COPING WITH COVID SUPPORT GROUP

Received a recent positive diagnosis or just found out you were exposed to Covid and now in self-quarantine? This is a space to connect with others and receive support and talk about ways to stay mentally healthy during this time.

Center for Counseling & Student Development

Every Thurs
12:30 - 1:30 pm
10/8 - 11/19
Dr. Kelly Ozambela & Sanil Mayikunnel

RSVP HERE

[QR Code]