# Immersive, highly realistic in-lab experiments of cycling route choices

Center for Transportation, Environment, and Community Health Final Report



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June 29, 2021

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# TECHNICAL REPORT STANDARD TITLE

			PA	GE	
1. Report No.	2.Government Accession	No.	3. Recipient's Catalog	No.	
Title and Subtitle			5. Report Date		
Immersive, highly realistic in-lab experiments of cycling route choices		route choices	June 29, 2021		
			6. Performing Organization Code		
7. Author(s)			Performing Organization Report No.		
Ricardo A Daziano (ORCID ID # 0000-0002-5613-429X)				·	
9. Performing Organization Name and Addre	ess		10. Work Unit No.		
School of Civil and Environmental	Engineering				
Cornell University			11. Contract or Grant	No	
Ithaca, NY 14853			69A3551747119		
111111111111111111111111111111111111111			09A3331/4/119		
12. Sponsoring Agency Name and Address			13. Type of Report and Period Covered		
U.S. Department of Transportation			Final Report		
1200 New Jersey Avenue, SE			09/30/2019 - 03/31/2021		
Washington, DC 20590			14. Sponsoring Agency Code		
			US-DOT		
15. Supplementary Notes					
16 Abstract					
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		18. Distribution State			
1		Public Access			
latent class					
19. Security Classif (of this report)	20. Security Classif. (of th	nis page)	21. No of Pages	22. Price	
Unclassified	Unclassified				

Form DOT F 1700.7 (8-69)

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# Abstract

This project aims to understand how self-assessed health status relates to preferences for cycling infrastructure. An integrated latent class and latent variable choice model is fitted using responses to a stated preference experiment from a panel of New York City residents (N = 801). Estimates show that people with stated good physical health tend to have preference parameters similar to those of experienced cyclists. This result means that the provision of cycling infrastructure with the purpose of attracting non-cyclists also has the potential of attracting those with worse health outcomes. This result suggests a double benefit coming from car use reduction and lower health spending.

Keywords: Transportation and health, cycling, latent variable, latent class

#### Introduction

The past two decades have seen increasing research interest in the analysis of cyclists' preferences for cycling infrastructure [1, 2]. These studies have used different methods to identify the built environment characteristics that are preferred by cyclists, and that could therefore be exploited to encourage a broader modal shift toward sustainable transportation. The vast consensus is that cyclists prefer infrastructure that is separated from traffic, as well as shorter and more direct routes [3].

Even though this consensus may be true for the population as a whole, there are significant differences both within cyclists and non-cyclists that should be considered during policy formulation. For example, a review carried out by Aldred et al. [4] shows that women and the elderly tend to have a stronger preference for segregated cycling paths. Another distinction that has been identified in the literature has to do with cycling experience. People that have less cycling experience also tend to have a stronger preference for segregation from motorized vehicles [5, 6]. This information can be used by city planners to tailor their policies to the needs of different segments of the population.

The relationship between health and cycling has also been heavily studied, but unfortunately not from the point of view of infrastructure provision or preferences. The research questions relating the two have primarily focused on the effects cycling has on people's health. As expected, previous research has concluded that, on average, cyclists have a lower prevalence of diabetes, hypercholesterolemia, and obesity [7, 8]. Understanding the interconnection of cycling preferences and health could lead to infrastructure that is better suited to the less healthy segment of the population, motivating this segment to start cycling and improve their health outcomes.

In this study, we address the relationship between self-assessed health status and infrastructure preferences. We do this using data collected from an online survey of New York City residents. We then use this data to estimate a latent class and latent variable choice model that describe health outcomes and cycling experience. Results show that respondents with higher body mass indices (BMI) and worse self-assessed health status have a stronger preference for segregated infrastructure and a lower sensitivity toward travel time.

The rest of the report is organized as follows: The data collection process is described first, with a description of the sample. Then, the latent class and latent variable methodology is presented. After this, results are shown and discussed.

# Data collection and preliminary analyses

We use microdata from an online survey carried out during December of 2019. This survey included several types of questions, including sociodemographic information, general travel patterns, and physical fitness indicators. Respondents were recruited from a representative Qualtrics panel. All respondents were regular New York City commuters (to work or school), over 18 years of age. Table 1 summarizes select characteristics of the sample.

Table 1: Sample characteristics

Characteristic	Level	Value
Gender	Male	39.3%
	Female	60.7%
Age	Mean	35.6
	Standard deviation	13.7
Household income	Less than \$10,000	5.9%
	\$10,000 - \$15,000	2.6%
	\$15,000 - \$25,000	7.7%
	\$25,000 - \$35,000	8.9%
	\$35,000 - \$50,000	10.9%
	\$50,000 - \$75,000	19.7%
	\$75,000 - \$100,000	15.6%
	\$100,000 - \$150,000	11.2%
	\$150,000 - \$200,000	5.1%
	\$200,000 - \$500,000	4.7%
	More than \$500,000	2.0%
Race or ethnicity	American Indian or Alaska Native	< 0.1%
	Asian	12.6%
	Black or African American	25.6%
	Native Hawaiian or other Pacific Islander	< 0.1%
	White	46.2%
	Other, including multi-racial	0.1%
	Hispanic or Latino	28.0%

Characteristic	Level	Value
Cars available	None	34.7%
	One	47.4%
	Two	14.6%
	Three or more	3.2%
Home location	Bronx	15.2%
	Brooklyn	25.0%
	Manhattan	35.6%
	Queens	22.3%
	Staten Island	1.9%
BMI	Mean	25.3
	Standard deviation	5.9
	Obese (BMI $> 30$ )	18.7%
	Overweight (25 BMI < 30)	26.8%
	Healthy (18:5 BMI < 25)	53.8%
	Underweight (BMI < 18:5)	0.7%

The section of the survey that is most relevant to this study is a set of choice experiments regarding route choice using public bicycles. Each respondent faced seven binary choice scenarios, where two hypothetical routes were shown. The scenarios were developed in a virtual city environment similar to a typical Manhattan avenue. Examples of the virtual cycling conditions are shown in Figure 1, and the experimental attributes with their levels are shown in Table 2. A total of 5,560 choices were recorded.

Table 2: Attribute levels of choice scenarios

Variable	Levels		
Travel time	Pivoted around respondents' stated travel time.		
Traffic / Speed	Heavy traffic and slow speeds, or normal traffic flow with high speeds. This relationship		
	was designed to replicate a slow, congested street, or an uncongested street with cars		
	driving at the speed limit.		
One or two way lane	Either one or two-way cycle lanes.		
Parking	Inexistent, on left or on right.		
Lane design	Painted surface and/or with a buffer between the lane and cars. All choice scenarios had		
_	at least one of these possible protections.		



Figure 1: Examples of choice scenarios presented to respondents

Several effect indicators were also collected to identify respondents' health outcomes and cycling experience. We fitted a structural equation model to confirm the relationship between the effect indicators and the latent variables of interest, as well as to identify respondents' characteristics that correlate with the underlying factors. The significant indicators are shown in Table 3.

The fitted structural equation model produced two underlying dimensions (latent variables): "experienced cyclist" and "poor health status." These, in turn, are negatively correlated between them (Figure 2).

Table 3: Indicators used to fit a latent variable model using structural equation modeling

Indicator	Type of response
Health outcomes	
Body Mass Index (BMI) Self-reported health status Cycling experience	Continuous. Constructed using stated height and weight. 5 point Likert scale, from "Excellent" to "Very poor."
Self-description of type of cyclist	4 point ordinal response, from "An advanced, confident cyclist who is comfortable riding in most traffic situations" to "I do not know how to bike."
Uses app to access Citi Bike	Binary
Bikes at least once a week	Binary
during the fall or spring (two	·
indicators)	
Typically walks or bikes during a weekday or weekend for more than	Binary
10 minutes (two indicators)	

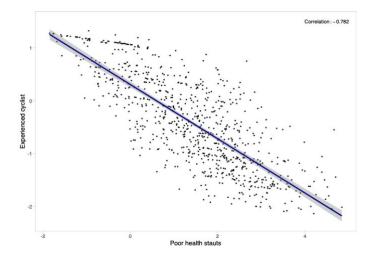


Figure 2: Relation between the two latent variables produced by the structural equation model, at the respondent level

# Methodology

To identify how preference structures vary across respondents depending on their general health outcome, we use an integrated choice and latent class model. Nevertheless, because these health outcomes are not directly measurable using an online survey, we model them using latent variables. This produces an integrated choice, latent class and latent variable model. Each one of these components, as well as their integration, is described in the following subsections.

#### Latent class choice models

One strategy for modeling unobserved heterogeneity in preferences is to assume a discrete distribution of preferences, representing a discrete number of consumer categories of classes. Econometrically, the underlying categories may be inferred by estimating latent classes, as proposed by Kamakura and Russell [9]. Latent class choice models include two components: one relates individuals to the latent (unobserved) classes, whereas the other relates individuals to choices given their latent class.

The utility derived by individual j when they choose alternative i given that they belong to class s can be represented by (1).  $\mathbf{X}_{ij}$  is a vector of observed alternative attributes and consumer characteristics, and  $\boldsymbol{\beta}^s$  is a vector of class-specific taste parameters. Utility  $U_{ij}^s$  can take different forms across classes, including varying distributional assumptions for the class-specific error component,  $\varepsilon_{ij}^s$ , and the specification of the indirect utility function,  $V^s$ .

$$U_{ij}^{s} = V^{s}(\mathbf{X}_{ij}; \boldsymbol{\beta}^{s}) + \varepsilon_{ij}^{s} \tag{1}$$

If we assume, first, a random utility maximization framework and, second, that  $\varepsilon^s$  are independent and identically distributed Extreme Value Type I, then the probability that j chooses i given that they belong to class s is equal to the conditional logit choice probability (2).  $C_{js}$  is the choice set individual j faces given that they belong to class s in this equation. If  $V^s$  is assumed to have a linear specification, as is usually done in the literature, the scale parameter  $\mu_s$  has to be normalized to ensure parameter identification.

$$P_{j}(i|s, \mathbf{X}_{ij}; \boldsymbol{\beta}^{s}) = \frac{\exp\left(\mu_{s} V^{s}(\mathbf{X}_{ij}; \boldsymbol{\beta}^{s})\right)}{\sum_{l \in C_{js}} \exp\left(\mu_{s} V^{s}(\mathbf{X}_{lj}; \boldsymbol{\beta}^{s})\right)}$$
(2)

Since class membership cannot be directly observed, it is useful to construct some probabilistic measure relating individuals to classes. Let's define a class-membership link function  $W_{js}$  as shown in (3), where  $\gamma^s$  is a vector of class-specific parameters relating observable consumer characteristics,  $\mathbf{X}_j$ , with class s. Note that function Z may be specified in such a way that it only depends on a constant that must be estimated. Nevertheless, this approach is not informative on the relationship between individual characteristics and preference patterns.

$$W_{is} = Z(X_i; \gamma^s) + \zeta_{is} \tag{3}$$

We will assume the probability that a consumer j belongs to class s is proportional to the class-membership function,  $W_{js}$  and that  $\zeta$  are independent and identically distributed Extreme Value Type I. With this, the probability that j belongs to s is given by the multinomial logit probability (4). If Z has a linear specification, the scale parameter  $\varsigma$  has to be once again normalized.

$$P_{j}(s|\mathbf{X}_{j};\boldsymbol{\gamma}^{s}) = \frac{\exp\left(\varsigma \cdot Z(\mathbf{X}_{j};\boldsymbol{\gamma}^{s})\right)}{\sum_{p=1}^{S} \exp\left(\varsigma \cdot Z(\mathbf{X}_{j};\boldsymbol{\gamma}^{p})\right)}$$
(4)

To obtain the unconditional probability of j choosing i, we must marginalize  $P_j(i|s)$  over  $P_j(s)$ , as shown in (5).

$$P_{j}(i|\mathbf{X}_{ij};\boldsymbol{\beta},\boldsymbol{\gamma}) = \sum_{s=1}^{S} P_{j}(i|s,\mathbf{X}_{ij};\boldsymbol{\beta}^{s}) \cdot P_{j}(s|\mathbf{X}_{j};\boldsymbol{\gamma}^{s})$$
(5)

One advantage this approach has is that it is fairly simple and straightforward. Moreover, since classes are discrete categories, this marginalization does not require to simulate an integral. This model's main disadvantage is that it is non-convex, which may make maximum likelihood estimation difficult.

The latent class logit model has been applied in varied settings. Some examples include preference for residential location [10], medical procedures [11, 12], transportation modes [13, 14, 15, 16], vehicle ownership [17], and in the field of environmental economics [18, 19].

# The Integrated Choice and Latent Variable model (ICLV)

Another way of accounting for unobservable factors in the decision-making process is through latent variables. Latent variables are those that affect the decision-making process but cannot be directly measured. Previous research has exploited latent variables in many ways, including environmental concerns [20], risk aversion [21], or perceived quality [22].

A discrete choice model that considers unobservable attributes can be described by (6), where  $\mathbf{X}_{in}^*$  is a vector of latent variables. Assuming once again that  $\boldsymbol{\varepsilon}$  are independent and identically distributed Extreme Value Type I and that V has a linear specification, the choice probability can be expressed as the conditional logit probability (7).

$$U_{ij} = V(\mathbf{X}_{ij}, \mathbf{X}_{ij}^*; \boldsymbol{\beta}) + \varepsilon_{ij}$$
 (6)

$$P_{j}(i|\mathbf{X}_{ij}, \mathbf{X}_{ij}^{*}; \boldsymbol{\beta}) = \frac{\exp\left(V(\mathbf{X}_{ij}, \mathbf{X}_{ij}^{*}; \boldsymbol{\beta})\right)}{\sum_{l \in C_{j}} \exp\left(V(\mathbf{X}_{lj}, \mathbf{X}_{lj}^{*}; \boldsymbol{\beta})\right)}$$
(7)

To derive a choice probability that does not depend on unobservables, some distribution for the latent variable must be specified. Therefore, a stochastic model must be built relating these latent variables with observable variables, such as the one shown in (8). Here, function  $X^*$  describes the structural relation between observable and unobservable variables through parameters  $\lambda$ . The error term  $\omega_{ij}$  accounts for variables not included in this model that affect  $\mathbf{X}_{ij}^*$ .

$$\boldsymbol{X}_{ii}^* = \boldsymbol{X}^* \big( \boldsymbol{X}_{ii}; \boldsymbol{\lambda} \big) + \omega_{ii} \tag{8}$$

The latent variable model is completed with a measurement relationship that can be expressed in general terms by (9), where function I relates the response to some effect indicator  $I_{ij}$  with the underlying latent construct  $\mathbf{X}_{ij}^*$ . Common specifications for these measurement relations are linear regressions when  $I_{ij}$  is continuous, or ordered logit or probit models when  $I_{ij}$  is a categorical variable, such as a Likert scale.

$$I_{ii} = I(\mathbf{X}_{ii}^*; \boldsymbol{\tau}) + \nu_{ii} \tag{9}$$

From this system of equations, an unconditional choice probability can be derived using (10), where g and f are density functions of  $I_{ij}$  and  $\mathbf{X}_{ij}^*$  respectively.

$$P_{j}(i|\mathbf{X}_{ij}, I_{ij}; \boldsymbol{\beta}, \boldsymbol{\tau}, \boldsymbol{\lambda}) = \int P_{j}(i|\mathbf{X}_{ij}, \mathbf{X}_{ij}^{*}; \boldsymbol{\beta}) \cdot g(I_{ij}|\mathbf{X}_{ij}^{*}; \boldsymbol{\tau}) \cdot f(\mathbf{X}_{ij}^{*}; \boldsymbol{\lambda}) d\mathbf{X}_{ij}$$
(10)

This Integrated Choice and Latent Variable model (ICLV) was proposed by Walker and Ben-Akiva [23] and has gained wide popularity in the choice modeling community, despite some criticisms. Even though most applications involve attitudinal latent variables (those that are related to some unobservable characteristic of consumers), perceptual latent variables can also be constructed Bahamonde-Birke et al. [24].

### A latent class logit model with latent variables

An empirical problem of latent class choice models is that there is no clear interpretation of the fitted latent segments. What researchers usually do is to make intuitive sense of the overall segment by looking at the observable variables correlated with class membership model. These interpretations are hypotheses and not conclusions founded on the econometric model itself. If attitudinal latent variables are used to construct the class-membership model, direct and empirically well-founded relationships between latent constructs and class-specific taste parameters can be derived. This approach also frees the researcher from subjective interpretations of the parameters.

A latent class logit model with latent variables can be constructed by defining the class-membership function solely based on latent variables, as in (11). This model produces a class-membership and choice probabilities conditional on these latent variables, shown in (12) and (13).

$$W_{is} = Z(X_i^*; \gamma^s) + \zeta_{is} \tag{11}$$

$$P_{j}(s|\mathbf{X}_{j}^{*};\boldsymbol{\gamma}^{s}) = \frac{\exp\left(\varsigma \cdot Z(\mathbf{X}_{j}^{*};\boldsymbol{\gamma}^{s})\right)}{\sum_{p=1}^{S} \exp\left(\varsigma \cdot Z(\mathbf{X}_{j}^{*};\boldsymbol{\gamma}^{p})\right)}$$
(12)

$$P_{j}(i|\mathbf{X}_{ij},\mathbf{X}_{j}^{*};\boldsymbol{\beta},\boldsymbol{\gamma}) = \sum_{s=1}^{S} P_{j}(i|s,\mathbf{X}_{ij};\boldsymbol{\beta}^{s}) \cdot P_{j}(s|\mathbf{X}_{j}^{*};\boldsymbol{\gamma}^{s})$$
(13)

From the system of equations, we can obtain an unconditional choice probability that can be used to make inference, as shown in (14).

$$P_{j}(i|\mathbf{X}_{ij},I_{ij};\boldsymbol{\beta},\boldsymbol{\tau},\boldsymbol{\lambda},\boldsymbol{\gamma}) = \int \left(\sum_{s=1}^{S} P_{j}(i|s,\mathbf{X}_{ij};\boldsymbol{\beta}^{s}) \cdot P_{j}(s|\mathbf{X}_{j}^{*};\boldsymbol{\gamma}^{s})\right) \cdot g(I_{ij}|\mathbf{X}_{j}^{*};\boldsymbol{\tau}) \cdot f(\mathbf{X}_{ij}^{*};\boldsymbol{\lambda}) d\mathbf{X}_{j}^{*}(14)$$

Model parameters can be obtained using maximum likelihood estimation. Assuming that there are a total of N respondents and that each respondent n observed  $T_j$  choice scenarios, the likelihood can be expressed as:

$$\mathcal{L}(\boldsymbol{\beta}, \boldsymbol{\tau}, \boldsymbol{\lambda}, \boldsymbol{\gamma} | \boldsymbol{X}) = \prod_{j=1}^{J} \int \prod_{t=1}^{T_j} P_j(i | \boldsymbol{X}_{ijt}, \boldsymbol{X}_j^*; \boldsymbol{\beta}, \boldsymbol{\gamma}) \cdot g(I_{ij} | \boldsymbol{X}_j^*; \boldsymbol{\tau}) \cdot f(\boldsymbol{X}_j^*; \boldsymbol{\lambda}) d\boldsymbol{X}_j^*$$
(15)

There are a few examples of this model being used in the literature, including Hess et al. [20] and Krueger et al. [25].

### **Results**

The following subsections discuss the results of modeling the data presented in a previous section using the latent class and latent variable method. We will first discuss direct estimates, and then analyze marginal rates of substitution of the two models obtained. All results shown were obtained using the Apollo package in R [26].

This section presents results for two latent class and latent variable models. The one that addresses this study's research question uses a latent variable describing health status to infrastructure preference. The second one relates cycling experience to these preferences. This model was estimated to compare and validate the results of the first one. Note that because these two latent variables are highly correlated (see Figure 2), both could not be integrated into a single model. Finally, a standard conditional logit was also estimated to have a baseline comparison for parameter estimates, marginal rates of substitution, and goodness-of-fit measures. Table 4 shows the results for all models.

First, the likelihood values at convergence of the choice components for the latent class and latent variable models are higher than the one for the baseline MNL model. On the one hand, this result means that there is significant preference heterogeneity that cannot be captured by the conditional logit. On the other hand, the choice likelihood of Model 1 is slightly higher than the one of Model 2. Nevertheless, these differences are small.

The latent variable model shows that "Poor health status" and "Experienced cyclist" tend to have parameters with opposite signs. This sign difference implies that the negative correlation found in the structural equation model mentioned before still holds here. People tend to have better health status and cycling experience if they are men, younger, own a car, and live in Manhattan, as opposed to other New York City boroughs. Some of these results are consistent with previous findings. For example, Rossetti et al. [5] also found that younger men tend to be more experienced cyclists.

People that have a better health status and more experience cycling have a higher probability of belonging to Class 1 of Model 1 and Class 2 of Model 2. These classes show similar preference structures. For example, both have a negative parameter related to travel time, as expected. Moreover, these individuals show distaste for parking, and preference for painted and buffered cycle lanes. These results are in line with previous findings for people that have some experience in cycling [e.g., 5, 6]. Class 1 of Model 1 and Class 2 of Model 2 also have the same signs as the parameters in the baseline MNL model.

The taste parameters for the other classes show behavioral patterns that are not consistent with economic theory. Most strikingly, the parameters related to travel time are either positive or not significant, meaning respondents in these classes tend to prefer longer routes or not care about travel time at all. This result is analyzed in depth in the following subsection.

Table 4: Integrated choice, latent class and latent variable models, together with a baseline multinomial logit model (MNL). Notes: \*\*\*: p < 0.001, \*\*: p < 0.01, \*: p < 0.05. Robust std. errors used. Parameters of measurement eqs. not reported.

	Baseline: MNL	Model 1: Health status	Model 2: Cycling exp.
Choice model			, <u>, , , , , , , , , , , , , , , , , , </u>
Class 1			
Time	-0.0389*** (-5.41)	-0.0636*** (-6.80)	1.34* (2.05)
Heavy traffic	0.174*** (3.67)	0.116 (1.79)	0.211 (0.76)
Two way	0.299*** (6.79)	0.163** (2.86)	5.02* (2.08)
Parking on left	-0.770*** (-5.42)	-0.620*** (-3.34)	-3.45 (-1.00)
Parking on right	-0.261*** (-5.04)	-0.415*** (-6.10)	-5.94 (-1.47)
Paint	0.294* (2.21)	0.582*** (3.77)	10.0*** (11.24)
Buffer	1.33*** (22.45)	0.695*** (10.35)	13.5* (2.06)
Class 2	,	,	,
Time		1.11* (2.18)	-0.0635*** (-6.94)
Heavy traffic		0.138 (0.54)	0.111 (1.74)
Two way		4.19* (2.25)	0.164** (2.91)
Parking on left		-1.74 (-0.69)	-0.622*** (-3.37)
Parking on right		-4.18 (-1.46)	-0.418*** (-6.26)
Paint		12.1*** (17.38)	0.583*** (3.82)
Buffer		10.8* (2.28)	0.699*** (10.41)
Class membership model (Class 2)		, ,	` '
Intercept		-0.653*** (-3.38)	0.546*** (4.11)
Poor health status		0.487* (2.51)	` ,
Exp. cyclist		` '	0.827*** (3.33)
Latent variable model			` '
Female		0.625*** (4.11)	-0.202*** (-4.69)
Age		0.0192*** (4.00)	-0.00345* (-2.29)
Driver's license		-0.497* (-2.55)	0.110* (2.22)
N. of cars: None		0 (fixed)	0 (fixed)
N. of cars: One		-0.271 (-1.54)	0.106* (2.17)
N. of cars: Two or more		-0.696** (-2.89)	0.142* (2.44)
Employed		-0.496** (-2.78)	0.0587 (1.38)
Home location: Manhattan		0 (fixed)	0 (fixed)
Home location: Bronx		0.509 (1.88)	-0.0762 (-1.15)
Home location: Brooklyn		0.413* (2.21)	-0.135** (-2.68)
Home location: Queens		0.530** (2.63)	-0.175** (-3.22)
Standard deviation		1.11*** (3.62)	0.436*** (12.15)
# of individuals	801	801	801
# of observations	5,560	5,560	5,560
log-likelihood	-2,898.89	-6,056.47	-7,094.20
log-likelihood (choice model)	-2,898.89	-2,701.53	-2,709.00
Draws for simulated integral	-	1,000 (Halton)	1,000 (Halton)
# of parameters	7	30	30

# Marginal rates of substitution

The ideal bicycle lane design has been a matter of debate among urban designers. City planners usually have to deal with the trade-off between segregation from cars (something the literature has consistently demonstrated is desirable for cyclists) and cost. Whereas cheaper bicycle lanes allow to expand the network at a faster pace, this cheaper infrastructure can fail to attract or even deter new riders. Given this dichotomy, the marginal rate of substitution (MRS) between different kinds of designs and travel time can help assess the costs and social benefits of different approaches to cycling infrastructure provision.

Table 5 shows MRSs of interest. Since the maximum likelihood estimation parameters asymptotically distribute Normal, the MRSs were derived using the Delta method. The sample mean MRSs, on the other hand, are a weighted mean of these MRSs considering the individual-level class membership probabilities.

Table 5: Select marginal rates of substitution (MRS). Notes: \*\*\*: p < 0.001, \*\*: p < 0.01, \*: p < 0.05. MRS and (t-satistics) reported. Robust standard errors used for Delta method. †t-statistics calculated with respect to 1.

	Class 1	Class 2	Sample mean
Baseline: Multinomial logit model			
Time and Paint	-7.56* min. (-2.05)		
	-34.23*** min. (-		
Time and Buffer	5.75)		
Paint and Buffer†	0.221*** (-7.51)		
Model 1: Health status			
Time and Paint	-9.15** min. (-3.23)	10.83* min. (2.24)	-1.15 min. (-0.73)
	-10.94*** min. (-		
Time and Buffer	6.81)	9.74*** min. (8.78)	-2.66 min. (-1.63)
Paint and Buffer <sup>†</sup>	0.836 (-0.66)	1.11 (0.24)	0.947* (-2.44)
Model 2: Cycling experience			
Time and Paint	7.48* min. (2.08)	-9.17*** min. (-3.30)	-2.56** min. (-4.47)
	10.08*** min.	-11.00*** min. (-	
Time and Buffer	(11.35)	7.09)	-2.63*** min. (-3.63)
Paint and Buffer <sup>†</sup>	0.742 (-0.72)	0.834*** (3.39)	0.797*** (-64.60)

As expected, the class of experienced cyclists and people with good health outcomes are willing to increase their travel time in exchange of a more protected cycle lane. The detours these individuals were willing to make also fall within reasonable ranges: on average, respondents are willing to increase their travel time by approximately 9 and 11 minutes to access a painted and buffered cycle lane, respectively. The MRSs between the two types of design show that the differences between both are either not significant, or that buffered lanes are preferable. The MRS between painted and buffered infrastructure for the whole sample confirm that preference for buffered lanes is significantly higher than for painted lanes.

The classes with unexpected travel time sensitivities seemed to behave in the opposite direction: their MRSs state that individuals are actually willing to take a longer, unprotected route than a shorter, protected one. In spite of this, the MRSs for the whole sample have the expected signs, and in the case of Model 2 are significantly lower than zero. This result suggest that the latent classes captured a wide preference heterogeneity within the sample.

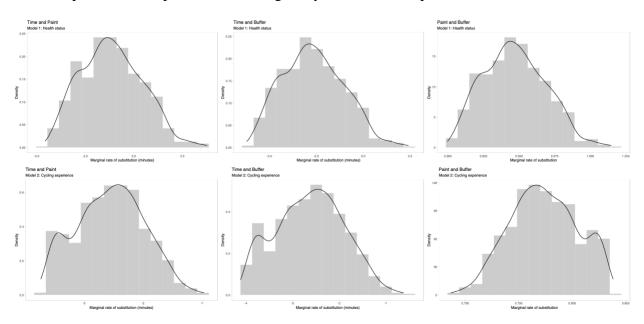


Figure 3: Empirical distributions of select marginal rates of substitution, at the respondent level

Another way of observing this is through the distribution of mean MRSs among the sample. Figure 3 shows these distributions for the three MRSs considered in Table 5. In the case of Model 2, all respondents had mean MRSs with expected signs. This model shows that while the mean MRSs differ across the sample, individuals did not consistently prefer longer, more unprotected routes. Individuals' preference structures, then, lie between the two classes, and

cannot be described by only one. This is also shown in Figure 4, where it can be observed that respondents' class membership probabilities lie within mid-range values.

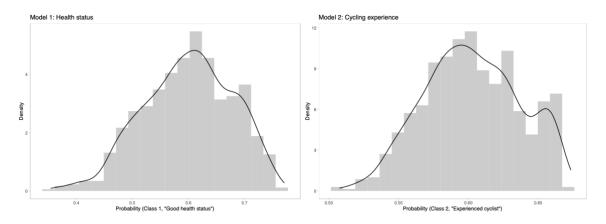


Figure 4: Empirical distributions of class-membership probabilities

Something different happened in the case of Model 1, where the mean MRSs are more spread out. This result may be a consequence of the larger variance in the class-membership component of Model 1. This produces more weakly identified class membership probabilities. Nevertheless, these values could show there are other underlying issues with the dataset. For example, people with worse health status may not experience cycling often, and therefore cannot consider the attributes adequately. Another issue could be that the latent variable and latent classes are weakly identified, and therefore cannot capture respondents' underlying heterogeneity correctly.

Even though the MRSs for the conditional logit model have expected signs, their magnitudes differ from the sample means in the random parameter logit models. This difference in magnitude is likely coming from the conditional logit model not being able to recover heterogeneity in preferences.

#### **Conclusions**

Previous research dedicated to identifying preferences for cycling infrastructure has failed to consider the relationships of those preferences with health status. Understanding this association is essential for policymakers to improve health outcomes from the low-impact physical exercise that comes from cycling. If the specific needs of those with poorer health outcomes are addressed in the infrastructure design process, there is a higher likelihood that they will engage in active transportation and improve their health.

We used a stated preference data set from New York City to fit an integrated choice, latent class and latent variable model to identify the relations between health and infrastructure preference. Results show that people with lower health outcomes tend to be less sensitive to travel time and more sensitive to protection from motorized vehicles. This preference structure is also very similar to the one of inexperienced cyclists.

This study provides evidence that supports a double benefit from policies that promote cycling among the inexperienced: these not only have the potential benefit of producing a shift towards more sustainable modes of transportation, but also promote more physical exercise among the population that is less physically fit. This double benefit has the potential to reduce public health spending, as well as to decrease future spending to counter the effects of climate change.

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