

Discover WashU Contest

Wednesday, September 9th

Theme: Wellness Wednesday

Check out the daily list of locations to explore on campus! Snap a picture and post a photo on Instagram with #BearBeginnings2020 to enter the daily prize drawing for a \$50 Campus Bookstore gift card. Each day will feature a category of locations for you to find. All submissions will be entered for a chance to win the grand prize of a \$250 Campus Bookstore gift card at the end of the week! The more you explore, the more you post, the more chances you have to win! Students who do not have an Instagram can submit their photos [via a submission form](#).

Today's Locations Are:

- Caleres Garden Terrace at Hillman Hall
- Dr. Huston Smith Mediation Garden on the North side of Graham Chapel
- Sumers Welcome Court
- Plant Wall in Weil Hall
- Elizabeth Gray Danforth Butterfly Garden
- Habif Health and Wellness Center

Need help finding some of these locations? Check out the [WashU Spaces for Prayer and Reflection website](#) for other spaces you can visit on campus.

Living remotely or unable to explore campus today? You can still participate by submitting a photo from the following list:

- Show us what you do to relax or engage in personal reflection (check out some [Relaxation Techniques](#) provided by Habif Health and Wellness)!
- Get Creative! Show us your art, photos with personalized zoom backgrounds, or whatever inspires you and makes you happy you when you think of relaxation and reflection!