It Takes Two To Talk®
The Hanen Program® for Parents

Do you have a child under 5 years old who has a language delay? This program might be the right answer for your family.

PROGRAM DETAILS

The It Takes Two to Talk Program is for parents of children up to 5 years old who have language delays. It focuses on teaching you to naturally incorporate language in everyday activities to help your child communicate.

Who Is Involved?

- Hanen-certified speech-language pathologist (SLP)
- Group sessions include the SLP and small groups of parent participants
- Individual sessions include the SLP, you, and your child

How Does It Work?

The program teaches you how to...

- Modify your routines to encourage communication
- Integrate language in your everyday interactions
- Follow your child’s lead in communication

Program Time Commitment: 23 hours

8 Group Sessions (1 weekly for 2.5 hours)

3 One-on-One Sessions (1 weekly for 1 hour)

Parent Strategies

OWL: Creating opportunities for your child to lead

Observe what your child is saying and doing
Wait for your child to communicate first
Listen, focus, and be present with your child

4 S’s: Highlight your language to help your child understand

Say Less: use short, simple sentences
Stress: make important words stand out
Go Slow: slow down your speech
Show: use gestures, pictures, or actions

EVIDENCE

Outcomes and Benefits

Research has shown that this program can be as effective as speech therapy directly with an SLP. Here are some benefits:

- More initiations and requests
- Increased vocabulary
- Improved language skills
- Encourages strong parent-child bond
- Connecting with other parents in group sessions
- Age-appropriate communication with child

Next Steps

If you think that the It Takes Two to Talk Program may be effective for your child and your family, click here to visit The Hanen Centre’s website for more information and to find a program near you.

http://www.hanen.org/Programs/For-Parents/It-Takes-Two-to-Talk.aspx

Sources: