

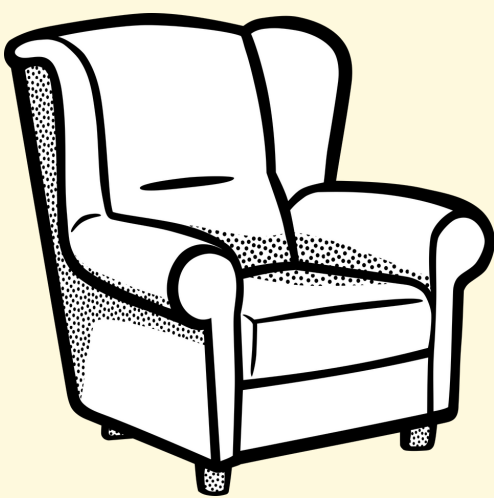
CCSD Fall 2021



The typical way to enter our services is through calling our main number (302-831-2141) and scheduling a triage appointment.



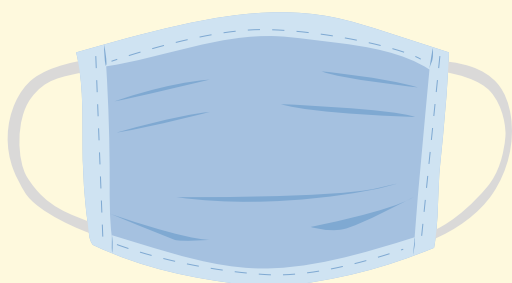
Triage is the gateway to our group therapy, individual therapy (up to 8 sessions/academic year), and psychiatry services (by referral).



Our workshops, drop-in hours for Students of Color, LGBTQ+, and DACA students, single sessions (quick problem solving), Let's Talk (quick consultation) and referral appointments don't require a triage. (Call to schedule: 831-2141.)



We are also offering emergency/crisis hours from 1:00 p.m.-4:00 p.m. each day (M-F). If you are not able to come during our emergency hours, the UD Helpline is also always available to help (831-1001).



We will offer virtual and in-person services this Fall and are following the UD policy requiring indoor masking. CCSD will also use the UD symptom checker prior to all in-person services.