

**“Runnin’
Red”**



Asst. Coach: Pete Bachfischer
pbach@mths.us

Metamora Cross Country

Metamora Township High School
P.O. Box 109
101 W. Madison, Metamora, IL 61548
(309) 367-4151 / Fax (309) 367-4351

Head Coach: Gene Jones
cjonesyrun@yahoo.com

**“Lady
Runnin’ Red”**



Asst. Coach: Jess Mellican
j.l.mellican@gmail.com

2019 CROSS COUNTRY

Dual Meet Records

**Varsity Men 1-W & 1-L
Varsity Ladies 1-W & 1-L**

	<u>Var. Men</u>	<u>Var. Ladies</u>
PEORIA NOTRE DAME	23-33 W	35-24 L
ELMWOOD-BRIMFIELD	28-27 L	28-29 W

Major Meets

	<u>Var. Men</u>	<u>Var. Ladies</u>	<u>Fr/So Boys</u>	<u>Fr/So Girls</u>
GALESBURG	1 OF 19	5 OF 17	3 OF 9	2 OF 13
1ST to FINISH	9 OF 61	13 OF 57	-----	-----
MID-ILL PRE DUNLAP	2 OF 8 CANCELLED	4 OF 8	2 OF 8	3 OF 8
PEO CENTRAL	3 OF 45	22 OF 43	-----	-----
RUNNIN' RED	7 OF 25	10 OF 21	9 OF 17	10 OF 15
MID-ILLINI	2 OF 8	5 OF 8	2 OF 8	2 OF 8
REGIONAL	1 OF 11	5 OF 9	-----	-----
SECTIONAL	5 OF 18	8 OF 18	-----	-----
STATE 2A	10 OF 25	-----		