

Early Childhood Family Resources

At-Home Online Activities			
Resource	Website Link	About	Ages
Abdo Digital	https://abdodigital.com	eBooks in English and Spanish	Multi-Age
Action for Healthy Kids	https://www.actionforhealthykids.org/healthy-activities-to-do-at-home/	Healthy activities to do at home	Multi-Age
After School Alliance	https://boostcafe.org/resource-center/	Links to a variety of resources	Multi-Age
Amazing Educational Resources	http://www.amazingeducationalresources.com/?fbclid=IwAR2VmPWWhaPod15ORKFHL4ycF_kHE1R0ncHiPis7-RQ ueAxbUDKqsiv7RcXw	A collection of educational resources for teachers and families.	Preschool - Multi-Age
Animal Cameras at Zoos and Aquariums	https://www.montereybayaquarium.org/animals/live-cams https://kids.sandiegozoo.org https://zooatlanta.org/panda-cam/ https://www.houstonzoo.org/explore/webcams/ https://www.georgiaaquarium.org/webcam/beluga-whale-webcam/	Explore a virtual field trip with live animal cameras (pandas, beluga whales, tigers and much more).	Multi-Age
Art Education Partnership	https://www.metmuseum.org/art/online-features/metkids	Online art related activities	Multi-Age
Books of Belonging with Sarah Dryden Peterson	https://www.youtube.com/playlist?list=PLjX6dtNZ-81bqnZtwjVoQCjOnAAAAgawA	Video series of people coming together in picture books read by Harvard professor.	Multi-Age
Boston Public Schools - Kindergarten	https://drive.google.com/drive/folders/0B3qKorUGb2mHTXZOgGctUEtkR2c	Activities for kindergartners.	Age 5
Boston Public Schools - Preschool	https://drive.google.com/drive/folders/0BzrnOZGxWK9_dVdtNTEwU2g3Mkk	Activities for preschoolers.	Preschool
Brain Dance	https://www.creativedance.org/about/braindance/	Exercising through dance	Multi-Age

Brain POP	https://www.brainpop.com/health/diseasesinjuriesandconditions/coronavirus/	4-minute video, activities, and games	Multi-Age
Bright Horizons	https://www.brighthorizons.com/family-resources	Learning at home activities, articles, and other resources.	Multi-Age
Center for Disease Control-CDC	Handwashing: a family activity https://www.cdc.gov/parents/essentials/structure/building.html	How to make hand-washing fun. Building structure at home with children.	Multi-Age
Center on the Developing Child at Harvard University	https://developingchild.harvard.edu/resources/covid-19-resources/	Activities, parent and caregiver guidance, and other resources.	Multi-Age
Child Care Aware of America	https://www.childcareaware.org/brain-building-resources/	Activities on brain building moments	Infant - Preschool
Cincinnati Children's Hospital	https://www.cincinnatichildrens.org/patients/coronavirus-information/family-resources https://blog.cincinnatichildrens.org/simple-home-activity-ideas-for-kids-during-covid-19	Home learning, healthy living, and parenting support during COVID-19. Activity ideas during COVID-19	Multi-Age
Cloud9World	http://www.cloud9world.com/parent-books	Parents as emotional coaches books in English and Spanish	Multi-Age
Conscious Discipline	https://consciousdiscipline.com/free-resources/free-resources/	Printable tools and activities such as songs and chants.	Multi-Age
Cooking with Kids	https://cookingwithkids.org	At home cooking activities	Multi-Age

Countdown to Kindergarten	http://www.countdowntokindergarten.org/activities/free-summer-activities	Summer activities for entering kindergarten students.	Preschool
Cox Campus	https://www.coxcampus.org/pop-up-early-learning/	Free pop-up early learning classes with recreations of parts of a preschool day to do with your preschooler.	Preschool
Crayola	https://www.crayola.com/athome?gclid=EAlaIqobChMIo6Koll7r6QIV9gilCR1c4ASrEAAYASABEgK9b_D_BwE	Variety of coloring activities.	Multi-Age
Cultivate Learning, University of Washington	https://cultivatelearning.uw.edu/resource-spotlight/	Tips and activities for families to lead learning and positive interactions from home.	Multi-Age
CuriOdyssey	https://curiodyssey.org/at-home-science/?campaignid=9835881044&adgroupid=103753042681&adid=430878910932&gclid=EAlaIqobChMIhbCI-LW6QIVDODICH3SdwlyEAAYASAAEgJJNfD_BwE	Science activities	Multi-Age
Dallas Independent School District	https://sites.google.com/dallasisd.org/athomelearningplans/elementary-school-students	At home weekly lesson plans in English and Spanish	Preschool-Multi-Age
Dancing Alone Together	https://dancingalonetogether.org/	Dance themed activities	Multi-Age
Day by Day: Maryland	https://www.marylandlibraries.org/Pages/Day-by-Day-May.aspx	Daily songs, activities, book suggestions, and videos through a calendar.	Multi-Age
Day by Day: New York	http://daybydayny.org/may-6/	Daily songs, activities, book suggestions, and videos through a calendar.	Multi-Age
Day by Day: Ohio	http://www.daybydayoh.org/may	Daily songs, activities, book	Multi-Age

		suggestions, and videos through a calendar.	
Delaware Division of Libraries	delawarelibraries.org/summerreading	Summer reading program	Multi-Age
Delaware Readiness Teams	https://www.delawarereadinessteam.com/covid-19-resources	First Lady Tracey Quillen Carney reads The Story of The Oyster and The Butterfly (available in Spanish) and other related activities available.	Multi-Age
Development and Research in Early Mathematics Education, Stanford University	https://familymath.stanford.edu English: https://dreme.stanford.edu/sites/g/files/sbiybj9961/f/dreme_at-home_early_math_learning_kit_for_families_english.pdf Spanish: https://dreme.stanford.edu/sites/g/files/sbiybj9961/f/dreme_at-home_early_math_learning_kit_for_families_spanish.pdf	At-home early math learning.	Birth - Age 5
Dr. Yum's Guide to Healthy Eating	https://recipes.doctoryum.org/en/pages/covid-healthy-eating-virtual-resources	Healthy meal planning for families	Multi-Age
Early Childhood Learning Knowledge Center - ECLKC	https://eclkc.ohs.acf.hhs.gov/parenting/article/fun-learning-parents-children-activities-handbook	Activity Handbook	Preschool
EASEL Lab	https://ggie.berkeley.edu/wp-content/uploads/2020/02/Brain_Games_Pack.pdf	Brain games for building focus, remember, and stop and think powers.	Multi-Age
Ed Surge	https://www.edsurge.com/news/2020-03-17-how-to-keep-school-rhythm-and-routines-for-young-children-at-home	At home activities	Toddler-Pre school

Education.com	https://www.education.com/activity/preschool/recipes/	Cooking activities	Multi-Age
Explore	https://explore.org/livecams/currently-live/decorah- eagles	Live animal webcams	Multi-Age
Family Dinner Project	https://thefamilydinnerproject.org/pandemic-2020-resources/	Food and meal conversation ideas for families.	Multi-Age
FLYOGI	https://www.flyogi.co/	Free children and families yoga lessons	Multi-Age
Fred Rogers Productions	https://www.fredrogers.org/coronavirus/	Virtual events, activities and social initiatives	Preschool
Georgia Department of Early Care and LEarning	http://www.dec.ga.gov/PreK/WelcomeToGAPreKAtHome.aspx	At home activities for preschoolers.	Preschool
Go Noodle	https://www.gonoodle.com/for-families/	Videos and games for children	Multi-Age
Groundwork Ohio	https://www.groundworkohio.org/covid19parents	List of activities for families.	Multi-Age
Hatch	https://www.hatchearlylearning.com/pdfs/Family_Connections_Hatch.pdf https://www.hatchearlylearning.com/resources/parent	Variety of activities Parent resources	Preschool
healthikids	https://www.healthikids.org/blog/resources-for-families-covid-19	Activities, physical activities, and educational resources.	Birth - Age 5
Illinois Early Learning Project	https://illinoisearlylearning.org/resources/reslists/	Information on popular topics, projects for preschoolers, and activities.	Multi-Age

Imagination Library: Goodnight with Dolly	https://imaginationlibrary.com/goodnight-with-dolly/	Bedtime stories with Dolly Parton	Multi-Age
International Children's Digital Library	http://www.childrenslibrary.org/icdl/SimpleSearchCategory?ids=84&pnum=10&cnum=1&text=&lang=English&ilangcode=en&ilang=English&langid=11	Online books in various languages	Toddler - Age 13
Julie's Library	https://www.julieslibraryshow.org	Julie Andrews reading new stories weekly to children.	Multi-Age
Jumpstart	https://www.jumpstart.com/parents/activities/grade-based-activities/preschool-activities	Arts & crafts activities	Multi-Age
Khan Academy Kids	https://learn.khanacademy.org/khan-academy-kids/	At home activities	Age 2 - Age 7
Kids Health from Nemours	https://kidshealth.org/en/parents/cooking-preschool.html	Cooking activities	Multi-Age
Knowbuddy resources	http://virtual.knowbuddyresources.com/preview/browse#QV077	eBooks in English and Spanish	Multi-Age
Lakeshore	https://www.lakeshorelearning.com/resources	Crafts and activities	Multi-Age
Love in a Big World	https://www.youtube.com/watch?v=CIDshtTjRWI&feature=youtu.be	How dance relieves stress	Multi-Age
Milwaukee Independent	http://www.milwaukeeindependent.com/articles/stay-home-free-book-coronavirus-children-color/	A free book on coronavirus for children of color	Multi-Age
Minnesota Department of Education	https://education.mn.gov/MDE/dse/early/highquality/famres/https://www.nhsggc.org.uk/kids/life-skills/play-leisure/	Social emotional, language, thinking and physical activities. Other language translations available.	Birth - Age 5

New York City- Dept. of Education	https://www.schools.nyc.gov/learning-at-home/activities-for-students/additional-resources	A variety of books, magazines, and websites	Birth - Age 8
Parent Information Center of DE	https://picofdel.org/	Variety of Resources and Calendar of Events	Multi-Age
NEW PBS	<p>https://pbskids.org/heroelementary/?utm_content=&utm_medium=email&utm_name=&utm_source=govdelivery&utm_term=</p> <p>How to Talk to Your Kids About Coronavirus</p> <p>PBS Kids Preschool Learning at Home</p> <p>https://www.youtube.com/channel/UCrNnk0wFBnCS1awGjq_ijGQ/featured</p> <p>https://why.org/articles/social-distancing-with-the-kids-why-offering-expanded-educational-programming-on-pbs/</p> <p>https://www.pbs.org/parents/page/read-along</p> <p>https://pbskids.org/games/music/</p>	<p>Hero Elementary pushes children ages 4-7 to think like scientists to solve problems and touching on social issues, like kindness and empathy.</p> <p>Includes a list of videos, games, and activities about handwashing and staying healthy</p> <p>Learning at home.</p> <p>Read along videos</p> <p>Social distancing with children</p> <p>Read along with celebrities</p> <p>Music games</p>	Multi-Age

Philadelphia Zoo	https://philadelphiazoo.org/learn/	Virtual zoo tours	Multi-Age
Philly Museums Virtual Tours	https://phillystylemag.com/visit-phillys-favorite-museums-thanks-to-virtual-gallery-tours	Variety of virtual tours of Philadelphia museums.	Multi-Age
Piplo Productions	http://piploproductions.com/trinka-and-sam-virus/	Story about COVID-19 for young children.	Multi-Age
Playbill	https://www.playbill.com/article/12-theatre-related-online-resources-for-kids-and-families-to-get-you-through-covid-19	Theatre-related activities	Multi-Age
Play Works	https://www.playworks.org/get-involved/play-at-home/?fbclid=IwAR1gmg4W51QwEHU9BCbwJUQT9aWYkjikBbzJNKcp9FID3bgcN-ph3YxSNs	Play at home playbook. Available in multiple languages.	Multi-Age
Prevent Child Abuse DE	https://static1.squarespace.com/static/5414a299e4b0608fb315ce4e/t/5e8f4b127cc91a597c84f5d1/1586449171341/Tips+for+CareGivers.pdf	Tips for Parents and Caregivers	Multi-Age
Promise Venture Studio	https://www.promisestudio.org/covid-caregiver-resources	Guide to working with children at home, caregiving advice, and searchable activities.	Multi-Age
QT30- DE Thrives	https://dethrives.com/qt-30	At home activities	Multi-Age
NEW Read Aloud	https://readaloud.org	Reading for 15 minutes a day	Multi-Age
ReadAskChat	https://readaskchat.net/get-the-app/	Free digital library through June 2020 using code	Multi-Age

		5RVLD4 when registering	
Reading Rockets	https://www.readingrockets.org/books/fun	Reading activities	Birth - Age 8
Ready At Five	https://www.readyatfive.org/for-parents/activity-cards.html	Activity cards in English and Spanish.	Age 5
Ready Rosie	https://readyrosie.com/en/healthyathome/	Toolkit for parents	Multi-Age
Red Clay School District Early Years Program	https://www.redclayschools.com/site/default.aspx?PageType=3&DomainID=152&ModuleInstanceID=1278&ViewID=6446EE88-D30C-497E-9316-3F8874B3E108&RenderLoc=0&FlexDataID=18157&PageID=375	Variety of activities for children.	Preschool
Reggio Children	https://www.reggiochildren.it/en/athomewiththereggioapproach/	At home activities with the Reggio Approach	Birth - Age 6
NEW REL Mid-Atlantic	https://ies.ed.gov/ncee/edlabs/regions/midatlantic/app/Docs/Infographics/Tips_for_Supporting_Elementary_Writing_Skills_at_Home_508.pdf	Supporting elementary writing skills at home	Elementary school age
NEW REL Southeast	https://www.youtube.com/playlist?list=PLVHqsnePfULqzbnu1BZf50y7HFgGNZp6v&utm_content=&utm_medium=email&utm_name=&utm_source=govdelivery&utm_term https://ies.ed.gov/ncee/edlabs/regions/southeast/foundations/kindergarten_intro.asp	YouTube family involvement guide Supporting your child's reading at home	Multi-Age
Safe and Sound	https://safeandsound.org/for-parents/parenting-tips/activities-to-do-at-home-with-kids-during-covid-19/	Activities to do at home with kids during COVID-19.	Multi-Age
School Community Network	https://www.schoolcommunitynetwork.org/RFP.aspx	Parenting information, parent-child activities, parent education, and tip sheets. Spanish available.	Multi-Age

School District of Philadelphia	https://www.philasd.org/earlychildhood/resources/parents/prek-parent-resources/	Preschool home activities for families.	Preschool
NEW Sesame Street	https://sesamestreetincommunities.org/topics/health-emergencies/ https://www.youtube.com/playlist?list=PLQJaFRtaBs0pN4OSii1WBQyWj5FYxCBjr https://www.youtube.com/playlist?list=PLQJaFRtaBs0qw-SpwqP1tm0gZtn_6EZ9 (SPANISH) https://www.sesamestreet.org/ https://sesamestreetincommunities.org/topics/health-emergencies/?activity=understanding-needs-and-wants-bundle	Health emergency activities YouTube health emergency (English and Spanish) Games , videos, and art Understanding children’s needs and wants	Preschool
Sesame Street in Communities	https://sesamestreetincommunities.org/topics/health-emergencies/	Health emergency activities and celebrating front line workers	Multi-Age
Statistics in Schools	VeggieTales: Everyone Counts!	Census 2020	Multi-Age
Stay Home with Candlewick Press	https://stayhome.candlewick.com/	Story about COVID-19 for young children.	Multi-Age
Tinkergarten	https://tinkergarten.com/activities	Outdoor, play-based learning activities	Birth – Age 8
UNICEF	https://www.unicef.org/parenting/coronavirus-covid-19-guide-parents/indoor-play-ideas-stimulate-young-children-home	Indoor play ideas to stimulate young children at home.	Birth - Age 8
United States Department of Education	https://ies.ed.gov/blogs/research/post/the-ed-games-expo-goes-virtual-to-support-distance-learning-82-us-department-of-education-and-government-supported-learning-games-and-technologies-are-now-available-at-no-cost-until-the-end-of-the-school-year?utm_content=&utm_medium=email&utm_name=&utm_source=govdelivery&utm_term=	The resources are appropriate for young children to postsecondary students as well as for	Multi-Age

		personnel in education and special education across a wide range of educational topics, such as for early learning, STEM, reading and language learning, and social studies	
United Way of Delaware: Virtual Reading Angels Team	https://www.facebook.com/UnitedWayofDelaware/	Virtual reading through United Way of Delaware	Multi-Age
University of North Carolina - Frank Porter Graham Child Development Institute	https://afirm.fpg.unc.edu/sites/afirm.fpg.unc.edu/files/covid-resources/Supporting%20Individuals%20with%20Autism%20through%20Uncertain%20Times%20Full%20Packet.pdf?utm_content=&utm_medium=email&utm_name=&utm_source=govdelivery&utm_term=-supporting children with autism spectrum disorder	Toolkit for supporting children with Autism spectrum disorder during COVID-19	Multi-Age
Vooks	https://www.vooks.com/parent-resources	Read aloud animated storybooks - 1 month free.	Multi-Age
Vroom	https://www.vroom.org/	Free, science-based tips and tools	Multi-Age
NEW The Washington Post	https://www.washingtonpost.com/lifestyle/2020/04/28/parents-guide-education-resources-coronavirus/?arc404=true	The ultimate parent's guide to summer activity resources	Multi-Age
NEW WIDA	https://wida.wisc.edu/sites/default/files/resource/Early-Years-Family-Activities-ENGLISH.pdf (English) https://wida.wisc.edu/sites/default/files/resource/Early-Years-Family-Activities-SPANISH.pdf (Spanish)	Learning language activities for families packet.	Multi-Age

Zero to Three	https://www.zerotothree.org/resources/3264-at-home-activity-guide https://www.zerotothree.org/resources/223-creating-routines-for-love-and-learning https://www.zerotothree.org/resources/2545-screen-time-can-be-quality-time-here-s-how	<p>Tips for play.</p> <p>How to create routines with your young child while at home.</p> <p>How screen time can be quality time.</p>	Multi-Age
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Phone Apps			
Resource	Website Link	About	Ages
Bright by Text	https://brightbytext.org/	Text message-based platform that provides useful information to parents and caregivers about child development, health, and well-being.	Multi-Age
NEW Caribu	https://apps.apple.com/us/app/caribu-video-calls-kids-love/id763451959	Interactive video calls. You can draw together, read bedtime stories, solve puzzles, cook, and even visit museums in real-time.	Multi-Age
Curious Learning	https://www.curiouslearning.org/	Exploration and curiosity activities	Multi-Age
Google	https://play.google.com/store/apps/details?id=earlylearning.kidslearningworld&hl=en_US	ABC, rhymes, numbers, animal names, and fruit names	Preschool - Kindergarten

InfoOhio	https://www.infohio.org/early-learning/parents	Brain building, dance, singing and other phone app activities.	Multi-Age
ParentingChaos.com	https://parentingchaos.com/anxiety-apps-kids/ https://www.gonoodle.com	Mental health apps.	Multi-Age
Parent Pal	https://apps.apple.com/us/app/parentpal-my-parenting-expert/id1503751071	An all-in-one personal parenting coach, offering tools to take the guesswork out of parenting. Subscription fees waived through June 30, 2020.	Birth - Age 5
NEW Positive Parenting	https://positiveparentingnews.org/news-reports/tips-to-build-screen-sense/	Tips on using screens for young children's learning	Multi-Age
Screen Actors Guild-American Federation of Television's SAG-AFTRA Foundation	Actors reading children's books	Steam videos featuring celebrated actors reading children's books alongside creatively produced illustration	Multi-Age
Sesame Street	Sésamo	Games, videos, and activities in Spanish	Preschool

Teaching Strategies GOLD	https://teachingstrategies.com/protected/infants-toddlers-twos-learning-games/?mkt_tok=eyJpIjoiTnpJMU1XRmtZVEE0TnpKaCIsInQiOiJqZUJmWjlhTmV5RjMyZGVsa2Exa2Q5aWtcL2V1eDFrczN4cldoc0s2XC81NElqSVRrTlc4YVgxbkxWdHRyOU5NTTRLMSs1bWhIMlwwR0E2cGt3dk42dXZwM3huN2pGa096Rzk4Q1dyOHpMb0lhN1wvV2RXNIMwemRcL1Q5NDJSVE9UOGNKIn0%3D	At home activities	Infant - Age 2
Tembo	https://www.temboeducationgroup.com	15 minute parent-led activities sent via SMS/text or WhatsApp	Multi-Age
United States Department of Education	Talk, Read, and Sing Together Every Day! Tip Sheets for Families, Caregivers aWhatnd Early Learning Educators https://ies.ed.gov/blogs/research/post/the-ed-games-expo-goes-virtual-to-support-distance-learning-82-us-department-of-education-and-government-supported-learning-games-and-technologies-are-now-available-at-no-cost-until-the-end-of-the-school-year?utm_content=&utm_medium=email&utm_name=&utm_source=govdelivery&utm_term=-+apps+for+families+funded+by+ddoe	Tip sheets with research-based tips for talking, reading, and singing with children. List of education learning games supported by funding from the U.S. Department of Education and government.	Multi-Age
Vroom	https://app.vroom.org/	Brain building activities	Multi-Age

How to Talk to Children about COVID-19, racial injustice, and other difficult topics			
Resource	Website Link	About	Ages
American Academy of Pediatrics-AAP	https://www.aap.org/en-us/Pages/Default.aspx	Variety of information	Multi-Age
Autism Speaks	https://www.autismspeaks.org/expert-opinion/talking-your-child-about-tragedy-six-tips-autism-community https://www.autismspeaks.org/sites/default/files/flu_teaching_story_final%20%281%29.pdf	Talking to your child with autism about tragedy. eBook about illnesses.	Multi-Age

Better Kid Care- Penn State University Extension	https://extension.psu.edu/programs/betterkidcare	On-demand trainings and resources	Multi-Age
Child Care Aware of America	https://info.childcareaware.org/coronavirus-updates#parents	Updates on COVID-19 for parents	Multi-Age
Center for Disease Control- CDC	Talking with children about Coronavirus Disease 2019: Messages for parents, school staff, and others working with children	How to have conversations with children on COVID-19	Multi-Age
Center on the Developing Child at Harvard University	https://developingchild.harvard.edu/guide/a-guide-to-covid-19-and-early-childhood-development/?utm_source=newsletter&utm_medium=email&utm_campaign=april_2020	COVID-19 and Child Development	Multi-Age
Child Mind Institute	<p>Talking to Kids About the Coronavirus</p> <p>https://childmind.org/topics/concerns/responding-to-traumatic-events/</p> <p>https://childmind.org/coping-during-covid-19-resources-for-parents/</p>	<p>Advice on having reassuring COVID-19 conversations</p> <p>Learn how to help children cope with trauma.</p> <p>Resources to support parents who may be experiencing additional stress during this time.</p>	Multi-Age
Child Trends	https://www.childtrends.org/publications/resources-for-supporting-childrens-emotional-well-being-during-the-covid-19-pandemic?utm_source=hs_email&utm_medium=email&utm_content=85116678&_hsenc=p2ANqtz-9AvSOp1S8nTYTWa7TyqEZMvUhWFqqf5IXWRVyG_1gw tR1IZ-JJVkuqj4qQGYH_eOzGQSuGNiKlQh7zDABwc-_rCqzLVw&_hsmi=85116678	Support parents who may be experiencing additional stress during this time.	Multi-Age
Colegio Oficial la Psicología de Madrid	https://www.copmadrid.org/web/publicaciones/rosa-contra-el-virus-cuento-para-explicar-a-los-ninos-y-ninas-el-coronavirus-y-otros-posibles-virus	Spanish ebook about COVID-19	Multi-Age

Delaware Department of Services for Children, Youth and their Families	https://kids.delaware.gov/information/covid19.shtml	Supporting children, community resources, and resilience resources.	Multi-Age
NEW Early Childhood Learning Knowledge Center - ECLKC	https://eclkc.ohs.acf.hhs.gov/blog/helping-children-thrive-during-covid-19-pandemic?utm_medium=email&utm_campaign=OHS%20E-blast%20New%20content%20e-blast%20for%20June&utm_content=OHS%20E-blast%20New%20content%20e-blast%20for%20June+CID_6f421a729cce9ed28464af42d48a38dd&utm_source=CM%20Eblast&utm_term=Helping%20Children%20Thrive%20During%20the%20COVID-19%20Pandemic&cid=6f421a729cce9ed28464af42d48a38dd https://eclkc.ohs.acf.hhs.gov/search/eclkc?q=talking+to+children+about+emergencies https://eclkc.ohs.acf.hhs.gov/blog/stay-connected-decrease-family-stress-difficult-times	<p>Blog on helping children thrive in COVID-19.</p> <p>Information on dealing with emergencies</p> <p>Video on decreasing family stress in difficult times</p>	Preschool
Early Childhood Technical Assistance Center	https://ectacenter.org/topics/disaster/coronavirus-talking.asp	Multiple resources such as guidance, toolkits, and handouts on COVID-19 and young children.	Multi-Age
Families Together, Inc.	https://famielsttogetherinc.org/navigating-covid-19-when-your-child-youth-has-a-disability/	Resources for children/youth with disabilities	Multi-Age
Family Shade	http://www.familyshade.org/technical-assistance/	Support and Healthcare Alliance DE	Multi-Age
Feelings Wheel	http://feelingswheel.com	Wheel of feelings to support your child's emotional development.	Multi-Age
Generations United	https://www.gu.org/app/uploads/2020/03/COVID-19-Fact-Sheet-3-17-20.pdf	COVID-19 fact sheet for	Multi-Age

		multi-generational families	
Inter-Agency Standing Committee	https://interagencystandingcommittee.org/iasc-reference-group-mental-health-and-psychosocial-support-emergency-settings/my-hero-you	Storybook on COVID-19, My Hero is You. Available in multiple languages.	Multi-Age
Iris Center	https://iris.peabody.vanderbilt.edu/module/c19/	Supporting early learning during the pandemic	Multi-Age
My Big Feelings and the Big Bad Virus	https://www.mybigfeelings.com	Pdf book and coloring book on having big feelings during COVID-19	Multi-Age
National Association of School Psychologists	https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19	How to have conversations with children on COVID-19	Multi-Age
National Public Radio-NPR	https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-comic-exploring-the-new-coronavirus	How to have conversations with children on COVID-19	Multi-Age
National Traumatic Stress Network	https://www.nctsn.org/resources/parent-caregiver-guide-to-helping-families-cope-with-the-coronavirus-disease-2019?utm_source=ebulletin&utm_medium=email&utm_campaign=nctsn-ebulletin	Information about the outbreak and learning how to be prepared can reduce stress and help calm likely anxieties	Multi-Age
Nemours, KidsHealth	https://kidshealth.org/en/parents/coronavirus-landing-page.html?view=ptr&WT.ac=p_ptr	Parenting and COVID-19.	Multi-Age
New York Life	https://www.newyorklife.com/foundation/for-families	Articles on speaking with your child about death and grief	Multi-Age
NYU Langone Health	https://nyulangone.org/news/schools-out-parents-guide-meeting-challenge-during-covid-19-pandemic	Parent's guide for meeting the challenge during to	Multi-Age

		COVID-19 pandemic	
Parents As Teachers - PAT	https://static1.squarespace.com/static/56be46a6b6aa60dbb45e41a5/t/57eac004c534a59d49feb512/1475002372549/Fact_ParentsAsTeachers_ImpactonHealth_5_6_15.pdf	Parents health fact sheet	Multi-Age
Positive Parenting	https://positiveparentingnews.org/news-reports/talking-to-kids-about-coronavirus/	Video resource about talking with children about COVID-19	Multi-Age
Ready.gov	https://www.ready.gov/helping-children-cope	Helping children cope in disasters	Multi-Age
Sesame Workshop	https://www.sesameworkshop.org/	Dealing with times of uncertainty	Preschool
Sesame Street Caring	https://www.sesamestreet.org/caring	Updated information on caring for children during Covid 19	Multi-Age
Trauma Informed DE	https://traumainformedde.org/	Trauma informed resources	Multi-Age
Understood	https://www.understood.org/en/friends-feelings/empowering-your-child/building-on-strengths/building-resilience-in-kids	Building resilience in kids: what it means and how to do it	Multi-Age
UNICEF	https://www.unicef.org/coronavirus/covid-19-parenting-tips	Parenting tips during COVID-19.	Multi-Age
Zero to Three	https://www.zerotothree.org/ https://www.zerotothree.org/resources/series/magic-of-everyday-moments	COVID-19 Tips for Families with children ages birth-3. Videos and articles on improving your child's social, emotional, and intellectual development through	Birth – Age 3

		interactions with your baby during everyday moments.	
Zero to Thrive	https://zerotothrive.org/covid-19/covid-19-kids/	Pdf coloring book focused on feelings	Multi-Age

Community Resources		
Resource	Website Link	About
American Academy of Child and Adolescent Psychiatry	https://www.aacap.org/AACAP/Families_and_Youth/Resource_Libraries/covid-19/resources_helping_kids_parents_cope.aspx	Resources for helping children and families cope amidst COVID-19
Basic Needs		
Catholic Charities	https://www.ccwilm.org/basic-needs/	Case management services, financial literacy education, budget counseling, job readiness, rent/mortgage/utility assistance, diaper bank, food assistance, and resource and referral services.
NEW Cyber Security	https://digiknow.dti.delaware.gov	Tips on internet security
NEW FEMA	https://www.fema.gov/Coronavirus-Rumor-Control?utm_content=&utm_medium=email&utm_name=&utm_source=govdelivery&utm_term=	COVID-19 rumor control
First State Community Action Agency	https://www.firststatecaa.org/services.htm	Emergency services, state rental assistance program, comprehensive case management, and other services
Free Diapers	https://nationaldiaperbanknetwork.org/member-directory/	Diaper bank
Delmarva Power	https://www.delmarva.com/SafetyCommunity/Safety/Pages/coronavirus.aspx	COVID-19 information regarding energy/electric services
National Public Radio	https://www.npr.org/sections/health-shots/2020/04/12/832269202/no-you-dont-need-to-disinfect-your-groceries-but-here-s-t	Disinfecting groceries

	o-shop-safely?utm_source=npr_newsletter&utm_medium=email&utm_content	
The Centre for Addiction and Mental Health	https://www.camh.ca/en/health-info/mental-health-and-covid-19	Mental health and COVID-19 pandemic
Child Inc DE	https://www.childinc.com/	Variety of services for children & families
Child Care of America	https://goto.webcasts.com/starthere.jsp?ei=1317257&tp_key=d2e59e8f15	Webcast- Caring for Children with Special Health Care Needs During COVID-19
CorePower Yoga	https://www.corepoweryogaondemand.com/keep-up-your-practice	Free on-demand yoga classes
NEW Delaware Department of Child Youth and Families	https://kids.delaware.gov	<p>Child Priority Response Hotline at 1-800-969-HELP(4357) for crisis intervention.</p> <p>For help with general behavioral health guidance, questions and support, reach out to the DSCYF Access Unit at 1-800-722-7710 or email DSCYF_Intake_General@delaware.gov. Youth can also text the crisis text line by texting DE to 741-741</p>
Delaware Immigrant Fund	https://nam02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fimmigrantfundde.org%2Fapply-aplicar-aplike%2F&amp;data=01%7C01%7CChristina.Koutsourades%40doe.k12.de.us%7Cd2c89753c89a4e1777c508d8025123c4%7C21b6d6867f08438dbdc6bd214d829bd2%7C1&amp;sdata=cs38plwg0DyEXkEvvTXEsisdgbaA2SGK9hzy2NoGhS0%3D&amp;reserved=0	Cash assistance for DE immigrants impacted by COVID-19
Delaware Libraries	https://lib.de.us/	Variety of resources provided by the libraries.
Delmarva Power	https://www.delmarva.com/SafetyCommunity/Safety/Pages/coronavirus.aspx	Support for customers during COVID-19
Disaster and Community Crisis Center, University of Missouri	https://dcc.missouri.edu/youth-families.html	Building resilience for children and dealing with media coverage of a disaster
Easterseals	https://www.easterseals.com/de/explore-resources/for-caregivers/easterseals-relative-respite.html	Easterseals Relative Respite Program is a program designed to support grandparents or other relatives who are raising children

		because the parent is no longer able to do so.
Food Distribution Catholic Charities DE Food Pantries Food Bank: Fresh EBT	https://www.ccwilm.org/basic-needs/ https://www.foodpantries.org/st/delaware https://www.fbd.org/ https://www.fbd.org/healthy-pantry-center/ https://www.fbd.org/program/senior-nutrition/ https://www.fbd.org/program/mobile-pantry/ https://www.freshebt.com/state/delaware/	Food distribution site Mobile Pantry program Healthy Pantry Centers located at our Milford and Newark branches. Senior Nutrition program Food assistance
NEW Healthy Children	https://www.healthychildren.org/English/health-issues/conditions/COVID-19/Pages/Keep-Hand-Sanitizer-Out-of-Childrens-Reach.aspx	Information on hand sanitizers
Homeless Families Delaware Housing Authority-Continuum of Care-CoC School House Connection	https://www.housingalliance.org/the-delaware-continuum-of-care https://www.housingalliance.org/covid-19-resources COVID-19 and Homelessness: https://www.schoolhouseconnection.org/covid-19-and-early-childhood-homelessness/	The Delaware CoC is a community-based collaborative that ensures a responsive, fair, and just approach to addressing homelessness, and strives to achieve housing for all. Guidance for Schools and Early Learning Programs. Article on ways to protect infants, toddlers and preschoolers experiencing homelessness during COVID-19.

	Strategies for Schools and Early Learning Programs [Get the Strategies]	
Kids Healthy Eating Plate	https://www.hsph.harvard.edu/nutritionsource/kids-healthy-eating-plate/	Child-friendly visual for healthy eating while at home.
Library Services	https://mailchi.mp/c2652059592b/library-services-available-now?e=5e720a66b3	Online library services.
Lifeline	https://www.usac.org/lifeline/	Lifeline is a federal program that offers a monthly benefit of up to \$9.25 towards phone or internet services for eligible subscribers
Mental Health		
CASEL CARES	https://casel.org/resources-covid	Social emotional resource
CDC	Helping Children Cope with Emergencies https://www.cdc.gov/coronavirus/2019-nCoV/daily-life-coping/managing-stress-anxiety.html	Coping with emergencies. Managing stress and anxiety.
Center for Pyramid Model Innovations	https://challengingbehavior.cbcs.usf.edu/docs/Pandemic_family_infographic.pdf	Infographic on helping your child during the pandemic.
Child Trends	childtrends.org	Ways to promote children’s resilience.
Delaware Department of Services for Children Youth & Families	https://kids.delaware.gov/pbhs/families-emergency-services.shtml	DE hotline for de-escalation of crisis situation for children under and over 18 years old.
Delaware Mental Health Resources and Information	https://mentalhealthde.com/	Facts about mental health and wellness, preventing and treating mental illness, suicide prevention and more.
Delaware Positive Behavior Support	http://wh1.oet.udel.edu/pbs/supporting-positive-behavior-at-home/	Mental Health Resources-COVID-19 Response and Recovery
Early Childhood Learning Knowledge Center- ECLKC	https://eclkc.ohs.acf.hhs.gov/mental-health/article/mental-health-resources-support-response-recovery	Handouts, websites, and videos on supporting positive behavior at home.

Echo Autism	https://echoautism.org/parent-resources-during-covid-19/	COVID-19 autism resources
Help is Here Delaware	https://www.helpisherede.com/#recovery	Mental health/addiction recovery
Holistic Elevation	https://shoutout.wix.com/so/feN4lp2bu?cid=74c227db-735b-4bf0-a570-471ad4769e43#/main	Teletherapy for DE students and their families.
Jewish Family Services	https://www.jfsdelaware.org/coronavirus/	Remote access to therapy and case management team. JFS OnCALL, an emotional support hotline free to the community.
Mental Health America	https://mhanational.org/mental-health-month	Mental health toolkit on topics such as finding the positive and connecting with others.
National Alliance on Mental Illness-NAMI DE	https://www.nctsn.org/what-is-child-trauma/trauma-types/disasters/pandemic-resources	Mental illness resources
National Association on Mental Illness	https://www.nami.org/covid-19-guide	COVID-19 Guide
National Association of Families for Children’s Mental Health	https://www.ffcmh.org/covid-19-resources-for-parents	The collection of resources includes videos, toolkits, activities to use at home and more to support parents and caregivers and their children during the COVID-19 pandemic.
National Association of School Psychologists	https://www.nasponline.org	Helping children cope.
National Child Traumatic Stress Network	https://www.nctsn.org	Mental illness resources
NEW New York Times	https://www.nytimes.com/guides/well/ mindfulness-for-children	Article on mindfulness for children

Office of Child Care	https://childcare.gov/covid-19	ChildCare.gov includes information to help families and child care providers learn more about the impact of COVID-19 in their state or territory, including ways to find emergency care.
Parent Information Center of DE-PIC	https://picofdel.org/	Variety of resources for individuals with disabilities
Prevent Child Abuse Delaware	Prevent Child Abuse Delaware	Parenting in times of crisis
University of Delaware-DE PBS Project	http://wh1.oet.udel.edu/pbs/resources-for-families/	Positive behavior and learning at home.
University of Wisconsin-Madison	https://www.waisman.wisc.edu/covid-19/#coping	Coping
Yale University NEW Zero To Three	https://covid.yale.edu/resources/cscrecs/ https://www.zerotothree.org/resources/3406-mindfulness-practices-for-families https://www.zerotothree.org/resources/3210-tips-for-families-coronavirus	Family resources and suggestions for coping with COVID-19. Mindfulness practices for young children (e.g. Balloon breathing) Tips for families including age-appropriate responses to common questions, a guide to self-care, and activities for young children experiencing social distancing.
NEW National Center for Families Learning	https://www.familieslearning.org/?utm_content=&utm_medium=email&utm_name=&utm_source=govdelivery&utm_term=	Online interactive game to teach children and parents basic budgeting skills, help families start the conversation about money management and more.
Orange Theory	https://www.orangetheory.com/en-us/at-home/	Daily free workouts

Sussex County Health Coalition	https://www.sussexcoalition.org	Community resources
Transportation DART	https://dartfirststate.com/	Rider information, schedules, and updates
Unemployment Department of Labor	https://ui.delawareworks.com	File for unemployment insurance claim
YMCA	https://virtualy.ymcade.org	Live and on-demand fitness classes, including family classes.