Promoting Recovery Optimization with Walking Exercise after Stroke (Prowalks)

Purpose of Study: To investigate an intervention designed to improve everyday physical activity after stroke. It combines walking training with a program to encourage more daily walking.

Who Can Be Involved: Individuals more than 6 months post-stroke(s).

What Is Involved: Subjects will be randomized into one of three groups. All groups will participate in a 12-week intervention led by a Physical Therapist 3x/week.

Where Does It Take Place: Training Sites are located at the University of Delaware, Christiana Care Health System, and the University of Pennsylvania.

Subjects receive $100 if they complete the study.

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