Table of Contents

Housing Insecurity ................................................................. 3
    ON CAMPUS ........................................................................ 3
    COMMUNITY RESOURCES .................................................. 3
Food Insecurity ........................................................................ 4
    ON CAMPUS ........................................................................ 4
    COMMUNITY RESOURCES (63112) ........................................ 4
Medical Support ........................................................................ 5
    ON CAMPUS ........................................................................ 5
    COMMUNITY RESOURCES .................................................. 5
Mental Health and Counseling .................................................. 7
    ON CAMPUS ........................................................................ 7
    COMMUNITY RESOURCES .................................................. 7
Basic Necessities ..................................................................... 7
    COMMUNITY RESOURCES .................................................. 7
Utilities ..................................................................................... 8
    COMMUNITY RESOURCES .................................................. 8
Academic Resources ................................................................ 8
    ON CAMPUS ........................................................................ 8
Interpersonal Violence ............................................................ 9
    ON CAMPUS ........................................................................ 9
    COMMUNITY RESOURCES .................................................. 10
Legal Support .......................................................................... 11
    Community Resources ........................................................ 11
Career Support ....................................................................... 11
    ON CAMPUS ........................................................................ 11
    COMMUNITY RESOURCES .................................................. 11
Veterans .................................................................................. 12
    ON CAMPUS ........................................................................ 12
    COMMUNITY RESOURCES .................................................. 12
Child Care .............................................................................. 13
    ON CAMPUS ........................................................................ 13


ON CAMPUS

Spencer T. Olin Residence Hall (Medical Campus)
Olin Residence Hall provides housing for approximately 168 medical and graduate students in the School of Medicine, and those enrolled in Physical Therapy, Occupational Therapy, Program in Audiology and Communication Science, Genetic Epidemiology, and the Division of Biology & Biomedical Sciences.

- Phone: 314-362-3230
- Website: https://facilities.med.wustl.edu/olin-residence-hall
- 4550 Scott Avenue
- St. Louis, MO 63110-1031

Residential Life (Danforth)
The Office of Residential Life is responsible for campus student housing and related services. The staff is available to advise individuals and provide access to diverse services. This office oversees Resident Advisors and the Resident Advisor Duty Office. Resident College Directors (RCDs) and Resident Advisors (RAs) are available to provide a support system for students.

- 314-935-5050
- Website: https://reslife.wustl.edu
- Gregory Minner, Executive Director of Dining Services and Business

COMMUNITY RESOURCES

ST. LOUIS REGION HOUSING HELPLINE
314-802-5444
Most (but not all) of the shelters and transitional housing locations in both the city and county will say you need to start the process by calling the Housing Helpline (formerly Housing Resource Center.) **The Intake process takes place at Biddle House Opportunities Center or St. Patrick Welcome Center.**

ST. LOUIS COUNTY DEPARTMENT OF HEALTH
www.stlouisco.com
Many locations and resources. Go to the County website and click on the tab Health & Wellness.

ST. PATRICK CENTER
800 North Tucker 63101
www.stpatrickcenter.org 314-802-0700
The St. Patrick Partnership Center is a one-stop location downtown that offers more than 25 programs and 13 partner organizations, all in one place. Programs include: Direct Assistance (food, clothing, utilities, hot lunches, etc.); Referrals to Shelters; Rental and Mortgage Payment Assistance; Counseling; Tutoring and GED classes; Health and Dental Care through Grace Hill; Mental Health Services; Legal Services; Day Care; Life Skills, small business development, and
more. Shamrock Club provides employment training, financial counseling, 12-step and substance abuse counseling, (and meals).

**ANNIE MALONE CHILDREN & FAMILY SERVICES**

**Transitional Living for youth ages 16-21 for 6-24 months**

[www.anniemalone.com](http://www.anniemalone.com)

JaMecia McCall, Transitional Living Program Manager

Office #: 314-361-1122 x1044

[amcfsc@anniemalone.com](mailto:amcfsc@anniemalone.com)

**EPWORTH CHILDREN & FAMILY SERVICES**

**Independent Living Program for participants ages 17-23**

[www.epworth.org](http://www.epworth.org)

Katrina Peoples, Chief Program Officer

Office #: 314-727-6294

[communityservices@epworth.org](mailto:communityservices@epworth.org)

---

**Food Insecurity**

**ON CAMPUS**

**DINING SERVICES AT WUSTL**

**Paul Schimmele**

Danforth Campus Dining Services Manager

(314) 935-8319

E-mail Paul

**CAMPUS KITCHENS**

The Campus Kitchen at Washington University is a student-run group that fights hunger in St Louis. Email washucampuskitchen@gmail.com for questions

314.935.3942

**COMMUNITY RESOURCES (63112)**

**PEOPLE'S CENTER COOK ELEMENTARY SCHOOL**

5935 Horton Pl. 63112

[www.pcacstl.org](http://www.pcacstl.org) 314-862-6270

Call for food pantry hours.
ST. AUGUSTINE CATHOLIC CHURCH (FATHER BOB’S)
1371 Hamilton Ave. 63112
www.fatherbobsoutreach.com   314-385-1934
Food pantry and clothing: Monday-Friday 9:30 am-11:00 am. Utility assistance starts 6:00 am. Dinner: last five working days of the month 4:00 pm-5:00 pm.

Medical Support

ON CAMPUS

Habif Health & Wellness Center
In the Nathan Dardick House on the South 40 Danforth Campus, the Habif Health & Wellness Center provides medical, mental health, and health promotion services designed to enhance the physical and emotional wellbeing of students.

- Phone: 314-935-6666
- Address: Nathan Dardick House on the South 40 Danforth Campus
- SHS.wustl.edu

WUSM Student Health Service
The Student Health Service on the Medical Campus provides on-site medical, mental health, and health promotion services to medical campus students.

- Phone: 314-362-3523
- After hours: 314-362-3526
- 8:00 a.m. – 4:00 p.m., Monday through Friday
- Address: 4525 Scott Ave., Room 3420 (Third Floor), East Building
- WUSMhealth.wustl.edu

COMMUNITY RESOURCES

THE AFFORDABLE CARE ACT
Many low-income families or individuals can purchase health insurance through state insurance exchanges and also get federally subsidized discounts if income levels are low enough.

AFFINIA HEALTH CARE (FORMERLY GRACE HILL)
www.affiniahealthcare.org
314-814-8700 to make an appointment
314-898-1782 for Affinia Urgent Care
Breast Examinations, Mammograms, Pap Tests, Sexually Transmitted Disease Screening, Contraception, Natural Family Planning, Infertility Services, Pregnancy Counseling, Pregnancy Testing, Prenatal Care, Community Clinics, Urgent Care Centers, Sexually Transmitted Disease Treatment, Adolescent/Adult Immunizations, Childhood Immunizations, Flu Vaccines, HPV
Immunizations, Internal Medicine, Obstetrics/Gynecology, Pediatrics, Developmental-Behavioral Pediatrics, Podiatry/Foot Care, Radiology, WIC, Community Mental Health Agencies, Perinatal/Postpartum Depression Counseling, Outreach Programs

Sliding fee scale to uninsured patients that is based on household income. Six locations,

AFFINIA HEALTHCARE AT THE ST. LOUIS DENTAL EDUCATION AND ORAL HEALTH CLINIC
1500 Park Ave. 63104
314-814-8700

BEHAVIORAL HEALTH RESPONSE
www.bhrstl.org
24-hour Mental Health Crisis Line: 314-469-6644 or 800-811-4760
BHR provides free confidential telephone counseling to people in mental health crises as well as mobile outreach services, community referral services and critical incident stress management (CISM).

CONTRACEPTIVE CHOICE CENTER
4533 Clayton Ave. 63110
c3.wustl.edu 314-747-0800
A full-service women's health clinic that provides birth control, well-woman exams, pap smears, sexually transmitted infection testing and emergency contraception. Same day appointments available.

MISSOURI COLLEGE DENTAL HYGIENE CLINIC: Missouri College Dental Hygiene Clinic offers general dentistry services. Referrals are given for fillings or crowns. Services are free, but they do ask for patients to make a small donation that goes to their student scholarship fund. The Clinic requires a minimum of three appointments. 1405 S Hanley Rd ● Brentwood, MO 63144 ● 314-768-7898

ST. LOUIS COMMUNITY COLLEGE DENTAL HYGIENE CLINIC: St. Louis Community College Dental Hygiene Clinic provides general dentistry services. St. Louis Community College faculty, staff and students receive a 50% discount. Discounts are available for Medicare recipients, and Medicaid card holders are free. Other patients pay a nominal fee. The Clinic is closed for semester breaks. Forest Park Campus-5600 Oakland Ave A419 ● St. Louis, MO 63110 ● 314-644-9331

ST. LOUIS COUNTY HEALTH DEPARTMENT:
The St. Louis County Health Department offers general dentistry services to St. Louis County residents. Services are provided on a sliding scale basis. Medicaid is accepted. There is a waiting list for services, though transportation is available.

- North Central Center 4000 Jennings Station Rd St. Louis, MO 63121 314-679-7800 (main) 314-615-0444 (appt)

Community Health in Partnership Services Community Health provides outpatient dental services (cleanings, fillings or extractions). Services are free to patients who have no other
source of dental care. They provide referrals for more intensive procedures. Call to make an appointment and for fees. 2431 N Grand Blvd ● St. Louis, MO 63106 ● 314-652-9231

Mental Health and Counseling

ON CAMPUS

STUDENT HEALTH SERVICES-DANFORTH
Habif Health & Wellness Center — Student Health Services provides the student community of Washington University in St. Louis with premiere, student-centered health and health promotion services. We offer a range of services from medical checkups and mental health services to wellness support and health education.

"Let's Talk" is a program that provides students with easy access to free, brief, confidential consultations with counselors from Mental Health Services (MHS). See the Let's Talk page for more information.

Therapy Assisted Online (TAO) - Therapy anytime, anywhere for anxiety, depression and stress management on your mobile device. Click here for additional information.

Make an appointment online at shs.wustl.edu

STUDENT HEALTH SERVICES-MEDICAL SCHOOL
Student Health Counseling understands that being a medical/graduate/professional student presents a unique set of challenges. The professional staff members of the Student Health Counseling works with students to resolve personal and interpersonal difficulties, many of which can affect their academic experience.

Make an appointment online at wusmhealth.wustl.edu

COMMUNITY RESOURCES

ADAPT OF MISSOURI
2301 Hampton Ave. 63139
4030 Chouteau Ave. 63110
www.adaptusa.com 888-657-3201
ADAPT of Missouri provides individual therapy, community support and psycho-social rehabilitation for adults living with mental illness. After hours-on-call.

Basic Necessities

COMMUNITY RESOURCES

CENTRAL REFORM CONGREGATION (CRC)
5020 Waterman 63108
314-361-3919
Clothing and food pantry Monday - Friday, 9 - 5. Clothing for adult women and children. Sometimes mens. Call at (314)361-3919 for more information or if looking for something specific.
DREAM CENTER
4324 Margareta Ave. 63115
www.stldreamcenter.org 314-381-0700
Clothing Boutique. Distributes new and gently used clothing and accessories at no charge.
Open to the public Tuesday through Friday 1:00 pm-3:00 pm.

COMMUNITY RESOURCES
COOL DOWN-HEAT UP ST. LOUIS
www.cooldownstlouis.org  314-241-7668
A website with information about utility assistance, tips for the heat, and much more. Provides
air conditioners if qualified. Call for more information or go to their website. Includes list
of COOLING CENTERS.

FATHER BOB’S ST. AUGUSTINE CATHOLIC CHURCH
1371 Hamilton Ave. 63112
www.fatherbobsoutreach.com  314-385-1934
Utility and rental assistance every Monday, Wednesday, Friday to the first 30 people in line by
6:00am. Must have ID, utility bill or rental agreement and $25 cash or money order which will be
matched with up to $75 toward the bill.

Academic Resources

ON CAMPUS

CORNERSTONE
Located on the first floor of Gregg House on the South 40, Cornerstone is the hub of
academic support at Washington University. Learn about Cornerstone academic support:

Services include Academic Programs, providing peer mentors, advising, workshops, and other
useful resources.

Cornerstone also includes Disability Resources, which provides resources for students with
disabilities and suspected disabilities.

Finally, Cornerstone administers TRiO, a federally-funded program that offers advising, leadership
development, financial assistance, and other support to students who are low-income, the first in
their family to go to college, and/or have a documented disability.

Cornerstone: The Learning Center
Campus Box 1135, South Forty-Gregg House
St. Louis, MO 63130
314-935-5970
THE WRITING CENTER
The Writing Center staff are writers helping writers through the process of revision. We are undergraduate students, graduate students and faculty members who love to write and to help others clarify their thoughts and ideas.

We provide free one-on-one writing tutorials to all WashU students. We also offer a variety of writing workshops designed to help you become a better writer.

https://wustl.mywconline.net/
314-935-4981
writing@wustl.edu

ON CAMPUS

RELATIONSHIP & VIOLENCE PREVENTION CENTER
The RSVP Center operates from a public health model and utilizes trauma informed practices, response, and prevention education to address relationship and sexual violence. The RSVP Center can provide trauma-informed counseling and support.

SCHEDULE APPOINTMENT
To schedule a confidential appointment with an RSVP Counselor, contact Kitty at 314-935-3445 or conroyr@wustl.edu.

VISIT US ON DANFORTH CAMPUS
RSVP Center
Seigle Hall, Suite 435
Campus Map

GLADYS SMITH-MEDICAL SCHOOL
Part of Student Health Counseling, Dr. Gladys Smith is a licensed Psychotherapist, Nationally Certified Counselor, Licensed Clinical Mental Health Counselor, Master Addiction Counselor, and Registered Yoga Teacher. Gladys is also an Approved Clinical Supervisor. She is also a Certified Trauma Professional and Compassion Fatigue Facilitator. She volunteers in the community with several organizations. She is an Alive & Well STL Ambassador and is a member of the Steering Committee for Alive & Well. She teaches Emotional Emancipation, Trauma Awareness courses, and Trauma focused and Peace Yoga classes in the community.

To schedule an appointment, please call the office directly at (314) 362-2404.

SARAH
We are a student-run helpline that serves the Washington University in St. Louis community.
We offer counseling on topics including, but certainly not limited to, feelings, sexual assault, sexual harassment, intimate partner and sexual violence, relationships, mental and sexual health.

S.A.R.A.H. is a confidential resource, and is available to members of the Wash U community 24 hours a day, 7 days a week (excluding winter and summer break).

Call 314-935-8080 24/7 and leave a voicemail with a name (doesn’t have to be your real name). A SARAH will call back within 20 minutes.

UNCLE JOE’S PEER COUNSELING
Highly Trained Peer-Counselors that keep things confidential and are equipped with resources for undergraduate, graduate, and professional students.

Walk-In Hours:
- Open 10PM – 1AM every night, excluding university holidays and breaks.
- Our office is located in the basement of Gregg Hall on the South 40. Enter from the store fronts (in between STS and WashU Wash) or through the side door next to Off the Row, go down the hall and follow the signs.

24/7 Phone: (314) 935-5099
We are available 24 hours a day, seven days a week, excluding university holidays and breaks. Feel free to call us anytime. Simply leave a brief message with your number and someone will call you back within 15 minutes.

COMMUNITY RESOURCES

ALIVE (ALTERNATIVES TO LIVING IN VIOLENT ENVIRONMENTS)
Services: Motel placement, transportation, court advocacy, professional therapy for women, children, and men who have been battered, structured program for children, support groups for women and children, French, Spanish and Dutch fluency, Safe at Home application assistance.
- Local: 314.993.2777
- Hotline: 800.941.9144
- www.alivestl.org

YWCA ST. LOUIS REGIONAL SEXUAL ASSAULT CENTER
Services: Support groups for women, professional therapy for women and men, professional and prevention education, hospital advocacy, court advocacy.
- 314.726.6665
  Hotline: 314.531.7273
- info@ywcastlouis.org

SAFE CONNECTIONS
Services: Support groups for women and teens, professional therapy for women and children, services for deaf or hard of hearing individuals, teen violence prevention program, individual counseling for teen girls, Farsi and Hebrew fluency.
Community Resources

ARCH CITY DEFENDERS
1210 Locust St. 63103 (Second Floor)
www.archcitydefenders.org
855-724-2489 Call is toll-free.
Free or low-cost holistic legal representation, from minor criminal offenses, to landlord-tenant law, to family law issues. They also will represent people facing misdemeanor and felony charges.

LEGAL AID (Legal Services of Eastern Missouri)
4232 Forest Park 63108
www.lsem.org 314-534-4200
Legal services in the areas of housing, domestic issues, financial, health, immigration, elderly and many others, including some social services. Call or check website for more locations.

Career Support

ON CAMPUS

CAREER SERVICES
The Washington University in St. Louis Career Center coaches students to translate their interests, skills, values, knowledge, and experiences into purposeful career paths and to join career communities connected to the world beyond WashU. We serve all students including: Undergraduates, Masters, PhDs, Post-docs, UCollege, and Alumni.

- Careers@wustl.edu
- 314-935-5930
- https://careercenter.wustl.edu/students/onlinescheduling/

COMMUNITY RESOURCES

CONNECTIONS TO SUCCESS and DRESS FOR SUCCESS
www.connectionstosuccess.org
2125 Bissell 63107 (No street sign - In the Grace Hill building near Grand and Florissant) 314-584-6887
Monday-Friday 9:00 am-4:00 pm. Organization provides clothing for job interviews and outfits for starting work before the first paycheck. Also, counseling and job readiness. They work with
men and women who have been incarcerated, as well as other job seekers. Call to make an appointment if possible.

**LAUNCHCODE**
4811 Delmar  63108  
[www.launchcode.org](http://www.launchcode.org)
*Learn coding and programming.* Non-profit organization that provides classes, mentoring, 'codergirl' for women, apprenticeships and job placement in computer technology.

<table>
<thead>
<tr>
<th>Veterans</th>
</tr>
</thead>
</table>

**ON CAMPUS**

**Office of Military & Veteran Services**

Our services include advising on maximizing benefits, supporting military-connected students with questions or concerns, supporting faculty who work with student veterans, facilitating connection between veterans and non-veterans, connecting veteran students to campus/community resources, and providing veteran-unique programming.

**Jennifer Goetz**
Veteran Student Services Advisor
314-935-2609
Jennifer.goetz@wustl.edu

**COMMUNITY RESOURCES**

**DEPT. OF VETERANS AFFAIRS VOCATIONAL REHABILITATION AND EMPLOYMENT**
9700 Page Avenue  63132
[www.benefits.va.gov/vocarehab](http://www.benefits.va.gov/vocarehab)  314-552-9881  800-827-1000

Job training, resume development, job seeking skills coaching; assistance in starting own business; and independent living services for disabled or those unable to work in traditional employment.

**FREEDOM PLACE APARTMENTS**
4011 Delmar Blvd.  63108
[www.freedomplace.livewell.com](http://www.freedomplace.livewell.com)  314-534-9226

Newly rehabbed building, furnished apartments, veterans services.
ON CAMPUS

WASHINGTON UNIVERSITY FAMILY LEARNING CENTER
The Washington University Family Learning Center serves the children of parents and legal guardians who are current Washington University in St. Louis faculty, academic and non-academic staff, full-time graduate and professional students, and the children of the benefits-eligible employees of the university’s basic services contractors.

Managed by Bright Horizons Family Solutions, the Washington University Family Learning Center is a 19,900 square foot facility that accommodates 156 children from six weeks to six years of age. The center offers exceptional, high quality child care designed to serve the diverse families of our faculty, staff, students and contractors. Bright Horizons Family Solutions manages more than 700 child care and early education centers, including centers for approximately 30 higher education clients.

Family Learning Center
840 Rosedale Avenue
Campus Box 1237
St. Louis, MO 63112
wustl@brighthorizons.com
314-935-KIDS (5437)
Fax: 314-935-3272

BACK-UP CARE ADVANTAGE PROGRAM
- Benefits-eligible faculty and staff, clinical fellows, post docs, and full-time graduate and professional students are eligible.
- Provides center-based back-up child care or in-home back-up child care.

To register or to make reservations for care, please contact Bright Horizons Family Solutions as by phone at 877-242-2737 or by accessing Brighthorizons.com/advantage and entering username “WUBACKUP” and password “BACKUP.”