FOOD ITEMS NEEDED

LIGHT TUNA & SALMON (CANNED & POUCHES) & CANNED CHICKEN
SOUP, CHILI, STEWS WITH MEAT/BEANS (A MEAL IN A CAN)
CANNED FRUIT (IN NATURAL JUICES)
DICED TOMATOES, TOMATO PASTE, CANNED SPAGHETTI SAUCES
(LOW SODIUM APPRECIATED)
CANNED BEANS (LOW SODIUM APPRECIATED)
INSTANT BROWN RICE, WHOLE WHEAT PASTA BOXED MEAL KITS
CANNED VEGETABLES
DRIED SPICES: CHILI POWDER, GARLIC POWDER, CUMIN, OREGANO, BASIL
DEODORANT, TOOTHBRUSHES & TOOTHPASTE

PLEASE NO: GLASS CONTAINERS (DUE TO BREAKAGE)
EXPIRED ITEMS ~ MEDICINE ~ OPEN CONTAINERS
JUNK FOOD, CHIPS, CANDY, SWEETS
RAMEN NOODLES ~ ALCOHOLIC BEVERAGES
SODA JUICE BOXES & JUICE POUCHES
PERISHABLE FOOD