Foundation Years: First & Second Year Requirements

First Year Courses (11 credits total):

- College Writing (3 credits, Fall or Spring)
- Beyond Boundaries Seminar (1 credit per semester, Fall & Spring)
- Beyond Boundaries Courses (1 course per semester, 6 credits total, Fall & Spring)

University Sponsored or Community Events (in-person or virtual) with Point Assignments:

- Guest Speaker/Lecture: 1 point
- Networking or Community-building Events/Symposia: 2 points
- Co-curricular Interdisciplinary Service Opportunities: 5 points
- Topic-based Seminars/Conferences: 8 points
- Spring Break Opportunities: 10 points
- Summer Research/Internship/Project: 15 points
- Interdisciplinary Courses (3 credits or more): 20 points

Foundation Years – Milestone Notation: completion of First Year curricular requirements plus 50 points (min) earned

Focus Years: Third & Fourth Year Requirements

University Sponsored or Community Events with Point Assignments:

- Opportunities listed above: 50 points total
- Collaborative Capstone or E-Portfolio Project: 25 points total

Focus Years – Milestone Notation: At least 75 points earned during Third and Fourth Years

<table>
<thead>
<tr>
<th>Approximate Time Commitment for Each Event Category (not including courses)</th>
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<tbody>
<tr>
<td>Guest Speaker/Lecture: 1-2 hours</td>
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<tr>
<td>Networking or Community-building Events/Symposia: 2-4 hours</td>
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<tr>
<td>Co-curricular Interdisciplinary Service Opportunities: 5-8 hours</td>
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<tr>
<td>Topic-based Seminars/Conferences: 8 hours up to about 2 days</td>
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<tr>
<td>Spring Break Opportunities: 3 days up to about a week</td>
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<tr>
<td>Summer Research/Internship/Project: 2 weeks up to about 2 months</td>
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