Early Start Denver Model (ESDM) is a therapeutic intervention that focuses on language and cognitive domains to increase rates of development for children ages 12-48 months with Autism Spectrum Disorder.

**WHO PROVIDES WHAT?**
Trained therapists and PARENTS work together to target developmental domains such as understanding and use of language, thinking, and socialization.

**HOW IS IT SUCCESSFUL?**
High frequency and modeling works! 15-20 hours per week of engaged interactions between parent and child in natural environments (e.g. at home, on the playground).

**SHOW ME THE WORKS!**
Using ESDM increases development over the course of 2 years in comparison to “sitting and waiting.”

ESDM group development increased by 18 points on the Mullen Scales of Early Learning.

The assess and monitor group only increased by 6 points on the same scale.

**Mean Scores on Mullen Scales of Early Learning**

![Graph showing mean scores on Mullen Scales of Early Learning with ESDM and Assess and Monitor groups compared.]

**WHY IS THIS IMPORTANT?**
Your child uses routines all day, like mealtimes, bath time, and play.

This model emphasizes the frequency of routines to foster development in your child’s most natural environment.

**YOUR ROLE**
You will learn strategies to increase your child’s attention and motivation, nonverbal communication, building imitation skills, and speech development.

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