NUTRITION MESSAGING RESEARCH: PARTICIPANTS NEEDED!

We are conducting a research study on nutrition messaging, heart rate, and mood in college women with the goal of better understanding how young women are impacted by nutrition messaging.

ARE YOU ELIGIBLE?

PARTICIPANTS SHOULD:
- be between 18 - 29 years old
- be an undergraduate or graduate student
- self-identify as female

PARTICIPATION INCLUDES:
- Wearing a heart rate monitor while watching a 10 minute nutrition video and taking a 5 minute online survey assessing your mood before and after the video

You can earn a $15 gift card or Chapter Accredidation Points (CAP)

Scan the QR code or visit the link below to begin the survey:
tinyurl.com/UDNutritionMoodStudy

Questions? Email us at DEDEResearch@udel.edu