Rockland Psychiatric Center359-1000	
Family Planning	Planned Parenthood of Hudson/Peconic.....426-7577	
Vocational Rehabilitation Counseling	ACCES-VR (Adult Career and Continuing Education Services-Vocational Rehabilitation).....426-5410 Another Step920-0170 ARC of Rockland267-2500 Association for the Visually Impaired574-4950 Camp Venture Inc./Venture Industries624-3860 Daytop353-2730 Capabilities Partnership, Inc.627-0627 Helen Hayes Hospital888-70-REHAB Jawonio, Inc.....708-2000 Lighthouse International.....800-829-0500 NYS Commission for the Blind and Visually Handicapped914-993-5370 Rockland County Association for Learning Disabilities358-5700 Rockland County Department of Social Services (DSS)-Employment Unit.....364-3143 Tomorrow’s Workplace356-5100	

**24 HOUR
SUICIDE CRISIS HOTLINE
354-6500**

Self-Help Groups

Self-Help Groups provide information, emotional support and an opportunity for creative problem solving for individuals with common concerns. Groups may be started and run by individuals or organizations. Most groups are free, some charge a nominal fee. National and local Self-Help Clearinghouses keep an up-to-date list of self-help groups. In Rockland, the Clearinghouse is run by the Mental Health Association (MHA) in cooperation with the Department of Social Services. The MHA also has information on how to start a group, as well as training for potential group leaders.

National Clearinghouse	212-817-1822
MHA (Rockland Self-Help Clearinghouse)	267-2172 Ext. 422

Further information is available about:

A.I.D.S.....	AIDS Related Community Service (A.R.C.S.)	356-0570
Alcoholism	Alanon	727-2050
	Alateen	352-1112
Aspergers/High Functioning Autism	Rockland Jewish Family Service	354-2121
Attention Deficit Disorder	Rockland Independent Living Center	624-1366
Back Pain	Rockland Independent Living Center	624-1366
Brain Injury (Families)	Helen Hayes Hospital	786-4044
Brain Injury (Patients and Families)	Helen Hayes Hospital	786-4043
Cancer	American Cancer Society	440-2521
Cardiac	Helen Hayes Hospital-Heart Club/American Heart Association	786-4000
Caregivers Group	Helen Hayes Hospital	786-4000
Cerebral Palsy	United Cerebral Palsy	212-683-6700
Depression/Manic Depression	Mental Health Association of Rockland	639-7400
Developmental Disabilities	NYS-OPWDD/Hudson Valley DDSO	947-6390
Diabetes	American Diabetes Association	212-725-4925, x3435
	Juvenile Diabetes Association	914-686-7700
Domestic Violence	Rockland Family Shelter	634-3391
Eating Disorders	Mental Health Association of Rockland	627-2172
Epilepsy	Epilepsy Society of Southern New York	627-0627
Families of Mentally Ill Young Adults	NAMI-FAMILYA	359-8787
Head Injuries	NYS Brain Injury Association (Helen Hayes Hospital)	86-4000
Hearing Impairments	Rockland Independent Living Center	624-1366
Heart	American Heart Association	369-1320
Learning Disabilities	YAI/Rockland County Association for Learning Disabilities	358-5700
Lupus	Lupus Foundation	973-379-3226
Lyme Disease	Lyme Disease Helpline	800-886-5963
Multiple Sclerosis	National Multiple Sclerosis Society/Helen Hayes Hospital	425-3520
Muscular Dystrophy	Muscular Dystrophy Association	914-345-5062
Osteoporosis	Helen Hayes Hospital	786-4772
Peer Counseling Groups	Rockland Independent Living Center	624-1366
Pulmonary.....	Helen Hayes Hospital	786-4200
Self-Advocacy	Crystal Run Village, Inc.	695-6055
Seriously Emotionally Disturbed Youth.....	Mental Health Association of Rockland	267-2172
Spinal Cord Injury.....	Helen Hayes Hospital	786-4950
Stroke Club	Helen Hayes Hospital	786-4200
Student Advocacy	Volunteer Counseling Service Inc. (VCS).....	634-5729
Visual Impairments	Association for the Visually Impaired	574-4950
	Lighthouse International	800-829-0500

Medicaid Service Coordination/Case Management

People with disabilities who have Medicaid may be eligible for an MSC. An MSC will assist an individual in finding and accessing desired supports and services.

For information about eligibility for services call:



Abbott House	914-591-7300
Ability Beyond Disability	914-984-2340
AIDS Related Community Service (A.R.C.S.)	356-0570
Another Step	920-0170
ARC of Rockland	267-2500
Behavioral Solutions NY INC	915-0268
Camp Venture Inc./Venture Industries	624-3860
Capabilities Partnership Inc.	627-0627
Catholic Community Services	942-5791
Crystal Run Village, Inc.	695-2592
Epilepsy Society of Southern New York	627-0627
Haitian-American Cultural and Social Organization Inc.	352-5897
Hamaspiq of Rockland	356-8400
IKAN, Inc.	508-6298
Jawonio, Inc.	708-2000
Mental Health Association of Rockland County	267-2172
NYS-Commission for Blind and Visually Handicapped	914-993-5370
NYS-OPWDD/Hudson Valley DDSO	947-6390
Rockland County Department of Mental Health	364-2150
Rockland Jewish Family Service	354-2121
SHARE 24/7	354-3233
St. Dominic's Home	359-3400
Tanglewood Acres	623-4780
TOUCH	268-8023
Yachad/National Jewish Council for Disabilities	212-613-8229
YAI/Rockland County Association for Learning Disabilities	358-5700
Yedei Chesed	425-0887

Information/Referral

There are many agencies that provide information, answer questions and direct an individual with a disability to the appropriate agency for service.

Abbott House	914-591-7300	NYS-OPWDD (Hudson Valley/DDS0)	947-6390
AIDS Related Community Service (A.R.C.S.)	356-0570	Planned Parenthood of Hudson/Peconic	426-7577
Alcoholics Anonymous	352-1112	Rockland Council on Alcoholism and Other Drug Dependencies	215-9788
American Cancer Society	440-2521	Rockland County Association for Learning Disabilities	358-5700
American Heart Association	369-1320	Rockland County Department of Mental Health	364-2150
American Red Cross	358-0833	Rockland County D.S.S. Adult Protective Services (Referrals)	364-2020
ARC of Rockland	267-2500	Rockland Family Shelter	634-3391
Association for the Visually Impaired	574-4950	Rockland Independent Living Center	624-1366
Camp Venture Inc./Venture Industries	624-3860	Russell E. Blaisdell Center-Addiction Treatment Center	359-8500
Catholic Community Services	942-5791	Self-Help Clearinghouse of the Mental Health Association	267-2172
Childcare Resources of Rockland	425-0009	Social Security (Rockland office)	866-755-4334
Crystal Run Village, Inc.	695-2551	Tomorrow's Workplace	356-5100
Epilepsy Society of Southern New York	627-0627	TOUCH	268-8023
Haitian-American Cultural and Social Organization	352-5897	United Way of Rockland	358-8929
Information Rockland	364-2020	ACCES-VR (Adult Career and Continuing Education Services-Vocational Rehabilitation)	426-5410
Jawonio, Inc.	708-2000	Volunteer Counseling Service, Inc. (VCS)	634-5729
Lighthouse International	800-829-0500	Yachad/National Jewish Council for Disabilities	212-613-8229
Mental Health Association of Rockland County	267-2172	Yedei Chesed	425-0887
NAMI-FAMILYA of Rockland County, Inc.	359-8787		
NYS Commission for the Blind and Visually Handicapped	914-993-5370		

List of Agencies Appearing in This Guide (All phone numbers are area code 845 unless otherwise noted.)

Abbott House

100 North Broadway
Irvington, NY 10533
914-591-7300
www.abbotthouse.net

Ability Beyond Disability

120 Kisco Avenue
Mount Kisco, NY 10549
914-984-2340
www.abilitybeyonddisability.org

ACCES-VR (Adult Career and Continuing Education Services-Vocational Rehabilitation)

NYS Education Department
15 Perlman Drive, 2nd floor
Pascack Plaza
Spring Valley, NY 10977
426-5410
www.acces.nysed.gov/vr/

AIDS Related Community Service (A.R.C.S.)

86 Route 59 E
Spring Valley, NY 10977
356-0570
www.arcs.org

Alcoholics Anonymous-Alanon

PO Box 127
Thiells, NY 10984
727-2050
www.rockland-al-anon.org

Alcoholics Anonymous-Alateen

PO Box 706
West Nyack, NY 10994
352-1112
www.aa.org

American Cancer Society

121 Executive Drive
New Windsor, NY 12553
440-2521
www.cancer.org

American Diabetes Association

333 Seventh Avenue, 17th floor
New York, NY 10001
212-725-4925, x3435
www.diabetes.org

American Heart Association

419 East Main Street, Suite 305
Middletown, NY 10940
369-1320
www.americanheart.org

American Red Cross

143 North Broadway
Nyack, NY 10960
358-0833
www.nyredcross.org

Another Step

216 Congers Road, Bldg. 6
New City, NY 10956
920-0170
www.anotherstep.org

ARC of Rockland

25 Hemlock Drive
Congers, NY 10920
267-2500
www.rocklandarc.org

Association for the Visually Impaired

260 Old Nyack Turnpike
Spring Valley, NY 10977
574-4950
www.avi-eyes.org

Behavioral Solutions NY INC

18 Thiells Mount Ivy Road
Pomona, NY 10970
915-0268
www.behavioralsolutionsNY.com

Big Brothers/ Big Sisters of Rockland County

65 N. Main Street
New City, NY 10956
634-2199
www.bbbsofrc.com

Camp Venture Inc./Venture Industries

25 Smith Street
Nanuet, NY 10954
624-3860
www.campventure.org

Capabilities Partnership, Inc.

450 West Nyack Road, Suite 9
West Nyack, NY 10994
627-0627
www.essny.com

Catholic Community Services of Rockland

78 Hudson Avenue
Haverstraw, NY 10927
942-5791
www.catholiccharitiesny.org

Childcare Resources of Rockland

235 N. Main Street, Suite 11
Spring Valley, NY 10977
425-0009
www.childcarerockland.org

CLUE-Rockland Hospital Guild

2 Irving Way
Orangeburg, NY 10962
680-6226
http://rocklandguild.org/index2.html

Crystal Run Village, Inc.

321 State Route 59
Tallman, NY 10982
673-4220
601 Stony Ford Road
Middletown, NY 10941
692-4444
www.crvi.org

Cumberland Hospital for Children & Adolescents

9407 Cumberland Road
New Kent, VA 23124
800-368-3472
www.cumberlandhospital.com

Daytop

620 Route 303
Blauvelt, NY 10913
353-2730
www.daytop.org

Dominican College

470 Western Highway
Blauvelt, NY 10913
359-7800
www.dc.edu

Eckerson Village

164 East Eckerson Road
Spring Valley, NY 10977
425-7879

Epilepsy Society of Southern New York

450 West Nyack Road, Suite 9
West Nyack, NY 10994
627-0627
www.essny.com

Girl Scouts Heart of the Hudson

211 Red Hill Road
New City, NY 10956
638-0438
www.girlscoutshh.org

Good Samaritan Hospital

255 Lafayette Avenue
Suffern, NY 10901
368-5000
www.goodsamhosp.org

Haitian-American Cultural & Social Organization, Inc. (HACSO)

25 South Main Street
Spring Valley, NY 10977
352-5897
www.hacsocommunitycenter.org/

Hamaspik of Rockland County

58 Rt. 59, Suite #1
Monsey, NY 10952
356-8400
www.hamaspik.org

Helen Hayes Hospital

Route 9W
West Haverstraw, NY 10993
888-70-REHAB
www.helenhayeshospital.org

Hudson Valley Council of the Boy Scouts of America (BSA)

6 Jeanne Drive
Newburgh, NY 12550
566-7300
www.hvcbasa.org

Hudson Valley Special Education Parent Center

Westchester Institute for Human Development

Cedarwood Hall
Valhalla, NY 10595
914-493-8119
www.hvsepc.org
www.wihd.org

IKAN, Inc.

1 Warwick Place
Florida, NY 10921
508-6298
www.ikanny.org

Information Rockland

Sanatorium Road, Bldg. L
Pomona, NY 10970
364-2020
www.informationrockland.com

Jawonio, Inc.

260 North Little Tor Rd.
PO Box 312
New City, NY 10956
708-2000
www.jawonio.org

JCC Rockland

450 West Nyack Road
West Nyack, NY 10994
362-4400
www.jccofrockland.org

Legal Aid Society of Rockland County

2 Congers Road
New City, NY 10956
634-3627
www.legalaidrockland.org

Lighthouse International

95 Church Street
White Plains, NY 10601
212-821-9624, 800-829-0500
www.lighthouse.org

Loeb House

PO Box 1648
Pearl River, NY 10965
735-0515

**Mental Health Association
of Rockland County, Inc.**

140 Route 303
Valley Cottage, NY 10989
267-2172
www.mharockland.org

NAMI-FAMILYA

PO Box 635
Orangeburg, NY 10962
359-8787
www.namirockland.org

**Nathan Kline Institute
for Psychiatric Research**

140 Old Orangeburg Road
Orangeburg, NY 10962
398-2184
www.rfmh.org/nki

National Multiple Sclerosis Society

2 Gannett Drive, Suite LC
White Plains, NY 10604
914-694-1655
at Helen Hayes Hospital
425-3520
www.nationalmssociety.org

National Self-Help Clearinghouse

365 5th Ave, Suite 3300
New York, NY 10016
212-817-1822
www.selfhelpgroups.org

NY Special Olympics

1207 Route 9, Suite 1C
Wappingers Falls, NY 12590
765-2497
www.specialolympicsny.org

Nyack College

One South Boulevard
Nyack, NY 10960
675-4400
www.nyack.edu

Nyack Hospital

160 North Midland Avenue
Nyack, NY 10960
348-2000
www.nyackhospital.org

NYS Brain Injury Association

Helen Hayes Hospital
51-55 Route 9W
West Haverstraw, NY 10993
888-70-REHAB
www.bianys.org

**NYS Commission for the Blind and
Visually Handicapped (CBVH)**

445 Hamilton Ave., Suite 503
White Plains, NY 10601
914-993-5370
www.ocfs.ny.gov/main/cbvh/

NYS Department of Labor

1 Perlman Drive
Spring Valley, NY 10977
356-5100, x125
www.labor.state.ny.us

NYS-OPWDD**Hudson Valley Developmental
Disabilities Service Office (HVDDSO)**

PO Box 470
9 Wilbur Road
Thiells, NY 10984
947-6390
www.opwdd.ny.gov/

**Palisades Interstate Park Commission
Recreation Office**

Administration Bldg.
Bear Mountain, NY 10911
786-2701
www.palisadesparksconservancy.org

People to People

121 West Nyack Road
Nanuet, NY 10954
623-4900
www.peopletopeopleinc.org

Planned Parenthood of Hudson/Peconic

25 Perlman Drive
Spring Valley, NY 10977
426-7577
www.plannedparenthood.org

Rockland BOCES Adult Education

131 Midland Avenue
Nyack, NY 10960
348-3500
www.rocklandboces.org

**Rockland BOCES Career and Technical
Education Center**

65 Parrott Road, West Nyack, NY 10994
627-4770
www.rocklandboces.org

Rockland BOCES Student Services

65 Parrott Road
West Nyack, NY 10994
627-4790
www.rocklandboces.org

Rockland Children's Psychiatric Center

599 Convent Road
Orangeburg, NY 10962
359-7400
http://www.omh.state.ny.us/omhweb/
facilities/rcpc/facility.htm

Rockland Community College

145 College Road
Suffern, NY 10901
574-4000
www.sunyrockland.edu

**Rockland Community Development
Council, Inc.**

22 Main Street
Monsey, NY 10952
352-1400

Rockland Conservatory of Music

45 South Main Street
Pearl River, NY 10965
356-1522
www.rocklandconservatory.org

**Rockland Council of Alcoholism
and Other Drug Dependencies**

25 Smith Street
Nanuet, NY 10954
215-9788
www.rcadd.org

Rockland County Department of Health

Dr. Robert Yeager Health Center
Sanatorium Road, Bldg. D
Pomona, NY 10970
364-2512 (Administration)
364-2516 (Public Health Clinic)
364-2577 (WIC) Women, Infants & Children
www.co.rockland.ny.us/health

**Rockland County
Department of Mental Health**

Crisis Services & Assessment
Dr. Robert Yeager Health Center
Sanatorium Road - Bldg. D
Pomona, NY 10970
364-2150 (business hours)
364-2200 (crisis service-24 hours)
http://www.co.rockland.ny.us/MHealth/
default.htm

**Rockland County
Department of Public Transportation**

TOR (Transport of Rockland)
364-3333
T.R.I.P.S. 364-8747
www.co.rockland.ny.us/PublicTrans

**Rockland County
Department of Social Services**

Robert Yeager Health Center
Sanatorium Road Bldg. L
Pomona, NY 10970
364-2000
Adult Protective Services-Bldg. C: 364-3571
Child Protective Services-Bldg. C: 364-3512,
800-342-3720 (Reporter Hotline)
Employment Unit-Bldg. L: 364-3143
www.co.rockland.ny.us/Social/default.htm

**Rockland County
Human Rights Commission**

2 New Hempstead Road
New City, NY 10956
638-5666
<http://www.co.rockland.ny.us/human/humdefault.htm>

**Rockland County Association
for Learning Disabilities**

2 Crosfield Avenue, Suite 411
West Nyack, NY 10994
358-5700
www.yai.org/agencies/rcald/

Rockland County Probation Dept. PINS

11 New Hempstead Road
New City, NY 10956
638-5533
<http://rocklandgov.com/departments/probation/>

Rockland County Public Defender

11 New Hempstead Road
New City, NY 10956
638-5660
www.co.rockland.ny.us/Defender/default.htm

**Rockland County Summit Park Hospital
& Nursing Care Center**

Sanatorium Road Bldg. A
Pomona, NY 10970
364-2771 (Infirmary)
364-2772 (Hospital)
www.co.rockland.ny.us/Hospitals/hospitals.htm

Rockland Family Shelter

9 Johnsons Lane
New City, NY 10956
634-3391 Hotline: 634-3344
www.rocklandfamilyshelter.org

Rockland Independent Living Center

873 Route 45, Suite 108
New City, NY 10956
624-1366
www.rilc.org

Rockland Jewish Family Service

450 West Nyack Road
West Nyack, NY 10994
354-2121
www.rjfs.org/

Rockland Psychiatric Center

140 Old Orangeburg Road
Orangeburg, NY 10962
359-1000
www.omh.state.ny.us/omhweb/facilities/rppc/facility.htm

Rockland YMCA

35 South Broadway
Nyack, NY 10960
358-0245
www.rocklandymca.org

**Russell E. Blaisdell Addiction
Treatment Center**

140 Old Orangeburg Road
Orangeburg, NY 10962
359-8500
www.oasas.ny.gov/

Salvation Army

179 North Main Street
Spring Valley, NY 10977
620-7200
www.salvationarmyusa.org

**Self-Help Clearinghouse of
Mental Health Association**

140 Route 303
Valley Cottage, NY 10989
267-2172, x22
www.selfhelpgroups.org

SHARE 24/7

286 North Main Street
Spring Valley, NY 10977
354-3233
www.sharechesed.org

Social Security Administration

240 West Nyack Road
West Nyack, NY 10994
800-772-1213
www.ssa.gov

St. Dominic's Home

500 Western Highway
Blauvelt, NY 10913
359-3400
www.stdominicshome.org

**St. Thomas Aquinas College –Pathways
Program**

125 Route 340
Sparkill, NY 10976
398-4100
www.stac.edu/stacexchange.htm

Successful Learning Center

P.O. Box 2116
Monroe, NY 10949
662-1322
www.successfullearningcenter.com

**Summit School/Summit Children's
Residence Center**

339 North Broadway
Nyack, NY 10960
358-7772
www.summitnyack.com

SUNY Empire State College

150 East Route 59
Nanuet, NY 10954
517-1294
www.esc.edu

Tanglewood Acres

724 South Pascack Road
Chestnut Ridge, NY 10977
623-4780

Tomorrow's Workplace

One Perlman Drive
Spring Valley, NY 10977
356-5100
www.tomorrowworkplace.org

TOUCH-Together Our Unity Can Heal

209 Route 9W
Congers, NY 10920
268-8023
www.touch-ny.org

Town of Clarkstown Recreation & Parks

31 Zukor Road
New City, NY 10956
639-6200
www.town.clarkstown.ny.us/html/recreation_parks.html

Town of Haverstraw Parks & Recreation

1 Rosman Road
Garnerville, NY 10923
429-2200
www.townofhaverstraw.us

Town of Orangetown Parks & Recreation

81 Hunt Road
Orangeburg, NY 10962
359-6503
www.orangetown.com/departments/parksrec.html

Town of Ramapo Parks & Recreation

59 Campbell Avenue
Suffern, NY 10901
357-6100
www.ramapoparks.org

United Way of Rockland

135 Main Street
Nyack, NY 10960
358-8929
www.uwrc.org

**Village of Spring Valley
Parks & Recreation**

Memorial Park Drive
Spring Valley, NY 10977
352-2005
www.villagespringvalley.org

VISIONS - Vacation Camp for the Blind

111 Summit Park Road
Spring Valley, NY 10977
354-3003
www.visionsvcb.org

Volunteer Counseling Service, Inc.

77 South Main Street
New City, NY 10956
634-5729
www.vcs-inc.org

**Westchester Institute for
Human Development**

Cedarwood Hall
Valhalla, NY 10595
914-493-8150
www.wihd.org

**Yachad, National Jewish Council
for Disabilities**

11 Broadway, 13th floor
New York, NY 10007
212-613-8229
www.njcd.org

Yedei Chesed

48 Scotland Hill Road
Chestnut Ridge, NY 10977
425-0887, 24 hr. hotline: 425-4567
www.yedeichesed.org

REACHING for the FUTURE is made possible through the support of the following agencies and businesses:



Rockland Transition Consortium

The Consortium consists of representatives from Rockland County School Districts, public agencies, non-profit organizations, and colleges who are committed to providing a smooth transition for individuals with disabilities from school to work and/or post-secondary programs, children's services to adult services, and home to the community at large. For information, contact Mary Ellen Doremus or Dawn Kitz at 627-4790.



**Crystal Run
Village, Inc.**

Crystal Run Village, Inc. is a private non-profit provider of community-based services and advocacy for children, adults, and families living with intellectual disabilities, spectrum disorders and mental illness. Services include Residential opportunities; Service Coordination; a Respite house; In-home Respite/Community Habilitation services; Day Habilitation; Vocational Services and Job placement.



Orange and Rockland Utilities, Inc. supports community-based organizations and programs that

enhance the quality of life in the communities we serve. O&R's philosophy regarding its contributions to community organizations is based on the belief that such contributions should directly benefit customers in O&R's service territory, with a particular emphasis on organizations and programs that are broad-based in terms of the population served.



ROCKLAND BOCES

The Rockland BOCES Student Services Division brings together the collective energy of the child, family, school and community to realize the full potential of each child becoming a productive and integral member of society.



Rockland Employment Network

The Rockland Employment network is a consortium of service providers committed to meeting the staffing needs of the Rockland business community by supplying qualified candidates to interview for open positions, and serving as a resource for businesses in the community.



Rockland Independent Living Center is a New City based consumer-directed, cross-disability advocacy and service organization dedicated to empowering disabled people to exert independence, choice and control in every aspect of their life.



The Successful Learning Center provides collegiate-based learning opportunities for adults with developmental disabilities. SLC courses are offered at Dominican College in Orangeburg, NY, Pascack Community Center in Nanuet, Street Community Center in New City, Pace University in Pleasantville and Westchester Community College in Valhalla.