

## How to set restrictions on iPhone/iPad/iPod Touch

### Settings

#### General

#### Restrictions

##### Enable Restrictions

Enter a 4 digit code(Make a note of this as you can't remove this unless you erase the device!)

Now simply switch off the items you don't want your child/young adult to use.

As a rule I would turn off **Safari,Installing Apps,Deleting Apps,In-App Purchases** in the allow area. This will require you to enter your code and turn on Installing Apps to do updates on the devices, I do this about once a week.

Now head down to **Allowed Content** and switch **Music,Podcast & News** from **EXPLICIT** to **Clean** this can be done by tapping on **EXPLICIT** then turn it off. When you navigate back to the main **Allowed Content** it should now say "**Clean**".

You can do the same thing on **Movies,TV shows,Books,Apps,Siri** and **Websites\***.

**\*If you have Safari turned off you wont need to change anything for Websites....**

Next head down to **Privacy** and tap on it

Under privacy you will see settings for **Location Services**, this is one of the most important areas to look over! Check each app thats installed and make sure you turn off location on **Camera,Photos and all Social Media Apps(if installed)** this is important as sharing your location in the Camera App Embeds the geo location information in the photo, it can be simply dropped into google maps and will give the exact location of where it was taken!

next navigate down to **System Services** and tap on it

Turn off **Share My Location**.

\*please note this is not shutting off **Find My iPhone**.

Once you have reviewed the Apps/System Services head back to the top and tap on **Don't Allow Changes**, This will lock the App from being changed from now on...

\*Keep in mind if you install another app you will need to go back to location setting tap on **Allow Changes** then turn that app off, then tap on **Don't Allow Changes** again.

next tap the **Back** button this will take you back to the main **Restrictions** page

Now click on **Share My Location**, change this to **Don't Allow Changes**.

next tap the **Back** button this will take you back to the main **Restrictions** page

Now move down to **Allow Changes** and tap **Accounts**, change this to **Don't Allow Changes**. This will lock the accounts from being changed such as adding a new iMessage, Face Time account or E-mail Address.

Now tap on **General** in the upper left hand corner and your done.