



Dr. _____,

Your patient, _____, has tested positive for risk of depression based on our evaluation using questions from the Primary Care Evaluation of Mental Disorders patient questionnaire. Using two specific questions from this questionnaire has proven sensitivity and specificity for depression symptoms.

The data suggests a score of:

- $\geq 1/6$ represents 96% sensitivity and 60% specificity for depression
- $\geq 2/6$ represents 93% sensitivity and 62% specificity for depression
- $\geq 3/6$ represents 61% sensitivity and 92% specificity for depression
- $\geq 4/6$ represents 40% sensitivity and 96% specificity for depression

Your patient's score was / 6, indicating they would benefit from further follow-up regarding risk of depression.

Our screening tool and references are included for your review. Your patient has been educated regarding their risk for depression and instructed to follow up in regard to this matter.

If you would like a copy of references, please contact our office and we will send them to you.

Thank you,

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Questions:

- 1: During the past month, have you often been bothered by feeling down, depressed or hopeless?
- 2: During the past month, have you often been bothered by little interest or pleasure in doing things?

1. Whooley MA, Avins AL, Miranda J, Browner WS. Case-finding instruments for depression. Two questions are as good as many. *Journal of General Internal Medicine*. 1997;12:439-445.
2. Sullivan MJ, Reesor K, Mikail S, Fisher R. The treatment of depression in chronic low back pain: review and recommendations. *Pain*. 1992;50:5-13
3. Arroll B, Goodyear-Smith F, Crengle S, Gunn J, Fishman T, Falloon K, Hatcher S. Validation of PHQ-2 and PHQ-9 to screen for Major Depression in the Primary Care Population. *Annals of Family Med*. 2010; 8,(4) 348-353.