

BMI Change

Study No.	Author(s)	Year	Category	RCT	Sample Size	Mean Age	Mean BMI
100001	Hofsø D, Nordstrand N, Johnson LK, et al.	2010	GB	0	76	42.8	46.7
100001			Control	0	63	47	43.3
100015	Herrera MF, Pantoja JP, Velazquez-Fernandez D, Cabiedes J, Aguilar-Salinas C, Garcia-Garcia E, et al.	2010	GB	1	11	36.8	44.9
100015			GB	1	12	39.8	44.5
100027	Bose M, Machineni S, Olivan B, Teixeira J, McGinty JJ, Bawa B, et al.	2010	GB	0	11		45.1
100027			AGB	0	9		46.5
100037	Lee WJ, Ser KH, Chong K, Lee YC, Chen SC, Tsou JJ, et al.	2010	SG	0	20	46.3	31
100067	Søvik TT, Taha O, Aasheim ET, Engstrom M, Kristinsson J, Bjorkman S, et al.	2010	GB	1	31	35	54.8
100067			GB	1	29	36	55.2
100072	Chao SH.	2010	AGB	0	10	28.9	43.31
100125	Sanchez-Santos R, Masdevall C, Baltasar A, Martinez-Blazquez C, Garcia Ruiz de Gordejuela A, Ponsi E, et al.	2009	SG	0	540	44.1	48.1
100127	Johansson HE, Zethelius B, Ohrvall M, Sundbom M, Haenni A.	2009	GB	0	21	42.2	43.3
100127			Control	0	21	42.2	43.3
100129	Toouli J, Kow L, Ramos AC, Aigner F, Pattyn P, Galvao-Neto MP, et al.	2009	AGB	0	339	45.4	42.94
100132	Phillips E, Ponce J, Cunneen SA, Bhoyrul S, Gomez E, Ikramuddin S, et al.	2009	AGB	0	276	38.6	44.5
100144	Sultan S, Parikh M, Youn H, Kurian M, Fielding G, Ren C.	2009	AGB	0	53	46.9	33.1
100153	Heath ML, Kow L, Slavotinek JP, Valentine R, Toouli J, Thompson CH.	2009	AGB	0	18	44	39

100165	Iannelli A, Anty R, Piche T, Dahman M, Gual P, Tran A, et al.	2009	GB	0	55	37.8	43.2
100165			GB	0	18	37.4	53.8
100183	Csendes A, Maluenda F, Burgos AM.	2009	GB	1	35	37.35	43.3
100183			GB	1	35	37.35	43.2
100215	Roth CL, Reinehr T, Schernthaner GH, Kopp HP, Kriwanek S, Schernthaner G.	2009	GB	0	18	42.2	47.4
100235	Fleischer J, Stein EM, Bessler M, Della Badia M, Restuccia N, Olivero-Rivera L, et al.	2008	GB	0	23		47
100239	Johansson L, Roos M, Kullberg J, Weis J, Ahlstrom H, Sundbom M, et al.	2008	GB	0	7	35	43.7
100249	Lee WJ, Lee YC, Ser KH, Chen JC, Chen SC.	2008	GB	0	544	31.4	41.3
100249			AGB	0	116	31.8	41.9
100269	Riedl M, Vila G, Maier C, et al.	2008	GB	0	30	42.9	47.7
100269			AGB	0	10	43.9	47.6
100287	Karamanakos SN, Vagenas K, Kalfarentzos F, Alexandrides TK.	2008	GB	1	16	37	46.6
100287			SG	1	16	30.6	45.1
100288	Colles SL, Dixon JB, O'Brien PE.	2008	AGB	0	129	45.2	44.3
100296	Busetto L, Angrisani L, Basso N, Favretti F, Furbetta F, Lorenzo M, et al	2008	GB	0	216	36.5	44.9
100296			GB	0	5,074	64.1	44.2
100310	Cariani S, Palandri P, Della Valle E, Della Valle A, Di Cosmo L, Vassallo C, et al.	2008	Combined	0	289	40.1	51.4
100330	Gravante G, Araco A, Araco F, Delogu D, De Lorenzo A, Cervelli V.	2007	AGB	1	400	43.6	46.2
100332	Swenson BR, Saalwachter Schulman A, Edwards MJ, Gross MP, Hedrick TL, Weltman AL, et al.	2007	GB	0	13	39.7	46.3
100332			GB	0	19	41.7	50.7

100336	Martin LF, Smits GJ, Greenstein RJ.	2007	AGB	0	292	38.8	47.4
100336			AGB	0	193	41.5	46.6
100371	Mathus-Vliegen EM, de Wit LT.	2007	AGB	1	50	35.00	50.7
100394	Naef M, Naef U, Mouton WG, Wagner HE.	2007	AGB	0	128	40.20	44.5
100412	Lee WJ, Wang W, Wei PL, Huang MT.	2006	AGB	0	91	31.20	42.7
100425	Nelson WK, Fatima J, Houghton SG, Thompson GB, Kendrick ML, Mai JL, et al.	2006	GB	0	188	45.00	61
100449	O'Brien PE, Dixon JB, Laurie C, Skinner S, Proietto J, McNeil J, et al.	2006	GB	1	40	41.8	33.7
100449			Combined	1	40	40.7	33.5
100460	Skroubis G, Anesidis S, Kehagias I, Mead N, Vagenas K, Kalfarentzos F.	2006	GB	1	65	33	44.6
100460			GB	1	65	34.8	45.3
100493	van Dielen FM, Soeters PB, de Brauw LM, Greve JW.	2005	VGB	1	50	39	46.6
100493			AGB	1	50	37.2	46.7
100511	Lee WJ, Yu PJ, Wang W, Chen TC, Wei PL, Huang MT.	2005	GB	1	40	31.1	43.8
100511			GB	1	40	30.7	44.8
100539	Silecchia G, Greco F, Bacci V, Boru C, Pecchia A, Casella G, et al.	2005	AGB	0	24	58.6	42.3
100539			AGB	0	24	41.2	42.1
100551	Inabnet WB, Quinn T, Gagner M, Urban M, Pomp A.	2005	GB	1	25	36.4	44.6
100551			GB	1	23	34.2	44.9
100577	Angrisani L, Di Lorenzo N, Favretti F, Furbetta F, Iuppa A, Doldi SB, et al.	2004	AGB	0	166	36.90	30-39.9
100577			AGB	0	302	37.80	40-49.9
100577			AGB	0	96	39.00	50-59.9
100577			AGB	0	9	37.10	60-69.9

100585	Ortega J, Escudero MD, Mora F, Sala C, Flor B, Martinez-Valls J, et al.	2004	VGB	0	10	36.60	42
100585			GB	0	40	36.00	54.5
100589	Hanusch-Enserer U, Cauza E, Brabant G, Dunky A, Rosen H, Pacini G, et al.	2004	GB	0	18	36.00	45.3
100596	Kalfarentzos F, Papadoulas S, Skroubis G, Kehagias I, Loukidi A, Mead N.	2004	GB	0	132	36.00	57
100597	Lee WJ, Huang MT, Yu PJ, Wang W, Chen TC.	2004	VGB	1	40	32.5	43.14
100597			GB	1	40	31.6	43.18
100612	Avsar FM, Ozel H, Topaloglu S, Yuksel BC, Berkem H, Delibasi T, et al.	2004	VGB	0	40		45.00
100632	Fielding GA	2003	AGB	0	76		69
200013	Fried M, Dolezalova K, Sramkova P.	2011	AGB	1	50	47.4	41.9
200013			AGB	1	50	45.9	40.6
200041	Boza C, Gamboa C, Perez G, Crovari F, Escalona A, Pimentel F, et al.	2010	AGB	0	199	37.8	36
200075	Rutledge T, Groesz LM, Savu M.	2011	GB	0	52	51.7	46
200075			AGB	0	8	52.4	49.8
200093	Bond DS, Phelan S, Wolfe LG, Evans RK, Meador JG, Kellum JM, et al.	2009	GB	0	83	43.7	49.8
200093			GB	0	68	41.5	50.5
200093			GB	0	39	46	49.8
200171	Laimer M, Kaser S, Kranebitter M, Sandhofer A, Muhlmann G, Schwelberger H, et al.	2005	AGB	0	45	39.7	42.50
300024	Simonyte K, Olsson T, Naslund I, Angelhed JE, Lonn L, Mattsson C, et al.	2010	GB	0	27		44.4
300026	Nienhuijs SW, De Zoete JP, Berende CA, De Hingh IH, Smulders JF.	2010	SG	0	74	42	51
300043	Sakcak I, Avsar MF, Erdem NZ, Hamamci EO, Bostanoglu S, Sonisik M, et al.	2010	AGB	0	127	29.51	49.38

300052	Batsis JA, Lopez-Jimenez F, Collazo-Clavell ML, Clark MM, Somers VK, Sarr MG.	2009	GB	0	148		47
300053	Habib P, Scrocco JD, Terek M, Vanek V, Mikolich JR.	2009	GB	0	50	44.668	47
300065	Lee WJ, Chong K, Lee YC, Ser KH, Chen SC, Chen JC, et al.	2009	VGB	0	962	30	41.5
300065			GB	0	166	34.1	42.1
300065			AGB	0	247	34	42.3
300071	Torchia F, Mancuso V, Civitelli S, Di Maro A, Cariello P, Rosano PT, et al.	2009	AGB	0	95	38.5	62.5
300083	Singhal R, Kitchen M, Bridgewater S, Super P.	2009	AGB	0	1011		43.6
300083			AGB	0	324		43.8
300091	Almulhim ARS, Kaman L, Al-Sultan AI.	2008	AGB	0	182	30.3	52.6
300111	Maniscalco M, Zedda A, Faraone S, Cerbone MR, Antognozzi V, Cristiano S, et al.	2007	AGB	0	32	36	43
300133	Parikh M, Duncombe J, Fielding GA.	2006	AGB	0	93	44.6	32.7
300135	Silecchia G, Boru C, Pecchia A, Rizzello M, Casella G, Leonetti F, et al.	2006	SG	0	41	44.6	57.3
300135			Combined	0	7	44.6	57.3
300162	Iordache N, Iorgulescu A, Coculescu A, Iordache M, Stoica A.	2005	AGB	0	184	36.67	46.08
400030	Pournaras DJ, Osborne A, Hawkins SC, et al.	2010	GB	0	22	46	47.4
400030			AGB	0	12	47.4	47.1
400034	Schouten R, Wiryasaputra DC, Van Dielen FM, Van Gemert WG, Greve JW.		AGB	0	48	39	47
400034			VGB	0	17	39	47
400034			GB	0	26	39	48
400046	Alam I, Stephens JW, Fielding A, Lewis KE, Lewis MJ, Baxter JN.	2011	GB	0	7	48.2	58.9
400046			SG	0	6	45.2	44.2

400048	Basso N, Casella G, Rizzello M, Abbatini F, Soricelli E, Alessandri G, et al.	2011	SG	0	100	43.6	54.4
400048			SG	0	200	43.1	45.5
400050	Bobowicz M, Lehmann A, Orłowski M, Lech P, Michalik M.	2011	SG	0	84	39	44.62
400054	Camastra S, Gastaldelli A, Mari A, Bonuccelli S, Scartabelli G, Frascerra S, et al.	2011	GB	0	12	43	53.7
400054			GB	0	13	48	49.8
400055	Campos GM, Rabl C, Roll GR, Peeva S, Prado K, Smith J, et al.	2011	AGB	0	100	47	45.7
400055			GB	0	100	47	46
400056	Chouillard EK, Karaa A, Elkhoury M, Greco VJ.	2011	SG	0	200	41	44.5
400056			GB	0	200	39	44.5
400058	De Gordejuela AGR, Pujol Gebelli J, Garcia NV, Alsina EF, Medayo LS, Masdevall Noguera C.	2011	GB	0	60	51	46.22
400058			SG	0	30	47	56.8
400062	Dillard TH, Purnell JQ, Smith MD, Raum W, Hong D, Laut J, et al.	2011	GB	1	14		41.6
400062			GB	1	14		42.3
400066	Fezzi M, Kolotkin RL, Nedelcu M, Jaussent A, Schaub R, Chauvet MA, et al.	2011	SG	0	78	42.52	45
400071	Huang CK, Shabbir A, Lo CH, Tai CM, Chen YS, Houg JY.	2011	GB	0	22	47	30.81
400071			GB	0	14	47	30.81
400071			GB	0	8	47	30.81
400072	Hutter MM, Schirmer BD, Jones DB, Ko CY, Cohen ME, Merkow RP, et al.	2011	SG	0	988	46.52	46.24
400072			AGB	0	12193	44.31	43.91
400072			GB	0	14491	44.6	46.07
400074	Jamal M, Wegner R, Heitshusen D, Liao J, Samuel I.	2011	GB	0	94	39	50

400075	Kalfarentzos F, Skroubis G, Karamanakos S, Argentou M, Mead N, Kehagias I, et al.	2011	GB	0	75	36.7	56.2
400075			GB	0	44	35.5	51.7
400075			GB	0	841	37.3	57.1
400079	Lee WJ, Chen CY, Chong K, Lee YC, Chen SC, Lee SD.	2011	GB	0	16	44.1	29.6
400079			SG	0	16	45.8	31.5
400100	Scopinaro N, Adami GF, Papadia FS, et al.	2011	GB	0	15	55.1	33.1
400100			GB	0	15	57.8	33.1
400100			Control	0	20		33.1
400100			Control	0	18		33.1
400103	Strain GW, Saif T, Gagner M, Rossidis M, Dakin G, Pomp A.	2011	SG	0	77	47.1	56.1
400106	Tinoco A, El-Kadre L, Aquiar L, Tinoco R, Savassi-Rocha P.	2011	SG	0	30	49.7	30.8
400111	Wong ATY, Chan DC, Armstrong J, Watts GF.	2011	SG	0	37	46	46
400119	Gianos M, Abdemur A, Fendrich I, Gari V, Szomstein S, Rosenthal RJ.	2012	GB	0	24		33.9
400119			SG	0	8		33.9
400119			AGB	0	10		33.9
400120	Gunay Y, Jamal M, Capper A, Eid A, Heitshusen D, Samuel I.	2012	GB	0	702	40	48
400122	Inabnet Iii WB, Winegar DA, Sherif B, Sarr MG.	2012	AGB	0	4245	54.1	45.5
400122			GB	0	7294		47.6
400122			SG	0	406		48.6
400122			GB	0	208		51
400126	Mukherjee S, Devalia K, Rahman MG, Mannur KR.	2012	SG	0	61	46	60

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% EWL

Study No.	Author(s)	Year	Category	RCT	Sample Size	Mean Age	Mean BMI
100001	Hofsø D, Nordstrand N, Johnson LK, et al.	2010	GB	0	76	42.8	46.7
100001			Control	0	63	47	43.3
100015	Herrera MF, Pantoja JP, Velazquez-Fernandez D, Cabiedes J, Aguilar-Salinas C, Garcia-Garcia E, et al.	2010	GB	1	11	36.8	44.9
100015			GB	1	12	39.8	44.5
100027	Bose M, Machineni S, Olivan B, Teixeira J, McGinty JJ, Bawa B, et al.	2010	GB	0	11		45.1
100027			AGB	0	9		46.5
100037	Lee WJ, Ser KH, Chong K, Lee YC, Chen SC, Tsou JJ, et al.	2010	SG	0	20	46.3	31
100067	Søvik TT, Taha O, Aasheim ET, Engstrom M, Kristinsson J, Bjorkman S, et al.	2010	GB	1	31	35	54.8
100067			GB	1	29	36	55.2
100072	Chao SH.	2010	AGB	0	10	28.9	43.31
100125	Sanchez-Santos R, Masdevall C, Baltasar A, Martinez-Blazquez C, Garcia Ruiz de Gordejuela A, Ponsi E, et al.	2009	SG	0	540	44.1	48.1
100127	Johansson HE, Zethelius B, Ohrvall M, Sundbom M, Haenni A.	2009	GB	0	21	42.2	43.3
100127			Control	0	21	42.2	43.3
100129	Toouli J, Kow L, Ramos AC, Aigner F, Pattyn P, Galvao-Neto MP, et al.	2009	AGB	0	339	45.4	42.94
100132	Phillips E, Ponce J, Cunneen SA, Bhoyrul S, Gomez E, Ikramuddin S, et al.	2009	AGB	0	276	38.6	44.5
100144	Sultan S, Parikh M, Youn H, Kurian M, Fielding G, Ren C.	2009	AGB	0	53	46.9	33.1
100153	Heath ML, Kow L, Slavotinek JP, Valentine R, Toouli J, Thompson CH.	2009	AGB	0	18	44	39

100165	Iannelli A, Anty R, Piche T, Dahman M, Gual P, Tran A, et al.	2009	GB	0	55	37.8	43.2
100165			GB	0	18	37.4	53.8
100183	Csendes A, Maluenda F, Burgos AM.	2009	GB	1	35	37.35	43.3
100183			GB	1	35	37.35	43.2
100215	Roth CL, Reinehr T, Schernthaner GH, Kopp HP, Kriwanek S, Schernthaner G.	2009	GB	0	18	42.2	47.4
100235	Fleischer J, Stein EM, Bessler M, Della Badia M, Restuccia N, Olivero-Rivera L, et al.	2008	GB	0	23		47
100239	Johansson L, Roos M, Kullberg J, Weis J, Ahlstrom H, Sundbom M, et al.	2008	GB	0	7	35	43.7
100249	Lee WJ, Lee YC, Ser KH, Chen JC, Chen SC.	2008	GB	0	544	31.4	41.3
100249			AGB	0	116	31.8	41.9
100269	Riedl M, Vila G, Maier C, et al.	2008	GB	0	30	42.9	47.7
100269			AGB	0	10	43.9	47.6
100287	Karamanakos SN, Vagenas K, Kalfarentzos F, Alexandrides TK.	2008	GB	1	16	37	46.6
100287			SG	1	16	30.6	45.1
100288	Colles SL, Dixon JB, O'Brien PE.	2008	AGB	0	129	45.2	44.3
100296	Busetto L, Angrisani L, Basso N, Favretti F, Furbetta F, Lorenzo M, et al	2008	GB	0	216	36.5	44.9
100296			GB	0	5,074	64.1	44.2
100310	Cariani S, Palandri P, Della Valle E, Della Valle A, Di Cosmo L, Vassallo C, et al.	2008	Combined	0	289	40.1	51.4
100330	Gravante G, Araco A, Araco F, Delogu D, De Lorenzo A, Cervelli V.	2007	AGB	1	400	43.6	46.2
100332	Swenson BR, Saalwachter Schulman A, Edwards MJ, Gross MP, Hedrick TL, Weltman AL, et al.	2007	GB	0	13	39.7	46.3
100332			GB	0	19	41.7	50.7

100336	Martin LF, Smits GJ, Greenstein RJ.	2007	AGB	0	292	38.8	47.4
100336			AGB	0	193	41.5	46.6
100371	Mathus-Vliegen EM, de Wit LT.	2007	AGB	1	50	35.00	50.7
100394	Naef M, Naef U, Mouton WG, Wagner HE.	2007	AGB	0	128	40.20	44.5
100412	Lee WJ, Wang W, Wei PL, Huang MT.	2006	AGB	0	91	31.20	42.7
100425	Nelson WK, Fatima J, Houghton SG, Thompson GB, Kendrick ML, Mai JL, et al.	2006	GB	0	188	45.00	61
100449	O'Brien PE, Dixon JB, Laurie C, Skinner S, Proietto J, McNeil J, et al.	2006	GB	1	40	41.8	33.7
100449			Combined	1	40	40.7	33.5
100460	Skroubis G, Anesidis S, Kehagias I, Mead N, Vagenas K, Kalfarentzos F.	2006	GB	1	65	33	44.6
100460			GB	1	65	34.8	45.3
100493	van Dielen FM, Soeters PB, de Brauw LM, Greve JW.	2005	VGB	1	50	39	46.6
100493			AGB	1	50	37.2	46.7
100511	Lee WJ, Yu PJ, Wang W, Chen TC, Wei PL, Huang MT.	2005	GB	1	40	31.1	43.8
100511			GB	1	40	30.7	44.8
100539	Silecchia G, Greco F, Bacci V, Boru C, Pecchia A, Casella G, et al.	2005	AGB	0	24	58.6	42.3
100539			AGB	0	24	41.2	42.1
100551	Inabnet WB, Quinn T, Gagner M, Urban M, Pomp A.	2005	GB	1	25	36.4	44.6
100551			GB	1	23	34.2	44.9
100577	Angrisani L, Di Lorenzo N, Favretti F, Furbetta F, Iuppa A, Doldi SB, et al.	2004	AGB	0	166	36.90	30-39.9
100577			AGB	0	302	37.80	40-49.9
100577			AGB	0	96	39.00	50-59.9
100577			AGB	0	9	37.10	60-69.9

100585	Ortega J, Escudero MD, Mora F, Sala C, Flor B, Martinez-Valls J, et al.	2004	VGB	0	10	36.60	42
100585			GB	0	40	36.00	54.5
100589	Hanusch-Enserer U, Cauza E, Brabant G, Dunky A, Rosen H, Pacini G, et al.	2004	GB	0	18	36.00	45.3
100596	Kalfarentzos F, Papadoulas S, Skroubis G, Kehagias I, Loukidi A, Mead N.	2004	GB	0	132	36.00	57
100597	Lee WJ, Huang MT, Yu PJ, Wang W, Chen TC.	2004	VGB	1	40	32.5	43.14
100597			GB	1	40	31.6	43.18
100612	Avsar FM, Ozel H, Topaloglu S, Yuksel BC, Berkem H, Delibasi T, et al.	2004	VGB	0	40		45.00
100632	Fielding GA	2003	AGB	0	76		69
200013	Fried M, Dolezalova K, Sramkova P.	2011	AGB	1	50	47.4	41.9
200013			AGB	1	50	45.9	40.6
200019	Edelson PK, Dumon KR, Sonnad SS, Shafi BM, Williams NN.	2010	AGB	0	287	45	45.4
200019			AGB	0	124	47	40.6
200041	Boza C, Gamboa C, Perez G, Crovari F, Escalona A, Pimentel F, et al.	2010	AGB	0	199	37.8	36
200075	Rutledge T, Groesz LM, Savu M.	2011	GB	0	52	51.7	46
200075			AGB	0	8	52.4	49.8
200093	Bond DS, Phelan S, Wolfe LG, Evans RK, Meador JG, Kellum JM, et al.	2009	GB	0	83	43.7	49.8
200093			GB	0	68	41.5	50.5
200093			GB	0	39	46	49.8
200171	Laimer M, Kaser S, Kranebitter M, Sandhofer A, Muhlmann G, Schwelberger H, et al.	2005	AGB	0	45	39.7	42.50
300024	Simonyte K, Olsson T, Naslund I, Angelhed JE, Lonn L, Mattsson C, et al.	2010	GB	0	27		44.4

300026	Nienhuijs SW, De Zoete JP, Berende CA, De Hingh IH, Smulders JF.	2010	SG	0	74	42	51
300043	Sakcak I, Avsar MF, Erdem NZ, Hamamci EO, Bostanoglu S, Sonisik M, et al.	2010	AGB	0	127	29.51	49.38
300052	Batsis JA, Lopez-Jimenez F, Collazo-Clavell ML, Clark MM, Somers VK, Sarr MG.	2009	GB	0	148		47
300053	Habib P, Scrocco JD, Terek M, Vanek V, Mikolich JR.	2009	GB	0	50	44.668	47
300065	Lee WJ, Chong K, Lee YC, Ser KH, Chen SC, Chen JC, et al.	2009	VGB	0	962	30	41.5
300065			GB	0	166	34.1	42.1
300065			AGB	0	247	34	42.3
300071	Torchia F, Mancuso V, Civitelli S, Di Maro A, Cariello P, Rosano PT, et al.	2009	AGB	0	95	38.5	62.5
300083	Singhal R, Kitchen M, Bridgewater S, Super P.	2009	AGB	0	1011		43.6
300083			AGB	0	324		43.8
300091	Almulhim ARS, Kaman L, Al-Sultan AI.	2008	AGB	0	182	30.3	52.6
300111	Maniscalco M, Zedda A, Faraone S, Cerbone MR, Antognozzi V, Cristiano S, et al.	2007	AGB	0	32	36	43
300133	Parikh M, Duncombe J, Fielding GA.	2006	AGB	0	93	44.6	32.7
300135	Silecchia G, Boru C, Pecchia A, Rizzello M, Casella G, Leonetti F, et al.	2006	SG	0	41	44.6	57.3
300135			Combined	0	7	44.6	57.3
300162	Iordache N, Iorgulescu A, Coculescu A, Iordache M, Stoica A.	2005	AGB	0	184	36.67	46.08
400034	Schouten R, Wiryasaputra DC, Van Dielen FM, Van Gemert WG, Greve JW.		AGB	0	48	39	47
400034			VGB	0	17	39	47
400034			GB	0	26	39	48
400046	Alam I, Stephens JW, Fielding A, Lewis KE, Lewis MJ, Baxter JN.	2011	GB	0	7	48.2	58.9

400046			SG	0	6	45.2	44.2
400050	Bobowicz M, Lehmann A, Orłowski M, Lech P, Michalik M.	2011	SG	0	84	39	44.62
400054	Camastra S, Gastaldelli A, Mari A, Bonuccelli S, Scartabelli G, Frascerra S, et al.	2011	GB	0	12	43	53.7
400054			GB	0	13	48	49.8
400055	Campos GM, Rabl C, Roll GR, Peeva S, Prado K, Smith J, et al.	2011	AGB	0	100	47	45.7
400055			GB	0	100	47	46
400056	Chouillard EK, Karaa A, Elkhoury M, Greco VJ.	2011	SG	0	200	41	44.5
400056			GB	0	200	39	44.5
400058	De Gordejuela AGR, Pujol Gebelli J, Garcia NV, Alsina EF, Medayo LS, Masdevall Noguera C.	2011	GB	0	60	51	46.22
400058			SG	0	30	47	56.8
400066	Fezzi M, Kolotkin RL, Nedelcu M, Jaussent A, Schaub R, Chauvet MA, et al.	2011	SG	0	78	42.52	45
400074	Jamal M, Wegner R, Heitshusen D, Liao J, Samuel I.	2011	GB	0	94	39	50
400075	Kalfarentzos F, Skroubis G, Karamanakos S, Argentou M, Mead N, Kehagias I, et al.	2011	GB	0	75	36.7	56.2
400075			GB	0	44	35.5	51.7
400075			GB	0	841	37.3	57.1
400114	Boza C, Salinas J, Salgado N, et al.	2012	SG	0			
400115	Chen W, Chang CC, Chiu HC, Shabbir A, Perng DS, Huang CK.	2012	GB	0			
400115			GB	0			
400115			GB	0			
400116	Chopra A, Chao E, Etkin Y, Merklinger L, Lieb J, Delany H.	2012	SG	0			
400120	Gunay Y, Jamal M, Capper A, Eid A, Heitshusen D, Samuel I.	2012	GB	0	702	40	48

400126	Mukherjee S, Devalia K, Rahman MG, Mannur KR.	2012	SG	0	61	46	60
400127	Myers VH, Adams CE, Barbera BL, Brantley PJ.	2012	GB	0	40	50	

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MTC Analysis of BMI Change

Study No.	Author(s)	Year	Category	RCT	Sample Size	Mean Age	Mean BMI
100067	Søvik TT, Taha O, Aasheim ET, Engstrom M, Kristinsson J, Bjorkman S, et al.	2010	GB	1	31	35	54.8
100067			GB	1	29	36	55.2
100133	Peterli R, Wolnerhanssen B, Peters T, Devaux N, Kern B, Christoffel-Courtin C, et al.	2009	GB	1	13	41.8	47
100133			SG	1	14	37.8	45.7
100136	Scozzari G, Farinella E, Bonnet G, Toppino M, Morino M.	2009	AGB	1	49	37.2	44.7
100136			VBG	1	51	38.2	44.2
100287	Karamanakos SN, Vagenas K, Kalfarentzos F, Alexandrides TK.	2008	GB	1	16	37	46.6
100287			SG	1	16	30.6	45.1
100297	Dixon JB, O'Brien PE, Playfair J, Chapman L, Schachter LM, Skinner S, et al.	2008	AGB	1	30	46.6	37
100297			Control	1	30	47.1	37.2
100385	Angrisani L, Lorenzo M, Borrelli V.	2007	AGB	1	27	33.8	43.4
100385			GB	1	24	34.1	43.8
100386	Alami RS, Morton JM, Schuster R, Lie J, Sanchez BR, Peters A, et al.	2007	GB	1	50	42.4	48.7
100386			GB	1	50	44.9	49.3
100408	Olbers T, Bjorkman S, Lindroos A, Maleckas A, Lonn L, Sjostrom L, et al.	2006	GB	1	50	37.4	42.3
100408			VBG	1	50	37.4	42.6
100449	O'Brien PE, Dixon JB, Laurie C, Skinner S, Proietto J, McNeil J, et al.	2006	GB	1	40	41.8	33.7
100449			Combined	1	40	40.7	33.5
100460	Skroubis G, Anesidis S, Kehagias I, Mead N, Vagenas K, Kalfarentzos	2006	GB	1	65	33	44.6

	F.						
100460			GB	1	65	34.8	45.3
100493	van Dielen FM, Soeters PB, de Brauw LM, Greve JW.	2005	VBG	1	50	39	46.6
100493			AGB	1	50	37.2	46.7
100597	Lee WJ, Huang MT, Yu PJ, Wang W, Chen TC.	2004	VBG	1	40	32.5	43.14
100597			GB	1	40	31.6	43.18
100600	Lujan JA, Frutos MD, Hernandez Q, Liron R, Cuenca JR, Valero G, et al.	2004	GB	1	53	37	48.53
100600			GB	1	51	38	52.2
100602	Sundbom M, Gustavsson S.	2004	GB	1	25		
100602			GB	1	25		
100620	Morino M et. Al.		AGB	1	49	37.2	44.7
100620			VBG	1	51	38.2	44.2
600015	Nguyen NT, Slone JA, Nguyen XM, Hartman JS, Hoyt DB.	2009	GB	1	111		
600015			AGB	1	86		

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