Prerequisite Course Requirements

- Bachelor’s degree from accredited college or university
- Minimum undergraduate GPA of 3.0 of higher
- Prerequisite coursework ("C" grade or higher):
  - Anatomy/Physiology – 2 classes
  - Biology – 1 class
  - Biomechanics – 1 class
  - Chemistry – 1 class
  - Exercise Physiology – 1 class
  - Mathematics (pre-calculus or higher) – 1 class
  - Nutrition – 1 class
  - Physics – 1 class
  - Psychology – 1 class
  - Research Design/Methods – 1 class
  - Statistics – 1 class
- Additional courses that are recommended but NOT required: Health, Medical Terminology
- Proof of current certification in CPR/AED
- 100+ Hours of Observation under supervision of a BOC certified or licensed athletic trainer
- Two (2) academic/professional letters of recommendation
- One-two page essay stating interest in Athletic Training as a career
- An interview with department faculty/staff required

The University of Delaware Athletic Training Education Program is housed in the Department of Kinesiology and Applied Physiology Annex immediately adjacent to Athletics and Recreation facilities on the South Campus.

Schedule a meeting
Thomas W. Kaminski, PhD, ATC, FNATA, FACSM, RFSA
Director of Athletic Training Education

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Graduate Admission Website: http://grad.udel.edu/
Uniqueness of the program
Responding to the recent trends in sports health, a master’s degree can help propel professionals to advanced career success. The University of Delaware Athletic Training Program has a long, proud history for athletic training education involving both didactic and clinical education and for placing graduates for athletic training careers with major American professional sports leagues major collegiate programs, high school environments, as well as sports medicine clinical settings.

Program overview
The Athletic Training Education Program (ATEP) is transitioning the current undergraduate program into an entry-level master’s degree program that will encompass two consecutive calendar years involving very specific coursework, competitive clinical experiences, and culminating with a full semester-long clinical.

- **Mission** – To prepare students to become competent, skillful, and compassionate entry-level athletic trainers.
- **Requirements** – Completion of 56 hours of graduate coursework, along with supervised clinical experiences involving hands-on learning in a variety of health care environments.
- **Outcomes** – Eligibility to sit for the Board of Certification examination for athletic trainers and recommendation for a Master of Science degree in Athletic Training (MS-AT)

### Coursework

**Year 1 Summer**
- Emergency Care of Sport-Related Injuries/Illnesses
- Advanced Taping & Bracing Techniques
- Core Concepts in Athletic Training

**Year 1 Fall**
- Therapeutic Modalities
- Advanced Human Anatomy
- Upper Extremity & Spine Evaluation + Lab
- Athletic Training Evidence-Based Practicum I

**Year 1 Winter**
- Lower Extremity & Spine Evaluation + Lab
- Rehabilitation of Athletic Injuries I

**Year 1 Spring**
- Pathophysiology of Musculoskeletal Injuries
- Athletic Performance Enhancement
- Sports Medicine Pharmacology
- Rehabilitation of Athletic Injuries
- Athletic Training Evidence-Based Practicum II

**Year 2 Summer**
- Athletic Training Evidence-Based Practicum II
- Psychosocial Aspects of AT

**Year 2 Fall**
- Evidence-Based Sports Medicine
- Diagnostic Testing Across the Healthcare Spectrum
- Organization & Administration of Athletic Training
- Athletic Training Evidence-Based Practicum IV

**Year 2 Spring**
- Athletic Training Evidence-Based Practicum V
- Full-immersion Clinical Experience