

Grant Deliverables and Reporting Requirements for UTC Grants

UTC Project Information	
Project Title	Improving Quality of Life for Transportation-Disadvantaged Older Adults through Community-Based Healthy Buddy Program
University	University of South Florida
Principal Investigator	Siwon Jang
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Funding Source(s) and Amounts Provided (by each agency or organization)	USDOT: \$25,000 USF CUTR: \$12,500
Total Project Cost	\$37,500
Agency ID or Contract Number	Sponsor Source: Federal Government CFDA #: 20.701 Agreement ID: 69A3551747119
Start and End Dates	Start date: 12/01/2017 End date: 9/30/2018
Brief Description of Research Project	With a rapidly growing number of adults age 65 or above, there is a growing interest in improving their health and quality of life. Older adults often experience limited mobility due to financial constraints and health conditions. This project aims to explore if a “buddy” program that pairs public health students with older adults can improve older adults’ access to transportation and health care facilities to promote their physical and mental health. Phase I of the project, Program Development, will be conducted with the seed grant offered by the CTECH NRIF to promote quality of life for older adults over age 65.
Describe Implementation of Research Outcomes (or why not implemented) Place Any Photos Here	The primary research outcomes for Phase I of the project included results from a comprehensive community resource assessment and the findings from qualitative interviews of older adults in the Hillsborough County, Florida community. Research outcomes were implemented during the development of the Healthy Buddy website (hbuddy.org), the online interface that will be used to decimate personalized transportation and health information to participants in the second phase of the project. In particular, identified resources were added to the site to increase user awareness of available services and feedback from older

	<p>adults on the pilot version of the website were considered in the redesign of the website and its materials.</p>
<p>Impacts/Benefits of Implementation (actual, not anticipated)</p>	<p>The implementation of Phase I research outcomes benefitted the Healthy Buddy Program development process by allowing the research team to tailor program protocol, volunteer training curricula, and the program website to better suit the needs of older adults in the community. By incorporating the findings of Phase I into key components of the program development, the Healthy Buddy Program will be better-prepared to serve transportation-disadvantaged older adults in the second phase of the Program.</p>
<p>Web Links^{ISEP}</p> <ul style="list-style-type: none"> • Reports • Project website 	<p>http://ctech.cce.cornell.edu/final-project-reports/</p> <p>https://www.hbuddy.org/</p>