

METAMORA CROSS COUNTRY
BRIEF HISTORY - 1970 TO 2018

RUNNIN' RED'	LADY RUNNIN' RED
<p style="text-align: right;">1970</p> <p>4 wins 5 losses 19 runners 4th of 4 Woodford County - Varsity 4th of 4 Woodford County - F/S 6th of 7 Illio Conference 12th of 13 District Coach Jones - 1st year</p>	<p style="text-align: center;">1978 WAS THE FIRST YEAR THAT THERE WAS A "LADY RUNNIN' RED" 1977 SOME GIRLS PRACTICED BUT DID NOT RUN IN ANY MEETS.</p>
<p style="text-align: right;">1971</p> <p>5 wins 8 losses 18 runners 4th in Woodford County 5th of 8 Illio Conference 10th of 15 in District</p>	
<p style="text-align: right;">1972</p> <p>10 wins 5 losses 16 runners 3rd of 5 Woodford County 3rd of 10 Heart of Illinois Conference 8th of 16 in District</p>	
<p style="text-align: right;">1973</p> <p>17 wins 1 loss 17 runners 1st of 5 Woodford County 1st of 7 Heart of Illinois Conference 5th of 16 in District 7th of 15 in Sectional</p> <p>F/S 2 wins 4 losses 4th of 5 Woodford County 8th of 8 Heart of Illinois Conference</p>	

<p>1974</p> <p>9 wins 7 losses 19 runners 1st of 5 Woodford County 4th of 10 Heart of Illinois Conference 7th of 16 in District</p> <p>F/S 3 wins 6 losses 1st of 5 Woodford County 6th of 10 Heart of Illinois Conference</p>															
<p>1975</p> <p>7wins 7 losses 23 runners 1st of 5 Woodford County 2nd of 10 Heart of Illinois Conference 4th of 18 in District 8th of 15 in Sectional</p> <p>F/S 5 wins 7 losses 2nd of 4 in Woodford County 5th of 8 in Heart of Illinois Conference</p>	<p>last year for Woodford County - becomes RUNNIN' RED INVITE in 1976</p>														
<p>1976</p> <p>15 wins 3 losses 28 runners 1st of 10 Heart of Illinois Conference 1st of 15 in District 3rd (tie) in Sectional 23rd of 28 in State</p> <table data-bbox="105 1438 462 1669"> <tr><td>91st Kieth Zobrist</td><td>15:17</td></tr> <tr><td>93rd Brian Johnson</td><td>15:18</td></tr> <tr><td>119th Mike Davis</td><td>15:32</td></tr> <tr><td>145th Curtis Nelson</td><td>15:44</td></tr> <tr><td>149th Steve Kamm</td><td>15:45</td></tr> <tr><td>156th Bill Miller</td><td>15:47</td></tr> <tr><td>166th Dan Driscoll</td><td>15:54</td></tr> </table> <p>F/S 6 wins 6 losses -- 2nd of 6 - Heart of Illinois Conference</p>	91st Kieth Zobrist	15:17	93rd Brian Johnson	15:18	119th Mike Davis	15:32	145th Curtis Nelson	15:44	149th Steve Kamm	15:45	156th Bill Miller	15:47	166th Dan Driscoll	15:54	
91st Kieth Zobrist	15:17														
93rd Brian Johnson	15:18														
119th Mike Davis	15:32														
145th Curtis Nelson	15:44														
149th Steve Kamm	15:45														
156th Bill Miller	15:47														
166th Dan Driscoll	15:54														

12 wins 1 loss 41 runners
1st of 8 Heart of Illinois Conference
2nd of 15 in District
6th of 15 in Sectional
State
Brian Johnson 41st 15:02

Pete Bachfischer hired as assistant coach

F/S 7 wins 2 losses
2nd of 6 Heart of Illinois Conference

1978

1978

11 wins 6 losses 36 runners
1st of 5 CornBelt Conference
5th of 18 in Regional
12th of 16 in Sectional

1 runner
Gail Gebhart - 1st LADY RUNNIN' RED

F/S 10 wins 1 loss
no conference meet for F/S

1979

1979

13 wins 2 losses 26 runners
1st in CornBelt Conference
4th of 15 in District
12th of 15 in Sectional

0 wins 1 loss 8 runners
1st in District
23rd in State

138th Barb Conklin 13:30
139th Gail Gebhardt 13:30
191st Amy Kapraun 14:10
204th Kelly McCallister 14:49
216th Holly Nicholson 15:23
217th Lynnette Heinold 15:34
221st Lita Dimas 16:20

F/S 4 wins 5 losses
no Conference Meet

no conference meet

1st GIRLS' STATE MEET -- ONE CLASS
2.1 MILE COURSE

1980

1980

<p>10 wins 3 losses 25 runners 1st in CornBelt Conference 5th of 13 in District (top 4 advance) Sectional - Larry Finch 3rd State - Larry Finch 22nd 14:53</p> <p>F/S 8 wins 3 losses 1st in Corn Belt Conference</p>	<p>5 wins 1 loss 10 runners no conference meet 3rd of 7 in District (top 2 teams to sectional)</p>
<p>1981</p> <p>10 wins 0 losses 22 runners 1st in CornBelt Conference 4th of 13 in District 11th of 16 in Sectional Larry Finch advanced in State but had an injury in the State Race - unable to finish</p> <p>F/S 5 wins 2 losses 1st in Corn Belt Conference</p>	<p>1981</p> <p>5 wins 0 losses 13 runners no conference meet 3rd of 5 in District 10th of 17 in Sectional</p>
<p>1982</p> <p>14 wins 0 losses 22 runners 1st of 7 Mid-Illini Conference 3rd of 13 in Regional 7th of 16 in Sectional</p> <p>F/S 5 wins 3 losses 4th of 7 in Mid-Illini Conference</p>	<p>1982</p> <p>11 wins 0 losses 20 runners 1st of 5 Mid-Illini Conference 4th of 10 in Regional 19th of 20 in Sectional</p>

<p>1983</p> <p>8 wins 1 loss 28 runners 1st of 7 Mid-Illini Conference 2nd of 12 in Regional</p>	<p>1983</p> <p>8 wins 1 loss 17 runners 1st of 7 Mid-Illini Conference 2nd of 8 in Regional</p>
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<p>3rd of 16 in Sectional 20th of 28 in State</p> <p>18th Brad Todden 14:48 89th Kevin Wood 15:23 161st Bryan Swords 15:54 169th Steve Danner 15:57 181st Mike Nordbusch 16:05 200th Mike Welsh 16:16 205th Jason Williams 16:19</p> <p>F/S 5 wins 3 losses 5th of 7 Mid-Illini Conference</p>	<p>13th of 20 in Sectional</p>
<p>5 wins 2 losses 28 runners 2nd of 6 in Mid-Illini Conference 3rd of 13 in Regional 9th of 17 in Sectional</p> <p>F/S 6 wins 1 loss 2nd of 5 in Mid-Illini Conference</p>	<p>1884</p> <p>7 wins 1 loss 16 runners 1st of 6 in Mid-Illini Conference 5th of 10 in Regional 18th of 20 in Sectional</p> <p>1984</p>
<p>7 wins 3 losses 22 runners 1st of 7 in Mid-Illini Conference 7th of 13 in Regional Mark Scheirer advances to State 23rd in State 14:57</p> <p>F/S 6 wins 1 loss 1st of 7 in Mid-Illini Conference</p>	<p>1985</p> <p>8 wins 3 losses 17 runners 1st of 7 in Mid-Illini Conference 7th of 13 in Regional Deb Ricca advances to Sectional Meet</p> <p>1985</p> <p>1st TRIPLE CROWN MID-ILLINI CONFERENCE</p>

<p>4 wins 3 losses 16 runners 2nd of 7 in Mid-Illini Conference 3rd of 12 in Regional 8th of 16 in Sectional Mark Scheirer advances to State</p>	<p>1986</p> <p>3 wins 5 losses 16 runners 2nd of 7 in Mid-Illini Conference 6th of 14 in Regional Deb Ricca advances to Sectional Meet</p> <p>1986</p>
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<p>5th in State 14:42 Ken Mangold advances to State 142nd in State 16:24</p> <p>F/S 6 wins 0 losses 2nd of 7 in Mid-Illini Conference</p>	
<p>1987</p> <p>5 wins 2 losses 20 runners 3rd of 7 in Mid-Illini Conference 4th of 13 in Regional 10th of 16 in Sectional Mark Scheirer advances to State Meet Mark is INDIVIDUAL CHAMPION of 1987 STATE AA CROSS COUNTRY MEET time 14:22</p> <p>F/S 7 wins 0 losses 2nd of 7 in Mid-Illini Conference</p>	<p>1987</p> <p>5 wins 3 losses 10 Runners 3rd of 7 in Mid-Illini Conference 8th of 15 in Regional</p>
<p>1988</p> <p>7 wins 0 losses 21 runners 1st of 7 in Mid-Illini Conference 2nd of 13 in Regional 6th of 16 in Sectional</p> <p>F/S 7 wins 0 losses 1st of 7 in Mid-Illini Conference</p>	<p>1988</p> <p>4 wins 3 losses 13 runners 1st of 7 Mid-Illini Conference 6th of 11 in Regional Tracey Leslie and Jolene Scheirer advance to Sectional Meet</p> <p>2nd TRIPLE CROWN MID-ILLINI CONFERENCE</p> <p>1988 - GIRLS' STATE -- 2 CLASSES</p>

<p>1989</p> <p>6 wins 1 loss 27 runners 1st of 7 in Mid-Illini Conference 2nd of 9 in Regional 6th of 20 in Sectional Three runners advance to State Meet: 12th John Weigel 15:00</p>	<p>1989</p> <p>7 wins 0 losses 14 runners 1st of 7 in Mid-Illini Conference 1st of 5 in Regional 9th of 20 in Sectional State Meet: 21st Talva Parker 12:25</p>
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<p>92nd Joe Weigel 16:02 103rd Ty Miller 16:10</p> <p>F/S 7 wins 0 losses 1st of 7 in Mid-Illini Conference</p>		<p>3rd TRIPLE CROWN MID-ILLINI CONFENCE</p>	
<p>4 wins 1 loss 29 runners 2nd of 7 in Mid-Illini Conference 3rd of 7 in Regional 10th of 21 in Sectional State Meet: 3rd John Weigel 14:39</p> <p>F/S 7 wins 0 losses 1st of 7 in Mid-Illini Conference</p>	1990	<p>7 wins 0 losses 14 runners 1st of 7 in Mid-Illini Conference 1st of 7 in Regional 8th of 20 in Sectional State Meet: 6th Talva Parker 12:00 23rd Christa Parker 12:16</p>	1990
<p>7 wins 0 losses 25 runners 1st of 7 Mid-Illini Conference 4th of 11 in Regional 6th of 20 in Sectional State: 4th John Weigel 14:59</p> <p>F/S 7 wins 0 losses 1st of 7 Mid-Illini Conference</p> <p>4TH TRIPLE CROWN - MID-ILLINI CONFERENCE</p>	1991	<p>7 wins 0 losses 13 runners 1st of 7 Mid-Illini Conference 1st of 9 in Regional 3rd of 20 in Sectional 19th of 27 in State Meet: 6th Christa Parker 12:22 82nd Talva Parker 13:15 118th Jolene Scheirer 13:33 174th Eliza Wilcoxon 13:58 193rd Melissa Dudley 14:07 208th Maggie Mahrt 14:19 209th Tracey Leslie 14:19</p>	1991

<p>7 wins 0 losses 19 runners 1st of 9 Galesburg 1st of 10 Morton Pumpkin 1st of 7 Mid-Illini Conference 4th of 10 Regional 3rd of 20 Sectional 15th of 27 State AA Meet 23rd Cam Stuber 15:24 43rd Eric Hodel 15:38</p>	1992	<p>7 wins 0 losses 15 Runners 1st Mid-Illini Conference 2nd of 10 in Regional 10th of 20 in Sectional State: 67th Christa Parker 13:01</p>	1992
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121st Tony DiGregorio 16:08
 150th James Weigel 16:25
 195th Doug Gresham 16:56
 204th Tyler Doty 17:04
 222nd Richard Schertz 18:01

F/S 5 wins 1 loss
 2nd of 7 in Mid-Illini Conference

1993

7 wins 1 loss 23 runners
 1st of 7 Mid-Illini Conference
 6th of 11 Regional

F/S 6 wins 0 losses
 1st of 7 Mid-Illini Conference

1993

9 wins 0 losses 20 runners
 1st of 7 Mid-Illini Conference
 2nd of 11 Regional
 8th of 20 Secetional

5th TRIPLE CROWN MID-ILLINI CONFERENCE

1994

6 wins 1 loss 29 runners
 2nd of 7 Mid-Illini Conf
 4th of 11 Regional
 7th of 19 Sectional

F/S 7 wins 0 losses
 1st of 7 Mid-Illini Conf

1994

7 wins 0 losses 24 runners
 1st of 8 Galesburg
 1st of 9 Morton Pumpkin
 1st of 7 Mid-Illini Conf
 2nd of 9 Regional
 4th of 20 Sectional
 25th of 27 State

117th Tracy Rusnak 13:25
 151st Gretchen West 13:38
 155th Ashlee Schertz 13:40
 163rd Joelle Driscoll 13:47
 167th Angie Zimmerman 13:50
 180th Katie DiGgregorio 14:01
 204th Jodi Glover 14:24

1995

11 wins 0 losses 24 runners
 1st of 7 Mid-Illini Conf
 1st of 8 Morton Pumpkin
 2nd of 11 Regional
 6th of 20 Sectional

1995

12 wins 0 losses 24 runners
 1st of 7 Mid-Illini Conf
 1st of 8 Morton Pumpkin
 1st of 11 Regional
 1st of 20 Sectional
 18th of 27 State

58th Katie DiGregorio 12:42
 96th Angie Zimmerman 12:56
 139th Gretchen West 13:20
 148th Ginny Zimmerman 13:26

E	179th Ashlee Schertz 13:39 199th Jodi Glover 13:59 202th Cara Dougherty 14:03
F/S 7 wins 0 losses 1st of 7 Mid-Illini Conference 1st of 6 Morton Pumpkin	

6th TRIPLE CROWN - MID-ILLINI CONFERENCE

<p style="text-align: right;">1996</p> <p>11 wins 0 losses 24 runners</p> <p>1st of 7 Mid-Illini Conference 1st of 8 Morton Pumpkin 2nd of 9 Regional 1st of 20 Sectional 19th of 27 State</p> <table border="0"> <tr><td>116th Sean Morrison</td><td>16:01</td></tr> <tr><td>121st Ryan Stone</td><td>16:03</td></tr> <tr><td>125th Kevin Hodel</td><td>16:04</td></tr> <tr><td>127th Garey Driscoll</td><td>16:07</td></tr> <tr><td>148th Jeff Weigel</td><td>16:14</td></tr> <tr><td>153rd Ethan White</td><td>16:16</td></tr> <tr><td>168th Chris Sweet</td><td>16:29</td></tr> </table> <p>F/S 6 wins 0 losses 1st of 7 Mid-Illini Conference</p>	116th Sean Morrison	16:01	121st Ryan Stone	16:03	125th Kevin Hodel	16:04	127th Garey Driscoll	16:07	148th Jeff Weigel	16:14	153rd Ethan White	16:16	168th Chris Sweet	16:29	<p style="text-align: right;">1996</p> <p>8 wins 2 losses 23 runners</p> <p>2nd of 7 Mid-Illini Conference 2nd of 7 Morton Pumpkin 1st of 9 Regional 5th of 20 Sectional 24th of 27 State</p> <table border="0"> <tr><td>43rd Angie Zimmerman</td><td>12:35</td></tr> <tr><td>160th Lyndsay Whitfield</td><td>13:34</td></tr> <tr><td>166th Molly Morrison</td><td>13:37</td></tr> <tr><td>178th Ashlee Schertz</td><td>13:46</td></tr> <tr><td>195th Lauren Shoff</td><td>14:05</td></tr> <tr><td>201st Katie Ruder</td><td>14:10</td></tr> <tr><td>214th Cara Dougherty</td><td>14:34</td></tr> </table>	43rd Angie Zimmerman	12:35	160th Lyndsay Whitfield	13:34	166th Molly Morrison	13:37	178th Ashlee Schertz	13:46	195th Lauren Shoff	14:05	201st Katie Ruder	14:10	214th Cara Dougherty	14:34
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<p style="text-align: right;">1997</p> <p>9 wins 0 losses 18 runners</p> <p>1st of 12 Galesburg 1st of 9 Morton Pumpkin 1st of 7 Mid-Illini Conference 1st of 11 Regional 3rd of 21 Sectional 20th of 27 State</p> <table border="0"> <tr><td>54th Kevin Hodel</td><td>15:24</td></tr> <tr><td>121st Paul Hoppe</td><td>16:01</td></tr> <tr><td>128th Ethan White</td><td>16:04</td></tr> </table>	54th Kevin Hodel	15:24	121st Paul Hoppe	16:01	128th Ethan White	16:04	<p style="text-align: right;">1997</p> <p>8 wins 1 loss 28 runners</p> <p>1st of 7 Galesburg (Frosh-Soph) 2nd of 8 Morton Pumpkin 2nd of 7 Mid-Illini Conference 2nd of 10 Regional 10th of 20 Sectional</p>
54th Kevin Hodel	15:24						
121st Paul Hoppe	16:01						
128th Ethan White	16:04						

160th Nicholas Clementz	16:17
168th Rob Facker	16:21
176th Ryan Emlen	16:24
216th Chris Hicks	17:05
F/S 5 wins 1 loss 2nd of 7 Mid-Illini Conference	

	1998		1998
10 wins 0 losses	22 runners	9 wins 1 loss	26 runners
3rd of 11 Galesburg		2nd of 12 Galesburg	
14th of 33 Woodruff		17th of 33 Woodruff	
1st of 10 Morton Pumpkin		1st of 6 Morton Pumpkin	
16th of 40 Peoria Central		5th of 34 Peoria Central	
7th of 17 Runnin' Red		5th of 18 Runnin' Red	
1st of 8 Mid-Illini Conference		1st of 8 Mid-Illini Conference	
3rd of 11 Regional		3rd of 10 Regional	
10th of 20 Sectional		6th of 22 Sectional	
State			
125th Kevin Hodel	15:56		
F/S 8 wins 0 losses			1998 - GIRLS' DISTANCE INCREASES TO 2.5 MILES FOR STATE MEET
2nd of 8 Mid-Illini Conference			

	1999		1999
7 wins 1 loss	20 runners	8 wins 1 loss	18 runners
6th of 11 Galesburg		4th of 10 Galesburg	
20th of 27 Woodruff		14th of 31 Woodruff	
2nd of 8 Morton Pumpkin		1st of 7 Morton Pumpkin	
23rd of 43 Peoria Central		7th of 37 Peoria Central	
9th of 19 Runnin' Red		9th of 15 Runnin' Red	
2nd of 8 Mid-Illini Conference		2nd of 8 Mid-Illini Conference	
3rd of 10 Regional		4th of 10 Regional	
15th of 20 Sectional		13th of 20 Sectional	
F/S 7 wins 1 loss			
2nd of 8 Mid-Illini Conference			
	2000		2000
7 wins 2 losses	23 runners	8 wins 1 loss	19 runners
8th of 12 Galesburg		6th of 10 Galesburg	

<p>23rd of 29 Woodruff 3rd of 7 Morton Pumpkin 26th of 44 Peoria Central 11th of 18 Runnin' Red 3rd of 8 Mid-Illini Conf 3rd of 10 Regional 20th of 20 Sectional</p> <p>F/S 8 wins 0 losses 2nd of 8 Mid-Illini Conf</p>	<p>22nd of 31 Woodruff 1st of 7 Morton Pumpkin 13th of 39 Peoria Central 3rd of 16 Runnin' Red 2nd of 8 Mid-Illini Conference 4th of 10 Regional 7th of 20 Sectional</p>
2001	2001
<p>8 wins 1 loss 25 runners 1st of 11 Galesburg 20th of 33 Woodruff 4th of 10 Morton Pumpkin 28th of 42 Peoria Central 11th of 17 Runnin' Red 2nd of 8 Mid-Illini Conference 3rd of 9 Regional 13th of 20 Sectional</p> <p>F/S 7 wins 0 losses 2nd of 8 Mid-Illini Conference</p>	<p>8 wins and 1 loss 20 runners 3rd of 11 Galesburg 12th of 35 Woodruff 1st 8 Morton Pumpkin 4th of 39 Peoria Central 3rd of 15 Runnin' Red 1st of 8 Mid-Illini Conference 1st of 8 Regional 1st of 20 Sectional 14th of 32 State 2.5 mile Race 12th Bethany McCoy 14:46 61st Sarah Armstrong 15:30 106th Lindsey Reason 15:49 158th Amanda Knussman 16:08 197th Laura Cross 16:24 225th Nikki Domico 16:39 247th Jessica Facker 17:21</p>

<p>6 wins 2 losses 22 runners 5th of 11 Galesburg 22nd of 39 Woodruff 3rd of 12 Morton Pumpkin 21st of 44 Peoria Central 5th of 15 Runnin' Red 1st of 8 Mid-Illini Conference 3rd of 8 Regional 11th of 20 Sectional</p> <p>F/S 6 wins 1 loss 3rd of 8 Mid-Illini Conference</p>	<p>8 wins 1 loss 24 runners 2nd of 11 Galesburg 10th of 40 Woodruff 1st of 8 Morton Pumpkin 5th of 38 Peoria Central 3rd of 16 Runnin' Red 2nd of 8 Mid-Illini Conference 1st of 8 Regional 2nd of 20 Sectional 19th of 30 State (3 Mile Race) 104th Laura Cross 18:51 136th Sarah Schierer 19:07 150th Kelsey Holsapple 19:16 164th Mallory Schlink 19:24 175th Amanda Knussman 19:28 200th Colleen Eckstein 19:41 235th Megan Boyd 20:27</p> <p>2002 GIRLS' DISTANCE INCREASES TO 3.0 MILES</p>
2002	2002

FOR STATE MEET

2003
 7 wins 2 losses 29 runners
 5th of 9 Galesburg
 27th of 43 Woodruff
 2nd of 10 Morton Pumpkin
 13th of 45 Peoria Central
 3rd of 18 Runnin' Red
 1st of 8 Mid-Illini Conference
 1st of 10 Regional
 4th of 20 Sectional
 26th of 30 State
 92nd Matt O'Shea 15:34
 154th Scott Sabin 15:58
 177th Kyle Schierer 16:05
 207th Nate Rauh 16:24
 208th Doug Mason 16:24.1
 228th Matt Rego 16:44
 246th Nick Kerker 17:37

F/S 8 wins 0 losses
 1st of 8 Mid-Illini Conference

2003
 7 wins 1 loss 29 runners
 2nd of 11 Galesburg
 13th of 42 Woodruff
 1st of 9 Morton Pumpkin
 6th of 40 Peoria Central
 2nd of 17 Runnin' Red
 1st of 8 Mid-Illini Conference
 1st of 8 Regional
 1st of 20 Sectional
 5th of 30 State
 3rd Bethany McCoy 16:58
 20th Amanda Knussman 17:47
 41st Jessica Husted 18:10
 100th Laura Cross 18:43
 136th Hannah Griffin 18:59
 139th Mallory Schlink 19:01
 152nd Kelsey Holsapple 19:08

7th TRIPLE CROWN MID-ILLINI CONFERENCE
 Melissa Danner ("Coach D") volunter coach.

2004
 9 wins 1 loss 26 runners
 8th of 10 Galesburg
 39th of 47 Woodruff
 4th of 10 Morton Pumpkin
 23rd of 48 Peoria Central
 4th of 17 Runnin' Red
 1st of 8 Mid-Illini Conference
 1st of 9 Regional
 5th of 20 Sectional
 32nd of 32 State
 150th T.J. McMorrow 16:18.4
 165th Nate Rauh 16:24.4
 225th Scott Perry 16:53.3
 229th Bill Miller 16:55.4
 245th Brenton Pfaff 17:17.0
 248th Scott Sabin 17:22.4
 262nd Jeremy Bell 18:21.1

F/S 8 wins 0 losses
 1st of 8 Mid-Illini Conf

2004
 7 wins 1 loss 30 runners
 6th of 8 Galesburg
 27th of 45 Woodruff
 1st of 9 Morton Pumpkin
 10th of 40 Peoria Central
 4th of 18 Runnin' Red
 1st of 8 Mid-Illini Conference
 1st of 9 Rgional
 5th of 20 Sectional
 26th of 30 State
 113th Mallory Schlink 19:25.3
 119th Jess Husted 19:27.3
 185th Emily Brinkmann 20:06.2
 197th Cailey Lantz 20:15.6
 206th Kelsey Holsapple 20:27.7
 236th Melissa Shults 21:26.6
 245th McKenzie Reynolds 22:15.7

8th TRIPLE CROWN MID-ILLINI CONFERENCE

2005
 8 wins 1 loss 31 runners
 4th of 11 Galesburg
 27th of 49 Woodruff
 2nd of 8 Morton Pumpkin
 12th of 48 Peoria Central
 2nd of 20 Runnin' Red
 1st of 8 Mid-Illini Conf
 1st of 10 Regional
 8th of 20 Sectional
 State
 80th T.J. McMorrow 15:25

F/S 5 wins 2 losses
 4th of 8 Mid-Illini Conf

2005
 7 wins 1 loss 32 runners
 2nd of 10 Galesburg
 18th of 51 Woodruff
 1st of 7 Morton Pumpkin
 6th of 38 Peoria Central
 4th of 18 Runnin' Red
 2nd of 8 Mid-Illini Conf
 1st of 10 Regional
 4th of 20 Sectional
 22nd of 30 State
 16th Jess Husted 17:34
 105th Hannah Griffin 18:48
 163rd Kelsey Holsapple 19:15
 204th Cailey Lantz 19:46
 211th Emily Brinkmann 19:49
 229th Mallory Schlink 20:19
 237th Melissa Shults 20:33

COACH DANNER HIRED AS 3rd COACH
 FOR CROSS COUNTRY

2006
 9 wins 0 losses 36 runners
 3rd of 12 Galesburg
 19th of 47 Woodruff
 1st of 7 Morton Pumpkin
 14th of 46 Peoria Central
 1st of 17 Runnin' Red
 1st of 8 Mid-Illini Conf
 1st of 11 Regional
 6th of 20 Sectional
 State
 41st T.J. McMorrow 14:59.2
 58th Bill Miller 15:08.7

F/S 1st of 8 Mid-Illini Conference

2006
 6 wins 3 losses 33 runners
 3rd of 10 Galesburg
 27th of 45 Woodruff
 1st of 7 Morton Pumpkin
 19 of 39 Peoria Central
 7th of 20 Runnin' Red
 3rd of 8 Mid-Illini Conf
 4th of 10 Regional
 9th of 20 Sectional
 State
 81st Jess Husted 18:18.3

2007
 8 wins & 1 loss 37 Runners
 3rd of 24 Woodruff
 1st of 6 Morton Pumpkin

2007
 7 wins & 2 losses 28 Runners
 7th of 23 Woodruff
 1st of 4 Morton Pumpkin

15th of 51 Peoria High
 3rd of 20 Runnin' Red
 1st of 8 Mid-Illini Conference
 2nd of 9 Regional
 2nd of 20 Sectional
 7th of 21 STATE AA (3 Classes - 1st Year)

39th TJ McMorrow	15:43
44th Stephan Rauh	15:50
55th Cory Shoopman	15:54
70th Ryan Van Fossen	16:05
79th Kevin Kamm	16:10
119th Ryan Donnely	16:44
169th Chase Anderson	18:07

14th of 43 Peoria High
 4th of 15 Runnin' Red
 2nd of 8 Mid-Illini Conference
 2nd of 7 Regional
 4th of 19 Sectional
 12th of 21 STATE AA (3 Classes)

42nd Cori Maloney	18:47
54th Sarah Flintgruber	19:06
89th Whitney Johnson	19:30
92nd Britany Call	19:34
98th Ellen Goins	19:38
129th Holly Pfaff	20:11
145th Brittney Mishler	20:37

F/S 2nd of 8 Mid-Illini Conference

GIRLS' STATE MEET - 3 CLASSES

2008

2008

8 wins & 1 loss 33 Runners

4th of 15 Galesburg
 11th of 33 Woodruff
 2nd of 14 Dunlap
 17th of 54 Peoria High
 5th of 20 RUNNIN' RED
 1st of 8 Mid-Illini Conference
 2nd of 8 Regional
 6th of 20 Sectional

18th Stephan Rauh - STATE 15:27.9

8 wins & 1 loss 38 Runners

3rd of 13 Galesburg
 2nd of 26 Woodruff
 1st of 11 Dunlap
 10th of 42 Peoria High
 4th of 14 RUNNIN' RED
 2nd of 8 Mid-Illini Conference
 2nd of 8 Regional
 3rd of 20 Sectional
 6th of 20 State

13th Sarah Flintgruber	18:16.8
34th Kristen Rauh	18:41.3
50th Ellen Goins	18:57.7
61st Amanda Duvendack	19:08.8
88th Jessica Bachelor	19:38.3
114th Holly Pfaff	20:04.3
120th Cori Maloney	20:14.5

F/S 2nd of 8 Mid-Illini Conference

2009

2009

10 wins & 0 losses 28 Runners

Galesburg 8 of 12
 Woodruff 11 of 40
 Dunlap 5 of 14
 Peoria High 14 of 49
 Runnin' Red 6 of 23
 Mid-Illini 1 of 8
 Regional 2 of 8
 Sectional 5 of 20
 State 9 of 20

2nd Stephan Rauh 15:13.4
 7th Ryan Van Fossen 15:23.7
 73rd Kevin Kamm 16:17.1
 104th Clayton Gale 16:46.8
 116th Chase Anderson 16:52.2
 140th Zach Cordes 17:23.4
 142nd Kyle Thompson 17:24.1

F/S 2nd of 8 Mid-Illini Conference

10 wins & 1 loss 41 Runners

Galesburg 4 of 11
 Woodruff 9 of 40
 Dunlap 1 of 11
 Peoria High 11 of 42
 Runnin' Red 7 of 21
 Mid-Illini 2 of 8
 Regional 3 of 6
 Sectional 7 of 20

Holly Pfaff - STATE 57th 19:27.3

2010

2010

6 wins & 1 loss 28 Runners

Galesburg 10 of 14
 Woodruff 24 of 36
 Dunlap rained out
 Peoria Central 26 of 55
 Runnin' Red 7 of 24
 Mid-Illini 2 of 8
 Regional 2 of 8
 Sectional 10 of 20

State:

70th Kyle Kamm 15:44.9

F/S 1st of 8 Mid-Illini Conference

7 wins & 0 losses 41 Runners

Galesburg 3 of 9
 Woodruff 8 of 37
 Dunlap rained out
 Peoria Central 13 of 48
 Runnin' Red 7 of 19
 Mid-Illini 1 of 8
 Regional 2 of 6
 Sectional 7 of 20

State:

ALL-STATE 15th Sarah Flintgruber 17:46.0

ALL-STATE 24th Danica Dragoo 17:53.6

2011

2011

4 wins & 3 losses 29 Runners

Galesburg 7 of 11
 Woodruff 28 of 47
 Dunlap 5 of 13
 Peoria Central 30 of 55

6 wins & 1 loss 46 Runners

Galesburg 8 of 15
 Woodruff 18 of 43
 Dunlap 1 of 16
 Peoria Central 16 of 47

Runnin' Red 6 of 18
 Mid-Illini 3 of 8
 Regional 5 of 8
 Sectional 6 of 21

Runnin' Red 8 of 19
 Mid-Illini 1 of 8
 Regional 4 of 8
 Sectional 6 of 21

State
 Danica Dragoo DNF

F/S 1st of 8 Mid-Illini Conference

2012			2012		
6 wins & 1 loss	28 Runners		4 wins & 3 losses	40 Runners	
Galesburg	3rd out of 9		Galesburg	4th out of 8	
1st to Finish	16th out of 45		1st to Finish	18th out of 46	
Dunlap	2nd out of 11		Dunlap	3rd out of 10	
Peoria Central	19th out of 52		Peoria Central	20th out of 43	
RUNNIN' RED	11th out of 21		RUNNIN' RED	15th out of 19	
Mid-Illini	2nd out of 8		Mid-Illini	7th out of 8	
Regional	2nd out of 8		Regional	6th out of 7	
Sectional	5th out of 21		Sectional	12th out of 21	
State	18th out of 25				
Joel Anglin	62nd	15:31.6			
Nathan Scheirer	84th	15:41.1			
Travis Scheirer	109th	15:51.9			
Kyle Thompson	141st	16:12.1			
William Koehrsen	164th	16:29.9			
Patrick Vieck	180th	16:43.2			
John Crotteau	187th	16:47.5			
F/S 1st of 8 Mid-Illini Conference					

2013			2013		
7 wins & 0 losses	37 Runners		6 wins & 1 loss	34 Runners	
Galesburg	1st out of 11		Galesburg	2nd out of 12	
1st to the Finish	4th out of 52		1st to the Finish	12th out of 51	
Dunlap	1st out of 13		Dunlap	3rd out of 14	

Peoria Cental 9th out of 53
 RUNNIN' RED 3rd out of 22
 Mid-Illini 1st out of 8
 Regional 2nd out of 8
 Sectional 1st out of 18
 State 6th out of 27

John Mangold 28th 15:29.7
 Jake Gillum 48th 15:45.6
 Joel Anglin 54th 15:48.5
 Travis Scheirer 56th 15:48.9
 Keaton McClure 92nd 16:01.9
 Matt Wipfler 122nd 16:20.1
 Jason Argo 165th 16:40.9

F/S 2nd of 8 Mid-Illini Conference

Peoria Central 13th out of 49
 RUNNIN' RED 6th out of 21
 Mid-Illini 3rd out of 8
 Regional 4th out of 8
 Sectional 7th out of 18

F/S 2nd of 8 Mid-Illini Conference
 First Year for Girls F/S

2014
 9 wins & 0 losses 31 Runners
 Galesburg 5th out of 13
 1st to the Finish 6th out of 51
 Dunlap 1st out of 16
 Peoria Central 9th out of 53
 RUNNIN' RED 2nd out of 23
 Mid-Illini 1st out of 8
 Regional 2nd out of 8
 Sectional 3rd out of 18
 State 2A 5th out of 26

Jake Gillum 23rd 15:01.4
 John Mangold 32nd 15:19.5
 Matt Wipfler 49th 15:31.6
 Keaton McClure 73rd 15:45.4
 John Crotteau 103rd 16:02.1
 Matt Crotteau 145th 16:22.7
 Nick Koval 154th 16:30.1

F/S 1st out of 8 Mid-Illini Conference

2014
 6 wins & 3 losses 35 Runners
 Galesburg 2nd out of 12
 1st to the Finish 14th out of 51
 Dunlap 2nd out of 13
 Peoria Central 13th out of 49
 RUNNIN' RED 7th out of 17
 Mid-Illini 3rd out of 8
 Regional 5th out of 8
 Sectional 8th out of 18

F/S 2nd out of 8 Mid-Illini Conference

2015
 10 Wins & 0 Losses 35 Runners
 Galesburg 7th out of 12
 First to the Finish 22nd out of 59
 Dunlap 2nd out of 15
 Peoria Central 6th out of 35

2015
 5 Wins & 4 Losses 27 Runners
 Galesburg 4th out of 12
 First to the Finish 25th out of 58
 Dunlap 3rd out of 14
 Peoria Central 7th out of 25

RUNNIN' RED 2nd out of 21
Mid-Illini 1st out of 8
Regional 3rd out of 10
Sectional 4th out of 18
State 2A 7th out of 25

Jake Gillum 11th 14:51.85
John Crotteau 73rd 15:49.54
Matt Crotteau 87th 15:55.12
Ryan Meyer 97th 15:59.21
Nick Koval 111th 16:06.52
Seth Gunter 117th 16:08.14
Ross Stanley 174th 16:43.28

F/S 2nd out of 8 Mid-Illini Conference

RUNNIN' RED 5th out of 23
Mid-Illini 3rd out of 8
Regional 4th out of 10
Sectional 6th out of 18

STATE

Kari Lalumandier 38th 18:12.1

Jess (Husted) Mellican hired as Assistant Coach.

F/S 2nd out of 8 Mid-Illini Conference

2016			
9 Wins & 0 Losses		37 Runners	
Galesburg	6th out of 15		
First to the Finish	8th out of 58		
Dunlap	3rd out of 16		
Peoria Central	3rd out of 38		
RUNNIN' RED	3rd out of 26		
Mid-Illini	1st out of 8		
Regional	3rd out of 9		
Sectional	3rd out of 18		
State 2A	6th out of 25		
Jake Gillum	10th	14:49.1	
Adam Gilbreath-Glaub	20th	15:00.9	
Robert Pedroza	50th	15:29.1	
Ryan Meyer	107th	16:11.6	
John Rapp	131st	16:26.3	
Frank De Luca	176th	17:02.9	
Nick Koval	190th	17:17.2	
F/S	1st out of 8		Mid-Illini Conference

			2016
7 Wins & 2 Losses		30 Runners	
Galesburg	2nd out of 15		
First to the Finish	7th out of 60		
Dunlap	2nd out of 14		
Peoria Central	1st out of 35		
RUNNIN' RED	3rd out of 27		
Mid-Illini	2nd out of 8		
Regional	1st out of 9		
Sectional	4th out of 18		
State 2A	7th out of 25		
Kari Lalumandier	16th	17:37.5	
Sierrah Seals	56th	18:30.0	
Tessa Schwarzentraub	62nd	18:38.3	
Maddie Bennett	135th	19:29.4	
Hailey Tackett	142nd	19:33.9	
Ellie Osko	150th	19:43.3	
Makenna Youngquist	154th	19:48.8	
F/S	3rd out of 8		Mid-Illini Conference

2017			
8 Wins & 1 Loss		41 Runners	
Galesburg	2nd out of 17		
First to Finish	18th out of 58		

			2017
8 Wins & 1 Loss		31 Runners	
Galesburg	2nd out of 16		
First to Finish	15th out of 60		

Dunlap 1st out of 20
 Peoria Central 8th out of 41
 RUNNIN' RED 3rd out of 27
 Mid-Illini 1st out of 8
 Regional 6th out of 10
 Sectional 6th out of 18

State
 Ryan Meyer 155th 16:43.3

F/S 1st out of 8 -- Mid-Illini Conference

Dunlap 2nd out of 18
 Peoria Central 15th out of 37
 RUNNIN' RED 7th out of 27
 Mid-Illini 5th out of 8
 Regional 6th out of 10
 Sectional 12th out of 18

F/S 3rd out of 8 -- Mid-Illini Conference

2018
 1 Win & 1 Loss 42 Runners

Galesburg Cancelled
 First to Finish 13th of 52
 Mid-Illini Pre 3rd of 8
 Dunlap 1st of 17
 Peoria Central 9th of 42
 RUNNIN' RED 6th of 28
 Mid-Illini 2nd of 8
 Regional 1st of 9
 Sectional 1st of 17
 State 2A 9th of 25

Adam Gilbreath-Glaub 15:15.8 22nd
 Ian O'Laughlin 15:42.5 46th
 Jacob Gray 16:05.9 91st
 Reagan Pace 16:12.6 102nd
 Evan Johnson 16:19.7 119th
 Austin Gale 16:20.8 123rd
 Andrew Springer 16:31.9 146th

F/S 2nd out of 8 -- Mid-Illini Conference

2018
 1 Win & 1 Loss 36 Runners

Galesburg Cancelled
 First to Finish 21st of 57
 Mid-Illini Pre 3rd of 8
 Dunlap 3rd of 14
 Peoria Central 9th of 40
 RUNNIN' RED 7th of 28
 Mid-Illini 4th of 8
 Regional 4th of 10
 Sectional 5th of 18
 State 2A 17th of 26

Tessa Schwarzentraub 18:19.7 32nd
 Katie Lalumandier 18:32.5 44th
 Maddie Bennett 19:08.9 91st
 Aly Gillum 19:34.5 132nd
 Morgan Joyner 20:01.9 163rd
 Karissa Heffernan 20:15.8 173rd
 Kara Hodel 20:28.3 181st

F/S 1st out of 8 -- Mid-Illini Conference

<p>2019</p> <p>1 Win & 1 Loss 38 Runners</p> <p>Galesburg 1st of 19 1st to Finish 9th of 61 Mid-Illini Pre 2nd of 8 Dunlap Cancelled Peoria Central 3rd of 45 RUNNIN' RED 7th of 25 Mid-Illini 2nd of 8 Regional 1st of 11 Sectional 5th of 18 State 10th of 25</p> <p>Ian O'Laughlin 15:22.0 16th Adam Gilbreath-Glaub 15:42.3 36th Colton Barb 16:18.5 95th Austin Gale 16:36.9 134th Sam Kapraun 16:40.4 143rd Andy Foster 16:40.7 144th Aaron Klobnak 17:07.2 181st</p> <p>F/S 2nd out of 8 -- Mid-Illini Conference</p>	<p>2019</p> <p>1 Win & 1 Loss 36 Runners</p> <p>Galesburg 5th of 17 1st to Finish 13th of 57 Mid-Illini Pre 4th of 8 Dunlap Cancelled Peoria Central 22nd of 43 RUNNIN' RED 10th of 21 Mid-Illini 5th of 8 Regional 5th of 9 Sectional 8th of 18</p> <p>F/S 2nd out of 8 -- Mid-illini Conference</p>
<p>2020</p> <p>12 Wins & 0 Losses 43 Runners</p> <p>Galesburg -- Cancelled 1st to Finish -- Cancelled Mid-Illini Pre -- 4th of 8 Dunlap -- 1st of 9 Peoria Central -- Cancelled RUNNIN' RED -- 1st of 20 Mid-Illini -- 2nd of 8 Regional -- 2nd of 11 Sectional -- 1st of 15 Shazam State D2 -- 5th of 20 Shazam State D2 - 5K at Three Sisters Park</p>	<p>2020</p> <p>6 Wins & 6 Losses 30 Runners</p> <p>Galesburg -- Cancelled 1st to Finish -- Cancelled Mid-Illini Pre -- 5th of 8 Dunlap -- 3rd of 11 Peoria Central - Cancelled RUNNIN' RED - 8th of 20 Mid-Illini -- 1st of 8 Regional -- 5th of 11 Sectional -- 4th of 14 Shazam State D2 -- 11th of 20 Shazam State D2 - 5K at Three Sisters Park</p>

Ian O'Laughlin	15:59.1	2nd
Hunter Roedell	16:26.5	11th
Colton Barb	17:28.9	64th
Nathan Haines	17:29.3	66th
Andy Foster	17:36.4	86th
Cade Ward	17:50.8	109th
Carson Cowling	18:09.4	131st

F/S No Mid-Illini Conference Race Ran

Alayna Ruach	20:49.7	58th
Katie Lalumandier	20:52.2	64th
Karissa Heffernan	20:55.5	65th
Audrey Heil	21:10.5	78th
Rachel Fisher	22:14.1	132nd
Audrey Hodgen	22:19.5	135th
Karissa Koval	22:43.3	147th

F/S No Mid-Illini Conference Race Ran

