

ICTS Center for Applied Research Sciences (CARS) Charge-Back Mechanisms

Effective July 1, 2013

Dear Colleagues:

The adult and the pediatric clinical research units continue to experience budgetary reductions under the current funding environment. It is now required that the CARS increases its charge-back contribution to recover a greater percentage of expenses. Accordingly, we need to institute additional charge-backs for services provided by the Clinical Research Unit (CRU) and Pediatric Clinical Research Unit (PCRU) to continue to provide services to ICTS member investigators.

The following charges will be implemented effective July 1, 2013 for all (both existing and new) research studies using the CRU or the PCRU. It is important to include these charges in all new grant applications and study budgets, and add ~4% increase/year for multi-year grant proposals in anticipation of potential future increases.

1. Nursing Services for investigator-initiated studies

- a. Study visits lasting <1 hour: \$10/visit
- b. Study visits lasting 1-2 hours: \$20/visit
- c. Study visits lasting >2 hours, but do not require an overnight stay: \$25/visit
- d. Study visits that require an overnight stay in the CRU: total visit charge of \$50/night

There will not be a charge for investigator-initiated research studies that use the unit space only and do not require nursing or other CARS personnel support.

2. Lifestyle Intervention Research Core (LIRC)

To determine exact needs and charges, based on the services listed below please contact Cathy Anderson Spearie, RD (362-7627; Anderson_C@wustl.edu) for CRU studies and Libby Beach (454-6221; beach_l@kids.wustl.edu) for PCRU studies.

	Investigator-initiated studies	Industry-initiated studies
Protocol Development (Registered Dietitian)	\$20/hour	\$60/hour
Nutrition Education	\$20/hour w/ RD	\$60/hour w/ RD
	\$10/hour w/ Diet Tech	\$30/hour w/ Diet Tech
Nutrient Analysis (RD or Diet Tech)		
24 hour recall	\$5	\$20
Food Diary Analysis (2-3 hrs)	Education cost rate	Education cost rate
Meals		
Standard meals (simple, pre-set menus)	No fee	\$10
Deluxe meals (specific for research protocol)	\$5	\$11
Specialized meals (labor intensive or expensive ingredients)	\$7	\$15
Highly-specialized meals	(ingredients + \$10/hr labor)	(ingredients + \$30/hr labor)
Formula meals (prepackaged liquid or solid meals)	\$5	\$10
Diet Tech services (e.g. taste testing)	\$10/hour	\$30/hour
Management of packed out meals (ordering, receiving, storing and packing for pick-up)	\$250/protocol/year	\$350/protocol/year

3. Body Composition Analyses

	Investigator-initiated study	Industry-initiated study
Whole Body	\$75	\$175
Forearm	\$75	\$175
Hip & Spine	\$75	\$175
Combination (>1 from above)	\$125	\$275
Pea/Bod Pod	\$75	\$175

Please consider taking advantage of the ICTS Just-in-Time Core Usage Funding Program, which provides up to \$5,000 to help cover costs of a research study. More information on the Just-in-Time program can be obtained at the ICTS website: <http://icts.wustl.edu/> under “Funding Opportunities”.

Although it is necessary to increase some cost recovery for services, please know that these charges are much less than actual costs, because of considerable subsidy by the NIH CTSA UL1 TR000448 grant, Barnes-Jewish Hospital and other WUSM institutional resources.

Samuel Klein, MD
Director, ICTS Center for Applied Research Sciences

Neil H. White, M.D., CDE
Director, Pediatric Clinical Research Unit

Issue date: February 11, 2013

Cc: Bradley A. Evanoff, MD, MPH
ICTS Director