Eradicate Social Isolation

Policy Brief Authors:

Suzanne Brown  Wayne State  E.A. Casey  AARP Foundation
Sandra E Crewe  Howard  Michelle Munson  NYU
Melanie Gironda  USC  Erika Sabbath  Boston College
Carrie Johnson  Boston College  Elizabeth Tracy  Case Western Reserve
The need to Eradicate Social Isolation

• **Social isolation is a potent killer!**

  – The association between social isolation and health is as strong as smoking.

  – Thus it is time to identify social policies that, if enacted, would reduce the incidence of social isolation.
RECOMMENDATION #1:

Increase Access to High-Quality Childcare That Strengthens Social Connections!
RECOMMENDATION #2:

Build More Age-Friendly Communities That Strengthen Social Connections!
RECOMMENDATION #3:
Reform Solitary Confinement!
Progress to Eradicate Social Isolation

① General education about societal and individual costs of isolation.

② Identify stakeholders & partners in a campaign to eradicate isolation.

③ Mobilize multiple policy initiatives addressing distinct populations.