We are interested in examining the effectiveness of telehealth group for improving peer relationships for teens with NF1

Who can participate? 12-17 year olds with NF1 & a parent/caregiver

What does participation involve? Teens and parents will be asked to complete a virtual intake session; attend 16 weekly telehealth sessions over Zoom for 90-minutes each week; completion of questionnaires after participation

Is your teen with NF1 interested in improving peer relationships?

- PEERS® for Adolescents is an evidence-based social skills intervention for motivated teens in middle and high school who are interested in making and keeping friends, handling conflict and rejection.
- PEERS® has been shown to be helpful for children with other diagnoses. We want to examine the usefulness in NF1.
- Teens are taught social skills through didactic lessons and role-play demonstrations, and practice these skills during online socialization activities.
- Parents attend separate telehealth sessions simultaneously and are taught how to assist their teens in making and keeping friends.

Teens will be taught about:
- Conversational skills
- Entering & exiting conversations
- Electronic communication
- Using social media and online platforms to develop and maintain friendships
- Using humor appropriately
- Being a good sport
- Changing a bad reputation
- Handling disagreements
- Handling teasing and bullying

To determine whether you and your child meet the eligibility criteria, please contact the Child Neurodevelopment Research Lab at the University of Wisconsin-Milwaukee:

414-229-2586
cnrl-peersnf@uwm.edu

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