

Nikita P. Rodrigues, M.A.

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Education

- August 2013-
Present **Doctoral Candidate, Clinical Psychology**
Georgia State University
Atlanta, Georgia (APA Accredited)
Dissertation: Mixed-methods exploratory analysis of pica in pediatric sickle cell disease.
Supervisor: Lindsey L. Cohen, Ph.D.
- August 2013-
May 2016 **Master of Arts, Clinical Psychology**
Georgia State University
Atlanta, Georgia (APA Accredited)
Thesis: Pediatric chronic abdominal pain nursing: A mixed method analysis of burnout
Supervisor: Lindsey L. Cohen, Ph.D.
- May 2011 **Bachelor of Science, Child Studies, Cognitive Studies**
Vanderbilt University
Nashville, TN
Honors Thesis: Easily Frustrated Infants: Implications for Emotion Regulation Strategies and Cognitive Functioning
Chair: Julia Noland, Ph.D.

Honors and Awards

- August 2016-
Present Health Resources and Service Administration (HRSA), Graduate Psychology Education Fellowship (Cohen, 2016-2019, GPE-HRSA, DHHS Grant 2 D40HP19643)
Enhancing training of graduate students to work with disadvantaged populations: A pediatric psychology specialization
- March 2014 Bailey M. Wade Fellowship awarded to support an exceptional first-year psychology graduate student who demonstrated need, merit and goals with those manifested in the life of Dr. Bailey M. Wade.
- August 2013-
July 2016 Health Resources and Service Administration (HRSA), Graduate Psychology Education Fellowship (Cohen, 2010-2016, GPE-HRSA, DHHS Grant 1 D40HP1964301-00)
Training graduate students to work with disadvantaged populations in pediatric psychology specialization

May 2011 High Honors Appointment for Undergraduate sThesis in Child Psychology

Professional Affiliations and Leadership Experience

2018-Present Society of Pediatric Psychology Diversity Special Interest Group: *Student Co-Chair on SIG Leadership Team*

2017-Present Journal of Pediatric Psychology Student Journal Club: *Contributing Member*

2014- Present Canadian Institutes of Health Research, Strategic Training Initiative in Health Research, Pain in Child Health (PICH): *International Trainee*

2013- 2017 Georgia State University, Clinical Student Advisory Committee: *Incoming Class of 2013 Student Representative*

2013- Present American Psychological Association, *Student Affiliate*

2013- Present Georgia State University Psychology Clinic: *Diversity Committee Member*

2013- Present APA Division 54 (Society of Pediatric Psychology): *Member*

Additional Funded Training

March 2018 Canadian Institutes of Health Research (CIHR) Pain in Child Health (PICH) Research Training Institute, *Partnering against pediatric pain: Early pain and its long-term consequences*, Copenhagen, Denmark.

July 2017 Canadian Institutes of Health Research (CIHR) Pain in Child Health (PICH) Research Training Institute, *Finding the right spin: Learning resilience before things spiral*, Kuala Lumpur, Malaysia.

June 2017 Health Resources and Service Administration (HRSA), Clinical Training Institute, *Diversity Training: Rural and Underserved Hawaiian Communities*, Oahu, Hawaii.

November 2016 Canadian Institutes of Health Research (CIHR) Pain in Child Health (PICH) Annual Research Training Institute, *Conquering the Hurt*, Toronto, Ontario.

October 2015 Canadian Institutes of Health Research (CIHR) Pain in Child Health (PICH) Annual Research Training Institute, *Tools for Your Career as a Pediatric Pain Researcher*, White Point, Nova Scotia.

May 2014 Canadian Institutes of Health Research (CIHR) Pain in Child Health (PICH) Annual Research Training Institute, *Leaders in Neuroscience of Chronic Pain: Going from Mission Impossible to Mission Possible*, Quebec City, Quebec.

Teaching Experience

- Summer 2017 **Graduate Teaching Instructor**
Georgia State University
 PSYC 3570 Multicultural Psychology
- For teaching portfolio see: <http://sites.gsu.edu/nrodrigues3/>
 - Independently taught an undergraduate course; designed course syllabus, assignments, tests, and activities.
- Spring 2016;
 Spring 2017 **Graduate Teaching Assistant/Peer Supervisor**
Georgia State University
 PSYC 8030 Assessment II
- Supervised first-year clinical graduate students on test administration and scoring
 - Provided written and oral feedback about test administration, scoring and written assessment reports
- Fall 2013-
 Spring 2017 **Graduate Teaching Assistant**
Georgia State University
 PSYC 3140 Abnormal Psychology
 PSYC 2030 Careers in Psychology
- Duties included proctoring exams, grading quizzes and assignments

Peer Reviewed Publications

- Rodrigues, N.P.**, & Cohen, L.L. (2018). Nurse burnout in pediatric pain management: A model and pilot intervention. *Practical Pain Management, 18*(3).
- Rodrigues, N.P.**, Cohen, L.L., Crowell McQuarrie, S., & Reed-Knight, B. (2018). Burnout in nurses working with youth with chronic pain: A pilot intervention. *Journal of Pediatric Psychology, 43*(4), 382-391.
- Rodrigues, N.P.**, Cohen, L.L., Swartout, K.M., Trotochaud, K., & Murray, E. (2017). Burnout in nurses working with youth with chronic pain: A mixed-methods analysis. *Journal of Pediatric Psychology, 43*(4), 369-381.
- Cohen, L.L., **Rodrigues, N.P.**, Bishop, M., Griffin, A., & Sil, S. (2015). Predoctoral pediatric psychology specialization at Georgia State University: Evaluation of training with the SPP competencies. *Clinical Practice in Pediatric Psychology, 3*(3), 205-211.
- Cohen, L.L., **Rodrigues, N.P.**, Lim, C.L., Bearden, D.J., Welkom, J.S., Joffe, N.E., McGrath, P.J., & Cousins, L.A., (2015). Automated parent-training for preschooler immunization pain relief: A randomized controlled trial. *Journal of Pediatric Psychology, 40*(5), 526-534.
- Noland, J.S. & **Rodrigues, N.P.** (2012). Direct touches to clear barriers: Developmental sensitivity of a new measure of the production of ineffective responses in infancy. *Child*

Neuropsychology, 18(5), 506-511.

Rodrigues, N.P. (2011). Easily frustrated infants: Implications for emotion regulation strategies and cognitive functioning. *Vanderbilt Undergraduate Research Journal*, 7, 1-8.

Book Chapters

Cohen, L.L., Blount, R.L., Zempsky, W., Chronney, J., **Rodrigues, N.P.**, & Cousins, L. (2017). Management of pediatric pain and distress due to medical procedures. *Handbook of Pediatric Psychology*. 5th Edition

Editorial Activities

<i>The Cleft Palate-Craniofacial Journal</i>	Ad hoc co-reviewer with Leanne Magee, Ph.D.
<i>Clinical Practice in Pediatric Psychology</i>	Co-reviewer with Jennifer Mautone, Ph.D.
<i>Children's Healthcare</i>	Ad hoc co-reviewer with Lindsey L. Cohen, Ph.D.
<i>Journal of Clinical Psychology in Medical Settings</i>	Ad hoc co-reviewer with Lindsey L. Cohen, Ph.D.
<i>Journal of Pediatric Psychology</i>	Ad hoc co-reviewer with Lindsey L. Cohen, Ph.D.

Invited Presentations

Rodrigues, N.P., Cohen, L.L., Swartout, K.M., Griffin, A., & McCarthy, K. (March 2017). Engaging stakeholders in the development of a preparation program for pediatric radiation therapy. In J. Chorney (Chair), Engaging stakeholders in research: Partnering with patients, healthcare providers, and communities to determine directions. Oral symposium presented at the National Conference in Pediatric Psychology, Portland, OR.

Rodrigues, N.P., & Cohen, L.L. (November 2016). Embedded mixed-methodology for the development and implementation of a nurse burnout intervention. Keynote address presented at Georgia State University Clinical Program's Annual Research Day, Georgia State University, Atlanta, GA.

Rodrigues, N.P., Cohen, L.L., Brennan, C.L., & Swartout, K.M. (April 2016). Two-phase embedded mixed methodology for the development of an intervention for nurse burnout. In L. Cohen (Chair), Illustrations of state-of-the-science methodology in pediatric psychology clinical settings. Oral symposium presented at the National Conference in Pediatric Psychology, Atlanta, GA.

Rodrigues, N.P., Tone, E., & Gaitonde, S. (December 2015) Clinical case presentation: The advantages and challenges of seeking professional consultation: Assessing child psychotic symptoms. Clinical Case Conference presented at a Georgia State University Clinical Program Meeting, Georgia State University, Atlanta, GA.

International Presentations

Rodrigues, N.P., Donati, M., & Cohen, L.L. (March 2018). Patient and parent factors in pediatric procedural preparation: A review and synthesis. Poster presented at the International Pain in Child Health conference, Copenhagen, Denmark.

Rodrigues, N.P., & Cohen, L.L. (July 2017). Preliminary testing of a model of burnout in nurses working in pediatric chronic pain. Poster presented at the 2017 International Symposium on Pediatric Pain.

Rodrigues, N.P., & Cohen, L.L. (October 2015). Development of a model of burnout in nurses who work with pediatric patients with chronic abdominal pain. Poster presented at the 2015 International Forum of Pediatric Pain, Nova Scotia, Canada.

Rodrigues, N.P., Bishop, M., & Cohen, L.L. (June 2015). The effectiveness of distraction for injection distress relief as a function of children's pre-procedural anxiety. Poster presented at the 2015 International Symposium of Pediatric Pain, Seattle, WA.

Bishop, M., **Rodrigues, N.P.,** & Cohen, L.L. (April 2015). Nurse anxiety and gender bias in the assessment of pediatric immunization pain. Poster presented at the 2015 International Symposium of Pediatric Pain, Seattle, WA.

Brennan, C.L., **Rodrigues, N.P.,** Hipp, T.N., & Swartout, K.M. (July 2014). Psychological outcomes of perpetrating sexual violence: A qualitative analysis. Poster presented at the International Society for Research on Aggression Biannual Conference, Atlanta, GA.

Rodrigues, N., Cohen, L., Bearden, D., Joffe, N., Welkom, J., & McGrath, P. (May 2014). *Evaluation of an automated parent-training program for parents' behavior during children's immunizations.* Poster presented at the Canadian Pain Society Annual Conference, Quebec City, Quebec.

Rodrigues, N., Reeb-Sutherland, B., & Fox, N.A. (June 2012). Five-month-old infant ability to coordinate attention as a predictor of responding to joint attention and language development during the second year. Poster presented at the International Society on Infant Studies Biannual Conference, Minneapolis, Minnesota.

National Presentations

Shih, S.W., Woods, A., Donati, M.R., **Rodrigues, N.P.,** Cohen, L.L., & Broth, M. (April 2018). Antiretroviral medication adherence in youth living with HIV: The role of body dissatisfaction. Poster submitted to be presented at the National Conference in Pediatric Psychology, Orlando, FL.

Mertens, A., Kelley, T., Head, C., Westbrook, J., Sil, S., **Rodrigues, N.,** Cohen, L., Kaplan, B., & Cannady, R. (February 2018) Virtual reality distraction for port access in children with

cancer. Poster presented at the National Conference of the American Psychosocial Oncology Society, Tucson, AZ.

Bishop, M, **Rodrigues, N.P.**, Shih, S.W., Donati, M., Evans, A.E., Morris, S.O., & Cohen, L.L. (March 2017). Parenting stress, mindfulness, and adjustment in parents of young children diagnoses with congenital heart disease. Poster presented at the National Conference in Pediatric Psychology, Portland, OR.

Shih, S.W., **Rodrigues, N.P.**, Cohen, L.L., Sil, S., Thompson, B., & Johnson, A. (March 2017). Pica in pediatric sickle cell disease: The development of a treatment program. Poster presented at the National Conference in Pediatric Psychology, Portland, OR.

Rodrigues, N.P., Cohen, L.L., Crowell McQuarrie, S., Reed-Knight, B. & Bishop, M. (April 2016). Outcomes from an interactive group training to prevent burnout in nurses who work with pediatric patients with chronic abdominal pain. Poster presented at the National Conference in Pediatric Psychology, Atlanta, GA.

Crowell McQuarrie, S., **Rodrigues, N.P.**, Ronkin, E., Weinstock, R., Caporino, N., & Weinke Totura, C. (November 2015). Family cohesion as a protective factor against depression in middle school children who have experienced the death of a parent. Poster presented at the Special Interest Group Expo, 49th Annual Convention for the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Rodrigues, N.P., Brennan, C.L., Griffin, A., McCarthy, K., Swartout, K.M., & Cohen, L.L. (April 2015). Pediatric patients' and their parents' responses to radiation therapy: A qualitative analysis. Poster presented at the Nation Conference in Pediatric Psychology, San Diego, CA.

Bishop, M.N., **Rodrigues, N.P.**, Martin, S.R., & Cohen, L.L. (April 2015). The relation between nurses' anxiety and their reassuring behavior toward children during immunizations. Poster presented at the National Conference in Pediatric Psychology, San Diego, CA.

Rodrigues, N., Woods, A., Cohen, L., & Broth, M. (March 2015). Stigma and psychological outcomes in perinatally and sexually HIV-infected adolescents. Poster presented at the Society for Research in Child Development Biannual Conference, Philadelphia, PA.

Rodrigues, N., Mougianis, I.D., & Cohen, L. L. (March 2014). Parent-child behavioral interactions during immunizations in a cross-cultural sample. Poster presented at the National Conference in Pediatric Psychology, Philadelphia, PA.

Rodrigues, N., Barrios, C., Walker, O.L., & Degnan, K.A. (April 2013) Emotional coping and the moderating role of negative parental reactivity. Poster presented at the Society for Research in Child Development Biannual Conference, Seattle, Washington.

Regional Presentations

Brennan, C.L, **Rodrigues, N.P.**, & Swartout, K.S. (April 2016). Sexual violence perpetrators look to Reddit for questions on consent. Poster accepted to be presented at the Southeastern Psychological Association, New Orleans, LA.

Rodrigues, N. & Noland, J.S. (May 2011). Easily frustrated infants: Implications for emotion regulation strategies and cognitive functioning. Poster presented at the annual Vanderbilt Undergraduate Research Day, Nashville, TN.

Research Experience

June 2017-
Present

Primary Investigator

Department of Psychology, Georgia State University

Child Health and Medical Pain Lab

Project: Mixed-Methods Analysis of Pica in Pediatric Sickle Cell Disease (SCD)

- Designed and current implementing a study of pica in pediatric SCD working from a biopsychosocial perspective.

January 2015-
Present

Research Coordinator

Department of Psychology, Georgia State University

Child Health and Medical Pain Lab

Supervisor and Chair: Lindsey Cohen, Ph.D.

Project: MartialHearts: An Interactive Taekwondo Game Targeting Executive Function

- Co-wrote a funded grant for an eHealth intervention targeting executive function in children with congenital heart defects. Currently in the design and development phase.

December
2014- February
2017

Primary Investigator

Department of Psychology, Georgia State University

Child Health and Medical Pain Lab

Project: Pro nursing tips: Evaluation of an interactive group training for nurses working in stressful environments

- Helped design and implement a group intervention for nurses working with children with chronic pain based on the findings from my master's thesis project. Results from this study are currently in press.

January 2014-
February 2017

Primary Investigator

Department of Psychology, Georgia State University

Child Health and Medical Pain Lab

Supervisor and Chair: Lindsey L. Cohen, Ph.D.

Master's Thesis: Pediatric Chronic Abdominal Pain Nursing: A Mixed Method Analysis of Burnout

- Designed and implemented a study of contributors to burnout in nurses working with patients with chronic pain. Utilized both quantitative and qualitative focus groups to develop a burnout model. Trained in qualitative methods for this study.

June 2014-
Present

Research Coordinator

Department of Psychology, Georgia State University

Child Health and Medical Pain Lab

Project: RadWorld: Relieving anxiety in children undergoing radiation therapy through virtual preparation

- Assisted in writing a funded grant for an eHealth intervention to prepare children with radiation therapy. Currently collecting data. Led use of qualitative data throughout tech development process to iteratively develop the intervention.

June 2011- July
2013

Faculty Research Assistant

University of Maryland, College Park, MD

Child Development Lab

Supervisor: Nathan Fox, Ph.D.

- Post-baccalaureate research assistant for a NIH-funded longitudinal study of socio-emotional development and behavioral inhibition
- Coordinated and implemented current phase of substantial longitudinal study of child development and temperament (0-12 years), including psychophysiological (EEG and ERP) and behavioral measures

June 2011- July
2013

Research Assistant

National Institute of Mental Health, Bethesda, MD

Section on Development and Affective Neuroscience

Supervisor: Daniel Pine

- Post-baccalaureate research assistant for behavioral, functional magnetic resonance imaging (fMRI) studies of children in a NIH-funded longitudinal study of socio-emotional development

May 2010-
August 2010

Research Intern

Department of Child Psychology, Vanderbilt University

Vanderbilt's Undergraduate Summer Research Program

Supervisor: Julia Noland

- Applied and received a stipend to work full time in Vanderbilt's Infant Health and Cognition Lab

August 2008-
May 2011

Primary Investigator

Department of Child Psychology, Vanderbilt University
Infant Health and Cognition Lab

Honors Thesis: Easily frustrated infants: Implications for emotion regulation strategies and cognitive functioning.

Supervisor: Julia Noland

- Designed and executed an independent study of infant frustration as part of an ongoing study

Supervised Clinical Experience

August 2017-
Present

Integrated Primary Care Psychology Team

Adolescent and Child Primary Healthcare Center
Children's National Hospital

Washington, DC

Health Resources and Service Administration (HRSA) Fellow

Supervisor: Erica Eisenman, PsyD

- Provide consult service for both the adolescent (ages 12-22) and child (ages 0-11) primary health care clinics in the main hospital. Conduct initial intake assessment, provide brief intervention, consult with medical team to offer treatment recommendations, connect families to internal and external services
- Deliver therapy intervention services (from a cognitive-behavioral orientation) to outpatient pediatric patients referred for brief, internal treatment.

January 2017-
July 2017;
August 2014-
April 2015

Child Assessment Practicum

Georgia State University Psychology Clinic

Supervisor: Shital Gaitonde, Ph.D.; Erin Tully, Ph.D.

- Conducted neuropsychological assessment for children and adolescents presenting with a variety of learning and psychological disorders
- Completed clinical interviews; psychological and neuropsychological test selection, administration, scoring, and interpretation; case conceptualization, integrated report writing; generated recommendations and accommodations; and conducted feedback sessions
- Participated in weekly individual and group supervision

August 2016-
July 2017

Consultation/Liaison Pediatric Psychology Practicum
Aflac Cancer and Blood Disorders Center
Children's Healthcare of Atlanta at Hughes Spalding

Atlanta, GA

Health Resources and Service Administration (HRSA) Fellow

Supervisor: Alcuin Johnson, Ph.D.

- Participate in a multidisciplinary pain clinic for pediatric patients with Sickle Cell Disease, conduct assessment, provide cognitive-behavioral interventions, and consult with the medical team to offer treatment recommendations.
- Deliver consultation liaison and therapy intervention services to outpatient and hospitalized hematology pediatric patients and their families

August 2016-
May 2017

Neuropsychological Assessment Practicum
Aflac Cancer and Blood Disorders Center
Children's Healthcare of Atlanta at Egleston

Atlanta, GA

Health Resources and Service Administration (HRSA) Fellow

Supervisor: Alcuin Johnson, Ph.D.

- Conducted neuropsychological assessments with children referred secondary to medical diagnoses in hematology and oncology
- Completed clinical interviews with clients and families; psychological and neuropsychological test selection, administration, scoring, and interpretation; case conceptualization; report writing; timely feedback to patients; generated recommendations for academic/occupational accommodations.

January 2016-
July 2016

Consultation/Liaison and Therapy Pediatric Pain Psychology Practicum
Aflac Cancer and Blood Disorders Center
Children's Healthcare of Atlanta at Scottish Rite

Atlanta, GA

Health Resources and Service Administration (HRSA) Fellow

Supervisors: Soumitri Sil, Ph.D., Lisa Ingerski, Ph.D.

- Participate in a multidisciplinary pain clinic for pediatric patients with Sickle Cell Disease, conduct pain assessment, provide cognitive-behavioral pain management interventions (e.g., diaphragmatic breathing, progressive muscle relaxation, biofeedback), and consult with the medical team to offer treatment recommendations.
- Deliver consultation liaison and therapy intervention services to outpatient and hospitalized hematology and oncology pediatric patients and their families
- Participate in multidisciplinary comprehensive brain tumor clinic for pediatric patients who are receiving long-term follow-up post-treatment for brain tumor in childhood. Conduct psychosocial assessment, provide

cognitive-behavioral interventions and consult with the medical team to offer treatment recommendations.

January 2016-
July 2017

Child Therapy Practicum
Clinic for Youth Anxiety and Related Disorders

Supervisor: Nicole Caporino, Ph.D., Shital Gaitonde, Ph.D.

Theoretical Orientation: Cognitive-Behavioral

- Conduct clinic semi-structured intakes for clients (ages 3-18) presenting a variety of anxiety related disorders using the Anxiety Disorders Interview Schedule (ADIS-IV) and administer anxiety and behavioral self-report and parent report measures
- Write comprehensive intake reports
- Provide weekly cognitive-behavioral therapy using empirically supported treatment protocols
- Create and implement cognitive-behavioral case conceptualizations, treatment plans and symptom monitoring

January 2016-
July 2017

Adult Therapy Practicum
Georgia State University Psychology Clinic

Supervisor: Suzann Lawry, Ph.D.; Erin Tully, Ph.D.

Theoretical Orientation: Behavioral, Cognitive-Behavioral, Psychodynamic and Interpersonal Theories

- Conduct weekly individual psychotherapy with adult clients
- Create and implement case conceptualizations and treatment plans and attend weekly group and/or individual supervision

July 2015-
March 2017

iHeart Baby: Therapist for Telehealth Intervention
Emory University

Supervisor: Lindsey Cohen, Ph.D.

Theoretical Orientation: Cognitive-Behavioral, Acceptance and Commitment Therapy

- Served as a clinician for a manualized-based telehealth therapy intervention for parents of children with congenital heart defects.
- Parents were recruited upon infant diagnosis and they completed their first session via iPad prior to leaving the neonatal intensive care unit. I then met with parents every three weeks for 6 sessions to provide skills in new diagnosis coping, stress management, problem-solving, and advocating and communication medical needs.
- Served as a liaison between families and the medical team.

- January 2015 **Pro Nursing Tips: Evaluation of an Interactive Group Training for Nurses Working in Stressful Environments**
Supervisor: Lindsey L. Cohen, PhD
- Assisted with two-hour skills-based group intervention for nurses working on an inpatient unit with children with chronic pain to improve coping, patient-nurse interactions, and reduce burnout.
 - Utilized treatment manual developed from thesis study analysis of contributors to burnout in this population. Skills-based training included psychoeducation and pain and pain-related functioning; use of empathic listening, emotional validation, and problem-solving with patients and families; effective interpersonal communication, and self-care practices.

Clinical Supervision Experience

- January 2017-
July 2017 **Advanced Therapy Supervision Practicum**
Georgia State University Psychology Clinic
Supervisor: Erin Tully, Ph.D.
- Supervised junior graduate student clinician by providing weekly therapy supervision
 - Assisted with and supervised intake, progress monitoring, case conceptualization, treatment planning, and report writing for three adult therapy cases.

Other Relevant Work & Volunteer Experience

- June 2014; June
2016 **Camp Braveheart Camp Counselor Volunteer**
Children's Healthcare of Atlanta
- Volunteered to work at a medical camp with children diagnosed with a variety of heart conditions
 - Served as a cabin counselor for 9-10 year-old girls and boys
- August 2008-
May 2011 **Child Life Program Volunteer**
Vanderbilt's Children's Hospital
- Volunteered with the Child Life Program at Vanderbilt's Children's Hospital in the pediatric oncology and general pediatric wings
 - Led crafts and games in oncology playrooms. Helped plan and organize fairs and info sessions for families in the hospital.
- December 2010 **Orphanage and Daycare Volunteer**
Asha Daan and Shree Manav Seva Sangh Orphanages, Mumbai, India
- Volunteered with mentally and physically handicapped orphans in Mother Theresa's orphanage Asha Daan. Played, fed and cared for orphans from 0-8 years of age
 - Volunteered in a daycare for children from 0-4 years of age whose parents lived in the slums of Andheri. Played and led songs and activities for 20+ children

