PARTICIPANTS NEEDED!

WALKING WITH JITAIs

STUDY ELIGIBLE PARTICIPANTS CAN RECIEVE A $50 AMAZON GIFT CARD!

University of Delaware researchers are recruiting volunteers to participate in a four week physical activity study using Apple Watch!

Eligibility Criteria:
Between the ages of 18 and 64
Healthy enough to exercise without supervision
Exercising for less than 100 minutes per week
Own an iPhone 6 or newer

bit.ly/walkingwithjitaIs
email questions to gifirkin@udel.edu