

**Department of Behavioral Health and Nutrition**  
**MINOR: MEDICAL SOCIAL SERVICES**

**Director: Marc Lodyga, PhD**

**Minimum Credits in the Minor: 18**

Medical social services provide assistance to patients and their families with accessing available community resources. Professionals in this field connect people to appropriate social and/or medical services. Typical employment settings include hospitals, schools, hospice, and nursing home facilities.

Open to all students in all majors, the minor introduces the intersection of social services and public health within an interdisciplinary context. Although the minor provides background content for students interested in pursuing a master's degree in medical social work, this minor alone does not qualify students for professional licensure in social work.

The minor requires 18 credit hours, including 12 required credits and 6 credits selected from a list of recommended electives. Human Services majors may count only HDFS 230 for both this minor and their major. Health Behavior Science majors may not count more than one course toward both this minor and their major. All courses included in the minor must be completed with a C- or better.

**REQUIREMENTS FOR HUMAN SERVICES MAJORS (PR=Prerequisites): Credits**

**I. Required Core Courses: 12 credits**

- |   |   |
|---|---|
| 1. HDFS230 Families and Their Communities                         | 3 |
| 2. BHAN332 Health Behavior Theory & Models                        | 3 |
| 3. HLPR430 Behavior Change Strategies and Tactics (PR/CR BHAN332) | 3 |
| 4. SOCI341 Welfare and Society                                    | 3 |

**OR**

- |   |   |
|---|---|
| SOCI348 Theories of Social Work Practice (PR SOCI201) | 3 |
|---|---|

**II. Electives: 6 credits (must select two courses from the following):**

- |   |   |
|---|---|
| BHAN335 Health and Aging  | 3 |
| HLTH241 Ethical Aspects of Healthcare   | 3 |
| HLTH320 Chronic Illness in America (PR ENGL110)   | 3 |
| HLTH491 Care Coordination Practicum   | 3 |
| NURS382 Communities and Health Policy (Nursing Majors Only; PR NURS222, NURS241 & NURS242 OR NURS312, NURS250 OR NURS253) | 3 |
| SOCI311 Sociology of Health and Illness   | 3 |
| SOCI313 Mental Health and Well-Being  | 3 |
| SOCI343 Society, Politics, and Healthcare   | 3 |
| SOCI349 Aging and Society   | 3 |
| SOCI433 Gender and Health   | 3 |

**REQUIREMENTS FOR OTHER MAJORS:****Credits****I. Required Core Courses: 12 credits**

|   |   |
|---|---|
| 1. HDFS230 Families and Their Communities                         | 3 |
| 2. BHAN332 Health Behavior Theory & Models                        | 3 |
| <b>OR</b>   |   |
| HDFS332 Counseling Theories                                       | 3 |
| 3. HLPR430 Behavior Change Strategies and Tactics (PR/CR BHAN332) | 3 |
| <b>OR</b>   |   |
| HDFS346 Counseling in Human Services (PR HDFS235; PR/CR HDFS334)  | 3 |
| 4. SOCI341 Welfare and Society (PR SOCI201)                       | 3 |
| <b>OR</b>   |   |
| SOCI348 Theories of Social Work Practice (PR SOCI201)             | 3 |

**II. Electives: 6 credits (must select two courses from the following):**

|   |   |
|---|---|
| BHAN335 Health and Aging  | 3 |
| HDFS329 Adolescent Development (PR EDUC205 OR HDFS201)  | 3 |
| HDFS330 Mentor and Helping Relationships  | 3 |
| HDFS331 Positive Youth Development  | 3 |
| HDFS335 Culture in Context  | 3 |
| HDFS339 Adult Development and Aging (PR HDFS201)  | 3 |
| HDFS401 Foundations of Human Sexuality  | 3 |
| HDFS405 Aging and the Family  | 3 |
| HDFS408 Domestic Violence Policy and Prevention (PR any 200-level Women's Studies course)                                 | 3 |
| HDFS409 Domestic Violence Services  | 3 |
| HDFS472 Substance Abuse and the Family  | 3 |
| HLTH241 Ethical Aspects of Healthcare   | 3 |
| HLTH320 Chronic Illness in America (PR ENGL110)   | 3 |
| HLTH491 Care Coordination Practicum   | 3 |
| NURS382 Communities and Health Policy (Nursing Majors Only; PR NURS222, NURS241 & NURS242 OR NURS312, NURS250 OR NURS253) | 3 |
| SOCI311 Sociology of Health and Illness   | 3 |
| SOCI313 Mental Health and Well-Being  | 3 |
| SOCI343 Society, Politics, and Healthcare   | 3 |
| SOCI349 Aging and Society   | 3 |
| SOCI433 Gender and Health   | 3 |

**Admission:** Freshmen and transfer students must wait until after first semester grades have been posted to request the minor; all others may apply for the minor at any time via the UDSIS Webform "Change Major, Minor..." Minimum 2.0 GPA required. It is not necessary to meet with the minor advisor to have your request approved. However, if you need assistance, advisement or curricular information please contact academic advisor Emily Lodyga, elodyga@udel.edu, 831-6176.