Anthony Azama introduced Summer Hutcheson, the new Senior Associate Athletic Director and Senior Woman Administrator.

**Class Schedule Alignment**

Washington University has a tradition of starting classes ten minutes before the hour and ending classes on the hour. Not every school follows this schedule and not every meeting abides by this schedule. This creates problems for students. No decisions have been made, but Provost Thorp would like feedback from the UGC about making it mandatory for all schools to begin classes at the same time. Classes would start on the hour and end at ten minutes before the next hour.

In addition to causing scheduling problems, the timing issue also inhibits using classrooms more efficiently. Classroom space is limited and expensive. Spending less on classrooms leaves more funds for other important areas such as more faculty and more financial aid.

If the change is made it would happen in January 2020 which would allow the entire fall for reminders to faculty and students.

**Comments and Discussion**

If you are uncomfortable voicing your opinion in a group setting please email the provost at thorp@wustl.edu.

The current class start-time of 10 minutes before the hour causes confusion and conflicts.

You said the current schedule impacts class usage. How?

For example, University College classes start on the hour. Some U College classes don’t like to be scheduled in the same room that follows a day school class. There is no time space allowed to get day students out of the classroom and U College students in the classroom. This causes U college classes to look for rooms in other places, making it look like our classrooms are fuller than they actually are.

Some students say that 10 minutes between classes is not enough time. Time between classes used to be seven minutes.
Increasing the time between classes to 15 minutes would create other issues.

This schedule will only work if instructors agree to not run their class past 10 minutes before the hour.
- Right now, the schedules are written to say a full hour. If the new policy were adopted, it could be written to state the 50 minute allotted time.
  The responsibility to end on time would fall on the instructor.

Could Graham Chapel ring at 10 before the hour to remind instructors that it is time to end their classes?

When the university extended time between classes from 7 minutes 10 minutes there was talk about having the computers in the rooms make a chime to let the instructor know it was time to end the class.
  We should be technologically sophisticated enough to make this happen.
  Michael Wysession, Executive Director of the Teaching Center said that this is feasible.

The chime wouldn't work with classes that are held at times such as 2:20 – 3:20.
  The goal is the offer fewer of these class times.

The provost’s office will continue to discuss class times with different groups. If they continue to get positive responses they will develop a more detailed plan and bring it back to the UGC.

**Returning Student Housing Selection**

Everything you want to know can be found here: [reslife.wustl.edu/housing](http://reslife.wustl.edu/housing).

Key points for 2019
- No significant changes in the portfolio of available options
- For returning students, you have the option of choosing who you want to live with and where you want to live
- This is a lottery process
- Living Learning Communities Available – Information coming soon…

Key Dates:
- **Dec. 7th:** Submit Housing Accommodation requests to Disability Resource Office (link to website in meeting notes)
- **Feb. 1st:** Applications for housing opens for both Res College and General rounds
- **Feb. 8th:** All applications submission closes. Late applications will not be taken.
  - **Feb. 15th:** Group Formation for Res College Round closes
  - **Feb. 22nd:** Group Formation for General Round closes
- **March 31st:** Last day to cancel without penalty
- **April 1st- May 15th:** $500 cancellation fee applied
- **After May 15th:** no cancellation of application if student remains at Wash U.

Key question for consideration:
- Should the Office of Residential Life continue to allow first year students to self-select their own roommates?
  *(45% of the Class of 2022 are living with a roommate they selected on their own, 55% were randomly matched)*
Discussion
Does the “45% of the Class of 2022 living with a roommate they selected on their own” mean that they are living with someone from their high school?

The roommate choices are coming from many areas. It could be a sibling, someone from their high school, someone they met at SOAR, someone they met at a WashU visit.

- The use of roommate matching software has sky rocketed in the last eight years. Does this support the learning and living experience that we want our undergraduate students to have?
  In spot checking the student’s choices, they tend to be of the same race and same general wealth. This doesn’t mean that our res life floors are not diverse and it doesn’t mean that people aren’t self-selecting roommates from diverse backgrounds. But does it align with our diversity goals?

Do the number of roommate problems that have to be adjudicated correlate with roommate self-selection?
  No. There is no difference.

What percentages of students who pick their own roommate stay together for the second year?
  That is a great question. I don’t have that information at this time.

Sticking with random would be best. There are students who have chosen random selection and met their best friend for life.

When using Facebook or a roommate selection software it isn’t difficult to figure out demographic information about students.

If you put people of a more diverse category in a mixed group you are making that person into an educator. A concern was noted that it isn’t optimal for a student to be an educator in their own home.
  This is an important concern and it is part of the internal argument about why we would not want to do this.

A professor referring back to his undergraduate days: he had to live with a roommate for one semester that did not like his ethnicity. Does the university offer training to students to prepare them for living with people from different backgrounds?
  We rely very much on our RAs and advisors to help facilitate those conversations to prepare students.

This feedback has been very helpful.

Orientation 2019

Changing our model:
Why the new Model"
- Focus on creating an **equitable** and **consistent** experience for all new students to engage in a week-long orientation
- Align with the Student Affairs Strategic Plan
- Provide small group experiences for all students

**SCHEDULE OVERVIEW**

<table>
<thead>
<tr>
<th>Day</th>
<th>Content</th>
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</thead>
<tbody>
<tr>
<td>Part ONE-Day 1</td>
<td>Move-In Day</td>
</tr>
<tr>
<td>Saturday, August 17, 2018</td>
<td>Convocation</td>
</tr>
<tr>
<td>Part ONE - Day 2</td>
<td>Welcome Activities</td>
</tr>
<tr>
<td>Sunday, August 18, 2019</td>
<td>Parent &amp; Family Orientation</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Day</th>
<th>CONTENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>PART TWO- DAY 3</td>
<td>Academic Experiences</td>
</tr>
<tr>
<td>Monday, August 19, 2019</td>
<td>Academic Division sessions and events</td>
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<td></td>
<td>Placement exams</td>
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<td></td>
<td>Common Reading Program</td>
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<tr>
<td>PART TWO- DAY 4</td>
<td>Community Expectations and Social Events</td>
</tr>
<tr>
<td>Tuesday, August 20, 2019</td>
<td>WU Life Series (required)</td>
</tr>
<tr>
<td>PART TWO- DAY 5</td>
<td></td>
</tr>
<tr>
<td>Wednesday, August 21, 2019</td>
<td>Thread &amp; social events</td>
</tr>
<tr>
<td>PART THREE- DAY 6</td>
<td>immersive Experiences</td>
</tr>
<tr>
<td>Thursday, August 22, 2019</td>
<td></td>
</tr>
<tr>
<td>PART THREE- DAY 7</td>
<td>Classes are tomorrow, get ready!</td>
</tr>
<tr>
<td>Friday, August 23, 2019</td>
<td></td>
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<tr>
<td>PART THREE- DAY 8</td>
<td></td>
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<tr>
<td>Saturday, August 24, 2019</td>
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</table>

CLOSING - DAY 9
Classes are tomorrow, get ready!
Sunday, August 25, 2019

Pep Rally

Immersive Experiences
- Arts & Culture
- Innovation & Entrepreneurship
- Civic & Community Engagement
- Leadership
- Student Athlete Leadership Academy (Fall varsity athletes)
- Scholar Retreats (Ervin, Danforth, Rodriguez, CMML, Langsdorf, Beyond Boundaries)

Programming
- Nightly Evening Events
  - All class events and activities
    - Late Night At the Rec
    - SUp All Night
  - Large Events
    - Hypnotist
    - Dueling Pianos
  - Smaller Events
    - Introduction of the First40 Paths
    - 10-15 nightly- Conference style
    - Department Highlights and Sponsorship

What you need to know or do
- Be ready to welcome the full Class of 2023 on SATURDAY, AUGUST 17, 2019
- Apply to be a WUSA or Bear Leader – info available at firstyear.wustl.edu – applications due February 12, 2019
- If you would like us to come meet with your department or area to provide an update on Bear Beginnings 2019, please contact Rob Wild (rob.wild@wustl.edu)

Discussion
Do the threads include clubs?
- Yes. They include numerous clubs. The proposed name is “Bear CLAWS” (Campus Life At WashU). Rob has been working very closely on this program with Student Life. It will be a great opportunity for student groups to get involved in promoting their interests.

Many of the previous programs were fee based. The Office of Student Affairs has worked closely with the provost’s office to ensure lower fees.

Will STARS be a part of this program?
- No. The Deneb STARS will have their own day on the front end of orientation.

Report on Mental Health Initiatives and Support Cheri LeBlanc and Lisa Gorham

There has been a steep and steady rise in students seeking mental health services for anxiety, depression, and suicidality over the last 6 years. Speaking with our colleagues at K-12 institutions, these trends will continue over the next decade.

National College Health Assessment Aggregate Spring 2018 Data
- 42% of college students said they had felt “so depressed that it was difficult to function” within the last 12 months.
- 63% of college students said they had “felt overwhelming anxiety” within the last 12 months
- 12% of college students said they “seriously considered suicide” within the last 12 months

Washington University Health and Wellness Committee
- Mission:
The Health and Wellness Committee utilizes and coordinates university-wide resources that encourage inclusive care and dialogue, focusing on programming and outreach that support and enhance the long-term emotional, physical, mental, and spiritual health of Washington University community members.
- Vision:
We envision a university that recognizes health and wellness as an integral part of success and fosters a safe environment that supports the personal, academic, and social well-being of all university members.

The Habif Health and Wellness Center has added Mental Health Services counsellors fluent in several languages including, Mandarin, Hindi and Urdu and they are working with the International Student office translating our most popular mental health pamphlets to various other languages.

They are currently recruiting for several other positions including another counselor with in-depth training for victims of trauma.

For the first time this year, they have dual recruited with the med schoolywo psychiatrists who split their time between the health center and the med campus. One with a specific interest in outreach and decreasing the stigma of mental health and the other with expertise and research in LGBTQ mental health concerns.

The center has added a care manager to help students needing long term care with referral in the community as well as ensuring that students returning to campus after hospitalization or Medical Leave of Absence have the resources in place to succeed upon their return.

Group programming has been strengthened with several new groups being offered this year.

Mental Health Services:
- Therapist Assisted On Line (TAO)
  TAO is a 7 – 9 week, interactive, web-based program that provides well-researched and highly effective strategies to help overcome anxiety, depression and other common concerns. There is a self-help module and a module that therapists can incorporate in their work with clients.
- Kognito A-Risk for Faculty & Staff
  An online simulation designed to help staff and faculty members strengthen their ability to notice signs of emotional distress, use techniques to discuss concerns, and refer students to appropriate campus resources when necessary. Both national and campus mental health resources are provided in the training.
- After Hours Support Line
  Habif is teaming up with Provident to create a 24/7 helpline dedicated just to Wash U students experiencing distress from sexual trauma, suicidality, or other traumatic events.
Students will be able to speak directly to mental health care specialists with close communication and follow up with Habif.

DISCUSSION
There is a national shortage of college health psychiatrists across the nation. Does Mental Health Services have a large enough staff of psychiatrists?
   No. This has been a very difficult position for the center to keep filled because of the shortage. We are looking at ways to attract more psychiatrists, thinking outside the box and doing dual recruiting with the Med School.

In terms of staff and programs, will there be benchmarking to ensure the programs are actually working?
   Absolutely. Benchmarking is built into every program. They are tracking where the staff is and how many people are utilizing the service.

Why is there a rise in student mental health issues?
   There are many different reasons including:
   o The stigma of seeking help has lessened.
   o There is a loss of belonging and personal connections because of social media.
   o The student was raised to believe they were the best. When they come to WashU, it is a shock to discover that they may not be the “best”.

Are resources available to teach students how to talk to friends who are going through a hard time?
   - Yes. The center does a fair amount of training with RA’s and other student leaders. The center is looking at Kognito At Risk For Students. One challenge will be to find ways to make students aware of the Kognito program.

What kinds of services are offered to students who have had friends commit suicide?
   - There is a difficult line to walk to respect the privacy of families and meet student’s needs. Every single student death is handled working in tandem with the family. WashU cannot share details without the parent’s consent. Notifications take place behind the scenes before going public. Res Life will reach out immediately to those students who were most impacted.
   If you have comments or suggestions about the process, please contact Rob Wild (rob.wild@wustl.edu).

Is there a problem with the glamorization of loss of sleep and eating because of academic studies?
   Yes. The culture needs to change.

Why is our library open 24 hours?
   The students want 24-hour access.

Student Union Report Grace Egbo, Steven Kish, Sophie Scott

What is Student Union? Mission is to Advocate for student needs|Allocate for|Program student experience.

VISION:
CULTURE: Student Union is dedicated to fostering a culture in which access, collaboration, and progress connect Student Union’s pursuits with the entire student body’s interests.

IMPROVE WASHU CAMPAIGN – SU Senate – Spring 2018
- Overview
  - The first annual Improve WashU Campaign (IWC) was spearheaded by SU Senate Outreach Committee in April 2018
  - Purpose: Understand which issues are most important to undergraduate students at Washington University
- Input gathered through chalk wall at the underpass, poster in the Danforth University Center, and an online survey

**Summary of Results**

- Sexual Violence – 20.8%
- Mental Health – 18.4%
- Socioeconomic – 14.9%
- Student Experience – 12.8%
- Sustainability – 8.4%
- Racial Identity – 8.2%
- Residential Life – 7.1%
- Academics – 6.7%
- Other – 2.7%

**IWC Report**

- Issue by issue
- Background information, context, and descriptive page
- Bubble chart page to describe starting points for projects

SENATE TASK FORCES

- SU Senate has established 4 task forces to address specific areas within the Improve WashU Campaign:
  - General Student Experience
  - Mental Health
  - Racial Identity
  - Socioeconomic Diversity

**DISCUSSION**
Is SU working to standardize mental health leaves of absence across the schools?
Yes. One of the goals is to dive into this issue. SU is talking to the Mental Health Task Force and various other people to find out what the issues are and how the issues can be resolved.

Rob Wild and Tamara King are working with a group of administrators on the medical leaves of absence. There are more details to come. Rob and Tamara welcome feedback from the Undergraduate Council and the Student Union.

A lot of the data and themes that you presented tonight are similar to the PULSE survey. Do you have access to the efforts that have been started by WashU because of PULSE survey responses?
SU has been working with Tim Bono and Lisa Wiland.

WashU is slightly constrained on the PULSE survey. The survey involves collaboration with other schools and there are rules on what can be shared.

Are the four Senate Task Forces working parallel or are there specific areas being prioritized?
The task forces are working in parallel with each other. Some people are working on multiple task forces rather than one group.
The task forces were established this year. How each will proceed is still unclear.

The plan definitively is to at some point faze certain task forces in and out and create a sustainable model.

Are the membership of the task forces drawn from the Senate?
Membership is drawn from both the Senate and outside of the Senate.

Why is there no sexual assault task force?
The Senate felt like other groups, such as Title Mine and LIVE were taking charge on this issue.

What is the process for recruiting students for the task forces?
The task forces are just getting started so some have not started recruiting. They will be reaching out to student groups across campus.

The German Department has very active student groups and some are financed by Student Union. Could the task forces reach out to department student groups for membership recruitment even though they are not part of the Student Union?
Being cognizant of groups that are not SU recognized is important. To reemphasis, the task forces are in the early stages. Some groups have met a few times; some not at all. None have full membership. Feel free to reach out to Grace, Steven or Sophie if you are interested in membership on one of the task forces. Administrators and staff are welcome.

**PULSE**
- Graduate students: union and child care update on progress.
- Title IX - Comments regarding the U.S. Department of Education’s proposed regulations to Title IX are be solicited from the WashU community at this time.
Many institutions are against significant portions of the proposed changes. Universities across the country are working together to develop responses and comments. Some are joining forces to respond via the Association of American Universities (AAU). This will create a strong voice that is more likely to be heard.

WashU is not planning to make any sweeping changes to the current Title IX program.

- **Laundry at WashU** – Why do WashU students have to pay for laundry? There are times when students put money in the washer only to find out that the machine doesn’t work. The students have lost $2 or $3 and their clothes have not been washed. Not all WashU living areas are required to pay.

- **Discrepancy of the student experience and the cultural impact:**
  - Financial literacy was mentioned at the September meeting.
  - How is the university dealing with the existing diverse populations?