ALLERGY INJECTIONS POLICY

The Student Health Services nurses administer allergy injections to eligible students and staff who have had the injections prescribed by their private physician. The Allergy Clinic is open from 8:00 a.m. - noon and 1:00 to 4:00 p.m. Monday through Friday. Extended hours are available on some days between noon and 1:00 p.m. and until 4:30 p.m. to accommodate students’ schedules. To utilize this service you must adhere to the following:

1. Allergy injections are given BY APPOINTMENT ONLY. The initial orientation visit is a 30 minute appointment. Thereafter, clients need a 15 minute appointment. Appointments may be web-booked through “Secure Student Health Portal” by going to www.udel.edu/studenthealth or by calling the number above.

2. PLEASE BRING YOUR SERUM AND INSTRUCTIONS SIGNED BY YOUR DOCTOR TO THE ALLERGY CLINIC WITH YOU. Instructions should include frequency and adjustments for lateness. EACH INSTRUCTION SHEET FOR SUBSEQUENT VIALS MUST BE SIGNED BY YOUR DOCTOR.

3. THE FIRST DOSE OF EVERY NEW VIAL MUST BE GIVEN BY THE ALLERGIST WHO ORDERED THE INJECTIONS. If long distance precludes this, there are private allergists nearby who you may go to. We can provide you with their names and contact information.

4. YOU ARE REQUIRED TO WAIT 30 MINUTES after your injections every time. You must see the nurse at the end of the 30 minute wait for an injection site check and brief assessment. You must tell the nurse immediately if you develop itching or rash, runny nose, coughing, sneezing, wheezing, feel sick at your stomach, light headed, faint, anxious or otherwise ill while you are waiting.

5. You are not to engage in strenuous physical activity for one hour before and two hours after receiving your allergy injections. Exercising just before or after receiving an allergy injection could cause rapid absorption of the serum and could increase your risk of a reaction. Avoid rubbing or scratching your arms after injections.

6. You must not be taking Beta Blocker drugs (may be prescribed for migraines, angina and hypertension) during the course of your allergy injections.

7. It is your responsibility to be aware of serum expiration dates and serum running low. Expired serum will not be administered. The nurse can assist you by faxing a request for new serum to your allergist.

8. You may store your serum at the Student Health Services. While special care is taken including a backup generator, the Student Health Services cannot accept responsibility for the stored medication in the unlikely event of loss of power or refrigerator failure.

We do not mail allergy serum out to students or offices.

9. If a patient has a “systemic” or whole body reaction to their allergy injections at Student Health Services, injections will not be given until the allergist administers the next injection.

10. You should not receive your allergy injection if you have an active infection, fever, or are experiencing severe allergy symptoms such as chest congestion, wheezing, or shortness of breath.

11. We DO NOT GIVE BEE OR WASP VENOM OR POISON IVY EXTRACT.

12. Be sure to take your serum and paper schedule with you when you are leaving campus!