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UNIVERSITY OF DELAWARE

FAMILY GUIDE AND CALENDAR

2020-2021
MAKE EVERY EXPERIENCE COUNT.

PNC VIRTUAL WALLET STUDENT® HAS FEATURES AND TOOLS THAT CAN MEET YOUR STUDENT’S NEEDS.

You can’t be there to make sure your student is staying on top of their finances, but you can count on PNC to offer solutions to help make money management easier and more convenient.

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- Parents can enroll in email and text alerts
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Welcome to the University of Delaware!

Dear Blue Hen parents and families,

Welcome to the University of Delaware! We’re excited to welcome you and your student to the UD community, and we congratulate your student on the excellent decision to become a Fightin’ Blue Hen!

We hope your family is healthy and safe during this uncertain time. 2020 has been stress-filled, and you may be unsure how you or your student will connect with the University this fall. We hope that this guide and calendar will help relieve some of that burden with information about resources and engagement opportunities that can be helpful to you—wherever you are. Though your student’s transition to their college career is happening during a unique time, we remain committed to walking alongside our students to facilitate meaningful connections to the Blue Hen community!

This summer, you will participate in family orientation on the Blue Hen Family Hub. Our family orientation program educates parents and guardians about vital academic information, the value of student engagement, health and safety, paying the bill, dining, and more. This guide supplements the program and provides details about the network of support available to your student and you.

The Division of Student Life advances equity and inclusion, deepens student learning, and drives holistic development through education, experiences, and communities. We recognize that students’ transition to University life can be both exciting and challenging, and we encourage you to keep in touch with any questions, concerns, or suggestions you may have as your student navigates their UD experience.

We look forward to partnering with you toward your student’s success!

Sincerely,

Meaghan Davidson
Assistant Dean of Students, Office of the Dean of Students

José-Luis Riera
Assistant Vice President for Student Life

The University of Delaware is an equal opportunity institution. For the full Notice of Non-Discrimination, Equal Opportunity and Affirmative Action, see www.udel.edu/home/legal-notices
Welcome to the University of Delaware and the Blue Hen family! We are thrilled that you and your student have chosen UD for this next chapter of your lives.

At UD, we are committed to keeping all students healthy and safe. We cultivate a vibrant, inclusive and academically rigorous community where students can learn, grow and succeed during their time with us and long after graduation. Our professors will challenge your student to think critically, appreciate diverse viewpoints, work as a team and communicate ideas effectively. Our staff is here to support your student, ensure their wellbeing and help them make the most of this experience. Our loyal alumni stand ready to mentor and guide your student in whatever career they choose.

As families, you play an essential role in this adventure. Encourage your student to explore courses, student groups and opportunities that help them discover new perspectives on the world. Empower them to speak up and advocate for themselves. Most of all, get to know the educated, mature, confident person they are becoming.

This is an exciting time for your student and your whole family. We’re here to make it great, and we look forward to working with you in the years ahead.

Go Hens!

Dennis Assarans
President
For more detailed maps, visit udel.edu/maps
TIPS:

Start the conversation
Discuss with your student what expectations you both have for academics, social life and career aspirations. Ask them how they think their college experience will be different than high school.

How will you support your student differently?
As your student transitions to college, how will your interactions with them change? Encourage them to seek your advice and seek mentors.

What to be thinking about this month:
• Start talking about finances — tuition, loans, spending money, etc. Visit udelbncollege.com for details on textbooks.
• The transition to college life for both the student and the family is significant. Have conversations around expectations, social and academic campus experiences, and time management.

Residence Life and Housing resident assistants and in-hall communities support students wherever they are, and contribute to a lasting sense of connection and belonging for many students.

UD welcomes new Blue Hens to campus. All incoming students complete orientation over the summer, and are guided by the New Student Checklists as they prepare to transition to college life: sites.udel.edu/nsxo/otientation/#checklist

UDel.edu/students/reslife
TIPS:
Ready for UD?
• Encourage your student to download and check out the UD 1743 Welcome Days in the app store; download Guidebook and then search for UD 1743 Welcome Days.
• Families are part of the Blue Hen community too! All families are invited to visit sites.udel.edu/families for opportunities to engage with their new community.

What to be thinking about this month:
• Encourage your student to think about how they will build rapport with their new classmates.
• Talk with your student about how they will connect with UD in their first two weeks. How are they going to connect with their faculty members? How are they planning to organize themselves as they get their syllabi and learn class expectations?

Students who engage in on-campus groups and events report higher satisfaction with their college experiences and are more likely to graduate. UD students can choose from more than 400 registered student organizations through the University Student Centers.

Get involved. Students can connect with registered student organizations and student events, including involvement fairs and meetups, on the Student Central portal: studentcentral.udel.edu
Blue Hen Fridays are a cherished tradition with UD community throughout the world. Students and family members are encouraged to sport their blue and gold every Friday in solidarity with all Blue Hens. Visit bluehens.com for all the latest info about cheering on our Fightin’ Blue Hens Athletics teams!

TIPS:

Communication is key
• Talk to your student about which communication methods you’ll use during the semester and how often you’ll check in with each other.
• Show your pride in their accomplishments.
• Talk about alcohol use and other tough issues, including UD’s alcohol and drug amnesty. Visit udel.edu/amnesty to learn more about this protocol.
• Be an active listener for your student.

What to be thinking about this month:
• Visit udel.edu/parents/weekend to learn more and make plans for Parents and Family Weekend.
• Encourage your student to use Student Central and connect with other students.
• Ask if your student attended faculty office hours or chatted with them before or after class.

Students with a medical diagnosis are encouraged to register with Disability Support Services to receive academic accommodations for their needs. Our Center for Counseling and Student Development supports students who may struggle as they navigate college life.

TUESDAY

SUNDAY

MONDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

MARK CAMPBELL

SEPTEMBER 2020

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Labor Day – offices closed
Families are valued partners in the UD student experience. In celebration of that partnership, UD hosts an annual Parents and Family Weekend celebration featuring opportunities to connect and have fun with your student! Get all the details on this year’s program at udel.edu/parents/weekend.

**TIPS:**

**Missing home is natural**
- It’s natural for students to miss aspects of their pre-college life, but investing in new relationships during the first few months of college is key to finding a lasting sense of belonging and making friends.
- Encourage your student to participate in on campus events and UD traditions. Students who feel unable to connect with other students may benefit from reaching out to the Center for Counseling and Student Development.

**What to be thinking about this month:**
- Encourage students having roommate issues to try to work it out on their own, and if they need more support to consult their RA.
- Midterms can be stressful, but resources are available through the Office of Academic Enrichment for tutoring and more.

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Student Diversity and Inclusion and the Center for Black Culture help students connect to communities of support; identify, develop, embrace and advocate for their identities; understand the needs of others; and connect to intra-cultural and cross-cultural learning and experiences.

[sites.udel.edu/studentlife/category/sdi]
[sites.udel.edu/cbc]
### Tips:

**Acknowledge growth and progress**

Your student has made many new relationships and decisions over these past few months. Talk with your student about their experiences thus far, and what they feel are their major areas of growth.

**What to be thinking about this month:**

- The period between midterms and final exams can be a stressful time of the semester. Encourage your student to take care of their physical and mental health and to seek out help if needed.
- Flu season has already started. It’s time for everyone in the family to prioritize preventative care measures.
- Ask your student if they have discussed degree progress and plans for the upcoming terms with their academic adviser.

### November 2020 Calendar

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**Student Health Services** makes it easy for students to prioritize their preventative care with regular vaccine clinics and health education, a full range of physical health care and urgent care, medical treatment and referral services. Most services are covered by the Student Health Fee.

[sites.udel.edu/studenthealth](sites.udel.edu/studenthealth)
Students at every stage can benefit from career readiness resources, which include resume and interview coaching, networking, workshops on negotiating salary, and more: udel.edu/studentlife/udcc

TIPS:

Finish strong
With finals just around the corner, your student may experience increased stress. What’s important is how that stress is managed. Encourage them to visit review sessions, study with classmates, connect with professors during office hours, or consider a tutor.

What to be thinking about this month:

• Has your student made plans for winter break, or discussed how they plan to spend their time?
• Does your student know about the final exam schedule and any other deadlines that affect them?

Students experiencing a financial crisis or otherwise struggling with access to housing, food, internet, or other basic needs can reach out to the Office of the Dean of Students, which helps students and families navigate these and other complexities of the student experience.
Regular physical activity is essential to preventative health care. Visit rec.bluehens.com for all the details on how students can get active and have fun with other Blue Hens!

TIPS:

New year, new budget
Review how last semester’s budget met your student’s actual expenses, and work with them on a new budget for the new year.

What to be thinking about this month:

- Discuss academics, major, physical and mental health, career and social goals. Have you changed your mind about anything? Has your student? Remember to support and encourage your adult student’s decisions in your role as their coach.
- Talk with your student about how they adjusted socially to college. Ask them if they’d like to approach the spring semester differently and how they plan to maximize their UD experience.
- Take time with your student to enjoy each other’s company before classes begin again.

Students can look to Orientation and Transition Programs for resources to make the most of their new semester, including a spring 1743 Welcome Days program that offers opportunities to clarify values, set goals, and maximize their UD experience.

sites.udel.edu/ns0
At the University of Delaware, students regularly interact with faculty and staff who are renowned for their expertise, research and diverse opinions. Professor LaShanda Korley, pictured here with graduate student Chase Thompson, is the principal investigator of PIRE: Bio-Inspired Materials and Systems, a five-year, $5.5 million grant from the National Science Foundation. Korley was named this past spring to the College of Fellows of the American Institute for Medical and Biological Engineering, an honor that is among the highest professional distinctions accorded to a medical and biological engineer.

TIPS:

Back to classes
Encourage your student to reflect on the fall and how they’d like to grow this semester. Consider asking them how you can support them differently this spring or what they have appreciated in the past.

What to be thinking about this month:

- Does your student know about campus resources for sexual assaults or bias incidents? Encourage them to check out offerings from Student Wellness and Health Promotion and the Office of Equity and Inclusion.
- Connecting and creating their own community at UD is vital to your student’s success. Talk with your student about what their UD community looks like. Encourage them to connect with student organizations and offices that interest them and support their identities.

February is known as recruitment season for ~5,000 Blue Hens who are part of fraternities and sororities through Fraternity and Sorority Leadership and Learning. Students in this community consistently earn higher GPAs and are heavily involved in community service.
TIPS:
Planning for summer
Summer is only a few months away. Does your student plan to gain work experience or take summer courses? Encourage your student to think about how these next few months can enhance their UD experience and career.

What to be thinking about this month:
• Spring break is a time that many students use to engage in community service or social justice initiatives. Encourage them to explore the perspectives of those with different life experiences. What unique challenges do others around them face, and what do they have in common?
• As the weather warms up, it’s easy to lose track of time. Encourage your student to double check syllabi and the student code of conduct so that there are no surprises.

Blue Hens are well known for making an outsized impact on their communities. Programs such as the Blue Hen Leadership Program and UD Alternative Breaks accelerate students’ passion to serve others, while student-led initiatives such as Lori’s Hands, Puppy Raisers of UD and UDance work directly with community members and nonprofits in support of a better world for all.

Student Wellness and Health Promotion provides year-round services and programs designed to help Blue Hens clarify and prioritize aspects of their wellbeing, and each spring, SWHP’s volunteer student peer educators choose three professional speakers for its Wellness Speaker Series.
### TIPS:

**Managing time and stress**

Many students are starting to wrap up class projects, finish papers, and prepare for finals. Remind your student about time and stress management and encourage them to utilize their campus services. Students who are overly anxious may benefit from reaching out to the Center for Counseling and Student Development.

**What to be thinking about this month:**

- It’s time to begin making decisions about class schedules for the next school year, so encourage your student to meet with an academic adviser to discuss fall registration.
- Has your student chosen a major yet? Encourage your student to connect with their college to learn about options, explore minors, and discover other ways to build out their UD experience.

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Students have several opportunities to identify their leadership style and develop skills in various areas that support lifelong success.

**UD Career Center** and the **Lerner College of Business and Economics Career Services Center** help students identify strengths, motivations and purpose, and translate their ambitions into opportunities through professional, educational and UD connections.

udel.edu/students/career-center
**TIPS:**

**Planning for the future**
Saying goodbye to friends and concluding the semester brings on many feelings. Remind your student to eat well, manage time wisely and prioritize good sleep as they finish up a busy semester. Encourage them to seek out any help they may need early on.

What to be thinking about this month:

- Is your student going to be at home for the summer? Do you expect your student to have the same responsibilities? Talk with your student about your expectations.

- Did your student’s year go as they had hoped? Encourage them to write these thoughts down while they are fresh, and to set plans in place that will encourage them to pursue their goals.

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**GRADUATION:** The University of Delaware community is proud to celebrate your hard work!

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**Student Services for Athletes** help UD’s NCAA student-athletes balance the demands of their academic and athletic responsibilities with counseling, development, and educational programming in collaboration with coaches, faculty, and student services.

udel.edu/studentlife/ssa

**Memorial Day – offices closed**
True to UD’s agricultural roots, the learning never stops and the summer months are often most rewarding as students dig in deep for the fruits of their labor on the farm, on the coast, or even from the comfort of their own homes.

TIPS:

Remind students to check email

Encourage your student to continue to check their email over the summer for communications from the University such as housing updates and billing notices.

What to be thinking about this month:

- Reflect with your student about how their academic year went. Ask them what they enjoyed, what was challenging, and what resources they can connect with over the summer or in the fall to further develop their UD experience.

Parents & Family Weekend 2021

- Visit udel.edu/parents/weekend to see about dates. If you’re interested, get your hotel rooms reserved and mark your calendar!

Students on and off campus are expected to abide by the Student Code of Conduct, and are eligible for amnesty from conduct sanctions related to alcohol and drugs when an active call for help is made. Details about amnesty protocol and the full student guide to University policies is available online through the Office of Student Conduct.

sites.udel.edu/studentconduct
First Year Experience
The First Year Experience (FYE) is your student’s first step in an exciting educational journey that will help them find a place at the University of Delaware and build strong foundations for their future success. Highlights of your student’s first year experience include:

- **Common Reader**—The shared common reader is read before arriving on campus, with speakers, films and other cultural events organized around the theme of the book throughout the first semester.
- **First Year Seminar**—The First Year Seminar will help your student adjust to college life and provide a unique learning experience. Students will have the opportunity to explore the University of Delaware and learn about several resources that are vital to their success. Visit [fys.udel.edu](http://fys.udel.edu) for more information.

**1743 Welcome Days**—Facilitated by Orientation and Transition Programs (OTP), 1743 Welcome Days takes place right before the fall semester starts and serves as incoming students’ extended orientation to UD. 1743 invites first-year and new transfer students to connect with their campus community, explore all that UD has to offer, and consider how they will contribute during their time here. Visit the OTP website at [https://sites.udel.edu/nso/1743-welcome-days/](https://sites.udel.edu/nso/1743-welcome-days/) for more information about 1743.

**UD Library**
The University of Delaware has a great library that continues to evolve based on user feedback and student needs. The collections include over 2.8 million books and bound periodicals plus over 420,000 electronic books and over 70,000 electronic journals. Librarians are always ready to assist students navigating these resources for their research projects. The library is a major study hub for students on campus, open over 110 hours per week and providing seating for more than 2,500 people. The library’s Student Multimedia Design Center, which provides software, equipment, and support for multimedia creation, is the largest such facility in an academic research library in the nation.

**Religious Observances**
The University of Delaware does not cancel classes on religious holidays. However, students and faculty are encouraged to exercise their own judgment pertaining to their attendance on these days. In addition, faculty are encouraged not to schedule examinations or require the submission of special assignments on major holidays. Visit [udel.edu/registrar](http://udel.edu/registrar) for the most updated academic calendar.

**Off-Campus Living**
Is your student currently, or considering, living off-campus while they attend UD? Encourage them to check out the University’s Off-Campus Living Guide, found at [udel.edu/007409](http://udel.edu/007409).

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40+ COUNTRIES
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[www.udel.edu/global](http://www.udel.edu/global)
**Encourage** your student to learn about campus resources and be comfortable asking for help. The University of Delaware is full of faculty and staff who are committed to student success. If it’s a complex problem or they don’t know who to ask, they can start with us. – Office of the Dean of Students

**Talk with** your student if you have any concerns and encourage them to call, text or visit us if you feel it could be beneficial. If they disagree, help them learn to hold themselves accountable by following up and asking them what steps they do plan to take. – Center for Counseling & Student Development

**Help** your student submit immunization and medical history forms before their first semester. They will not be able to register for subsequent classes until they do. Flu shots are also vital, and we recommend students get them early but we also offer vaccines on campus. – Student Health Services

**Recommend** that your student familiarize with our office, which arranges any accommodations students may need for their permanent or temporary medical diagnosis. – Disability Support Services

**Learn about** how and with whom your student is spending most of their free time. Are their social interactions centered only around parties, or other social activities too? Are these relationships of convenience, or is your student meeting people with whom they resonate and share interests or values? – Student Wellness & Health Promotion

**JOIN THE BLUE HEN FAMILY HUB!**

A new way to stay involved with your student and University of Delaware.

Mid-June, families will receive an email inviting you to join. In the Blue Hen Family Hub you’ll find information, resources and support to help your student thrive at UD.

Learn more at: sites.udel.edu/families
UD Police
The University of Delaware Police Department works to create an environment where people can feel safe to learn, work, live and visit and is committed to providing quality service and protection to the entire University community.

Members of the University community can assist these efforts by practicing good personal safety habits, by promptly reporting suspicious activity and by discouraging participation in careless practices and behavior. Prevention is the key to reducing crime in our community, and that is a responsibility that belongs to the entire University community.

For information, visit udel.edu/police or email UD Police at Police@udel.edu.

UD ALERT
Stay informed in an emergency
UD Alert is the text, voice and email emergency messaging tool that the University will use to notify members of the campus community of an emergency.

Students can update their emergency contact information at any time through UDSIS. The person designated as a student’s primary emergency contact will also receive notification if something happens to a student and/or an emergency occurs on campus, so it is important that this information is kept current.

A student’s emergency contacts also may receive notifications during emergency alert system tests.

The University of Delaware has other tools besides UD Alert to notify students:

- Free LiveSafe app for your smartphone
- Local media
- University home page
- University email system

For more information about UD Alert, visit udel.edu/alert.

JUST CALL FOR HELP
FIND AN RA OR CALL 911

CALL FOR HELP IF YOU SEE:

- VOMITING
- IRREGULAR PULSE
- ROUBLE BREATHING
- NORMAL SKIN
- LOSS OF CONSCIOUSNESS
- EIZURES

ALCOHOL AND DRUG AMNESTY

SCAN THE QR CODE WITH YOUR PHONE CAMERA TO ACCESS THE UD AMNESTY FAQ PAGE.

EMPOWERING ALL STUDENTS TO DEVELOP AND ACHIEVE THEIR PROFESSIONAL ASPIRATIONS.

95% OF GRADUATES ENTERED EMPLOYMENT, SERVICE PROGRAMS, THE MILITARY OR FURTHER EDUCATION

22 ON-CAMPUS CAREER AND INTERNSHIP FAIRS, AND MEETUPS WERE HOSTED DURING 2018-2019 ACADEMIC YEAR

42,035 JOBS & INTERNSHIPS POSTED IN HANDSHAKE DURING THE 2018-2019 ACADEMIC YEAR

EXPLORE, PREPARE, CONNECT.

UD CAREER CENTER

WWW.UDEL.EDUCAREERCENTER
I helped reduce stigma by seeking help myself, and letting others know that it is okay to ask for help — everyone is going through something and we all deal with it in different ways.

As an undergraduate and then a graduate student of UD I have relied heavily on Student Health Services for a number of issues including allergy issues, general health, and gynecology. I have always had a good and efficient visit with everyone I have interacted with...
As your premier housing authority for University of Delaware students, we offer a wide variety of housing options, all in desirable locations and within walking distance of the University of Delaware campus. Whether you’re looking for a luxury townhouse, apartment or a single family home with character, we have the housing option for you!

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- 3 full bath
- 5 parking spaces per unit

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Luxury Townhouses
- 4, 5, & 6 bedroom units
- 3 and 4 full bath options
- 3, 4 or 5 parking spaces per unit

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UD PARENTS RATE CODE JM9
Book at springhillsuites.com
The Parents Fund supports the work of Student Life and creates a community of philanthropic and engaged parents. Gifts to the Parents Fund provide students with:

- Career resources
- Health and wellbeing programs
- Personal development initiatives
- Activities that create strong connections to UD and Blue Hens
Welcome Home!

Southgate Gardens is conveniently located close to the University of Delaware campuses and bus route, downtown Main Street, and local shopping centers.

- 5-Star service
- Spacious 1- & 2-bedrooms
- Fitness center/Outdoor pool
- Beautifully landscaped
- Minutes to campus & downtown
- UD shuttle stop
- Hallway security cameras
- Laundry facilities
- Business center

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HOURS:
M, T, Th, and F,
9:30 a.m. to 4:30 p.m.

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