

# **Cauliflower & Strawberry Lettuce Cups**

**By Chef Jen**

## **Ingredients:**

- Cauliflower rice
- Head of iceberg lettuce, cut into small wedges.
- 1 cup chopped strawberries
- 1/3 cup finely diced red onion
- ½ cup olive oil
- 3 tbsp balsamic vinegar
- Chopped almonds and parsley to garnish
- Salt and pepper to taste (pinch each)

## **Preparation:**

1. Prepare cauliflower rice according to directions on packet. Drizzle with Olive oil and salt and pepper. Set aside and let cool.
2. Cut the lettuce head in half, rinse and dry.
3. Chop and dice strawberries and onions.
4. Whisk oil, vinegar, and if desired, salt and pepper to taste. Toss into strawberries and onion oil mixture.
5. Spoon cauliflower into cup, top with strawberries and onion mixture. Garnish with chopped almonds and parsley.



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