The Cardiovascular Nutrition Research Laboratory at the University of Delaware needs volunteer participants for a research study examining the effects of dietary potassium and salt.

You may be eligible to participate if you are:

- Between 18-45 years old
- Have normal blood pressure
- Non-smoker in reasonably good health
- Willing to participate in a controlled diet study (divided into three 10-day diets)
- Willing to undergo laboratory testing

Participants will have their cholesterol checked and their body fat assessed. Participants will be given all food for 3 10-day diets and also be compensated $300 for their time.