

Department of Behavioral Health and Nutrition

MINOR: PUBLIC HEALTH

Mia A. Papas, PhD, Director

Minimum Credits in the Minor: 18 (with an additional 3 co-requisite STAT credits)

Public Health is the scientific field of study focused on preventing disease, promoting health, and prolonging life. This is achieved through the conduct of scientific research, implementation of health education programs and the organized efforts and informed choices of society, communities and individuals. A joint program between the **Department of Behavioral Health and Nutrition** and the **School of Public Policy and Administration**, the Public Health minor provides an interdisciplinary opportunity to develop practical skills in program development and increase knowledge in the areas of social systems, policy, and leadership. This minor offers a greater appreciation for the application of public health concepts to the student's field of study.

The minor, available to students of all disciplines, requires 18 credit hours distributed as follows: Three required core courses (9 credits), and three elective courses (9 credits). At least six of the nine elective credits must be chosen from outside your major. **All courses in the minor must be completed with a C- or better.**

REQUIRED CORE COURSES: 9 credits (available fall and spring semesters):

HLPR/UAPP211 Intro to Public Health

HLPR/UAPP222 Intro to Epidemiology* (Coreq stat class options: STAT200, MATH201, MATH205, BHAN326, SOCI301, STAT408 or PSYC209)

HLPR/UAPP233 Intro to Global Health

ELECTIVE COURSES: 9 credits: (one 3-credit course from each of the following categories. One of the three electives may be taken from within the student's major)

Program Development – 3 credits:

BHAN332 Health Behavior Theory & Models

BHAN490 Dev. of Health Promotion Programs*

HDFS230 Families and Their Communities

HDFS346 Counseling in Human Services *

HDFS347 Program Development & Eval. *

HLPR610 Health and the Media

NURS382 Communities and Health *

(2 credits; open only to nursing students; 1 additional credit of independent study will be required)

Social Systems and Policy – 3 credits:

ECON311 Economics of Developing Countries*

ECON343 Environmental Economics *

ECON390 Economics of Healthcare *

ECON490 Economics of Health Policy *

HDFS402 Child and Family Policy *

SOCI311 Sociology of Health and Illness

SOCI349 Aging and Society

UAPP110 Changing the World & Public Policy

UAPP225 Crafting Public Policy

UAPP325 Public Policy Analysis

UAPP410 Making Convincing Policy Arguments

UAPP419 Policy Leadership and Ethics

UAPP427 Evaluating Public Policy

UAPP657 Health Policy

WOMS 389: Topics: Women and Health Issues

Leadership – 3 credits:

BHAN329 Dynamics of Team Problem Solving

COMM330 Comm. and Interpersonal Behavior

LEAD100 Leadership, Integrity & Change

LEAD101 Global Context for Leadership

LEAD200 The Leadership Challenge

LEAD300 Leadership, Creativity and Innovation*

LEAD400 Leadership for the Common Good*

Admission: Freshmen and transfer students must wait until after first semester grades have been posted to request the minor; all others may apply for the minor at any time via the UDSIS Webform "Change Major, Minor..." Minimum **2.0 GPA** required. It is not necessary to meet with the minor advisor to have your request approved. However, if you need assistance, advisement or curricular information, please contact minor advisor Emily Lodyga, elodyga@udel.edu, 831-6176.

* These courses have prerequisites