

Jeffrey A. Miller PT, DPT, SCS, OCS

Delaware Physical Therapy Clinic
540 South College Avenue Suite 160
Newark, DE 19713
Phone: 302-831-8893
Email: jmillier@udel.edu

Education

Doctor of Physical Therapy, University of Delaware, Newark, DE

- Graduated January 8, 2011

Bachelor of Science in Exercise Science, University of Delaware, Newark, DE

- Graduated May 31, 2008
- Cum Laude
- Concentration: Exercise Physiology; Minor: Biological Sciences

Post – Graduate Residency

Sports Physical Therapy Resident, University of Delaware (May 2013-July 2014)

- Mentored clinical hours in outpatient sports and orthopedics setting
- On-field full season experience with athletic training staff of University of Delaware Division I Football and Baseball programs
- Outside experiences including physician office and surgical shadowing, aquatic therapy, hand therapy, and other event coverage including rugby, wrestling, high school football, and Marine Corps Marathon
- Evaluated club sports athletes in weekly injury screening clinic
- Teaching Assistant in DPT Orthopedics course and Clinical Instructor for DPT students
- Organized monthly sports journal club for physical therapists, athletic trainers, and other sports medicine professionals

Work Experience

Staff Physical Therapist, University of Delaware, Newark, DE (July 2014-Present)

Assistant Professor of Practice (January 2017-Present)

Residency Coordinator, Sports and Orthopedics (August 2018-Present)

- Evaluation and treatment of patients in outpatient Sports and Orthopedics clinic
- Clinical Instructor for Doctorate of Physical Therapy Students
- Residency Mentor for the Sports and Orthopedic Residency Programs
- Attend Department of Physical Therapy faculty meetings, conduct interviews for potential graduate students
- Assist Residency Program Director with administration of residency, perform skill checkoffs with residents

Staff Physical Therapist, Professional SportsCare and Rehab, Washington, DC (January 2011-May 2013)

- Evaluation and treatment of diverse patient population in an outpatient setting
- Supervised Physical Therapy Assistants and Physical Therapy Aides

Additional Sports Medicine Experience

DFRC Blue Gold High School Football All-Star Game (June 2015, 2016, 2017, 2018)

- Provide volunteer medical coverage for five days of practice and game day
- Perform taping, injury evaluation, and rehabilitation as part of collaborative medical staff including physical therapists, athletic trainers, and physicians

Rugby Game and Tournament Coverage (September 2014-Present)

- Provide medical coverage for local high school, college, and adult rugby games and regional tournaments
- Staff a medical tent, provide in-game, on-field coverage, evaluation of acute injuries, taping and bracing, return to sport testing, referrals for more advanced care when required

Delaware Diamonds Travel Baseball Team (September 2015-September 2017)

- Volunteer team physical therapist for 16U travel baseball team
- Attend practices and games to evaluate injuries, provide rehabilitation and injury prevention advice, and make referrals to other medical professionals when necessary

Licensure

Physical Therapist, Delaware

- Issued May 13, 2013
- Expires January 31, 2019

Certifications

- ABPTS Sports Clinical Specialist (2015-Present)
- ABPTS Orthopedic Clinical Specialist (2015-Present)
- APTA Credentialed Clinical Instructor (2014-Present)
- American Red Cross Emergency First Responder (2010-Present)
- American Red Cross CPR/AED for the Professional Rescuer (2010-Present)

Membership

- American Physical Therapy Association (APTA)
 - Delaware Physical Therapy Association (DPTA)
 - APTA Sports Physical Therapy Section
 - APTA Orthopedic Physical Therapy Section

Publications

- Axe M, Snyder-Mackler L, Shovestul Grieder A, **Miller J**, Dreger M, Palmer M, Manal TJ. Postoperative Management of Orthopaedic Surgeries – Knee. Orthopaedic Section APTA Independent Study Course. July 2017

Presentations

- Lecture: Upper Extremity Exercise Progression. UD PHYT608: Musculoskeletal Evaluation. July 2017, July 2018
- Residency Symposium: University of Delaware Residency and Fellowship Programs. Pennsylvania Physical Therapy Association SED Mini CSM 2015. Platform Presentation.
- Miller J, Schmitt L, Giordano A, Manal T. Rehabilitation of a Division 1 Women's Lacrosse Player s/p Autologous Chondrocyte Implantation and Distal Re-alignment. Poster Presentation APTA CSM 2015.
- Giordano AO., Briggs M., Dewitt J. Surpassing the Challenges and Barriers in Developing and Promoting Residency Training in the Sports Realm. APTA CSM 2015. (member of panel discussion)

Courses and Conferences Attended

Psychologically Informed Physical Therapy

- November 11, 2017, Newark, DE

APTA NEXT Conference and Exposition

- June 22-24, 2017, Boston, MA

ASMI Injuries in Baseball Course

- January 27-29, 2017, Dallas, TX

Mechanics of Swimming: Treating Swimmers with a Painful Shoulder

- November 2016, Online course through USA Swimming

Advances in Throwing: Latest on Injury Treatment and Performance Optimization Symposium

- March 19, 2016, Penn Medicine, Philadelphia, PA

Application of Clinical Anatomy: Let Palpation Drive Your Clinical Examination

- February 6-7, 2016, University of Delaware, Newark, DE

Professional Baseball Athletic Trainer's Society Baseball Medicine Conference

- November 20-22, 2015, Los Angeles, CA
- January 3-5, 2013, Baltimore, MD

Philadelphia Sports Medicine Congress

- June 19, 2015, Philadelphia, PA

APTA Combined Sections Meeting

- February 4-7, 2015, Indianapolis, IN

Shoulder Pathomechanics and Rehabilitation in the Overhead Throwing Athlete

- February 3, 2015, Indianapolis, IN (CSM Pre-conference Course)

APTA Clinical Instructor Credentialing Course

- March 14-15, 2014, University of Delaware, Newark DE

University of Delaware Medical Aspects of Sports Seminar

- February 1, 2014, Newark, DE
- February 2, 2013, Newark, DE
- February 4, 2012, Newark, DE

Comprehensive Treatment of the Shoulder, Great Lakes Seminars

- January 28-29, 2012, Washington, DC

American Physical Therapy Association (APTA) Annual Conference

- June 2009, Baltimore, MD