November 6, 2015

Dear Transgender Spectrum Conference participants,

When the Transgender Spectrum Conference was launched last year, it was the first of its kind in the St. Louis region. I am pleased and proud that the University of Missouri–St. Louis is again the sponsor of this important event, bringing together hundreds of conference presenters and participants from across the United States.

We are all beginning to better recognize the importance of gender diversity and more sensitive to the rich variations of gender identity and expression. In fact, effective 2014, the University of Missouri’s Board of Curators instituted an amendment to its employment policy to include Equal Opportunity “for all employees and applicants for employment on the basis of their demonstrated ability and competence without discrimination on the basis of their race, color, religion, sex, sexual orientation, gender identity, [or] gender expression.”

The broad support from conference co-sponsors, including partners from the university and the external community, is testimony to the significance of this event.

May your presence and contributions help create more gender inclusive relationships and environments, and enrich the learning and advocacy of all.

Sincerely,

[Signature]

Chancellor
IMPORTANT MESSAGES: PLEASE READ FIRST

WELCOME TO THE TRANSGENDER SPECTRUM CONFERENCE

GENERAL INFORMATION

- For the privacy of transgender participants, the Board Room on the second floor has been designated a Safe Room.
- To protect the privacy of all conference participants, NO PHOTOGRAPHY will be allowed.
- The Trans Youth Project Research Study on Gender Nonconformity in Children will be conducting interviews in the Oak Room.
- There are restrooms on every floor of the J.C. Penney Conference Center:
  - Male/Female on the ground floor, 2d and 4th floors
  - Gender neutral on the 1st and 2d floors

MEALS

- Breakfast, lunch, and snacks will be served each day in the Summit Lounge on the 2d floor.

CONTINUING EDUCATION UNITS

- If you wish to receive Continuing Education Units (CEUs) in Counseling, Education, Psychology, or Social Work, please sign in each day with a conference person at the registration table. You must attend both days to receive the CEUs.

EVALUATION FORM

- Please fill out the Conference Evaluation form and turn it in to the registration table at the end of the day if attending one day or at the end of the conference if you attend both days. Your feedback helps us plan for next year.
- Some presenters may have their own evaluation forms for their session. Please turn those in at the end of the session to the presenter.

RESOURCES

- There is a link to an annotated bibliography pdf document on the conference website. We encourage you to download this document for later reference.

EXHIBITORS

We are pleased to welcome the following exhibitors who support the transgender community. Please visit them in the lobby during the conference.

American Civil Liberties Union
American Foundation for Suicide Prevention
Counseling and Social Advocacy Ctr.
Cover Missouri

Growing American Youth
Metro Trans Umbrella Group
MU Women & Gender Studies
Safe Connections
SAGE/PROMO
Trans Youth Project

TransParent
UMSL Gender Studies
Viiv Healthcare
WA Kerr Foundation
Youth in Need
Mara Keisling is the founding Executive Director of the National Center for Transgender Equality and is one of the nation’s leading voices for transgender equality. She has appeared on many news outlets and is regularly quoted in national and local print and broadcast media. Mara graduated from Penn State University and did her graduate work at Harvard University in American Government. She has almost twenty-five years of professional experience in social marketing and opinion research.

**Friday Keynote**
Current Trends in Transgender Equality

**Friday Breakout Session**
A Discussion with Mara Keisling

**Friday Roundtable**
Trans Leader Roundtable
Amy Eisen Cislo, Phd

Amy Eisen Cislo is Senior Lecturer, Women, Gender and Sexuality Studies and Faculty Fellow at the Institute for Public Health at Washington University in St. Louis. She introduced Transgender Studies to the undergraduate curriculum at Washington University in 2008. The course, and her interest in the topic, grew out of her research and teaching experience that focuses on the history of bodily sex in medicine and science. Her book, Paracelsus’s Theory of Embodiment: Conception and Gestation in Early Modern Europe was published by Pickering and Chatto in 2010.

Trans History

What do we mean when we say Trans history? At what point can we disentangle transgender identity from homosexuality? What did it mean to be trans before the terms transsexual and transgender were used? Do trans people have a political history? Why is T grouped with LBG? These are some of the questions this presentation will address. This talk will be divided into three sections: Trans before the term transsexual, Medicalization of Trans identity, and Trans Visibility and Activism.

Sayer Johnson, Jarek Steel, Joss Barton, and Jaimie Hielman

Metro Trans Umbrella Group

Shortly after Saint Louis Pride in 2013, the need for a larger Trans presence was noted by Sayer, Alex, and Rae. After a passionate discussion of hopes and desires for the Metro Trans community, MTUG was formed to unite the Trans community and promote education and visibility in the Saint Louis metro area.

Personal Narratives

Human storytelling is an ancient tradition that has been around as long as human language. We invite you to become part of the tradition expressed through the stories of the Transgender experience. Come get to know this incredible culture, their stories, and the intersections of identity told in creative and entertaining ways. Come be a part of our local St. Louis storytellers presentation.

Abbilyn Miller

U.S. Department of Housing & Urban Development

Abbilyn Miller is a public policy professional focused on homeless policy and homeless programming at the U.S. Department of Housing and Urban Development in the Office of Special Needs Assistance Programs. She holds a PhD from the University of Illinois Urbana Champaign. Her doctoral research (and general interests) focuses on the design and planning of homeless housing, and was recognized by the U.S. Department of Housing and Urban Development with a 2010-2012 Doctoral Dissertation Research Grant and a 2012 appointment as a Presidential Management Fellow.

Hud’s Guidance On Appropriate Placement For Transgender Persons In Single-Sex Emergency Shelters And Other Facilities
**Maureen Osborne, PhD**  
Papillon Gender Wellness Center, Doylestown, PA

Dr. Maureen Osborne is a licensed psychologist with over 30 years’ experience as a therapist, specializing in gender identity issues for 23 years. She received a PhD in Clinical Psychology at the University of Missouri-St. Louis in 1984, and is a member of the American Psychological Association’s Division 44, addressing LGBT issues. She recently retired from her full-time therapy practice, but will continue to be available for video conferencing assessments for surgical recommendations. She will also continue to provide education, training and supervision for those interested in learning more about transgender issues.

**Friday Movie**  
Trans  
This award-winning 2012 feature-length documentaryprofiles the remarkable lives of several different people from the transgender spectrum. Following the film, Dr. Osborne will host a brief Q&A with the audience.

**Saturday Keynote**  
Observations from Decades of Active Listening to the Life Stories of Transgender Clients and Their Families: A Gender Therapist’s Journey from Reluctant Gatekeeper to Fellow Explorer of the Gender Frontier

**Saturday Breakout**  
Guilt, Shame, and Fear: Facing and Challenging External Stigma and Internalized Transphobic Thinking
Kristina Olson
University of Washington, Seattle, Washington

Kristina Olson is an associate professor of developmental psychology and the director of the TransYouth Project at the University of Washington. She is running the country’s largest national, longitudinal study of transgender and gender nonconforming children’s development. Her work on this topic is currently supported by the National Science Foundation, has been published in leading journals in psychology and psychiatry, and has been featured on PBS Newshour, Buzzfeed, mic, The Advocate, and in many other outlets.

The Transyouth Project: Understanding Transgender Children’s Development And Mental Health

The TransYouth Project is the only large-scale, national, longitudinal study of transgender and gender nonconforming children’s development. In this talk, I will discuss the study itself, our major findings to date, and our future goals. In particular, I will discuss what we’ve discovered about the lives of transgender and gender nonconforming children, how their gender development is similar and different from other children, and what mental health looks like amongst socially-supported children.
FRIDAY NOVEMBER 6

7:45a Registration Lobby

8:15a Welcome J.C. Penney Auditorium
Dr. Mark Pope
University of Missouri–St. Louis, College of Education,
Chair of the Department of Counseling and Family Studies, Curator’s Professor

8:30a Keynote J.C. Penney Auditorium
Current Trends in Transgender Equality
Mara Keisling, National Center for Transgender Equality (NCTE), Washington, D.C.

9:30a Plenary J.C. Penney Auditorium
Diagnosing Gender: A Brief Historical Overview
Amy Cislo, PhD, Washington University in St. Louis

10:15a Break: Snacks Summit Room

10:30a Breakout Session Summit Room
A Discussion with Mara Keisling
Mara Keisling, Executive Director, National Center for Transgender Equality (NCTE), Washington, D.C.

Paper Presentations Room 202

10:30a Naming Ourselves: Claiming the Power of Self Articulation
Ren Wilding, MetroTrans Umbrella Group

10:50a HIV and Trans Individuals
Rick Zimmerman, PhD, University of Missouri-St. Louis

Workshop Sessions

1. CHILDREN AND FAMILIES HAWTHORN ROOM
   Queer Trans People of Color (QTPOC)
   Jae Shepherd and Ashton L. Beck, QTPOC

2. HEALTH, VULNERABILITY, AND WELL-BEING ROOM 403
   Transgender Spirituality: Everything Broken and Whole
   Rev. Sunshine Wolfe, First Unitarian Church of Alton, Florissant, MO

3. HEALTH, VULNERABILITY, AND WELL-BEING ROOM 402
   Understanding, Supporting, and Celebrating Trans* and Gender-Expansive Clients
   Kelly Storck, Therapist in Private Practice

4. HEALTH, VULNERABILITY, AND WELL-BEING ROOM 92
   Nuances in Therapy with Adult Trans* Clients
   Kerri Schafer, PhD, Jessica L. Semler, PhD, and Erika Patterson, PhD, University of Missouri Counseling Center, and Private Practice, Columbia, MO

5. TEACHING AND LEARNING ROOM 404
   Pronouns Matter! Navigating Language to Honor Gender
   Christine Dolan, Washington University in St. Louis

6. TEACHING AND LEARNING ROOM 204
   ‘Hearing’ Transgender Identity Emergence: A Practical Workshop for Teachers and Other Professionals from the Public and Private Sectors
   Kate O’Brien, LCSW, Doctoral Candidate, University of Missouri–St. Louis

11:15a Break
11:30a Plenary  J.C. Penney Auditorium
Personal Narratives: Storytelling
Sayer Johnson, Jarek Steel, Joss Barton, and Jaimie Heilman,
MetroTrans Umbrella Group (T)

12:15a Lunch  Summit Room

1:15p Plenary  J.C. Penney Auditorium
HUD’s Guidance on Appropriate Placement for Transgender Persons in Single-Sex Emergency Shelters and Other Facilities
Abbily Miller, U.S. Department of Housing and Urban Development, Brooklyn, NY

2:15p Break

2:30p Paper Presentations  Room 92

HEALTH, VULNERABILITY, AND WELL-BEING
Collective Archives of Resistance: Trans* Digital Storytelling on YouTube
Sarah Ray Rondot, University of Oregon

HEALTH, VULNERABILITY, AND WELL-BEING
Agency and Social Forces in the Life Course: The Case of Gender Transitions in Later Life
Vanessa Fabbre, Washington University in St. Louis

Workshop Sessions

1. HEALTH, VULNERABILITY, AND WELL-BEING  ROOM 94
Local Narrative Panel
Kara Walter, Tim Lumpkins, Jaimie Heilman, Ro Kicker, Metro Trans Umbrella Group, St. Louis, MO (T)

2. SOCIAL SUPPORT  ROOM 202
Creating Safe Spiritual Spaces
Rev. Wes Mullins and Rev. Lillie Brock, Metropolitan Community Church of Greater St. Louis

3. TEACHING AND LEARNING  ROOM 403
Trans Inclusive Practice: By Trans Voices
Rae Larson, Metro Trans Umbrella Group (T)

4. TEACHING AND LEARNING  ROOM 402
Balancing Gender Identity and Family Through Autobiography
Kathleen Nigro and Nat Smith, University of Missouri-St. Louis

5. TEACHING AND LEARNING  ROOM 404
The Year in Review: A Transgender Perspective
Laura Pearce and Brenda Bredemeier, University of Missouri-St. Louis

3:15p Break: Snacks  Summit Room

3:30p Movie  J.C. Penney Auditorium
Trans
Maureen Osborne, PhD, Papillon Gender Wellness Center, Doylestown, PA

This award-winning 2012 feature-length documentary profiles the remarkable lives of several different people from on the transgender spectrum. Following the film, one of the participants in the film, Dr. Maureen Osborne, will host a brief Q and A with the audience.
SCHEDULE

SATURDAY NOVEMBER 7

7:45a Registration J.C. Penney Auditorium

**Programing for Children and Teens**
Special programming for children (5-12) and teens (13-19) is offered today. Most activities will take place in the Hawthorn Room. Parents, please follow this schedule:

- Morning Drop-off: 8:00a Hawthorn Room
- Lunchtime Pickup: 11:45a J.C. Penney Aud
- Afternoon Drop-off: 1:00p Hawthorn Room
- Afternoon Pickup: 5:00p Hawthorn Room

8:15a Welcome J.C. Penney Auditorium

Chancellor Thomas George,
University of Missouri–St. Louis and Sayer Johnson,
Metro Trans Umbrella Group

8:30a Keynote J.C. Penney Auditorium

Observations from Two Decades of Active Listening to the Life Stories of Transgender Clients and their Families: A Gender Therapist’s Journey from Reluctant Gatekeeper to Fellow Explorer of the Gender Frontier
Maureen Osborne, PhD, Papillon Gender Wellness Center, Doylestown, PA

9:30p Break Summit Room

9:45p

Breakout Session

**Guilt, Shame And Fear: Facing And Challenging External Stigma And Internalized Transphobic Thinking**
Maureen Osborn, Ph.D., Papillon Gender Wellness Center, Doylestown, PA

Roundtable Session

**[CLOSED SESSION FOR POC ONLY]**
Health, Vulnerability, and Well-Being
“Queer Trans People of Color (QTPOC)” | Jae Shepherd and Ashton L. Beck, QTPOC (T)

Workshop Sessions

1. CHILDREN AND FAMILIES ROOM 402
**Transparent: Helping St. Louis Families Meet the Unique Challenges of Raising Gender Diverse Children, PART I**
Shannon Boyette, Janet Solecki, and Flint Boettecher, TransParent, St. Louis, MO

2. CHILDREN AND FAMILIES ROOM 404
**All Genders Celebrated: Programming Strategies to Affirm and Empower Transgender and Genderqueer Youth**
Ian Ellasante, University of Arizona

3. CHILDREN AND FAMILIES ROOM 403
**Protecting the Rights of Transgender Youth in Foster Care**
Kathryn Pierce Banks, JD, Legal Services Director, and Kelley McCadden Winkler, JD, Senior Child Advocacy Attorney, Voices for Children

4. HEALTH, VULNERABILITY, AND WELL-BEING ROOM 92
**[CLOSED SESSION FOR TRANS PEOPLE ONLY]**
Navigating Ogling Dates & Hook-ups as a Trans Man
Rae Larson, Metro Trans Umbrella Group (T)

5. SOCIAL SUPPORT ROOM 202
**State of the Trans Umbrella Center**
Sayer Johnson, Jaimie Hielman, Ashton Beck, Jae Scheperd, MetroTrans Umbrella Group (T)

6. TEACHING AND LEARNING ROOM 94
**Non-Binary 101 & Allyship**
Christine Dolan and Ro Kicker, Washington University in St. Louis

10:30a Break Summit Room
10:45a Plenary Session J.C. Penney Auditorium

The TransYouth Project: Understanding Transgender Children’s Development and Mental Health”
Kristina Olson, University of Washington, Seattle, WA

11:45a Lunch Summit Room

Roundtable Sessions Summit Room

[SEE TABLE TENTS]

1. SOCIAL SUPPORT
   Life After Transition: Conversation, Storytelling, and Discussion
   Sayer Johnson, MetroTrans Umbrella Group, St. Louis, MO (T)

2. SOCIAL SUPPORT
   Expression Spectrum
   Christine Dolan and Ro Kicker, Washington University in St. Louis

Paper Presentations Room 92

12:45p CHILDREN AND FAMILIES
   Embracing the Chiaroscuro: Theorizing Ambiguity in Trans Youth
   Lauren Baker, St. Louis University, St. Louis, MO

1:00p HEALTH, VULNERABILITY, AND WELL-BEING
   Barriers to Transgender Healthcare in St. Louis
   Cameron Kinker, Washington University in St. Louis

1:15p SOCIAL SUPPORT
   Invisible Injustice: The Violence of ‘Gender Nonconforming’ in the National Transgender Discrimination Survey
   Stephanie Skora, University of Illinois at Urbana-Champaign

Workshop Sessions

1. CHILDREN AND FAMILIES ROOM 404
   The Book of Eli
   Betty Crafter, Nationwide Children’s Hospital Volunteer

2. CHILDREN AND FAMILIES ROOM 402
   Transparent: Helping St. Louis Families Meet the Unique Challenges of Raising Gender Diverse Children, PART II
   Shannon Boyette and Flint Boettecher, TransParent, St. Louis, MO

3. HEALTH, VULNERABILITY, AND WELL-BEING ROOM 94
   Self-Guided Voice Transitioning: The pTch App
   Marie Klopfenstein, J. Colin Crowley, Alexandra Taitt, Josh Zuber, Southern Illinois University, Edwardsville, IL (T)

4. HEALTH, VULNERABILITY, AND WELL-BEING ROOM 403
   Lost to the System: Tales of Transfolk with Mental Illness
   Capella Marissa Huniwalt and Shane Pyatt, MetroTrans Umbrella Group, Manchester, Mo.

5. HEALTH, VULNERABILITY, AND WELL-BEING ROOM 202
   Coming Out in School: A Panel Discussion
   Holly Hick and Kyle Edwards, Seckman High School, St. Louis, MO; Bill Senti and Samantha DeMichielli, Craig Elementary School, St. Louis, Mo.; Lila Perry, Hillsboro High School, Hillsboro, Mo.

6. HEALTH, VULNERABILITY, AND WELL-BEING ROOM 204
   Sexual Assault: Challenges and Coping within Trans Communities
   Allison Kirschbaum, Allison Warren, and Phil Eiseman, Sexual Assault Research and Education Program, University of Missouri–St. Louis

1:30a Break

10202020
Roundtable Sessions Summit Room

[SEE TABLE TENTS]

1. CHILDREN AND FAMILIES
   Transitioning is a Family Experience
   Patricia Berne, PhD, Private Practice, St. Louis, MO

2. CHILDREN AND FAMILIES
   Trans Family Voices
   Kim Kreitner, Sharon Johnson, Meg Hensley, Elizabeth Crist-Moore, and Madalyn Mentor, The Family Room

3. TEACHING AND LEARNING
   Transitioning in the Workplace: Then and Now
   Stephanie M. Thurmer, Rebecca Skinner, Ashton Beck, Aiden Liam, and Jaimie Heilman (moderator), St. Louis, Mo.

4. TEACHING AND LEARNING
   Gender is Fluid, So Why Can’t Language Be?
   Jessica Eikmann, PRIZM, St. Louis, Mo.

Paper Presentations Room 404

1:45p SOCIAL SUPPORT
   Transgender in the Heartland
   Jamie Wagman, Saint Mary’s College

2:05p TEACHING AND LEARNING
   Transgressing Heteronormative Parenting to Support Contemporary Youth
   Henrietta Campbell, Webster University

Workshop Sessions

1. CHILDREN AND FAMILIES
   Transgender Issues in Family Courts
   Holly Yoakum and Laura Halfmann, Legal Services of Eastern Missouri, Inc.

2. CHILDREN AND FAMILIES
   Raising a Trans Identified Child
   Micah Heumann, University of Illinois, Champaign-Urbana.

3. CHILDREN AND FAMILIES
   The Socially Transitioning Family: Caring for a Gender-Expansive Child
   Kelly Storck, Private Practice Therapist

4. HEALTH, VULNERABILITY, AND WELL-BEING
   Sex 101
   BOX and MetroTrans Umbrella Group (T)

5. HEALTH, VULNERABILITY, AND WELL-BEING
   Guilt, Shame and Fear: Facing and Challenging External Stigma and Internalized Transphobic Thinking
   Maureen Osborne, PhD, Papillon Gender Wellness Center, Doylestown, PA

6. HEALTH, VULNERABILITY, AND WELL-BEING
   Eliminating Transgender Exclusions: What You Need to Know and Tools for Navigating Effective Advocacy
   André Wilson, Jamison Green & Associates, Ann Arbor, MI

7. TEACHING AND LEARNING
   Telling/Sharing Our Trans Stories, Part I
   Joan Lipkin, That Uppity Theatre Company (T)

Break

Roundtable Session Room 404

HEALTH, VULNERABILITY, AND WELL-BEING
The Opportunity Costs of Transition
   Laura Pearce and Terri Andrews, University of Missouri–St. Louis
Paper Presentations Room 92

2:45p POLICY AND POLITICS
The Potty is the Hardest Part: Rethinking Gender Segregation and Citizenship
Adrienne Davis, Washington University in St. Louis

3:05p SOCIAL SUPPORT
Breaking Binarism: An Analysis of the Experience of No-Binary Gender Identified Individuals of Color
Stephanie Skora, University of Illinois at Urbana-Champaign

Workshop Sessions

1. CHILDREN AND FAMILIES ROOM 402
Hear Us Out: A Trans Youth Panel Discussion
Kendan Elliott, Youth in Need, St. Louis, Mo.

2. HEALTH, VULNERABILITY, AND WELL-BEING ROOM 202
Transgender Rights in Long-Term Care
Daniel Steward, MSG and Sherrill Wayland, MSW, Metro Trans umbrella Group

3. SOCIAL SUPPORT ROOM 403
Embracing Your Spiritual Self
Rev. Wes Mullins and Rev. Lillie Brock, Metropolitan Community Church of Greater St. Louis

4. TEACHING AND LEARNING J.C. PENNEY AUDITORIUM
Telling/Sharing Our Trans Stories, Part II
Joan Lipkin, That Uppity Theatre Company (T)

5. TEACHING AND LEARNING ROOM 204
How to Be a Good Ally! 101
Rae Larson, Metro Trans Umbrella Group (T)

2:30a Break: Snacks Summit Room

3:45a Community Meeting J.C. Penney Auditorium

After the conference, please continue the conversation by visiting the Transgender Spectrum Conference’s Facebook page at Transgender Spectrum Conference stl. Visit and like - join us in the on-going discussions!
Many Thanks to Our UMSL and Community Partners

This conference could not have happened without the generous support of our sponsors.

UMSL PARTNERS

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MU Women & Gender Studies ACLU
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2015 CONFERENCE PLANNING COMMITTEE

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O’Brien, Kate Pearce, Laura
Shaughnessy, Andrew Smith, Nat
Stoll, Aladeen Wayland, Sherrill

Trans Youth Project Research Study on Gender Nonconformity in Children

The Social Cognitive Development lab at the University of Washington is interested in social development in children and has a new research project they are currently recruiting families for. The project aims to better understand gender development by studying the topic in gender nonconforming and gender conforming children. Visit their Exhibit Table if you are interested in participating in their study. Interviews take 30-60 minutes and include children from ages 3-12. Thanks for considering being part of this research!