Colon Cancer Risk Reduction: Gut microbiome and vitamin D study

Research team members at Baylor University are now enrolling participants for a new study sponsored by Baylor University. The Gut Microbiome and Vitamin D study is primed to enroll approximately 40 subjects from the Waco area. This study addresses an urgent need to prevent the dramatic rise in early onset colorectal cancer.

The study aims to help better define the relationship between vitamin D intake and the bacteria that live in the gut. Specifically, the team will assess if there is a clear connection between vitamin D intake and changes in the gut bacteria that are associated with risk of colorectal cancer.

Healthy adults without a history of GI disease may qualify for the trial, which is expected to last for 2 weeks. Participants will be asked to consume a vitamin D supplement or placebo, provide biospecimen samples (stool and blood) and complete a series of questionnaires.

Participation is completely voluntary, and those who do decide to join the study will receive a report of their gut microbiome composition and body composition.

For more information, including eligibility criteria, email:

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