LET'S GET REAL

Tuesdays 1:00 - 2:30 pm
Perkins Student Center
Co-facilitated by Drs. Chen and Freeman

Get real about topics related to being a self-identified student of color at a predominantly white institution, such as dating and relationships, finding community at UD, balancing life and school, aggressiveness vs. assertiveness, as well as other topics. A facilitated space to promote self-reflection and empowerment. Refreshments provided. To join contact the counseling center for more information. Starts early Fall!!!