Reaching for the FUTURE

From School to Adult Life

A Resource Guide for Students with Disabilities

Tenth Edition

Transition Planning is a process that begins in middle school to develop a plan for students to achieve more rewarding adult lives. This guide provides resource information for these young adults. It lists Rockland County agencies that provide direct services or information in the areas indicated. This guide is an invaluable resource for individuals with disabilities, parents, school personnel and adult service providers addressing the issues of transition.*

The Rockland Transition Consortium was organized at the beginning of the 1991-1992 school year to develop a reference guide to help in the transition process. This edition was prepared by members of the Rockland Transition Consortium to provide a useful tool in transition planning. For information about the Rockland Transition Consortium, contact Mary Ellen Urinyi or Dawn Kitz at Rockland BOCES at 627-4790.

For a complete listing of agencies listed in this guide, please see the back pages of the guide.

ROCKLAND COUNTY SCHOOL DISTRICTS

For information, contact the appropriate Special Education Office at the numbers listed below and ask for the person who handles transition planning:

DISTRICT CONTACTS

East Ramapo 577-6040 www.ercsd.org Nanuet 627-9817 www.nanuetsd.org North Rockland 942-3459 www.northrockland.org Nyack 353-7047 www.nyackschools.org Pearl River 620-3939 www.pearlriver.org Rockland BOCES 627-4790 www.rocklandboces.org South Orangetown 680-1025 www.socsd.org	Clarkstown	639-6482	www.ccsd.edu
North Rockland 942-3459 www.northrockland.org Nyack 353-7047 www.nyackschools.org Pearl River 620-3939 www.pearlriver.org Rockland BOCES 627-4790 www.rocklandboces.org South Orangetown 680-1025 www.socsd.org	East Ramapo	577-6040	www.ercsd.org
Nyack	Nanuet	627-9817	www.nanuetsd.org
Pearl River620-3939www.pearlriver.orgRockland BOCES627-4790www.rocklandboces.orgSouth Orangetown680-1025www.socsd.org	North Rockland	942-3459	www.northrockland.org
Rockland BOCES	Nyack	353-7047	www.nyackschools.org
South Orangetownwww.socsd.org	Pearl River	620-3939	www.pearlriver.org
·	Rockland BOCES	627-4790	www.rocklandboces.org
	South Orangetown	680-1025	www.socsd.org
Suffern Centralwww.sufferncentral.org	Suffern Central	357-7783	www.sufferncentral.org

*NOTE: Inclusion in this guide does not constitute an endorsement as to the quality of the services listed. Please note that there may be a charge and/or eligibility requirements for some services. All phone numbers are area code (845) unless otherwise noted.

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ADVOCACY/LEGAL ASSISTANCE

Individuals with disabilities can obtain assistance to clarify and secure their rights through both advocacy groups and legal organizations.

Advocacy Assistance

ACCES-VR (Adult Career and Continuing Education	
Services-Vocational Rehabilitation)	426-5410
American Heart Association	800-242-8721
BRiDGES	624-1366
Capabilities Partnership	627-0627
Center for Safety and Change	634-3391
Haitian-American Cultural and Social Organization, Inc	352-5897
Hudson Valley Special Education Parent Center	(914) 493-7665
Legal Aid Society of Rockland, Inc.	634-3627
Lighthouse International	800-829-0500
Mental Health Association of Rockland County	267-2172
NAMI-ROCKLAND	359-8787
NYS Commission for the Blind (NYSCB)	(914) 993-5370
Partnership for Safe Youth	405-4180
Planned Parenthood of Hudson/Peconic	426-7577
Protection and Advocacy for the Developmentally Disabled (PADD)	(914) 949-1305
Protection and Advocacy for Individuals with Mental Illness (PAIMI)	(518) 432-7861
Rockland Council on Alcoholism and Other Drug Dependencies, Inc	215-9788
Rockland County Department of Social Services (DSS)-Adult Services	364-3568
Rockland Jewish Family Services	354-2121
Russell E. Blaisdell Center-Addiction Treatment Center	359-8500
The ARC Rockland	267-2500
TOUCH	268-8023
Volunteer Counseling Services, Inc. (VCS)	634-5729
• '	

Legal Assistance

ALL MALES, REGARDLESS
OF DISABILITY, MUST
REGISTER WITH SELECTIVE
SERVICE AT AGE 18. YOU
CAN REGISTER ONLINE
AT WWW.SSS.GOV OR
FORMS ARE AVAILABLE AT
LOCAL POST OFFICES.

Center for Safety and Change	634-3391
Legal Aid Society of Rockland County, Inc.	634-3627
Legal Services of the Hudson Valley	476-3821
Rockland County Department of Social Services-Child Protective Services	364-3512
Rockland County Human Rights Commission	364-3386
Rockland County Probation Department - PINS	
(Persons in Need of Supervision)	638-5544
Rockland County Public Defender's Office	638-5660

ASSISTIVE TECHNOLOGY

Assistive Technology is the use of a device defined as "any item, piece of equipment, or product system, whether acquired commercially off-the-shelf, modified, or customized, that is used to increase, maintain, or improve the functional capabilities of individuals with disabilities." Evaluations for appropriate assistive technology equipment may be obtained through the following agencies:

ACCES-VR (Adult Career and Continuing Education	
Services-Vocational Rehabilitation)	426-5410
Hamaspik	356-8400
Helen Hayes Hospital-Center for Rehabilitation Technology	888-70-REHAB
Jawonio, Inc	708-2000
Lighthouse International	800-829-0500
NYS Commission for the Blind (NYSCB)	(914) 993-5370
NYS-Office for People with	
Developmental Disabilities (OPWDD/Hudson Valley)	947-6390
Rockland BOCES	627-4790
Westchester Institute for Human Development	(914) 493-8150



Assistive Technology — 3

COUNSELING

Counseling helps individuals cope with particular concerns and deal more effectively with the demands of life. Counseling on an individual or group basis can be provided by a professionally trained person (social worker, counselor or psychologist) or by someone sharing a common concern (self-help or peer counseling).

Counseling	BRIDGES	Rockland County Department of Mental Health364-2150 Rockland Jewish Family Services 354-2121 The ARC Rockland
Health & Disability/ Alcoholism/Substance Abuse Counseling	Alanon727-2050	Mental Health Association of Rockland
Family Planning	Planned Parenthood of Hudson/Peconic	426-7577
Mental Health	Mental Health Association of Rockland Cou Rockland Children's Psychiatric Center Rockland County Department of Mental He Rockland Psychiatric Center	
Vocational Rehabilitation Counseling	Services-Vocational Rehabilitation)	
24 HOUR SUICIDE CRISIS HOTLINE 1-800-273-TALK	Camp Venture	
(1-800-273-8255)	Mental Health Association of Rockland NYS Commission for the Blind Rockland County Association for People wi Rockland County Career Center	(914) 993-5370 th Disabilities358-5700

Rockland County Department of Social Services (DSS)-Employment Unit.....

The ARC Rockland

... 364-3143

267-2500

EDUCATION, TRAINING & EMPLOYMENT

As students with disabilities move into the transitional phase of their high school years, they may be referred to ACCES-VR or NYS-CB for further vocational services. These services include, but are not limited to, vocational assessment, career counseling, job training and placement, and further education. Additional information about transition planning and adult vocational services is available from the school districts, the Committee on Special Education, or the adult services providers, Funding agencies for some services are:

ACCES-VR (Adult Career and Continuing Education

NYS Commission for the Blind (NYS-CB) (914) 993-5370

Colleges

In addition to degree programs, local colleges offer a variety of certificate and other non-degree programs which prepare students for specific fields of employment. These schools may have staff specifically assigned to help students with disabilities. For more information, contact either the Office of Accessibility/Disability Services or the Office of Admissions at the school.

Dominican College	359-7800
Nyack College	675-4400
Rockland Community College	574-4000
St. Thomas Aquinas-Pathways Program	398-4100
Successful Learning Center (*non-credit bearing college experie	ence
classes for people with disabilities)	662-1322
SUNY Empire State College	517-1294
Think College	www.thinkcollege.net
Westchester Community College	(917) 606-6600

Community Agencies

may provide Community Habilitation, Day Habilitation, Medicaid Service Coordination, Pre-Vocational Training, Supported Employment, Supported Education.

Abbott House(914) 591-7300
Another Step268-8200
Association for the
Visually Impaired574-4950
BRiDGES624-1366
Camp Venture624-3860
Capabilities Partnership, Inc.
(formerly Epilepsy Society)627-0627
Center for Human Development
& Family Services675-7979
Crystal Run Village, Inc695-2519
Hamaspik of Rockland356-8400
Hudson Valley Special Education
Parent Center/Westchester Institute
for Human Development (914) 493-8119

.708-2000
-829-0500
267-2172
359-8787
358-5700
359-3400
354-3233
358-7772
267-2500
425-0887

Public Agencies

ACCES-VR (Adult Career and Continuing Education	
Services-Vocational Rehabilitation)	
BRIDGES	624-1366
Capabilities Partnership, Inc.	627-0627
NYS Commission for the Blind (NYSCB)	(914) 993-5370
NYS Department of Labor/Job Service Division	356-5100 x125
NYS Office for People with Developmental Disabilities (OPWDD)	947-6390
Rockland BOCES	627-4700, 348-3500
Rockland Community Development Council, Inc	352-1400
Rockland County Career Center (formerly Tomorrow's Workplace)	406-6539, 786-2392
Rockland County Career Center-Youth Connections	323-2913
Rockland County Department of Mental Health	364-2150
Rockland County Department of Social Services Employment Unit	364-3143

■ FINANCIAL ASSISTANCE/MEDICAL INSURANCE

Various types of benefits and financial assistance are available from state and local agencies.

Medical Insurance	Medicaid (for people with disabilities or people aged 65 and over)	855-355-3394
NYS Department of Labor	Unemployment Benefits	888-209-8124
Private/Non-Profit Agencies These agencies will, on occasion, provide temporary help for those in need:	American Red Cross	
Rockland County Department of Health WIC (Woman, Infants and Children) A supplemental food program for pregnant and nursing mothers, infants and children under five years of age.	WIC (Women, Infants and Children)	364-2577
	Home Energy Assistance Program (HEAP)	
Administration	Social Security Disability Benefits (SSDB)	

GUARDIANSHIP

Guardianship is the outcome of a legal process which designates a parent, another individual or organization to act on behalf of an individual who may be unable to manage his/her affairs without assistance, beginning at age 18.

To find out more about	BRIDGES
guardianship contact	Jawonio, Inc
an attorney or the	Legal Aid Society of Rockland, Inc634-3627
following agencies:	Legal Services of the Hudson Valley476-3831
	The ARC Rockland
	Volunteer Counseling Services, Inc. (VCS)634-5729

■ INFORMATION/REFERRAL

There are many agencies that provide information, answer questions and direct an individual with a disability to the appropriate agency for service.

Abbott House(914) 591-7300	Parent to Parent of NYS(914) 493-2635
ACCES-VR (Adult Career and Continuing Education	Partnership for Safe Youth405-4180
Services-Vocational Rehabilitation)426-5410	Planned Parenthood of Hudson/Peconic426-7577
Alanon727-2050	Rockland Council on Alcoholism
American Cancer Society800-227-2345	and Other Drug Dependencies215-9788
American Heart Association369-1320	Rockland County Association
American Red Cross (203) 869-8444	for People with Disabilities358-5700
Association for the Visually Impaired574-4950	Rockland County Career Center786-2392
BRIDGES624-1366	Rockland County Career Center-Youth Connections323-2913
Camp Venture624-3860	Rockland County Department of Health364-2512
Capabilities Partnership627-0627	Rockland County Department of Mental Health364-2150
Catholic Community Services942-5791	Rockland County D.S.S.
Center for Safety and Change	Adult Protective Services (Referrals)364-2020
Crystal Run Village, Inc695-2551	Russell E. Blaisdell Center-Addiction
Haitian-American Cultural and	Treatment Center359-8500
Social Organization352-5897	Self-Help Clearinghouse of the
Hudson Valley Region 211211	Mental Health Association267-2172
Hudson Valley Special Education	Social Security (Rockland Office)866-755-4334
Parent Center(914) 493-7665	The ARC Rockland267-2500
Jawonio, Inc708-2000	TOUCH268-8023
Lighthouse International800-829-0500	United Way of Rockland358-8929
Mental Health Association of	Volunteer Counseling Service, Inc. (VCS) 634-5729
Rockland County267-2172	Yachad/National Jewish Council
NAMI-Rockland359-8787	for Disabilities(212) 613-8229
NYS Commission for the Blind (NYSCB)(914) 993-5370	Yedei Chesed425-0887
NYS-OPWDD (Hudson Valley/DDRO)947-6390	

MEDICAID SERVICE COORDINATION/ CASE MANAGEMENT*

Jawonio, Inc...

SHARE 24/7.....

TOUCH.....

Yedei Chesed

People with disabilities who have Medicaid may be eligible for a Medicaid Service Coordinator (MSC). An MSC will assist an individual in finding and accessing desired supports and services.

		` '
eligibility for services call:	Another Step	268-8200
	BRIDGES	624-1366
	Camp Venture Inc.	624-3860
	Capabilities Partnership Inc.	627-0627
	Catholic Charities	942-5791
	Center for Human Development & Family Services	675-7979
	Crystal Run Village, Inc.	695-2592
	Haitian-American Cultural and Social Organization Inc	352-5897
	Hamaspik of Rockland	356-8400
	Hudson Valley DDRO	947-6390
	IKAN, Inc	508-6298

Rockland County Career Center.....

St. Dominic's Family Services.....

Mental Health Association of Rockland County.....

Rockland County Association for People with Disabilities.......358-5700

The ARC Rockland.......267-2500

Yachad/National Jewish Council for Disabilities.......(212) 613-8229

Refer to www.opwdd.ny.gov for upcoming changes

.... 708-2000

.....267-2172

......786-2392

......354-3233

.....359-3400

......268-8023

^{*}OPWDD will be transitioning from their Medicaid Service Coordination Services model to a Care Management Services model which will be overseen by a Care Coordination Organization (CCO) starting July 1, 2018.

■ MEDICAL & MENTAL HEALTH

Individuals with medical and mental health concerns may seek assistance from hospitals, out-patient clinics and agencies addressing specific needs. **IN AN EMERGENCY, CONTACT 911.**

Clinics	ARC Health Resources (The ARC Rockland)	267-0110
	Community Medical and Dental	352-6800
	Cornerstone Family Health Center at Jawonio	999-3060
	Hudson River Health Care (Haverstraw)	429-4499
	(Spring Valley)	573-9860
	Refuah Health Center	354-9300
	Rockland County Public Health Clinics	364-2512
	Westchester Institute for Human Development	(914) 493-8150
Crisis Services	Behavioral Health Response Team	F17 0400 2FF 2470
	(Emergency Mental Health Mobile Crisis Intervention)	517-0400, 255-2478
	Jawonio Mobile Crisis Team (weekend hours Emergency	700 2000 (20 2521
	Mental Health Service for OPWDD individuals)	708-2000, 639-3521
	NY Start (OPWDD Crisis Response and	044 702 7000
	Prevention Program)	844-/82-/880
Family Assistance	American Red Cross	(203) 869-8444
	BRiDGES	624-1366
	Capabilities Partnership	627-0627
	Catholic Community Services	942-5791
	Center for Safety and Change	
	Mental Health Association of Rockland	267-2172
	NAMI-Rockland	359-8787
	Partnership for Safe Youth	
	Planned Parenthood of Hudson/Peconic	426-7577
	Rockland County Department of Health WIC	
	(Women, Infants & Children)	
	Yedei Chesed	425-0887
LIIV Carooning	Hudson Valley Community Services (HVCS)	354.0570
HIV Screening	Planned Parenthood of Hudson/Peconic	
	Rockland County Department of Health/Infectious Disease	
	Nockland County Department of Treatmy Infectious Disease	
11	Four Winds Hospital	(014) 742 0151
Hospitals	Good Samaritan Hospital	
	Helen Hayes Hospital	
	Nyack Hospital	
	Rockland Children's Psychiatric Hospital	
	Rockland Psychiatric Center	
	Nockula i Sychiatric Certer	
Information and Deformat	DD:DCCC	(24.12//
information and Keferral	BRIDGESCapabilities Partnership	
	Hudson Valley Region 211 Mental Health Association of Rockland	
	Partnership for Safe Youth	
	Rockland County Department of Mental Health	

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■ MEDICAL & MENTAL HEALTH (continued)

Mental Health and	BRIDGES	624-1366
Substance Abuse Services	CANDLE (Community Awareness Network for a Drug-Free	
	Life & Environment)	634-6677
	Good Samaritan Hospital	368-5000
	Jawonio	708-2000
	Lexington Medical Services	(212) 752-4345
	Mental Health Association of	
	Rockland County-Recovery Services	267-2172
	NAMI-Rockland	
	Nathan Kline Institute for Psychiatric Research	398-2184
	Nyack Hospital	348-2073
	Rockland Council of Alcoholism and	
	Other Drug Dependence (RCADD)	215-9788
	Rockland County Department of Health	
	Rockland County Department of Mental Health	
	Rockland Psychiatric Center	359-1000

Rehabilitation Services

Association for the Visually Impaired	574-4950
Capabilities Partnership	627-0627
Helen Hayes Hospital	888-70-REHAB
Jawonio, Inc	708-2000
Lighthouse International	800-829-0500
Mental Health Association of Rockland	267-2172
National Multiple Sclerosis Society (Helen Hayes Hospital)	786-3520
Rockland County Department of Mental Health	364-2150

Russell E. Blaisdell Addiction Treatment Center.......359-8500

RECREATION & LEISURE

Recreation activities provide opportunities for social development and a more active lifestyle. Some organizations are utilized exclusively by people with disabilities, others by the general public.

General Public Agencies

Big Brothers/Big Sisters of Rockland County	634-2199
Girl Scouts Heart of the Hudson	638-0438
Hudson Valley Council of the Boy Scouts of America	566-7300
JCC- Rockland	362-4400
Palisades Interstate Park CommRockland Lake State Park	268-3020
Partnership for Safe Youth	405-4180
Rockland Conservatory of Music	356-1522
Rockland YMCA	358-0245
Town of Clarkstown Parks & Recreation	639-6200
Town of Haverstraw Parks & Recreation	429-2200
Town of Orangetown Parks & Recreation	359-6503
Town of Ramapo Parks & Recreation	
Town of Stony Point	947-5261
Village of Spring Valley Parks & Recreation	352-2005

Organizations for people with disabilities

BRiDGES	624-1366
Buddy Ball	398-1900
Camp Venture Inc.	624-3860
Capabilities Partnership, Inc.	
Challenger Little League	499-0643
Jawonio, Inc	
Mental Health Association of Rockland	267-2172
NY Special Olympics	765-2497
NYS Brain Injury Association at Helen Hayes Hospital	888-70-REHAB
NYS Commission for the Blind	(914) 993-5370
NYS-OPWDD	947-6390
Rockland County Assoc. for Learning Disabilities	358-5700
The ARC Rockland	267-2500
TOUCH	268-8023
VISIONS Center on Blindness	3E1-3003

Recreation & Leisure — 11

RESIDENTIAL & RESPITE

Residential
There are various residential options available in the community for individuals with disabilities.
The selection of an option is based on the extent of support the individual needs to maintain him/herself in the community. Help in the selection process may be found at these agencies.

Abbott House	` '
Another Step	268-8200
Camp Venture Inc.	624-3860
Center for Human Development & Family Services	675-7979
Center for Safety and Change (formerly Rockland Family Shelter)	
Emergency Shelter	634-3391
C.L.U.ERockland Hospital Guild	680-6226
Crystal Run Village, Inc	695-2551
Eckerson Village	425-7879
Hamaspik of Rockland	356-8400
Jawonio, Inc	708-2000
Loeb House	735-0515
Mental Health Association of Rockland County	267-2172
NYS-Office for People with	
Developmental Disabilities	947-6390
Open Arms, Inc	429-9514
Rockland County Association for People with Disabilities	358-5700
Rockland County Dept. of Social Services (DSS)	
Emergency Family Shelter	364-2907
St. Dominic's Family Services	359-3400
Summit School/Summit Children's Residence Center	358-7772
The ARC Rockland	267-2500
Yedei Chesed	425-0887

Respite A

Respite services provide support to C families who need occasional assistance with caring for an individual with severe disabilities. Such services may be provided either at home or at an outside facility for a day, overnight or a weekend.

Another Step	268-8200
Camp Venture Inc.	624-3860
Childcare Resources of Rockland	425-0009
Crystal Run Village, Inc	695-6009
Haitian-American Cultural and Social Organization, Inc	352-5897
Hamaspik of Rockland	356-8400
IKAN, Inc	508-6298
Jawonio, Inc	708-2000
Loeb House	735-0515
Mental Health Association of Rockland County	267-2172
NY Foundling	(212) 633-9300
NYS-Office for People with Developmental Disabilities	947-6390
Rockland County Association for People with Disabilities	
St. Dominic's Family Services	359-3400
SHARE 24/7	354-3233
The ARC Rockland	267-2500
Yedei Chesed	425-0887

■ SELF-HELP/SUPPORT GROUPS

Self-Help Groups provide information, emotional support and an opportunity for creative problem solving for individuals with common concerns. Groups may be started and run by individuals or organizations. Most groups are free, some charge a nominal fee. National and local Self-Help Clearinghouses keep an up-to-date list of self-help groups. In Rockland, the Clearinghouse is run by the Mental Health Association (MHA). The MHA also has information on how to start a group, as well as training for potential group leaders. Information Rockland also has information on many types of Support Groups not listed below.

MHA (Rockland Self-Help Clearinghouse)	267-2172 Ext. 422
National Clearinghouse	(212) 817-1822
Hudson Valley Region 211	www.hudson211.org or call 211

Further information is available abo	out:	
A.I.D.S.	Hudson Valley Community Services (HVCS)	356-0570
Alcoholism	Alanon	727-2050
	Alateen	727-2050
Aspergers/High Functioning Autism	Rockland Jewish Family Service	354-2121
Asperger's Syndrome (Family Support)	Westchester ARC	(914) 528-3871
Attention Deficit Disorder	CHADD	800-233-4050
Autism Support Group	BRiDGES	624-1366
Bereavement Support		
(Alcohol/Substance Abuse Death)	The Compassionate Friends	634-2187
Bereavement Support	Rockland Jewish Family Service	354-2121
Bereavement Support (Loss of a Child)	The Marian Shrine	492-6709
Brain Injury	Helen Hayes Hospital	786-4044
Cancer	American Cancer Society	800-227-2345
Cardiac	Helen Hayes Hospital-Heart Club/American Heart Associatio	on786-4000
Caregivers Group	Helen Hayes Hospital	786-4000
Cerebral Palsy	United Cerebral Palsy	(212) 683-6700
	Cerebral Palsy Guide	844-891-1117
Developmental/Intellectual Disabilities	NYS-OPWDD/Hudson Valley DDRO	947-6390
Diabetes	American Diabetes Association	(212) 725-4925, x3435
	Good Samaritan Hospital	368-5935
	Juvenile Diabetes Association	(914) 686-7700
Domestic Violence	Center for Safety and Change	634-3391
Drug Addiction	Good Samaritan Hospital	368-5242
Eating Disorders	Rockland Jewish Family Service	354-2121

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■ SELF-HELP/SUPPORT GROUPS (continued)

	Capabilities Partnership	
,	NAMI-Rockland	
	NYS Brain Injury Association (Helen Hayes Hospital)	
	American Heart Association	
· · · · · · · · · · · · · · · · · · ·	Rockland County Association for People with Disabilities	
•	Lupus Foundation	` '
•	Lyme Disease Helpline	
Mental Health	Mental Health Association of Rockland	267-217
Multiple Sclerosis	National Multiple Sclerosis Society	800-344-486
Muscular Dystrophy	Muscular Dystrophy Association	800-572-171
Organ Transplant	Good Samaritan Hospital	353-306
Osteoporosis	Helen Hayes Hospital	786-477
Parents of Children & Teens Experiencing	S	
Mental Health Concerns	Partnership for Safe Youth	405-418
Peer Counseling Groups	Rockland Independent Living Center	624-136
Pulmonary	Helen Hayes Hospital	786-420
Rare Diseases	Office of Rare Diseases	888-205-23
Rett Syndrome	International Rett Syndrome Foundation	(513) 874-302
Self-Advocacy	Self-Advocacy Association in NYS (SANYS)	
	Westchester Institute for Human Development (WIHD)	(914) 496-815
Sexual Assault, Teen Dating Violence,		
Domestic Violence	Center for Safety and Change	634-339
Siblings (5-12 year olds that have		
a sibling with a disability)	The ARC Rockland	267-250
Spinal Cord Injury	Helen Hayes Hospital	786-495
Stroke Club	Helen Hayes Hospital	786-420
Student Advocacy	Volunteer Counseling Service Inc. (VCS)	634-572
Survivors of Suicide (those who have		
lost someone to suicide)	Mental Health Association of Rockland	267-217
Visual Impairments	Association for the Visually Impaired	574-495
	Lighthouse International	800-829-050
	NYS Commission for the Blind (NYSCB)	(914) 993-537
	VISIONS Center on Blindness	354-300

TRANSPORTATION

Rockland County residents with disabilities have access to various forms of public transportation for those that are eligible. In addition there is a para-transit bus service, T.R.I.P.S., which provides round trip transportation to doctors' offices, jobs, shopping and recreation for individuals with disabilities. Must meet eligibility requirements and there is a fee for this service.

Amtrak800-872-7245
Clarkstown Mini Trans
Haverstraw Ferry(201) 902-8700
Metro North(718) 330-3000
Red & Tan Lines356-0877
Rockland County Department of Public Transportation
Rockland County T.R.I.P.S. (reservations must be made in advance)364-TRIP
TOR (Transportation of Rockland)
TZ Express

Driver's License Department of Motor Vehicles......(718) 477-4820

.426-5410

To obtain a driving permit, driver's license, non-driver photo identification card, or information contact:

Individuals with disabilities who may need specialized driver training can be evaluated at Helen Hayes Hospital. Charges for training may be covered by Medicaid, or by ACCES-VR, for those who qualify.

Driver Training ACCES-VR (Adult Career and Continuing Education Services-Vocational Rehabilitation)..... ... 426-5410

Reduced Fare Cards

Reduced fare cards for some transportation services may be obtained from: BRIDGES.....624-1366 Partnership for Safe Youth..... ...405-4180 Rockland County Department of Public Transportation.......364-3434

Travel Training

Some individuals with disabilities may need assistance in learning how to travel independently.

ACCES-VR (Adult Career and Continuing Education Services-Vocational Rehabilitation).....

Association for the Visually Impaired..... .574-4950 BRIDGES..... 624-1366 NYS Commission for the Blind (NYSCB).....(914) 993-5370 Rockland County T.R.I.P.S. (reservations must be made in advance).....364-TRIP

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LIST OF AGENCIES APPEARING IN THIS GUIDE

(All phone numbers are area code (845) unless otherwise noted.)

Abbott House

100 North Broadway Irvington, NY 10533 (914) 591-7300 www.abbotthouse.net

ACCES-VR (Adult Career and Continuing Education Services-Vocational Rehabilitation)

15 Perlman Drive, 2nd floor Pascack Plaza Spring Valley, NY 10977 426-5410 www.acces.nysed.gov/vr/

Alanon

PO Box 127 Thiells, NY 10984 727-2050 www.rockland-al-anon.org

Alateen-Alanon

P.O. Box 127 Thiells, NY 10984 727-2050 www.rockland-al-anon.org

American Cancer Society

121 Executive Drive New Windsor, NY 12553 800-227-2345 www.cancer.org

American Diabetes Association

333 Seventh Avenue, 17th floor New York, NY 10001 (212) 725-4925, x3435 www.diabetes.org

American Heart Association

419 East Main Street, Suite 305 Middletown, NY 10940 369-1320 www.heart.org/HEARTORG/

American Red Cross

99 Indian Field Road Greenwich, CT 06830 (203) 869-8444 www.redcross.org

Another Step

706 Executive Blvd., #E Valley Cottage, NY 10989 268-8200 www.anotherstep.org

Association for the Visually Impaired

260 Old Nyack Turnpike Spring Valley, NY 10977 574-4950 www.avi-eyes.org

Behavioral Health Response Team (BHRT)

844-255-2478

Big Brothers/Big Sisters of Rockland County

65 N. Main Street New City, NY 10956 634-2199 www.bbbsofrc.com

BRIDGES (formerly Rockland Independent Living Center)

873 Route 45, Suite 108 New City, NY 10956 624-1366 www.bridgesrc.org

Buddy Ball Sports

175 Old Orangeburg Road Orangeburg, NY 10962 398-1900 www.buddyballsports.org

Camp Venture Inc.

25 Smith Street Nanuet, NY 10954 624-3860 www.campventure.org

CANDLE (Community Awareness Network for a Drug-Free Life & Environment

120 North Main Street, Suite 301 New City, NY 10956 634-6677 www.candlerockland.org

Capabilities Partnership, Inc./ Epilepsy Society of Southern NY

450 West Nyack Road, Suite 9 West Nyack, NY 10994 627-0627

www.learnaboutepilepsy.com

Catholic Community Services of Rockland

78 Hudson Avenue Haverstraw, NY 10927 942-5791 www.catholiccharitiesny.org

Center for Human Development and Family Services (CHDFS, Inc.)

48 Green Road West Nyack, NY 10994 675-7979 www.chdfs.org

Center for Safety and Change (formerly Rockland Family Shelter)

9 Johnsons Lane New City, NY 10956 634-3391 Hotline: 634-3344

www.centerforsafetyandchange.org

Cerebral Palsy Guide

121 South Orange Ave., Suite 1450 Orlando, FL 32801 407-900-0066 www.cerebralpalsyguide.com

Challenger Little League

www.littleleague.org/media/challenger.htn

Childcare Resources of Rockland

235 N. Main Street, Suite 11 Spring Valley, NY 10977 425-0009 www.childcarerockland.org

CLUE-Rockland Hospital Guild

2 Irving Way Orangeburg, NY 10962 680-6226 http://rocklandguild.org/

Cornerstone Family Healthcare at Iawonio

260 North Little Tor Road New City, NY 10956 999-3060 www.cornerstonefamilyhealthcare.org

Crystal Run Village, Inc.

601 Stony Ford Road Middletown, NY 10941 692-4444 www.crvi.org

Daytop

620 Route 303 Blauvelt, NY 10913 800-232-9867 (hotline) 353-2730 www.daytop.org

Dominican College

470 Western Highway Orangeburg, NY 10962 359-7800 www.dc.edu

Eckerson Village

164 East Eckerson Road Spring Valley, NY 10977 352-9065

Four Winds Hospital (Westchester)

750 Cross River Road Cross River, NY 10518 800-528-6624 914-763-8151 www.fourwindshospital.com

Girl Scouts Heart of the Hudson

211 Red Hill Road New City, NY 10956 638-0438 www.girlscoutshh.org

Good Samaritan Hospital

255 Lafayette Avenue Suffern, NY 10901 368-5000 www.goodsamhosp.org

Haitian-American Cultural & Social Organization, Inc. (HACSO)

25 South Main Street Spring Valley, NY 10977 352-5897 https://www.facebook.com/hac-socommunitycenter1974/

Hamaspik of Rockland County

58 Rt. 59, Suite #1 Monsey, NY 10952 356-8400 www.hamaspikrockland.org

Helen Hayes Hospital

Route 9W West Haverstraw, NY 10993 888-70-REHAB www.helenhayeshospital.org

Hudson River Health Care

Various locations throughout the county 770-9980 www.hrhcare.org

Hudson Valley Community Services (HVCS)

86 Route 59 E, P.O. Box 416 Spring Valley, NY 10977 356-0570 www.hudsonvalleycs.org

Hudson Valley Council of the Boy Scouts of America (BSA)

6 Jeanne Drive Newburgh, NY 12550 566-7300 www.hvcbsa.org

Hudson Valley Region 211

Phone: 211 www.hudson211.org

Hudson Valley Special Education Parent Center

Westchester Institute for Human Development Cedarwood Hall Valhalla, NY 10595 (914) 493-7665 www.hvsepc.org www.wihd.org

IKAN, Inc.

62 N. Main Street, Suite 110 Florida, NY 10921 508-6298 www.ikanny.org

lawonio. Inc.

260 North Little Tor Rd. New City, NY 10956 888-320-4295 708-2000 www.jawonio.org

Jawonio Mobile Crisis Team

(after hours emergency mental health service) 708-2000

JCC Rockland

450 West Nyack Road West Nyack, NY 10994 362-4400 www.jccofrockland.org

Legal Aid Society of Rockland County, Inc.

2 Congers Road New City, NY 10956 634-3627 www.legalaidrockland.org

Legal Services of the Hudson Valley

7A Perlman Drive, 2nd floor Spring Valley, NY 10977 476-3831 www.lshv.org

Lighthouse Guild

250 West 64th Street New York, NY 10023 800-284-4422 www.lighthouseguild.org

Loeb House, Inc.

1 Blue Hill Plaza Pearl River, NY 10965 735-0515

Mental Health Association of Rockland County, Inc.

140 Route 303 Valley Cottage, NY 10989 267-2172 www.mharockland.org

NAMI-Rockland

PO Box 635 Orangeburg, NY 10962 359-8787 www.namirockland.org

Nathan Kline Institute for Psychiatric Research

140 Old Orangeburg Road Orangeburg, NY 10962 398-5500 www.rfmh.org/nki

National Multiple Sclerosis Society

800-344-4867 425-3520 www.nationalmssociety.org

National Self-Help Clearinghouse

365 5th Ave, Suite 3300 New York, NY 10016 212-817-1822 www.selfhelpgroups.org

NY Foundling

502 Executive Park Nanuet, NY 10954 623-3461

www.nyfoundling.org

NY Special Olympics

1207 Route 9, Suite 1C Wappingers Falls, NY 12590 765-2497 www.special-olympics.org

NY START

(crisis response and intervention) 844-START-80 (844-782-7880)

Nyack College

One South Boulevard Nyack, NY 10960 675-4400 www.nyack.edu

Nyack Hospital

160 North Midland Avenue Nyack, NY 10960 348-2000 www.nyackhospital.org

NYS Brain Injury Association Helen Hayes Hospital

51-55 Route 9W West Haverstraw, NY 10993 888-70-REHAB www.bianys.org

NYS Commission for the Blind (NYSCB)

445 Hamilton Ave., Suite 503 White Plains, NY 10601 914-993-5370 www.ocfs.ny.gov/main/cb

NYS Department of Labor

1 Perlman Drive Spring Valley, NY 10977 356-5100, x125 www.labor.ny.gov

NYS-OPWDD Hudson Valley Developmental

Disabilities Regional Office (HVDDRO)

PO Box 470 9 Wilbur Road Thiells, NY 10984 947-6390 www.opwdd.ny.gov/

Palisades Interstate Park Commission

Recreation Office Administration Bldg. Bear Mountain, NY 10911 786-2701 www.palisadesparksconservancy.org

Parent to Parent of NYS (WIHD)

Cedarwood Hall, Room A106 Valhalla, NY 10595 914-493-2635 www.parenttoparentnys.org

Partnership for Safe Youth

131 North Midland Avenue Nyack, NY 10960 405-4180 www.rocklandboces.org

People to People

121 West Nyack Road Nanuet, NY 10954 623-4900 www.peopletopeopleinc.org

Planned Parenthood of Hudson/Peconic

Rockland County Medical Center 25 Perlman Drive Spring Valley, NY 10977 426-7577 www.plannedparenthood.org

Rockland BOCES Adult and Community Education (RACE)

131 Midland Avenue Nyack, NY 10960 348-3500 x3591 www.rocklandboces.org

Rockland BOCES Career and Technical Education Center

65 Parrott Road West Nyack, NY 10994 627-4770 www.rocklandboces.org

Rockland BOCES Student Services

65 Parrott Road West Nyack, NY 10994 627-4790 www.rocklandboces.org

Rockland Children's Psychiatric Center

599 Convent Road Orangeburg, NY 10962 359-7400 http://www.omh.state.ny.us/ omhweb/facilities/rcpc/facility. htm

Rockland Community College

145 College Road Suffern, NY 10901 574-4000 574-4541 (Accessibility Services office) www.sunyrockland.edu

Rockland Community Development Council, Inc.

22 Main Street Monsey, NY 10952 352-1400 www.rocklanddc.org

Rockland Conservatory of Music

45 South Main Street Pearl River, NY 10965 356-1522 www.rocklandconservatory.org

Rockland Council on Alcoholism and other Drug Dependence, Inc.

25 Smith Street, Suite 101 Nanuet, NY 10954 215-9788 www.rcadd.org

Rockland County Association for People with Disabilities

345 North Main Street, 2nd floor New City, NY 10956 358-5700 www.yai.org/agencies/rockland-county-association-peo-

Rockland County Career Center

Haverstraw Location:

ple-disabilities

37 West Broad Street Haverstraw, NY 10974 786-2392

Suffern Location:

RCC, Brucker Hall, 1st floor 145 College Road Suffern, NY 10901 406-6450 www.rocklandcountycareer center.org

Rockland County Career Center-Youth Connections

Rockland BOCES 131 North Midland Avenue Nyack, NY 10960 348-3500 x3 www.rocklandboces.org

Rockland County Department of Health

Sanatorium Road, Bldg. D Pomona, NY 10970 364-2512 (Administration) 364-2520 (Public Health Clinic) 364-2577 (WIC) Women, Infants & Children www.rocklandgov.com/ departments/health

Rockland County Department of Mental Health

50 Sanatorium Road, Bldg. F Pomona, NY 10970 364-2378 www.rocklandgov.com/ departments/mental-health

Rockland County Department of Social Services

Robert Yeager Health Center Sanatorium Road Bldg. L Pomona, NY 10970 364-2000

Adult Protective Services-Bldg. C 364-3571

Child Protective Services-Bldg. C 364-3512,

800-342-3720 (Reporter Hotline)

Employment Unit-Bldg. L 364-3143 www.rocklandgov.com/ departments/social-services/

Rockland County Department of Transportation

50 Sanitorium Road

Pomona, NY 10970 364-3333 (TOR & TZ Express) 364-8747 (T.R.I.P.S.) 364-2108 (Taxi Voucher Program) 364-3333 (Senior Discount Program) www.rocklandgov.com/ departments/public-transportation

Rockland County Human Rights Commission

50 Sanatorium Road, Bldg. G Pomona, NY 10970 364-8886 www.rocklandgov.com/ departments/human-rights

Rockland County Probation Dept. PINS

11 New Hempstead Road New City, NY 10956 638-5544 http://rocklandgov.com/ departments/probation/

List of Agencies — 19

Rockland County Public Defender

11 New Hempstead Road New City, NY 10956 638-5660 www.rocklandgov.com/ departments/public-defender

Rockland Jewish Family Service

450 West Nyack Road, Suite 2 West Nyack, NY 10994 354-2121 www.rifs.org/

Rockland Psychiatric Center

140 Old Orangeburg Road Orangeburg, NY 10962 359-1000 www.omh.ny.gov/omhweb/ facilities/rppc

Rockland YMCA

35 South Broadway Nyack, NY 10960 358-0245 www.rocklandymca.org

Russell E. Blaisdell Addiction Treatment Center

140 Old Orangeburg Road Orangeburg, NY 10962 359-8500 www.oasas.ny.gov/atc/blaisdell

Salvation Army

179 North Main Street Spring Valley, NY 10977 352-9577 www.newyork.salvationarmy.org

Self-Advocacy Association of NYS (SANYS)

at the ARC Westchester 25 Saw Mill Road Hawthorne, NY 10532 (914) 495-4475 www.sanys.org

Self-Help Clearinghouse of Mental Health Association

140 Route 303 Valley Cottage, NY 10989 267-2172, x22 www.mharockland.org/ self-help-resources/

SHARE 24/7

286 North Main Street Spring Valley, NY 10977 354-3233 www.chesed247.org

Social Security Administration

240 West Nyack Road West Nyack, NY 10994 800-772-1213 www.ssa.gov

St. Dominic's Family Services

500 Western Highway Blauvelt, NY 10913 359-3400 x206 www.sdfs.org

St. Thomas Aquinas College Pathways Program

125 Route 340 Sparkill, NY 10976 398-4230 www.stac.edu

Successful Learning Center

2 Lake Street Monroe, NY 10950 662-1322 www.access2college.com

Summit School/Summit Children's Residence Center

339 North Broadway Nyack, NY 10960 358-7772 www.summitnyack.com

SUNY Empire State College

150 East Route 59 Nanuet, NY 10954 517-1294 x3422 www.esc.edu

The ARC Rockland

25 Hemlock Drive Congers, NY10920 267-2500 www.arcofrockland.org

Think College

(College search options for people with developmental disabilities) www.thinkcollege.net

TOUCH-Together Our Unity Can Heal

209 Route 9W North Congers, NY 10920 268-8023 www.touch-ny.org

Town of Clarkstown Parks and Recreation

31 Zukor Road New City, NY 10956 639-6200 www.town.clarkstown.ny.us/ html/recreation_parks.html

Town of Haverstraw Parks & Recreation

1 Rosman Road Garnerville, NY 10923 429-2200 www.townofhaverstraw.org/ parks/html

Town of Orangetown Parks & Recreation

81 Hunt Road Orangeburg, NY 10962 359-6503 https://parks.orangetown.com

Town of Ramapo Parks & Recreation

3 Palisades Credit Union Park Drive Pomona, NY 10970 357-6100 www.ramapoparks.org

Town of Stony Point Parks & Recreation

5 Clubhouse Lane Stony Point, NY 10980 947-5261 www.townofstonypoint.org/ recreation-department

United Way Hudson Valley Regional 2-1-1

336 Central Park Avenue White Plains, NY 10606 800-899-1479 or call 211 www.hudson211.org

Village of Spring Valley Parks & Recreation

200 North Main Street Spring Valley, NY 10977 352-1100 www.villagespringvalley.org

VISIONS - Center on Blindness

111 Summit Park Road Spring Valley, NY 10977 354-3003 www.visionsvcb.org

Volunteer Counseling Service. Inc.

77 South Main Street New City, NY 10956 634-5729 www.vcs-inc.org

Westchester Community College

75 Grasslands Road Valhalla, NY 10595 914-606-6600 www.sunywcc.edu

Westchester Institute for Human Development

Cedarwood Hall (20 Plaza West) Valhalla, NY 10595 914-493-8150 www.wihd.org

Yachad, National Jewish Council for Disabilities

11 Broadway, 13th floor New York, NY 10007 212-613-8229 www.yachad.org

Yedei Chesed

48 Scotland Hill Road Chestnut Ridge, NY 10977 425-0887 www.yedeichesed.org

REACHING for the FUTURE is made possible through

the support of the following organizations and businesses:

Rockland Transition Consortium

The Consortium consists of representatives from Rockland County School Districts, public agencies, non-profit organizations, and colleges who are committed to providing a smooth transition for individuals with disabilities from school to work and/or post-secondary programs, children's services to adult services, and home to the community at large. For information, contact Mary Ellen Urinyi or Dawn Kitz (627-4790) at Rockland BOCES.

Rockland BOCES Student (Services partners with



families, school districts, community-based organizations and county agencies to produce outstanding educational outcomes for children with special needs at all levels of ability. Programs are open to students residing in Rockland and neighboring counties in New York and New Jersey.

Orange and Rockland Utilities, Inc. supports



community-based organizations and programs that enhance the quality of life in the communities we serve. O&R's philosophy regarding its contributions to community organizations is based on the belief that such contributions should directly benefit customers in O&R's service territory, with a particular emphasis on organizations and programs that are broad-based in terms of the population served.

The National Council of Jewish Women (NCJW) is



a grassroots organization of volunteers and advocates who

National Council of Jewish Women Rockland Section

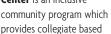
turn progressive ideals into action. Inspired by Jewish values, NCJW strives for social justice by improving the quality of life for women, children, and families by safeguarding individual rights and freedoms.

The Rockland Employment



network is a group of public, not for profit, and private human services providers, who work together planning targeted activities to raise awareness and involvement in securing appropriate employment opportunities for individuals with disabilities.

The **Successful Learning Center** is an inclusive





classes for nontraditional learners. Our students value learning and want to continue to learn. The SLC welcomes students of varying abilities such as individuals with visual or hearing impairments, spinal cord injuries, Down Syndrome, Autism, Traumatic Brain Injury, speech and language disabilities, disabled veterans, and stroke survivors. The SLC does not just serve individuals with developmental disabilities, but all students interested in continuing their education within the community. OPWDD eligibility not required.



NOTICE OF NONDISCRIMINATION

Rockland BOCES does not discriminate on the basis of an individual's actual or perceived race, color, religion, creed, ethnicity, national origin, citizenship status, age, marital status, partnership status, disability, predisposing genetic characteristics, sexual orientation, gender (sex), gender identity, military status, veteran status, domestic violence victim status or political affiliation, and additionally does not discriminate against students on the basis of weight, gender identity, gender expression, and religious practices or any other basis prohibited by New York State and/or federal non-discrimination laws in employment or its programs and activities. Rockland BOCES provides equal access to the Boy Scouts and other designated youth organizations. Inquiries regarding Rockland BOCES non-discrimination policies or procedures should be directed to either:

1.) Ana Reluzco, Assistant Superintendent for Human Resources Civil Rights Compliance Officer Rockland BOCES 65 Parrott Road, West Nyack, NY 10994 (845) 627-4712 rbcompliance@rboces.org