

# University of Delaware Department of Behavioral Health and Nutrition

## BACHELOR OF SCIENCE: DIETETICS 2016-2017

Enter Fall 2016 - Graduate Spring 2020  
Minimum Credits to Graduate = 120

Students wishing to pursue the Registered Dietitian Nutritionist (R.D.N.) credential will be initially admitted to the Applied Nutrition major. Students can apply to the Dietetics major upon completion of at least 40 credits total, which must include:

**\*NTDT200 \*NTDT250 \*CHEM101/103/107 \*CHEM102/104/108 \*CHEM213 \*CHEM215 \*BISC205**

To be accepted to the Dietetics major, students must 1) have completed all coursework listed above, 2) have an overall GPA of 2.75 including courses listed above, 3) have at least 40 credits (12 at UD) total and 4) submit change of major request on UDSIS.

### University Requirements

- \_\_\_\_\_ ENGL110 Seminar in Composition\* (3 credits)
- \_\_\_\_\_ \_\_\_\_\_ Multicultural Course (3 credits; can satisfy both multicultural and one breadth requirement simultaneously)
- \_\_\_\_\_ First Year Experience (FYE; 1-4 credits) NTDT103 fulfills this requirement
- \_\_\_\_\_ Discovery Learning Experience (DLE; 3 credits) NTD460 fulfills this requirement

**University Breadth Requirements\*** Students must take breadth courses from **four different subject areas**. NTDT courses cannot fulfill breadth requirements. Go to [www.academiccatalog.udel.edu](http://www.academiccatalog.udel.edu) for a complete list of breadth courses and restrictions:

- \_\_\_\_\_ Creative Arts and Humanities\* (3 credits) \_\_\_\_\_
- \_\_\_\_\_ History and Cultural Change\* (3 credits) \_\_\_\_\_
- \_\_\_\_\_ Social and Behavioral Sciences\* (3 credits) BUAD309, ECON100, ECON101, PSYC100, and/or SOCI201 satisfy this requirement
- \_\_\_\_\_ Math, Natural Science and Technology\* (3 credits) ANFS305 satisfies this requirement if grade earned is C- or better

### MAJOR REQUIREMENTS (96 credits)

_____ ANFS305 Food Science* (3)	_____ NTDT250 Intro to the Nutrition Care Process* (3)
_____ BISC205 Biology for Health Sciences (4)	_____ NTDT305 Nutrition in the Life Span* (3)
_____ BISC276 Human Physiology* (4)	_____ NTDT321 Quantity Food Production & Service* (3)
_____ BISC300 Introduction to Microbiology (4) or	_____ NTDT322 Mgmt. of Food & Nutrition Services* (3)
_____ MEDT270 Medical Microbiol. & Infect. Diseases (4)	_____ NTDT326 On-Site Food Production* (3)
_____ BUAD309 Organizational Behavior (3)	_____ NTDT330 Nutrition Counseling* (3)
_____ CHEM101 or CHEM103 or 107+ General Chem (4)	_____ NTDT400 Macronutrients* (3)
_____ CHEM102 or CHEM104 or 108+ General Chem (4)	_____ NTDT401 Micronutrients* (3)
_____ CHEM213 Elementary Organic Chemistry (3)	_____ NTDT403 Dietetics Seminar (1)
_____ CHEM215 Elementary Organic Chemistry Lab (1)	_____ NTDT421 Nutritional Assessment Methods* (3)
_____ CHEM214 Elementary Biochemistry* (3)	_____ NTDT445 Teaching Methods: Nutrition & Foods* (3)
_____ CHEM216 Elementary Biochemistry Lab* (1)	_____ NTDT450 Medical Nutrition Therapy I* (3)
_____ ECON100 Economic Issues & Policies (3) or	_____ NTDT451 Medical Nutrition Therapy II* (3)
_____ ECON101 Intro to Microeconomics (3)	_____ NTDT460 Community Nutrition* (3)
_____ MATH114 Elementary Math & Statistics (or	_____ PSYC100 General Psychology (3)
_____ successful performance on the Math	_____ SOCI201 Introduction to Sociology (3)
_____ Proficiency Exam) (3)	_____ STAT200 or STAT408/APEEC408 or PSYC209
_____ NTDT103 Intro to Nutrition Professions (1)	_____ Statistics (3)
_____ NTDT200 Nutrition Concepts* (3)	_____ Total of 120 credits required to graduate
_____ NTDT201 Food Concepts* (3)	

*See other side for suggested Program of Study*

Please refer to the 2016-17 course catalog at [http://academiccatalog.udel.edu/Pub\\_ShowCatalogPage.aspx?CATKEY=KEY\\_1359&ACYEAR=2016-2017](http://academiccatalog.udel.edu/Pub_ShowCatalogPage.aspx?CATKEY=KEY_1359&ACYEAR=2016-2017) for a complete listing of program requirements.

\* Grade of C- or better required

+ Integrated versions of CHEM103 and 104 have been renumbered as CHEM107 and CHEM108, respectively.

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### Suggested Sequence

Consult with your advisor each semester for course selection and scheduling advisement

#### FRESHMAN YEAR

##### Fall (≈ 14 credits)

_____	CHEM101 or CHEM103 or 107 General Chemistry (103 CR MATH114 or higher)	4
_____	MATH114 Elementary Math & Statistics or equivalent	3
_____	NTDT103 Intro to Nutrition Professions (Fall only)	1
_____	NTDT200 Nutrition Concepts*	3

##### Spring (≈ 14 credits)

_____	BISC205 Biology for Health Sciences (PR or CR CHEM 101, 103 or 105)	4
_____	CHEM102 or CHEM104 or 108 General Chemistry (102: PR CHEM101; 104 and 108: PR 101, 103 or 107)	4

##### Either Fall or Spring

_____	ENGL110 Seminar in Composition*	3
_____	SOCI201 Introduction to Sociology	3
_____	Breadth or Multicultural or Elective	3
		28

#### JUNIOR YEAR

##### Fall (≈ 15-16 credits)

_____	NTDT321 Quantity Food Production & Service* (PR NTDT200 & 201)	3
_____	NTDT326 On-Site Food Production* (CR NTDT321)	3
_____	NTDT400 Macronutrients* (PR NTDT200, CHEM214 & CHEM216)	3

##### Spring (≈ 15-16 credits)

_____	NTDT322 Management. of Food & Nutrition Services* (PR NTDT200 & 201)	3
_____	NTDT401 Micronutrients* (PR NTDT400)	3

##### Either Fall or Spring

_____	BISC300 Introduction to Microbiology or MEDT270 Medical Microbiol. & Infect. Dis. (PR BISC205 OR 207 for both)	4
_____	BUAD309 Organizational Behavior	3
_____	NTDT 305 Nutrition in the Lifespan* (PR NTDT200 and a biology course)	3
_____	NTDT330 Nutrition Counseling* (PR NTDT200 & 250)	3
_____	Breadth or Multicultural or Elective	3
		31

#### SOPHOMORE YEAR

##### Fall (≈ 15 credits)

_____	CHEM213 Elem Organic Chem (PR CHEM102, 104 or 108)	3
_____	CHEM215 Elem Organic Chemistry Lab (CR CHEM213)	1

##### Spring (≈ 15 credits)

_____	ANFS305 Food Science* (Spring only)	3
_____	CHEM214 Elem. Biochemistry* (PR CHEM 213)	3
_____	CHEM216 Elem. Biochemistry Lab* (CR CHEM 214)	1

##### Either Fall or Spring

_____	BISC276 Human Physiology* (PR BISC205, 207 or 208 and CHEM101, 103, 105, 107 or 111)	4
_____	ECON100 or ECON101 Economics	3
_____	NTDT250 Intro to the Nutrition Care Process* (PR NTDT200)	3
_____	NTDT201 Food Concepts*	3
_____	PSYC100 General Psychology	3
_____	STAT200 or PSYC209 or STAT408/APEC408 Statistics	3
		30

#### SENIOR YEAR

##### Fall (≈ 15-16 credits)

_____	NTDT403 Dietetics Seminar (Fall only; PR Senior)	1
_____	NTDT421 Nutritional Assessment Methods* (Fall only; PR NTDT400 and statistics course)	3
_____	NTDT450 Medical Nutrition Therapy I* (Fall only; PR BISC276, NTDT250 and 400)	3

##### Spring (≈ 15-16 credits)

_____	NTDT451 Medical Nutrition Therapy II* (Spring only; PR BISC276, NTDT250 and 400)	3
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##### Either Fall or Spring

_____	NTDT445 Teaching Methods: Nutrition & Foods* (PR NTDT200)	3
_____	NTDT460 Community Nutrition* (DLE; PR NTDT321 and NTDT400)	3
_____	Breadth or Multicultural or Elective	3
_____	Breadth or Multicultural or Elective	3
_____	Breadth or Multicultural or Elective	3
_____	Breadth or Multicultural or Elective	3
_____	Breadth or Multicultural or Elective	3
		31

### Total of 120 credits minimum required for graduation

The following graduation requirements are satisfied by courses in the curriculum: FYE (NTDT103), DLE (NTDT460) and University Breadth Requirements for Social & Behavioral Sciences (BUAD309, ECON100, ECON101, PSYC100, SOCI201) and Math, Natural Science and Technology (ANFS305, BISC207, CHEM101, CHEM102, CHEM103, CHEM107, CHEM104, CHEM108, STAT200). C- or better required if used to satisfy Breadth Requirement or as indicated above.

\* Grade of C- or better required

PR - Pre-requisite; CR - Co-requisite